

# *REPORT OF THE CLUB ACTIVITIES-2025*

## **LANGUAGE AND LITERARY CLUB**

**CLUB COORDINATOR: Dr. MINU SUSAN KOSHY**

**STUDENT COORDINATOR: FATHIMA NASAR**

**20-01-2025 Monday**

## **INTRODUCTORY SESSION**

**Date : 20-01-2025 Monday**

**Venue : 1st BCOM Classroom**

**Time : 2:45 pm - 3:45 pm**

**Number of Teachers : 4**

**Number of students : 11**

- |                     |                |
|---------------------|----------------|
| 1. Fathima Nasar    | 1 BA ENGLISH   |
| 2. Malavika Mohanan | 1 BA ENGLISH   |
| 3. Minnu George     | 1 BA ENGLISH   |
| 4. Nathasha Sunny   | 2nd BSc Maths  |
| 5. Sudarsana K S    | 1 BCOM         |
| 6. Amritha C M.     | 1 BCOM         |
| 7. Sanjana S        | 2nd BA English |
| 8. Amana Fathima    | 2nd BA English |
| 9. Krishnendu V S   | 2nd BA English |
| 10. Lakshmi Manilal | 2nd BA English |
| 11. Sreelakshmi N R | 2nd BA English |

The club held its introductory session on 20th January 2025. The session started at about 2:45 pm. The students introduced themselves and shared their interests and motivations for joining the club. Then the Faculty members introduced themselves and outlined the objectives and activities of the club. They provided an overview of the events, workshops and discussions that members can look forward to in the coming sessions. The club is aimed at working on the public speaking and communication skills and confidence building of the students. A braintrust is also a part of the club. The faculties informed that the club would function in accordance with the interests of the members involved. The meeting concluded close to 3:45 pm.

**21-01-2025 Tuesday**

## **ICEBREAKING AND MEMORY GAME SESSION**

**Date : 21-01-2025 Tuesday**

**Venue : Speaker's Corner**

**Time : 2:45 pm - 3:45 pm**

**Number of Teachers : 5**

**Number of students : 10**

1. Amritha
2. Sudarsana
3. Krishnendu
4. Lakshmi
5. Fathima
6. Minnu
7. Malavika
8. Nimisha
9. Juzaira
10. Nathasha

### **ACTIVITY 1**

#### **OBJECTIVES:**

- Icebreaking
- Introducing the members to each other

The session began with an engaging icebreaker activity. The game was coordinated by the members Amritha CM and Sudarsana KS of 1st BCOM. Students passed a book around the circle while music played, and when the music stopped, the person holding the book drew a

slip of paper. They then introduced themselves using the given expression by stating their name, class, department and place. It was a fun activity to get to know all the members.

## **ACTIVITY 2**

### **OBJECTIVES:**

- To enhance creativity
- To foster the members' collective imagination

Next, the club conducted a collective storytelling activity. Minu Miss gave a sentence and the members took turns adding sentences to the narrative, showcasing their creative skills and ability to think on their feet. The resulting story was a testament to the group's collective imagination and teamwork.

## **ACTIVITY 3**

### **OBJECTIVES:**

- To enhance memory skills
- To encourage active listening

The final activity, "Memory Chain," aimed to test the students' memory skills. Participants took turns saying a word, and each subsequent member had to repeat the previous words in order before adding a new one. The player who was unable to remember the words correctly was eliminated. The final winner was Fathima Nasar of 1 BA English. This exercise not only challenged the memory of the students but also encouraged active listening and concentration. The session concluded at 3:45 pm.



**Photographs of the Meeting**

**23-01-2025 Thursday**

## **WRITING SESSION**

**Date : 23-01-2025 Thursday**

**Venue : Library**

**Time : 2:45 pm - 4:00 pm**

**Number of Teachers : 2**

**Number of students : 8**

1. Malavika Mohanan
2. Jusaira
3. Krishna Priya T.R
4. Nathasha
5. Nimisha
6. Ashna
7. Priya
8. Fathima Nasar

### **ACTIVITY: WRITING TASK**

#### **OBJECTIVES:**

- To improve writing skills
- To enhance creative writing
- To encourage social responsibility and gender sensitivity
- To develop critical thinking by analysing women-centric issues

The session started at 2:45 pm. Today, the task focused on the creative writing skills of the students. It was a thought-provoking activity, writing essays and poems on women-centric issues. This exercise aimed to raise awareness, foster empathy, and encourage critical thinking about the challenges women face in society.

Members tackled a range of topics, including gender equality, domestic violence, dowry, role of women in films and the issues of religious women. The submissions showcased their creativity, understanding, and passion for these pressing issues. The activity encouraged

members to think critically about the social, cultural, and economic factors that contribute to women-centric issues. It also provided a platform for them to express their thoughts, feelings, and opinions on these topics.

We're proud of our members for taking a stand and using their voices to promote positive change. This activity demonstrates our club's commitment to fostering a culture of empathy, inclusivity, and social responsibility. The session concluded close to 4:00 pm.



**Photographs of the Meeting**



**Photographs of the Meeting**



**24-01-2025 Friday**

## **SHORT FILM**

**Venue** : Library  
**Time** : 2:45 pm - 3:45 pm  
**Number of Teachers** : 2  
**Number of students** : 8

1. Malavika Mohanan
2. Jusaira
3. Krishna Priya T.R
4. Nathasha
5. Nimisha
6. Ashna
7. Priya
8. Fathima Nasar

### **ACTIVITY: SHORT FILM**

#### **OBJECTIVE**

- To encourage critical thinking and analysis

Today, as per the request of the students, our club members gathered to watch a short film, Nayantara's Necklace, which was shared in the group. Nayantara's Necklace, directed by Jaydeep Sarkar, is a compelling short film that skillfully examines the complexities of modern relationships, class dynamics, and aspirations. Featuring amazing performances by Konkona Sen Sharma and Tilotama Shome, the film captures the poignant realities of two women living vastly different lives yet connected by an unlikely bond.

The film was meant to spark a lively discussion and inspire members to share their perspectives, however due to the shortage of time, students were asked to write a review and submit it. The exercise encouraged members to think critically about the film's message. As we know films have a big role to play in our society as they help in shaping the social



imaginary. This activity helped members to think critically about the film's themes, plot, characters and to develop their analytical skills.



### Photographs of the Meeting

**25-01-2025 Tuesday**

## **READING SESSION**

**Date : 28-01-2025 Tuesday**

**Venue : Library**

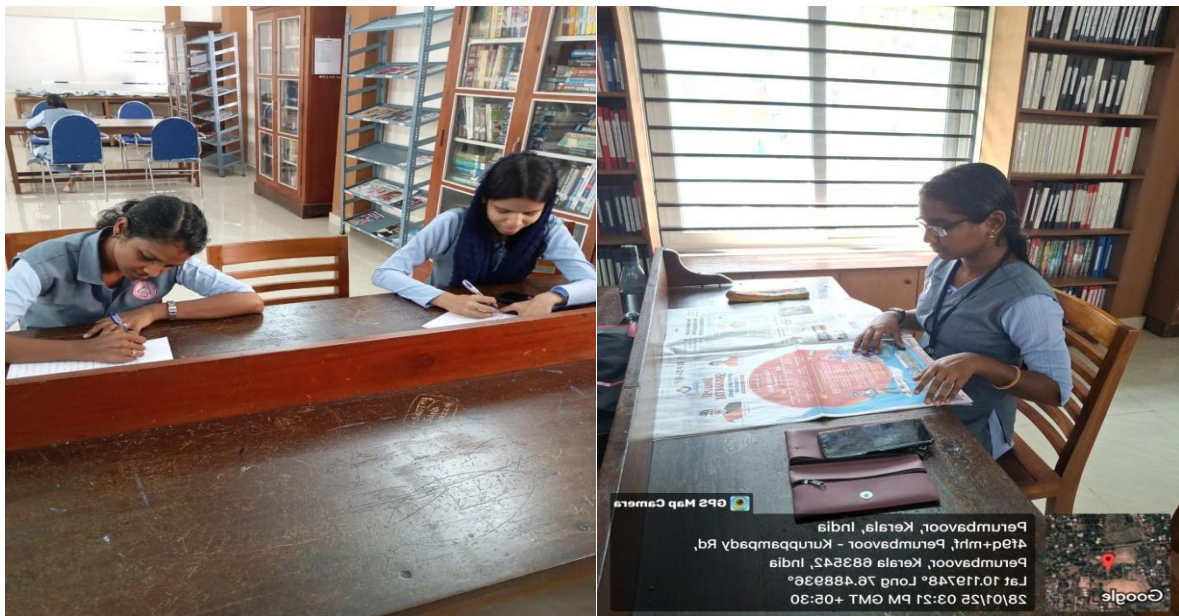
**Time : 2:45 pm - 3:45 pm**

**Number of Teachers : 3**

**Number of students : 2**

1. Krishnendu
2. Fathima Nasar

As the Union Day programmes and practices were going on, there were only two students. Hence, the students spend the time reading in the library.



**Photographs of the Meeting**

**04-02-2025 -Tuesday**

## **DISCUSSION**

**Date** : 04-02-2025 Tuesday  
**Venue** : Commerce Department  
**Time** : 2:45 pm - 3:45 pm  
**Number of Teachers** : 5  
**Number of students** : 11

1. Priya
2. Hassna
3. Ashna
4. Nimisha
5. Jusaira
6. Krishnendu
7. Manna
8. Fathima
9. Minnu
10. Malavika
11. Blessy

### **ACTIVITY: DISCUSSION**

#### **OBJECTIVES**

- To critically analyze the representation of women in Malayalam cinema: Examining common stereotypes, roles, and character development
- To explore the impact of these portrayals on societal perceptions and gender norms
- Understanding how films influence real-life attitudes toward women

The Club conducted a thought-provoking discussion on "Portrayal of Women in Malayalam Films" to analyze gender representation in cinema. The session aimed to explore the roles assigned to women in films, the impact of these portrayals on society, and the need for

progressive change in the industry. It was an open and informal discussion where all the members could express their own views and observations on the topic.

This discussion is very relevant in today's context as we all know the role films play in shaping what Charles Taylor called as the 'social imaginary'. Jibin sir acted as the moderator of the discussion and introduced the topic, outlined the discussion goals, provided clarity on complex ideas and summarizing major insights, keeping the discussion focused on the theme and guiding the conversation with relevant questions.

From the student members, Manna started off the discussion sharing her insights in the topic. The members took turns supporting and adding their own views to the discussion.

## **DISCUSSION HIGHLIGHTS**

Here are the major points discussed in the meeting:

- **Unwanted Glorification of motherhood:** The members pointed out that even though motherhood is something to be celebrated and glorified, old malayalam movies, mainly of the 90s glorified motherhood to an extent that a woman was reduced to just a mother, rather than being a person with an identity.
- **Stereotypical Depictions:** Participants highlighted recurring roles such as the idealized mother, submissive wife, or overly sexualized character, limiting diverse female representation.
- **Changing Trends:** The discussion acknowledged the shift towards stronger, more independent female leads in recent years, with examples from contemporary films. One change was seen in the movie *Ullozhukk*, where the typical mother-in-law - daughter-in-law conflict was resolved. The movie *Kumbalangi Nights* was also mentioned for its change in the depiction of family structure. The members shared how some movies of the past, which everyone enjoyed, were actually detrimental to society. This realization throws a light on the changes in the societal mindset.
- **Social Impact:** The conversation explored how cinema influences real-life gender roles, shaping public attitudes toward women.
- **Portrayal of Gender:** Roshin Miss joined the conversation and expressed her opinion that films not only assign roles to women, but also to men. She encouraged the members to think of these from the perspective of men.



Overall, the discussion provided valuable insights into the evolving representation of women in Malayalam cinema. It encouraged participants to engage with films critically and advocate for better gender-sensitive storytelling. The session ended with a call to support films that promote equality and challenge outdated stereotypes.



### Photographs of the Meeting

**06-02-2025 -Thursday**

## **SPEECH BY MUNIBA MAZARI**

**Date : 06-02-2025 Thursday**

**Venue : Canteen**

**Time : 2:45 pm - 3:45 pm**

**Number of students : 7**

1. Malavika
2. Blessy
3. Krishnendu
4. Manna
5. Jusaira
6. Minnu
7. Fathima

### **ACTIVITY: SPEECH BY MUNIBA MAZARI**

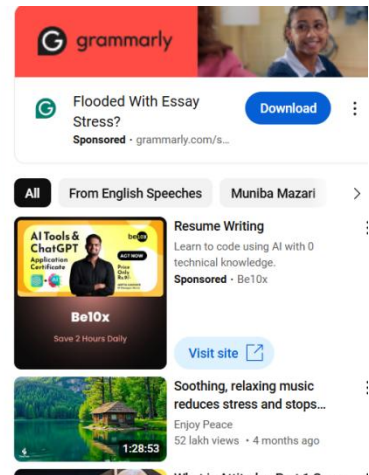
#### **OBJECTIVES**

- Development of Critical Thinking Skills
- Enhancement of Emotional Intelligence and Empathy
- To gain insights into disability rights and accessibility issues
- Develop English comprehension skills by listening and reading the subtitles

The activity involved students watching Muniba Mazari's speech, which was meant to be followed by an informal discussion where students will share their responses and feedback. Muniba Mazari, known as Pakistan's Iron Lady, is a motivational speaker, artist, and advocate for disability rights who became paraplegic after a car accident but transformed her challenges into opportunities for positive change. With remarkable quotes: "We all are Perfectly Imperfect" and "Don't Die Before Your Death" she touches our heart. She is also the National Ambassador for UN Women Pakistan. Her story inspires our students to think beyond their challenges. The activity also helped them in improving their English listening and comprehensive skills.



Screenshot of the Speech





**07-02-2025 -Friday**

## **MOTIVATION SESSION**

**Date : 07-02-2025 Friday**

**Venue : Room 301**

**Time : 2:45 pm - 3:45 pm**

**Number of teachers : 3**

**Number of students : 8**

1. Jusaira
2. Krishnendu
3. Nimisha
4. Minnu
5. Sreelakshmi
6. Amana
7. Aleena
8. Manna

### **ACTIVITY: MOTIVATION SESSION**

#### **OBJECTIVES:**

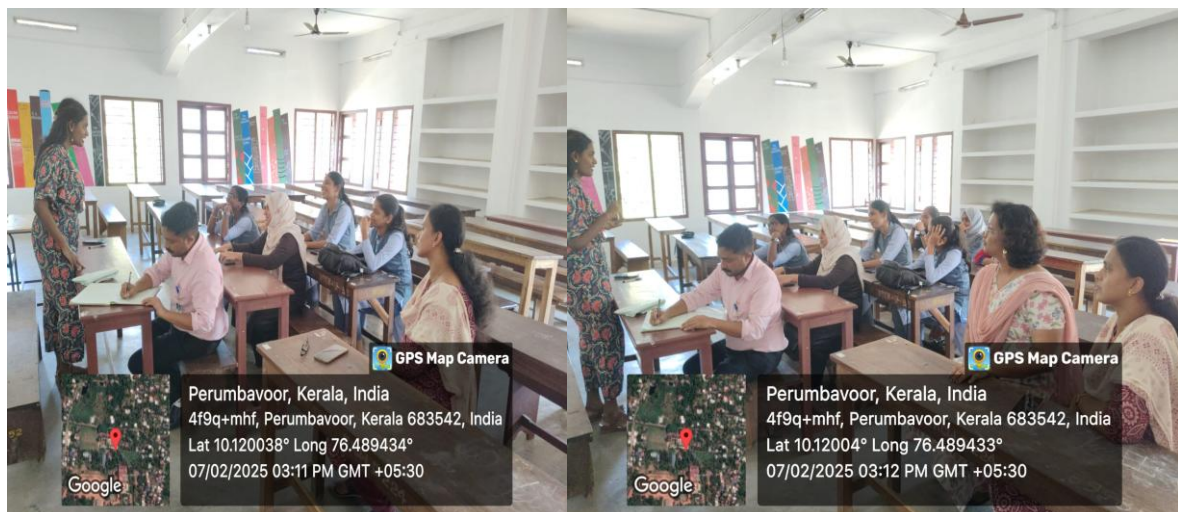
- To enhance interpersonal abilities.
- To encourage self-improvement
- To provide personal insights and motivation

The Language and Literary Club conducted a motivation session led by one of our club members, Manna. The session aimed to help students improve their social skills and encourage self-improvement through personal experiences.

Manna began by discussing the importance of social skills in personal and academic life. She emphasized the significance of effective communication, active listening, and confidence-building. She then moved on to the theme of self-perfection, explaining how continuous learning and self-reflection contribute to personal growth. One of the key takeaways from

the session was the idea that imperfections and perfections go hand in hand. Manna shared her personal journey, highlighting challenges she faced and how she turned them into learning experiences. Her speech was interactive, and students actively engaged in discussions. The Language and literary Club is honoured to have such a resourceful person as our member.

At the end of the session, students submitted written feedback expressing their thoughts. Many appreciated the relatable nature of the talk and found it inspiring. Some mentioned that the session helped them view their flaws more positively and motivated them to work on their communication skills. The motivation session was a valuable experience for the students, providing them with insights into personal growth and self-confidence. The session successfully met its objectives, encouraging students to embrace their imperfections while striving for self-improvement. The feedback received will be considered for planning similar sessions in the future.



**Photographs of the Meeting**

**11-02-2025 -Tuesday**

## **MENTORING SESSION**

**Date : 11-02-2025 Tuesday**

**Venue : Room 301**

**Time : 2:45 pm - 3:45 pm**

**Number of teachers : 3**

**Number of students : 8**

1. Blessy
2. Minnu
3. Malavika
4. Fathima
5. Nathasha
6. Jusaira
7. Ashna
8. Hassna
9. Krishnendu

### **ACTIVITY: MENTORING**

#### **OBJECTIVES**

- To mentor the college-level winners of literary competitions
- To provide them with necessary guidelines for the competitions

The Language and Literary Club and Brains Trust started a mentoring session for training the college-level winners of literary competitions for the upcoming university competitions. The mentoring was offered for literary events like essay writing, short story writing, poetry writing and film review. Minu Miss provided mentoring for essay, short story and poetry writing and Roshin Miss instructed the guidelines for film review.

The students who came for mentoring:

1. Fathima Nasar
2. Nathasha Sunny
3. Bibi K.S.
4. Archana Ravikumar
5. Aswathi K.L
6. Jusaira P.A.
7. Ansala Johnson
8. Gouri Krishnakumar
9. Nesriya Amrin
10. Surya P.R.



**Photograph of the Meeting**

**12-02-2025 -Wednesday**

**INTER DEPARTMENTAL  
POWER POINT PRESENTATION COMPETITION**

On 12<sup>th</sup> February 2025, Mar Thoma College for Women, Perumbavoor, hosted an inter departmental Power Point presentation competition at the College Auditorium. The event was organized by Brainstrust of Language and Literary Club in association with the Department of Zoology and the Internal Quality Assurance Cell (IQAC) of the college. The theme of the competition was "Conservation of Wetlands," which is a critical environmental issue affecting ecosystems worldwide. The competition was convened by Ms. Minu Susan Koshy from the Department of English, and Dr. Jijo Jayaraj from the Department of History served as the coordinator.

The collaboration between Brainstrust of Language and Literary Club, the Department of Zoology, and IQAC ensured a comprehensive approach to the event, combining literary, scientific, and quality assurance perspectives. Nine students from different departments participated in the competition, showcasing their understanding and creativity on the theme. The presentations were evaluated based on content, delivery, and overall impact. The participants demonstrated a deep understanding of wetland ecosystems and proposed various strategies for their conservation, ranging from sustainable land use practices to community engagement initiatives.

Students who presented on the topic:

- |                        |                   |
|------------------------|-------------------|
| 1. Fathima Nazarin     | 1st BSc Maths     |
| 2. Aditya P            | IInd IP           |
| 3. Neehara M.S.        | 3rd BSc Zoology   |
| 4. Sneha Mohan         | 3rd BSc Zoology   |
| 5. Aditya C.M.         | 2nd BSc Chemistry |
| 6. Fathima Shahala     | 2nd MSC Zoology   |
| 7. Alfiya Shaji        | 1st MSc Zoology   |
| 8. Nivedida Velayudhan | 3rd BSc Zoology   |
| 9. Fidha Fathima K.N.  | 3rd BSc Zoology   |

**The competition winners are:**

- **First Prize:** Fathima Shahala of II M.Sc. Zoology
- **Second Prize:** Adithya E.M. of II B.Sc. Chemistry
- **Third Prize:** Sneha Mohan U.P. of III B.Sc. Zoology



The brochure is for an event at Mar Thoma College for Women, Perumbavoor. It features a dark background with green and white text. The title 'Brains Trust' is in large green letters with a left arrow icon. Below it, the text 'Under the aegis of the Language and Literary Club' and 'In association with The Department of Zoology and the IQAC' is in white. The main event title 'Interdepartmental Presentation Competition on Wetlands' is in white, followed by 'To mark World Wetlands Day'. On the right, there are icons for a location pin (PG Seminar hall), a calendar (12-02-2025), and a clock (02:45 PM). The format and rules are listed on the left. The bottom section includes the theme 'PRESENT YOUR PERSPECTIVES ON WETLAND CONSERVATION AND MANAGEMENT!!!', faculty coordinators, a principal, a student coordinator, and a closing invitation.

MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR

**Brains Trust** ←

Under the aegis of the Language and Literary Club  
In association with  
The Department of Zoology and the IQAC  
Organizes

**Interdepartmental Presentation  
Competition on Wetlands**  
To mark World Wetlands Day

Format: Individual presentations  
Number of participants: At least 1 from each department  
Duration: 5 minutes for presentation, 2 minutes for discussion  
No. of slides: Maximum of 7

PG Seminar hall  
12-02-2025  
02:45 PM

**PRESENT YOUR PERSPECTIVES ON WETLAND  
CONSERVATION AND MANAGEMENT!!!**

Faculty coordinators: Principal: Dr. Letha P. Cheriyan  
Dr. Minu Susan Koshy, Mr. Jibin Shibu Sam  
Student coördinator: Ms. Mansoor Majeed

Join us in exploring the wonderful world of wetlands!

Brochure of the Programme





Photographs of the Programme



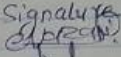


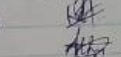


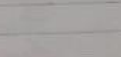
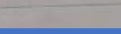


Photograph of the Programme



## List of Participants





























1

Interdepartmental Presentation Competition  
on "wetlands"

| Sl. NO | Name                | Class                                | Signature  |
|--------|---------------------|--------------------------------------|--|
| 101    | Fathima Nazarin M   | Bsc Maths 1st                        |    |
| 102    | Adithya P           | 11 <sup>th</sup> IP                  |     |
| 103    | Neehana M.S         | 3 <sup>rd</sup> BSc Zoology          |     |
| 104    | Adithya C.M         | 2 <sup>nd</sup> year chemistry (Bsc) |    |
| 105    | Sneha roshan op     | 3 <sup>rd</sup> BSc Zoology          |    |
| 106    | Fathima shahala     | 2 <sup>nd</sup> Msc Zoology          |    |
| 107    | Alfiza shaji        | 1 <sup>st</sup> Msc zoology          |    |
| 108    | Nivedita Velayudhan | 3 <sup>rd</sup> BSc Zoology          |    |
| 109    | Fathafathima K.N    | "                                    |   |
| 110    | Krishna Purna T.P   | 2 <sup>nd</sup> year Maths           |  |

## List of Audience

# Intra department Presentation competition on WETLANDS (Audience)

| Sr.No | Name                 | class                          | Signature  |
|-------|----------------------|--------------------------------|--|
| 1     | Manseera Majed       | I <sup>st</sup> BSc Zoology    |    |
| 2     | Santhora Sunil       | "                              |    |
| 3     | Fathima V K          | "                              |    |
| 4     | Arsha Santhosh       | "                              |    |
| 5     | Nareema parvun       | 2 <sup>nd</sup> MSc Zoology    |    |
| 6     | Architha R Baran     | "                              |    |
| 7     | Anyu p.s             | "                              |    |
| 8     | Anyana Sai           | "                              |   |
| 9     | Fathima Sheebana P.M | "                              |  |
| 10    | Fathima Jamal        | I MSc zoology                  |  |
| 11    | Veethamol k.B        | "                              |  |
| 12    | Lakshmi Lalji        | "                              |  |
| 13    | Ruxana k.s           | "                              |  |
| 14    | Amratha A p          | 11 <sup>th</sup> BSc physics   |  |
| 15    | Fathima K.s          | "                              |  |
| 16    | Nareesathul Misikha  | "                              |  |
| 17    | Gnapika Rajan        | 11 <sup>th</sup> BSc physics   |  |
| 18    | Sandya P.S           | "                              |  |
| 19    | Aparna I.A           | "                              |  |
| 20    | Devika Vijayan       | 11 <sup>th</sup> BSc Maths     |  |
| 21    | Aswathy M            | "                              |  |
| 22    | Asna pareetha        | "                              |  |
| 23    | Anyana Vijay         | "                              |  |
| 24    | Adithya P shanil     | "                              |  |
| 25    | Sneekakshmi P.S      | "                              |  |
| 26    | Apna Jayaraman       | 11 <sup>th</sup> BSc Chemistry |  |
| 27    | Anupriya I Raj       | 11 <sup>th</sup> IP            |  |
| 28    | Nashana K.S          | "                              |  |

|    |                       |                                  |              |
|----|-----------------------|----------------------------------|--------------|
| 29 | Johanna John          | II <sup>nd</sup> IP              | Johanna      |
| 30 | Adithya P             | "                                | Adithya      |
| 31 | Anna M R              | III <sup>rd</sup> IP             | Anna         |
| 32 | Tyathina D            | "                                | Tyathina     |
| 33 | Nayana B Bhukhar      | "                                | Nayana       |
| 34 | Safina P S            | III <sup>rd</sup> BA English     | Safina       |
| 35 | Annam Fathima KM      | "                                | Annam        |
| 36 | Lakshmi Manild        | "                                | Lakshmi      |
| 37 | Sreedakshmi NR        | "                                | Sreedakshmi  |
| 38 | Sanjana S             | "                                | Sanjana      |
| 39 | Sona Reja             | "                                | Sona         |
| 40 | Jusai o a PA          | II <sup>nd</sup> MSc Mathematics | Jusai        |
| 41 | Aswathi K L           | "                                | Aswathi      |
| 42 | Anya P Krishnan       | III <sup>rd</sup> BSc Chemistry  | Anya         |
| 43 | Ravika K S            | "                                | Ravika       |
| 44 | Fathima Farisa M O    | "                                | Fathima      |
| 45 | Anusree N             | "                                | Anusree      |
| 46 | Anuja M R             | "                                | Anuja        |
| 47 | Sree Lalitha Senthosh | "                                | Sree Lalitha |
| 48 | Krishnapriya V R      | "                                | Krishnapriya |
| 49 | Mina Susan Hoshy      | English                          | Mina         |
| 50 | Manju Varghese        | Mathematics                      | Manju        |
| 51 | Kavya S. Matha        | Zoology                          | Kavya        |
| 52 | Roshni S. Roy         | English                          | Roshni       |
| 53 | Fathima Fathima       | Zoology and                      | Fathima      |
| 54 | Nivedita velayudhan   | "                                | Nivedita     |
| 55 | Fathima Nazaria M Y   | 1 <sup>st</sup> BSc Mathematics  | Fathima      |
| 56 | Neetha M S            | 3 <sup>rd</sup> BSc Zoology      | Neetha       |
| 57 | Shruti Mehan U P      | "                                | Shruti       |
| 58 | Krishna Matha         | "                                | Krishna      |
| 59 | Kerthy kishore        | Mathematics                      | Kerthy       |
| 60 | Silvey Paul           | "                                | Silvey       |

## Model Certificate

