
1. Nature & Heritage Club

Objectives

- Promote environmental awareness and sustainable practices among students and staff.
- Preserve and celebrate local and global natural and cultural heritage.
- Foster a sense of responsibility towards conserving biodiversity and historical sites.
- Engage students in activities that bridge ecological consciousness and cultural heritage.
- Encourage interdisciplinary learning and active participation in nature- and heritage-related projects.

Expected Outcomes

- Formation of eco-conscious and heritage-sensitive individuals capable of community leadership.
- Enhanced awareness of environmental conservation and cultural heritage among students.
- Improved skills in environmental stewardship, research, and documentation of heritage sites.
- Active student participation in campaigns for sustainability and heritage preservation.
- Increased collaboration with external organizations for nature and heritage-related activities.

Staff Structure

- **Club Coordinator:** Dr. Bibin Kuriakose
- **Assistant Coordinators:** Mrs. Sunu N V, Mr. Gismon Thomas
- **Student President:** Kum. Anamika L (Responsible for leading student-driven initiatives and activities)
- **Student Vice President:** Kum. Sreelakshmi (Assists the President and oversees event execution)
- **Secretary:**

(Maintains records of club activities, meeting minutes, and communications)

- **Activity Committees:** (Groups of **students** and other **faculty members** responsible for specific areas like field trips, campaigns, or workshops)

Sample Activities

➤ Skill Development and Documentation Projects:

- Schedule regular workshops and field sessions with experts in photography, research methods, and documentation.
- Assign students to focus on specific themes like biodiversity, traditional crafts, or heritage structures.

➤ Cultivation and Green Heritage Project:

- Divide the garden into zones managed by small student teams.
- Organize workshops on organic farming methods and involve local farming experts.

➤ Green Campus Initiative:

- Launch a “Plant a Tree” program where students are responsible for nurturing their sapling.
- Collaborate with the Botany Department to select native and medicinal plants.

➤ Heritage Site Visits:

- Partner with local heritage organizations for guided tours.
- Assign students to document their observations and prepare a presentation post-visit.

➤ Nature Walks and Eco-Exploration:

- Include thematic focuses such as medicinal plants, birds, or water bodies during walks.
- Provide eco-journals for students to record observations.

➤ Eco-Friendly Initiatives on Campus:

- Set clear targets for initiatives, such as a “Plastic-Free Campus” within one semester.
- Create visual trackers to display progress, fostering collective responsibility.

➤ Workshops on Sustainable Living:

- Include practical demonstrations like compost-making or rainwater harvesting during workshops.
- Invite alumni working in sustainability sectors to share their insights.

➤ Collaborative Clean-Up Campaigns:

- Promote campaigns with catchy slogans and pre-event awareness drives.
- Coordinate with local waste management authorities for effective waste disposal.

➤ **Heritage and Cultural Awareness Programs:**

- Encourage interdepartmental collaboration to celebrate diverse cultural traditions.
- Display documented materials from previous heritage site visits.

➤ **Celebration of Environmental and Heritage Days:**

- Integrate interactive elements like debates, quizzes, and skits into these celebrations to ensure engagement.
- Invite guest speakers to discuss global and local environmental challenges.

➤ **Annual Nature and Heritage Festival:**

- Form a dedicated committee for festival planning and execution.
 - Include student competitions such as model-making or poster presentations to showcase creativity.
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2. Health & Wellness Club

Objective: Enhance physical, mental, and emotional well-being.

Sample Activities:

- **Yoga and Meditation Sessions:** Weekly sessions to promote mental health.
 - **First-Aid Training:** Hands-on workshop in collaboration with healthcare professionals.
 - **Health Awareness Talks:** Sessions on topics like nutrition, stress management, and women's health.
 - **Fitness Challenges:** Organize events like walkathons or fitness boot camps.
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3. Language & Literary Club

Objective: Develop communication, critical thinking, and literary skills.

Sample Activities:

- **Public Speaking Workshops:** Sessions on effective communication and confidence-building.
 - **Debates and Quiz Competitions:** Focus on current affairs, literature, and general knowledge.
 - **Creative Writing Contests:** Encourage students to write poetry, essays, and short stories.
 - **Book Club Meetings:** Discussions on selected books to promote reading culture.
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4. Science & Innovation Club

Objective: Foster curiosity, innovation, and scientific exploration.

Sample Activities:

- **Hands-on Experiments:** Simple and safe experiments to ignite interest in STEM.
 - **Innovation Hackathon:** Encourage students to develop creative solutions for real-world problems.
 - **Guest Lectures:** Invite experts to speak on emerging scientific fields.
 - **Science Fair:** Display innovative projects and experiments by students.
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5. Aesthetic Expressions Club

Objective: Explore and showcase artistic talents.

Sample Activities:

- **Art and Craft Workshops:** Sessions on painting, DIY crafts, or pottery.
 - **Dance and Music Performances:** Practice sessions and cultural showcases.
 - **Photography and Videography Training:** Basics of camera handling and editing.
 - **Art Exhibitions:** Display student-created art and crafts on campus.
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6. Drama and Film Club

Objective: Develop creative storytelling, acting, and film-making skills.

Sample Activities:

- **Drama Rehearsals:** Prepare skits or plays for campus events.
 - **Short Film Projects:** Guide students to create films on social or cultural themes.
 - **Film Screening and Discussion:** Analyze classic or impactful films.
 - **Acting Workshops:** Teach basics of stage presence, voice modulation, and expressions.
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Monthly Calendar Sample activity for various workshops week 1 and 2

Day	Time	Club	Activity	Location
Tuesday, Week 1	2:45 PM - 3:45 PM	Nature and Heritage Club	Heritage Documentation Workshop	Seminar Hall
Tuesday, Week 1	2:45 PM - 3:45 PM	Health and Wellness Club	Yoga and Stress Management Session	Gymnasium
Tuesday, Week 1	2:45 PM - 3:45 PM	Language and Literary Club	Debate on “Role of AI in Society”	Language Lab
Tuesday, Week 1	2:45 PM - 3:45 PM	Science and Innovation Club	Hands-on STEM Activity	Science Lab
Tuesday, Week 1	2:45 PM - 3:45 PM	Aesthetic Expressions Club	Art and Craft Workshop	Art Room (Chapel)
Tuesday, Week 1	2:45 PM - 3:45 PM	Drama and Film Club	Short Film Project Planning	Auditorium
Thursday, Week 1	2:45 PM - 3:45 PM	Nature and Heritage Club	Tree Plantation Drive	Seminar Hall
Thursday, Week 1	2:45 PM - 3:45 PM	Health and Wellness Club	Nutrition Awareness Talk	Gymnasium
Thursday, Week 1	2:45 PM - 3:45 PM	Language and Literary Club	Creative Writing Workshop	Language Lab
Thursday, Week 1	2:45 PM - 3:45 PM	Science and Innovation Club	Science Lecture: Emerging Technologies	Science Lab
Thursday, Week 1	2:45 PM - 3:45 PM	Aesthetic Expressions Club	Photography Basics	Art Room (Chapel)
Thursday, Week 1	2:45 PM - 3:45 PM	Drama and Film Club	Scriptwriting for Short Films	Auditorium
Tuesday, Week 2	2:45 PM - 3:45 PM	Nature and Heritage Club	Eco-friendly Campaign Planning	Seminar Hall
Tuesday, Week 2	2:45 PM - 3:45 PM	Health and Wellness Club	First-Aid Training	Gymnasium
Tuesday, Week 2	2:45 PM - 3:45 PM	Language and Literary Club	Quiz: Famous Literary Works	Language Lab

Day	Time	Club	Activity	Location
Tuesday , Week 2	2:45 PM - 3:45 PM	Science and Innovation Club	Innovation Challenge: Solve a Problem	Science Lab
Tuesday , Week 2	2:45 PM - 3:45 PM	Aesthetic Expressions Club	Dance Practice	Art Room (Chapel)
Tuesday , Week 2	2:45 PM - 3:45 PM	Drama and Film Club	Film Screening and Discussion	Auditorium
Thursday, Week 2	2:45 PM - 3:45 PM	Nature and Heritage Club	Heritage Walk Planning	Seminar Hall
Thursday, Week 2	2:45 PM - 3:45 PM	Health and Wellness Club	Mental Health Seminar	Gymnasium
Thursday, Week 2	2:45 PM - 3:45 PM	Language and Literary Club	Public Speaking Workshop	Language Lab
Thursday, Week 2	2:45 PM - 3:45 PM	Science and Innovation Club	Hands-on Experiments	Science Lab
Thursday, Week 2	2:45 PM - 3:45 PM	Aesthetic Expressions Club	Art Display Preparation	Art Room (Chapel)
Thursday, Week 2	2:45 PM - 3:45 PM	Drama and Film Club	Acting Workshop	Auditorium

*The monthly activity report, including relevant statistics, must be submitted on the fourth Friday of every month.