



MAR THOMA COLLEGE FOR WOMEN PERUMBAVOOR

5.3.2 Average number of sports and cultural programs in which students of the institution participated during last five years (organised by the Institution/other Institutions)



CRITERION-5

STUDENT SUPPORT AND PROGRESSION

2018-2019

REPORT OF SPORTS AND CULTURAL
PROGRAMS IN WHICH STUDENTS OF THE
INSTITUTION PARTICIPATED



INDEX

SI No	Name of the Program	Page no
1	Slogan Writing Competition	5
2	Caption Writing Competition	9
3	Zoo Fest	13
4	Food Fest	17
5	Literati 2019	21
6	Poster Designing Competition	32
7	Arang Arts Festival	34
8	'Alathalam'- M. G. University Youth Festival	45
9	Painting and Elocution Competitions	47
10	Cultural Event	50
11	College Day Celebration	54
12	'Carnival Callista'	58
13	"Bhoomi Malayalam"-Cultural Events	62
14	Christmas Carol Competition	64
15	Independence Day Programmes	73
16	Yoga Performance	76
17	Annual Athletic Meet	80
18	Dance Against Drugs	96
19	Vimukthi Poster Exhibition	99
20	Street Play	102
21	Basket Ball Tournament	105
22	Table Tennis tournament	110
23	Carrom Board Tournament	112
24	Chess Tournament	115
25	Inter Collegiate Quiz Competition	117



26	Painting and Craft Making Competition	122
27	Inter District Cricket Tournament, Wayanad	124
28	64 th Kerala State Senior Ball Badminton Championship	124
29	Inter District Cricket Tournament, Thalassery	125
30	Inter Colligate Table Tennis Tournament	126
31	Model Parliament Competition	128
32	Intercollegiate Taekwondo Tournament	129
33	South Zone Inter University Cricket Tournament	129
34	Intercollegiate Inter Zone Cricket Tournament	130
35	Rapid Assessment, Kerala State Biodiversity Board	140
36	Flood Risk Management Programme	141
37	Poetry Competition	142



Slogan Writing Competition

Title	Slogan writing competition
Date	05/06/2018
Venue	Zoology Lab
Objective	Soft skill enhancement of the participants
Organized by	Zoology Department
Participants	13 students

Report

A slogan writing competition was conducted by the Zoology Association in connection with the Environment Day on June 5, 2018, in which 13 students participated. Prizes were distributed to the winners. Vismaya P. R bagged the first prize. Prizes were distributed to the first three positions.

Outcome: Soft skill enhancement of the participants in connection with environment conscious development which was achieved through the participation.





**MAR THOMA COLLEGE FOR WOMEN,
PERUMBAVOOR**



DEPARTMENT OF ZOOLOGY

Organize



In connection with

Environment Day 2018

- Topic will given at the time of the event.
- Spot registration possible

DATE: 05/06/2018

TIME: 1.00 P.M

VENUE: ROOM 207

Ms. Anjana Anil
Student Coordinator

Ms. Reemy Sara Mathai
Head of the Department

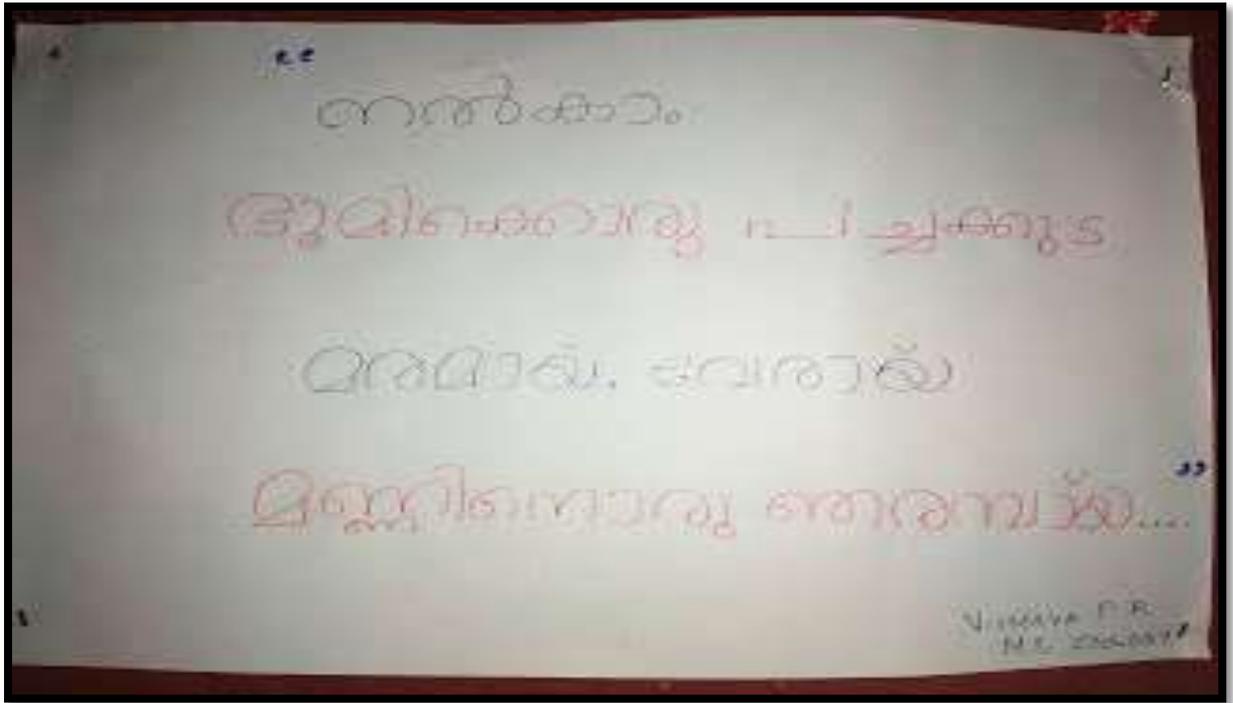
Dr. Lisy Cherian
Principal



Slogan writing competition – Brochure

Date: 05/06/2018





Slogan by participants

Date: 05/06/2018



Winner-Slogan writing Competition

Date: 05/06/2018



Runner up -Slogan Writing Competition

Date: 05/06/2018





Prize distribution

Date: 05/06/2018

List of Participants

SI No	Name of the student
1	Jishitha Thankappan
2	Athulya Vijay
3	Anju A Prabhu
4	Kesia Jose
5	Vashnavi M V
6	Gopika Remanan
7	Neenu Sunil Haritha N K
8	Lakshimi Mohan
9	Arya B A
10	Aneeja George
11	Linnny Benny
12	Vismaya P.R
13	Susan Cheriyan

Sybil Vijay

Principal - in - charge
 Mar Thoma College For Women
 Perumbavoor - 683 642



Caption Writing Competition

Title	Caption writing competition
Date	08/07/2018
Venue	Zoology Lab
Objective	To develop creative writing skill
Organized by	Zoology Department
Participants	19 students

Report

The department of Zoology organized a Caption writing competition on 8 July 2018 which was open to the entire College community. There were 19 participants. It was based on the matter put up on the notice board (Zoology-Health Club). Anaswara Sajeev of 3rd BSc. Zoology came up with a cute caption and bagged the prize.

Outcome: Creative writing skill enhancement of the participants which was achieved through the participation





**MAR THOMA COLLEGE FOR WOMEN,
PERUMBAVOOR**



DEPARTMENT OF ZOOLOGY

Organize

Caption Contest

- Based on the matter on the Zoology notice board.
- Spot registration possible

DATE: 08/ 07/2018

TIME: 1.00 P.M

VENUE: ROOM 207

Ms. Aparna P.M.
Student Coordinator

Ms. Reemy Sara Mathai
Head of the Department

Dr. Lisy Cherian
Principal

Caption Contest- Brochure

Date: 08/07/2018





Captions by Participants

Date: 08/07/2018



Best Caption

Date: 08/07/2018

List of Participants

Sl No	Name of the students
1	Anaswara Sajeev
2	Noujath V M
3	Amy Liana U M
4	Anjana Anil
5	Karthika Rajan
6	Shahina Basheera



7	Thasneem P S
8	Angha K P
9	Amalu C Shaji
10	Rathna M
11	Neena M S
12	Anjali Mohanan
13	Anushka K P
14	Thasneem P S
15	Vashnavi M V
16	Agnes Babu
17	Linny Benny
18	Aiswarya Baburaj
19	Anasooya Krishnan



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Zoo Fest

Title	Zoo Fest
Date	09/08/2018
Venue	St. Peter's College, Kolenchery
Objective	To develop self-learning experience that helped them to improve their inter-personal skills.
Organized by	Zoology Department
Participants	22 students

Report

The final year degree students of the Department of Zoology were taken for the Zoo Fest held at St. Peter's College, Kolenchery on 9 August 2018.

Outcome: Through the participation in Radio Talk, Power point presentation, Best Listener, Group song and scientific drawing competitions, the students had a domain specific, skill enhancement self-learning experience which helped them improve their inter-personal skills.





Brochure- Zoo Fest

Date: 09/08/2018



Inauguration Zoo Fest

Date: 09/08/2018





Students of Mar Thoma College in Zoo Fest

Date: 09/08/2018

List of Participants

Sl No	Name of the student
1	Anaswara Sajeev
2	Aparna P.M
3	Devika Viju
4	Farzana Abdul Kalam
5	Ruksana K.A.
6	Shabana Nazrin T.M.
7	Amaya M.V.
8	Anjana Anil
9	Anjana Ravindran
10	Anju N. Mathew
11	Anu C. Gopi
12	Anulakshmi K.S.
13	Bijimol Mathew
14	Fathimabeevi P.J.
15	Haritha S.
16	Jeena A.J
17	Jomol Jose



18	Howlath M.U
19	Rizvana Sakeer
20	Sandra K.S.
21	Sherin K. Raju
22	Shilpa K. Sasi



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Food Fest

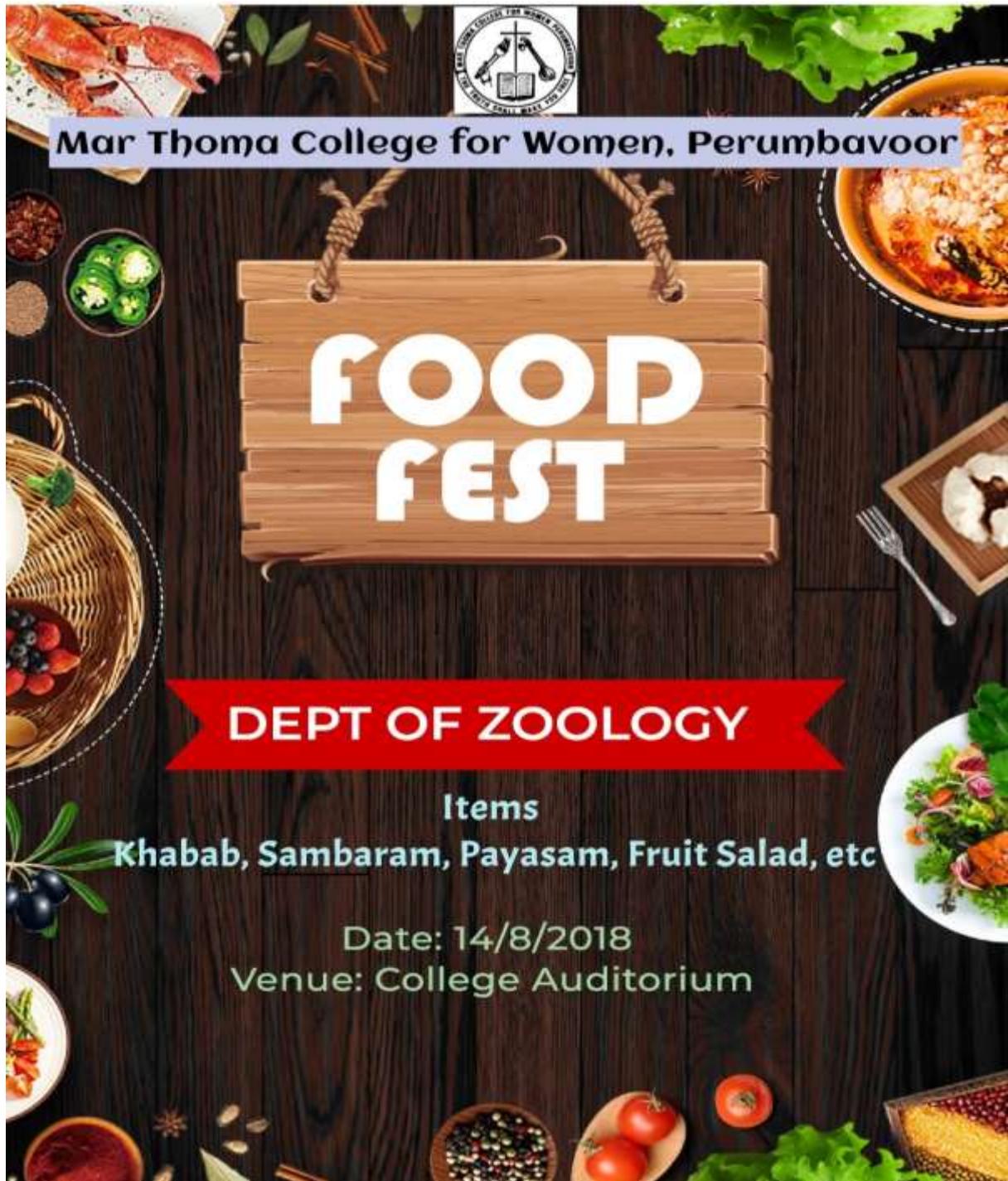
Title	Food Fest
Date	14/08/2018
Venue	College Auditorium
Objective	The fest aims to encourage the entrepreneurial skill of the students
Organized by	Department of Zoology
Participants	18 students

Report

In connection with the Onam celebrations, the students of the department of Zoology arranged stalls in the College auditorium. The main attraction was Kappa-chutney, egg khabab, Sambharam, Payasam, fruit salad and small handmade accessories. We had 18 of them actively participating in it.

Outcome: This venture initiated by the College Union, targeting the development of marketing and enterprising skills among students was successful as we could generate an income of 425 rupees.





Food Fest Brochure

Date: 14/08/2018





Food Stalls by students

Date: 14/08/2018



Students Participating in Food Fest

Date: 14/08/2018



List of Participants

Sl No	Name
1	Anaswara Sajeev
2	Aparna P.M
3	Devika Viju
4	Ruksana K.A.
5	Anjana Anil
6	Bijimol Mathew
7	Haritha S.
8	Jeena A.J
9	Jomol Jose
10	Khowlath M.U
11	Sandra K.S.
12	Sherin K. Raju
13	Shilpa K. Sasi
14	Elna Eldho
15	Shahina Basheer
16	Carolin Ann George
17	Neeraja Ponnu
18	Aparna Anil

S. S. S. S.

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Perumbavoor - 683 642



Literati 2019

Title	Literati 2019
Date	31/01/2019
Venue	College Auditorium
Objective	The inter-departmental fest aims to identify the budding talents and skills of the students
Organized by	Department of English
Participants	102 students

Report

The annual Inter-Departmental Fest LITERATI was held on 31 January 2019 in the college auditorium. Students of various departments participated in the events. Following competitions were held as part of events:

Brain buster (Quiz), DB8 (debate), Spelling bee, Avatar (motley), JAM (Just A Minute), Pen it down (Letter writing), CreaCtive (poster making) and English Queen. Ms. Meera Dileep was crowned as the English Queen 2019.



A dark blue brochure with a pattern of white and yellow dots. The title 'LITERATI 2K19' is written in large, white, block letters. Below it, the text 'English Association Mar Thoma College for Women, Perumbavoor' is written in yellow. The word 'EVENTS' is in white. A list of events is in yellow, and a date and location box is in red with a blue scalloped border.

LITERATI 2K19

English Association
Mar Thoma College for
Women, Perumbavoor

EVENTS

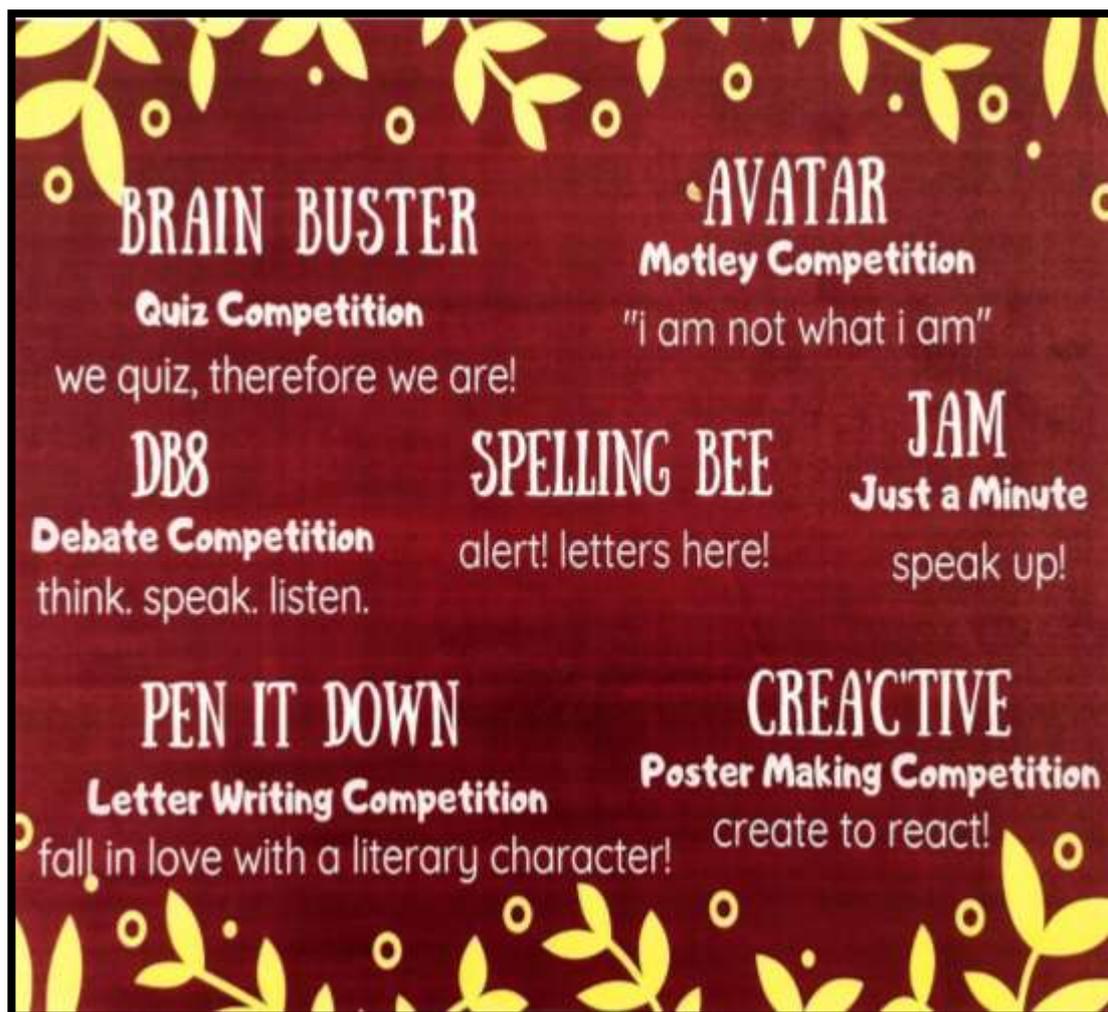
- English Queen
- Brain Buster (Quiz)
- Spelling Bee
- DB8 (Debate)
- J.A.M
- Avatar (Motley)
- Pen it Down (Letter Writing)
- CreaCtive (Poster Making)

**31 JAN 2019
COLLEGE
AUDITORIUM**

Brochure- Literati 2K19

Date: 31/01/2019

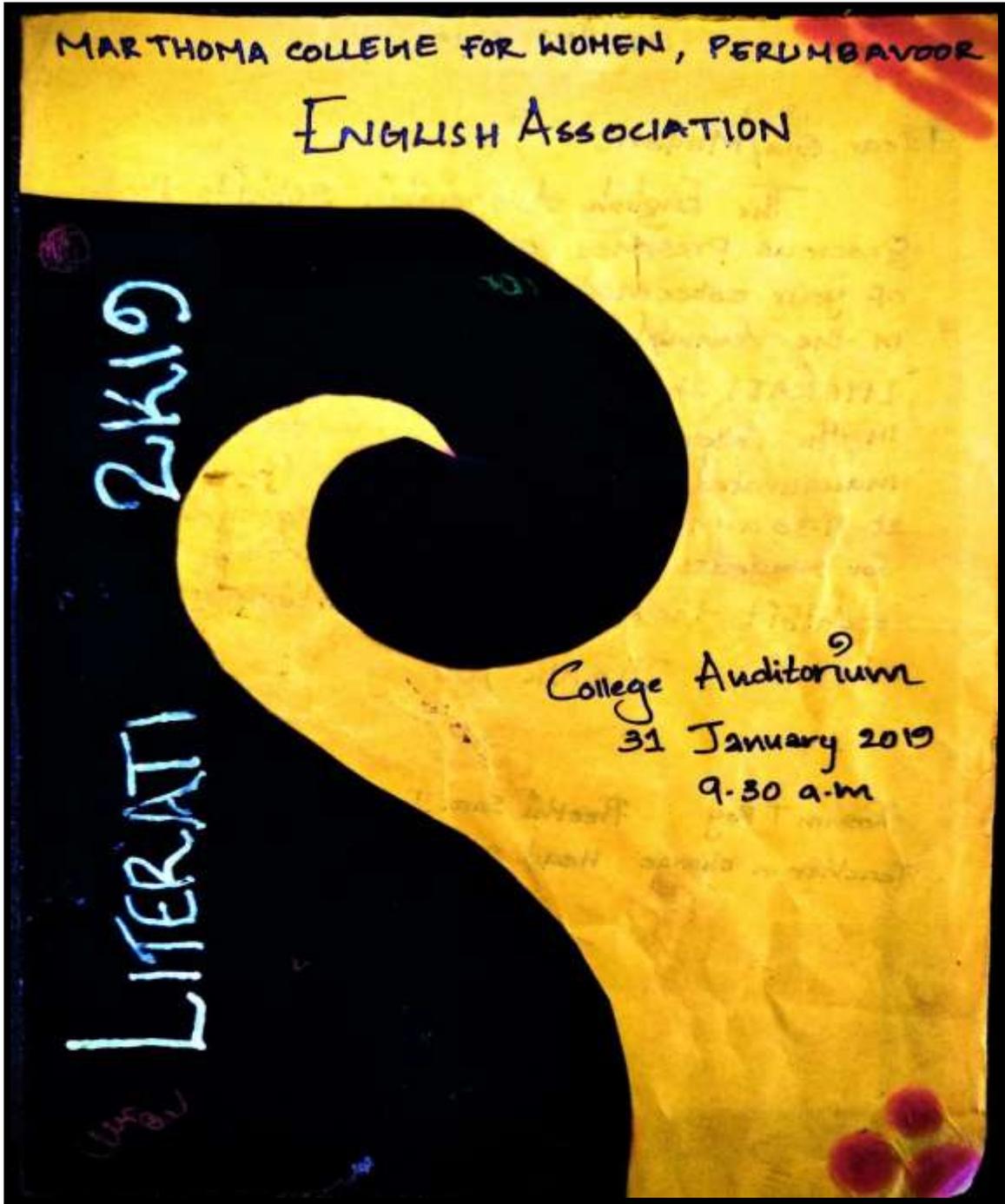




Detailed Programme list

Date: 31/01/2019

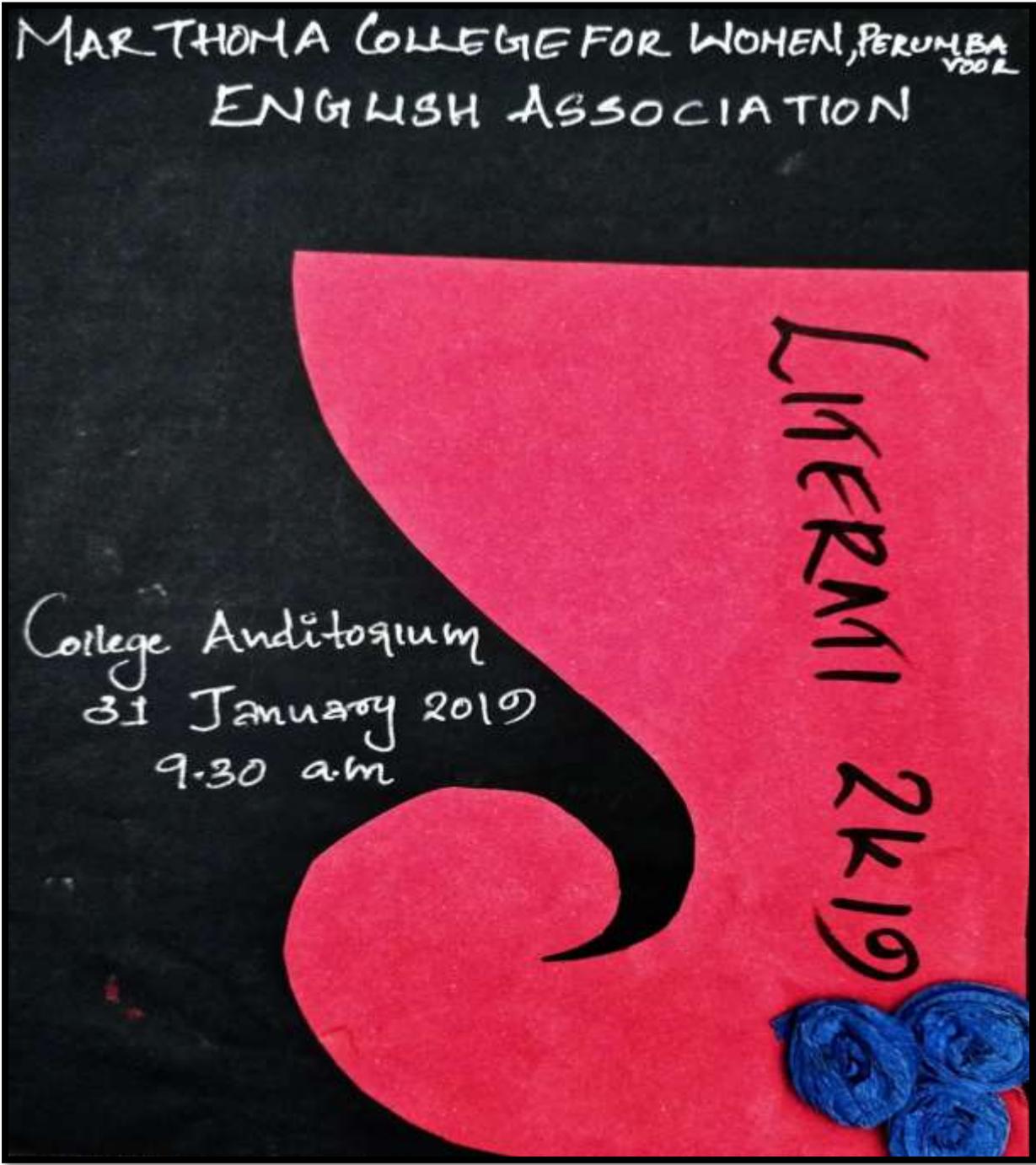




Brochure in written form

Date: 31/01/2019





Brochure in written form

Date: 31/01/2019



MARTHOMA COLLEGE FOR WOMEN, PERUMBAVOOR
ENGLISH ASSOCIATION

LITERATI 2K19

Prayer : Binciya , Denaha.
I BA English

Welcome : Ms. Roshin . T. Roy
Address Teacher in Charge
English Association

Presidential : Ms. Chaithanya Elsa Achankunj
Address HOD in charge
Department of English

Inaugural : Dr. Lissy Cherian
Address Principal, MTCN, Perumbavoor

Prize distribution :

Vote of thanks : Ms. Fathima Thahsin
Secretary
English Association.

Programme List

Date: 31/01/2019





Prize Distribution by Principal

Date: 31/01/2019



Audience Literati-19

Date: 31/01/2019





Spell Bee Competition

Date: 31/01/2019



Vote of thanks by student coordinator

Date: 31/01/2019



List of Participants

Sl No	Name	Department	Item
1	Anaga & Aishwarya A. V	1st BSc Chemistry	Quiz
2	Amaya & Fathima	3rd BSc Zoology	Quiz
3	Asna Abbas & Maheena P. M	1st BSc Zoology	Quiz
4	Parvatht Salin & Ashna P. S	1st BSc Zoology	Quiz
5	July Joy & Sumayya V. K	3rd B. Com Tax	Quiz
6	Ashwathy & Swathy	3rd B. Com Tax	Quiz
7	Farsin & Ameera	2nd B. Com Tax	Quiz
8	Sreelakshmi & Haritha	2nd B. Com Tax	Quiz
9	Irin & Feba	1st B. Com Tax	Quiz
10	Anmariya & Anagha	1st BSc Physics	Quiz
11	Varsha & Aksa	2nd BSc Physics	Quiz
12	Sumayya & Anjitha	1st BA English	Quiz
13	Nayana & Akshaya	3rd BA English	Quiz
14	Anusree & Aseefa	3rd BA English	Quiz
15	Jabina & Fabisha	3rd BA English	Quiz
16	Alish & Ameen	3rd BA English	Quiz
17	Parvathy	1st BSc Zoology	JAM
18	Ashna P. S	1st BSc Zoology	JAM
19	Niranjana	1st BSc Chemistry	JAM
20	Jomol Jose	2nd BA History	JAM
21	Sharon Thomas	1st MSC Zoology	JAM
22	Nourin	1st BA English	JAM
23	Aksa	1st BA English	JAM
24	Ammu	1st BA English	JAM
25	Anjitha	1st BA English	JAM
26	Mariya Chacko	1st BA English	JAM
27	Meera Dileep	3rd BA English	JAM
28	Aleesha Benny	3rd BA English	JAM
29	Varsha	2nd BA History	Letter
30	Isha Salim	2nd BA History	Letter
31	Fathima umer	2nd BSc Chemistry	Letter
32	Nisma Rehman	2nd BSc Chemistry	Letter
33	Alfiya Abbas	2nd BSc Chemistry	Letter
34	Aishwarya A. V	1st BSc Chemistry	Letter
35	Niranjana Anand	1st BSc Chemistry	Letter
36	Adisha P. M	1st BSc Chemistry	Letter
37	Ashwathy	1st BSc Chemistry	Letter
38	Ashna P. S	1st BSc Zoology	Letter
39	Sulgeena T. K	1st BSc Zoology	Letter
40	Raihanath C. R	1st BSc Zoology	Letter
41	Anupama	1st BA English	Letter
42	Sumayya	1st BA English	Letter



43	Anjitha	1st BA English	Letter
44	Anjam	1st BA English	Letter
45	Sumayya K. R	1st BA English	Letter
46	Reshma. S	3rd BA English	Letter
47	Neha Grace	3rd BA English	Letter
48	Shahbanath	3rd BA English	Letter
49	Meera Dileep	3rd BA English	Letter
50	Athira Shaji	3rd BA English	Letter
51	Shilpa Bright	3rd BA English	Letter
52	Alisha Benny	3rd BA English	Letter
53	Sharon	1st MSc Zoology	Letter
54	Sweta	1st BA English	Letter
55	Deneha	1st BA English	Letter
56	Sweta & Deneha	1st BA English	Debate
57	Nayana & Meera	3rd BA English	Debate
58	Thasni & Parvathy	3rd B. Com Tax	Debate
59	Linny & Parvathy	2nd Mathematics	Debate
60	Agnas & Niranjana	1st BSc Chemistry	Debate
61	Sameena Parveen	1st BSc Physics	Motely
62	Varsha	2nd BA History	Motely
63	Riya	1st BA English	Motely
64	Binciya	1st BA English	English Queen
65	Riya	1st BA English	English Queen
66	Neha Grace	3rd BA English	English Queen
67	Meera Dileep	3rd BA English	English Queen
68	Alisha Benny	3rd BA English	Poster
69	Neeranja	3rd BA English	Poster
70	Athira	3rd BA English	Poster
71	Aseefa	3rd BA English	Poster
72	Binciya	1st BA English	Poster
73	Denaha	1st BA English	Poster
74	Rishika	1st MSc Zoology	Poster
75	Swathy K. P	3rd B. Com Tax	Poster



76	Anjitha Devassey	2nd BA History	Poster
77	Ashna P. S	1st BSc Zoology	Spell Bee
78	Parvathy	1st BSc Zoology	Spell Bee
79	Vismaya	1st BSc Zoology	Spell Bee
80	Ankitha Ayyappan	1st BSc Zoology	Spell Bee
81	Feba Eldhose	1st BSc Zoology	Spell Bee
82	Gayathri	1st BSc Zoology	Spell Bee
83	Maheena P. M	1st BSc Zoology	Spell Bee
84	Sara	1st BSc Physics	Spell Bee
85	Anitha	1st BSc Physics	Spell Bee
86	Payal Kumari	2nd BA History	Spell Bee
87	Anjitha	2nd BA History	Spell Bee
88	Anusha	2nd BA History	Spell Bee
89	Rasla. T	2nd BA History	Spell Bee
90	Haritha	2nd BSc Zoology	Spell Bee
91	Fathima	2nd BSc Zoology	Spell Bee
92	Fasna	2nd BSc Zoology	Spell Bee
93	Anaswara	2nd BSc Zoology	Spell Bee
94	Sumayya V. K	3rd B. Com Tax	Spell Bee
95	Ashwathy V. M	3rd B. Com Tax	Spell Bee
96	Roosin Peter	3rd B. Com Tax	Spell Bee
97	Athulya Vijayan	3rd B. Com Tax	Spell Bee
98	Nandana	2nd B. Com Tax	Spell Bee
99	Anjam	1st BA English	Spell Bee
100	Binciya	1st BA English	Spell Bee
101	Jhotsna	1st BA English	Spell Bee
102	Sumayya M	1st BA English	Spell Bee

S. J. V. V.

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Perumbavoor - 683 642



Poster Designing Competition

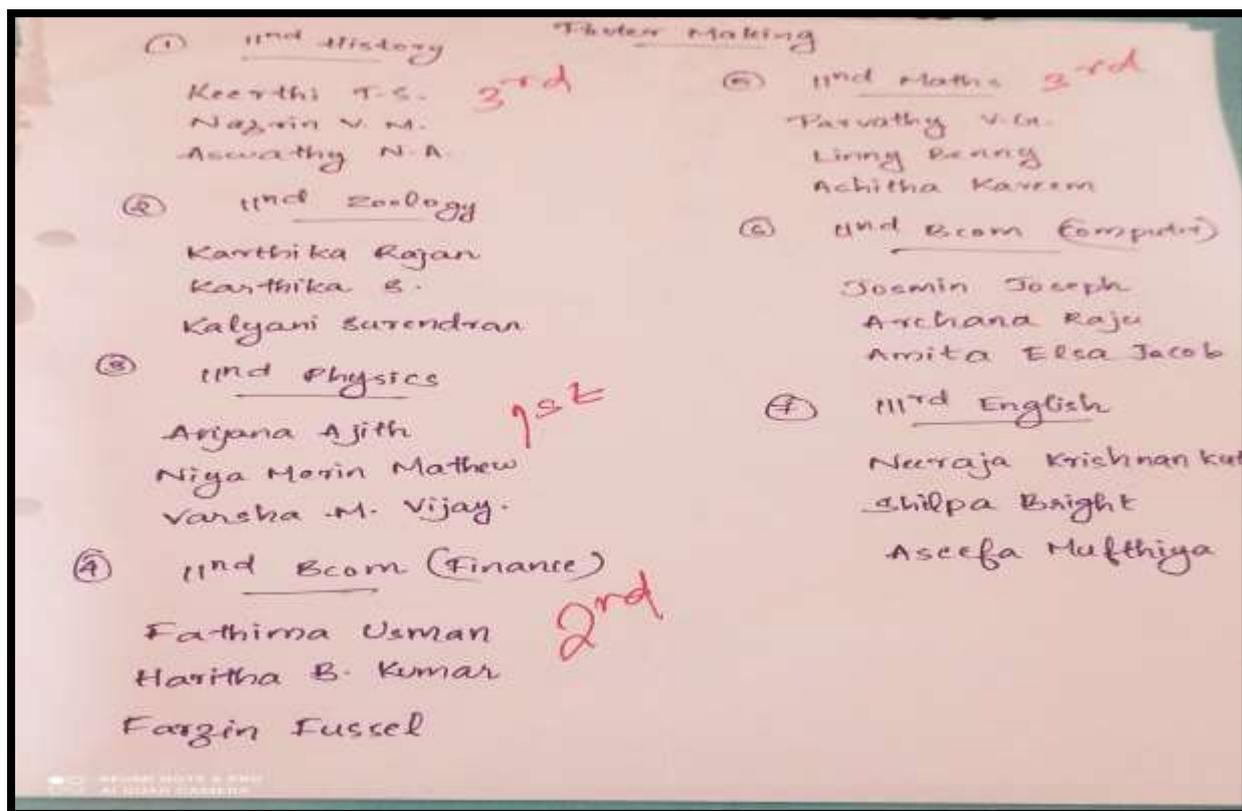
Title	Poster Designing Competition
Date	16/07/2018
Venue	Physics Lab
Objective	To bring out the creative expression of students and to gauge their knowledge
Organized by	Department of Physics
Participants	21 students

Report

A Poster-Designing Competition was held on 16 July 2018 on the topic “The Trauma of Refugee Women”. 7 teams of three students each participated in the event. The students designed posters depicting the pain of women forced to flee from their own countries owing to persecution. The first prize was bagged by the Dept. of Physics, the second prize by the Dept. of Commerce (Finance and Taxation) and the third prize by the Departments of History and Mathematics.



List of Participants



List of Participants- Poster Making Competition

Date: 16/07/2018

Sybil Vay

Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 642

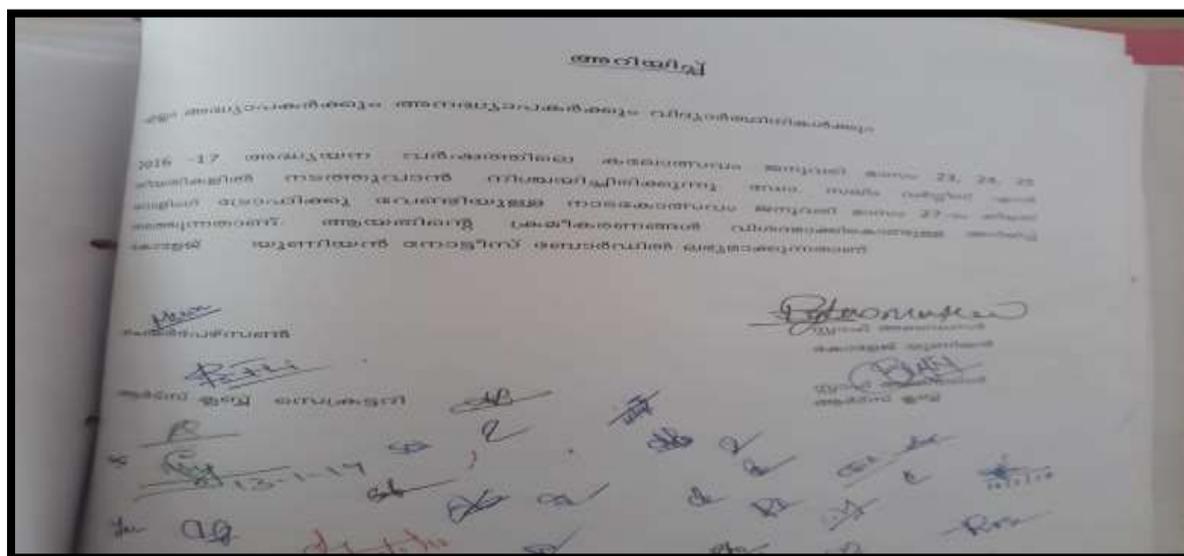


Arang-Arts Festival

Title	Arang-Arts Festival
Date	14, 15 February 2019
Venue	College Auditorium
Objective	To develop cultural and creative skills among students
Organized by	College Union and Arts Club
Participants	Students from various departments

Report

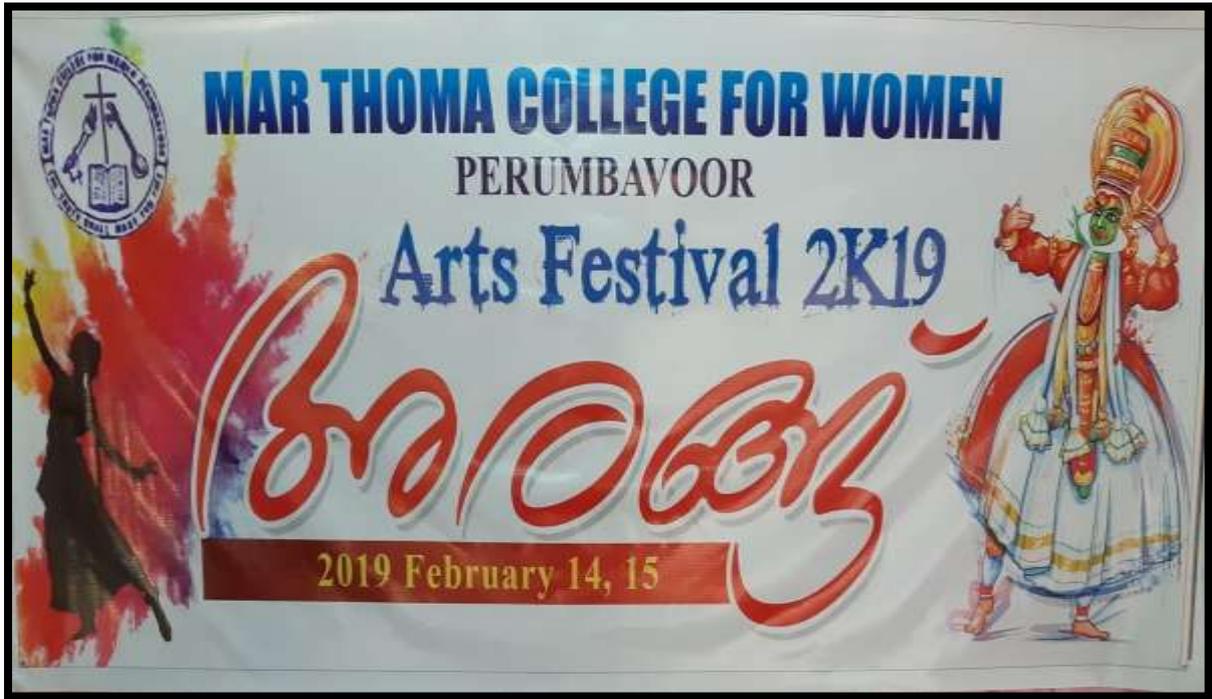
The Union and Arts Club together conducted two days Arts festival “Arang-2019” on 14, 15 February 2019. Literary and off stage events were also conducted during second and third week of January 2019. B. Com (Tax and Finance) secured the Championship trophy of the Arts fest. The first runner up was B.Sc. Mathematics and the second runner up B.A. English.



Notice -Arts festival 2018-2019

Date: 14, 15 February 2019





Brochure Arang-2K19

Date: 14, 15 February 2019



Prayer song by students

Date: 14, 15 February 2019





Audience - Arang 2K19

Date: 14, 15 February 2019



Chief Guest entry

Date: 14, 15 February 2019





Chief Guest distributing prize for NCC Cadet Date: 14, 15 February 2019



Memento distributed to chief guests as a token of love Date: 14, 15 February 2019





Photo of Chief Guest, Staff and Union Members

Date: 14, 15 February 2019



Classical Music

Date: 14, 15 February 2019





Thiruvathira

Date: 14, 15 February 2019

List of Participants

Date of event/activity	Name of the event/activity	Name of the student participated	Department
	ARTS FESTIVAL-MUSIC		
14-01-2019	GROUP SONG(INDIAN)	Aleena & Party	Bcom Tax
		Anna & Party	Mathematics
		Suja & Party	Chemistry
		Varsha & Party	History
		Anna & Party	Mathematics
		Shilpa & Party	Zoology
		Sandra Linny	BCom CA
		Amrutha Joy & Party	Chemistry
		Fasna & Party	Physics
		Gayathri & Party	Zoology
		Sreelakshmi & Party	BCom Tax
		Gopika & Party	BCom Tax
		Amrutheswary & Party	BCom CA
		Suma Sethu & Party	Chemistry
14-01-2019	CLASSICAL MUSIC	Parvathi	Bcom Tax
		Jinu James	Zoology
		Gayathri	Zoology



14-01-2019	AKSHARASLOKAM	Athulya Balan	Mathematics
		Parvathi	Bcom Tax
14-01-2019	LIGHT MUSIC(INDIAN)	Anjana P R	Bcom Tax
		Gopika Mohan	Bcom Tax
		Anupama P M	History
		Abhirami O A	History
		Jinu James	Zoology
		Gayathri	Zoology
		Kallyani	Zoology
		Suja Mariya Sunny	Chemistry
		Divya Vijayakumar	Chemistry
		Anjana K S	Physics
		Aiswarya M	Physics
		Anasooya Krishnan	Chemistry
		Anupama	English
		Swetha	English
		Divya	English
		Dinu Rajan	English
		Aleena	Bcom Tax
		Parvathi	Bcom Tax
		Jheofelsa	History
		Varsha Sunil	History
		Feba	Zoology
		Anjana Ajith	Physics
		Feba Eldhose	Zoology
Swetha Mary Kurian	English		
Divya T K	English		
Krishnendu	Physics		
14-01-2019	KAVYAKELI	Thasny	Bcom Tax
15-01-2019	HINDI RECITATION	Aneeja George	Physics
		Irin Mary Peter	Bcom Tax
		Arya Sivan	Physics
		Aksa Jose	Physics
15-01-2019	PERCUSSION	Vismaya Raju	Zoology
		Varsha P V	Chemistry
15-01-2019	MALAYALAM RECITATION	Irin Mary Peter	Bcom Tax
		Anjana Ks	Physics
		Aiswarya M	Physics
		Greeshma Rajan	Mathematics
		Divya Vijayakumar	Chemistry



		Athulya Balan	Mathematics
		Ami Liyana	Mathematics
		Jinu James	Zoology
		Feba	Zoology
		Athira C M	Zoology
		Swetha S Kumar	English
		Dinu Rajan	English
		Gopika Mohan	Bcom Tax
		Maneesha K S	Bcom Tax
		Akhila	Bcom Tax
		Sreelakshmi	Bcom Tax
		Siwa	Bcom Tax
		Nandana Sreejith	Bcom Tax
		Sona	Bcom Tax
		Surya	Bcom Tax
		Arsha	Bcom Tax
		Aleena	Bcom Tax
		Parvathi	Bcom Tax
		Jinu John	Physics
		Anupama P J	English
		Anjitha Devassy	English
15-01-2019	ENGLISH RECITATION	Minnu Abraham	Chemistry
		Ann Mary Stanly	Mathematics
		Divya Vijayakumar	Chemistry
		Ashna P S	Zoology
		Irin Mary Peter	Bcom Tax
		Sreelakshmi	Bcom Tax
		Farzin Fazzel	Bcom Tax
		Nandana Sreejith	Bcom Tax
		Akhila T M	Bcom Tax
		Afina	Physics
		Muhsina M M	Chemistry
		Mariya Eldhose	Chemistry
		Anjitha Devassy	English
		Swetha Mary Kurian	English
		Riju Ann Sanju	English
		Jolsna Sibi	English
		Anjana Amees	English
15-01-2019	WESTERN SOLO	Ancy Sebastian	Mathematics
		Reshma Ann Jacob	Bcom Tax



		Denaha	English
		Aksamol Sunny	English
		Sweta S Kumar	English
15-01-2019	GROUP SONG (WESTERN)	Niranjana Anand	Chemistry
		Denaha & Party	English
		Reshma & Party	Bcom Tax
		Akhila & Party	Bcom Tax
		Noora & Party	Bcom Tax
	ARTS FESTIVAL-DANCE		
14-01-2019	BHARATHANATHYAM	Niranjana Anand	Chemistry
		Lakshmi Rejoy	History
		Athulya Sudhakar	English
		Anet Maria	Bcom Tax
		Aparna Babu	Chemistry
15-01-2019	THIRUVATHIRA KALI	Abhirami & Party	Chemistry
		Anu Johny & Party	B Voc
		Geethu & Party	History
		Hina & Party	English
		Anjima & Party	Physics
		Varsha & Party	History
		Anusha & Party	Bcom Tax
		Greeshma & Party	Chemistry
		Keerthu & Party	Mathematics
		Aleena & Party	Bcom Tax
		Ashna & Party	Mathematics
		Aiswarya & Party	Physics
		Mariya & Party	Mathematics
15-01-2019	OPPANA	Jiya & Party	Bcom Tax
		Mariya & Party	Mathematics
		Afna & Party	Bcom Tax
		Jhaskin & Party	History
		Sreemol & Party	English
14-01-2019	FOLK DANCE(SOLO)	Mariya & Party	Chemistry
		Sneha Biju	History
		Abhirami O A	History
		Vismaya Sasi	History
		Varsha Sunil	History
		Shigala P M	Bcom C A
		Aparna Babu	Chemistry



		Adheena Varghese	Mathematics
15-01-2019	MARGAMKALI	Aparna Babu	Chemistry
		Della & Party	Chemistry
		Aparna & Party	Mathematics
		Dona & Party	Mathematics
14-01-2019	MOHINIYATTAM	Mariya & Party	Bcom Tax
		Sisira Sivan	English
		Akhaya Sathyan	Physics
15-01-2019	GROUP DANCE	Hena Ajayan	English
		Anoopa & Party	History
		Anna & Party	Mathematics
		Neena & Party	Bcom C A
		Parvathy & Party	Mathematics
	ARTS FESTIVAL- THAETRE EVENTS		
15-01-2019	DRAMA	Hena Ajayan	English
		Giya & Party	Bcom Tax
		Sona & Party	Bcom Tax
		Varsha & Party	History
		Giya & Party	Bcom Tax
		Sona & Party	Bcom Tax
		Rathna & Party	Bcom Tax
		Ansy & Party	Mathematics
		Rathna & Party	Bcom Tax
14-01-2019	MIMICRY	Ansy & Party	Mathematics
		Nandana	Bcom Tax
		Praveetha	Physics
14-01-2019	FANCY DRESS	Maneesha	Bcom Tax
		Varsha Sunil	History
14-01-2019	MONOACT	Athulya Balan	Mathematics
		Ann Mary Stanly	Mathematics
		Jomol Babu	Mathematics
		Anjana Anil	Zoology
		Roshni K H	History
		Nejumma	History
		Thasny	Bcom Tax
14-01-2019	KADHA PRASANGAM	Anjana Anil	Zoology
15-01-2019	SKIT	Sreemol & Party	English
		Akhila & Party	Bcom Tax
		Midhu & Party	Chemistry



		Thafsiya & Party	Mathematics
		Gopika & Party	Mathematics
		Jini & Party	Zoology
15-01-2019	MIME	Anusha & Party	Mathematics
		Vismaya & Party	History
		Gowri & Party	Bcom Tax
		Ansy & Party	Mathematics
		Thasny & Party	Bcom Tax
		Hakima & Party	Mathematics
		Jasna & Party	Bcom Tax
		Swetha & Party	English
		Varsha & Party	Chemistry
		Merin & Party	Chemistry
		Anjana & Party	Physics
	ARTS FESTIVAL- ELOCUTION		
15-01-2019	ELOCUTION (Malayalam)	Anjana Ajith	Physics
		Feba P Thomas	Bcom Tax
		Seethal	Bcom Tax
		Thasny	Bcom Tax
		Anjana Anil	Zoology
15-01-2019	ELOCUTION (English)	Dinir Denny	Chemistry

S. J. V. V.

Principal - in - charge
Mar Thoma College For Women
Perumbavoor - 683 642



‘Alathalam’-M.G. University Youth Festival

Title	Alathalam – M.G. University Youth Festival
Date	3/02/2019
Focus of the event	To develop cultural and creative skills among students
Organized by	Mahatma Gandhi University, Kottayam
Number of Participants	8

Report

Selected candidates were sent to Mahatma Gandhi University Youth Festival 2019-‘Alathalam’ after being properly trained. 8 students were participated in individual items and 3 group items - Thiruvathira, Group Song and Quiz, were also there. Athulya Balan (III B.Sc. Mathematics) got A grade for Akshara Sholakam and Kavyakeli. Arya Sivan (II B.Sc. Physics) got A grade in Hindi Essay writing.



Mahatma Gandhi

Date: 3/02/2019

University Youth Festival





Mahatma Gandhi University Youth Festival 2019-'Alathalam' at Kottayam

Date: 3/02/2019

List of Participants

Date	Programme	Name of the Students
03-Feb-19	Mahatma Gandhi University Youth Festival 2019-'Alathalam' at Kottayam	Athulya Balan
		Adheena Varghese
		Parvathy V G
		Keerthi Rajendran
		Deepthi Rajendran
		Amritha
		Niranjana
		Anagha
		Angelmol
		Susan
		Greeshma
		Kalyani
Arya Sivan		



Sybil Varghese
Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 542

Painting and Elocution Competitions

Title	Painting and Elocution Competition
Date	21/10/2019
Focus of the event	To develop drawing and speaking skills among students
Venue	Conference Hall
Organized by	College Union and arts
Number of Participants	3

Report

The College Union conducted Painting and Elocution competitions as part of the Police Commemoration day (21 October) celebrations.



Painting and Elocution competitions as part of the Police Commemoration day





Elocution competition as part of the Police Commemoration day

Date: 21/10/2019



Elocution competition as part of the Police Commemoration day

Date: 21/10/2019





Painting competition as part of the Police Commemoration day

Date: 21/10/2019

List of Participants

Date	Programme	Name of Students
21-Oct-18	Painting and Elocution competitions as part of the Police Commemoration day	Ayana P.S.
		Keerthy Suresh
		Anjana Ajith



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Cultural Event

Title	Cultural Event as part of WWS Motivation Camp
Date	12/01/2019
Focus of the event	To develop cultural and creative skills among students
Organized by	Walk With a Scholar Program, Mar Thoma College for Women
Number of Participants	29

Report

On the basis of the proposal submitted to Higher Education, our college has been selected for a two day motivational camp and a one day visit for the second year WWS mentees. The motivation camp was held on 12-01-2019 and 13-01-2019 at Mar Thoma College for Women, Perumbavoor. The motivation visit was to Kerala Agricultural University, Mannuthy on 16-02-2019. The students visited different laboratories and they interacted with different faculty members, technical staff and students of Department of Floriculture, Department Plant Pathology, Department of Entomology, Coco research Centre and KAU central technology Museum.

Other Highlights of the camp

- Street play and Campaign on waste disposal: A street play was organized by the students and they performed it at Onnam mile, Perumbavoor. For the campaign the mentees prepared a leaflet to distribute among the people.
- Games and Exercise: In the evening, a game session was beautifully coordinated by the internal mentors. In the morning, exercise was led by student coordinators.
- Cultural Programme: During night all the mentees participated in dance, music and skit programmes and explored their talents.





Cultural Event- WWS

Date: 12/01/2019



Street Play- WWS
12/01/2019

Date:





Certificate of the Program



List of Participants

Date	Programme	Name of the students
12-Jan-19	Cultural event and Street Play as part of WWS Motivation Camp	Aneeya George
		Dona Mariam Joy
		Arsha S Kumar
		Jinu John
		Varsha M Vijay
		Ranjitha Raveendran
		Mubeena Basheer
		Javitha Rajan
		Shahina Basheer
		Soyamol
		Kalyani Surendran
		Fathima Thahsin
		Suja Maria Sunny
		Manumitha S
		Mariya Jebi
		Cilva Mathew
		Fathima Usman
		K N Ansifa
		Haritha P Kumar
		Ashitha Kareem
		Rushda V A
		Ashna A K
		Shahana CK
		Anjitha Ravi
Payal Kumari		
Fathima Nazly		
Thafayamol T A		
Sewtha S Kumar		
Aisha Marwa		



S. J. Joy

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Mar Thoma College For Women
Perumbavoor - 683 542

College Day Celebration

Title	College Day Celebration
Date	07/03/2019
Focus of the event	To create a vibe of dance and music among students
Venue	College Auditorium
Organized by	College Union and Arts Club
Participants	Students from different departments

Report

The activities of the Union and Arts Club culminated with the College Day celebration on 07 March 2019 and distribution of prizes and endowments to the deserving students. Dr. Sunil K Narayanan Kutty (Controller of Examinations, Cochin University) was the chief guest for the College Day. Following the official function dance programs and musical events were also conducted in the afternoon.





**Mar Thoma College for Women,
Perumbavoor**

College Day

Cultural activities

DATE: 7/3/2019
VENUE: COLLEGE AUDITORIUM
TIME: 1.30 PM

Dr.Lisy Cherian
Principal

Dr.Rajani Jacob
Staff Advisor to Arts Club

Niya Merin Mathew
Arts Club Secretary

College Day – Brochure

Date: 07/03/2019





Cultural Programmes by students

Date: 07/03/2019



Cultural Programmes by students

Date: 07/03/2019



List of Participants

Sl No	Names of Union Members
1	Shilpa Bright
2	Aswathy P M
3	Freedia Sebastian
4	Niya Merrin Mathew
5	Ameerunisa
6	Anjana Anil
7	Thasfsiya



Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 642



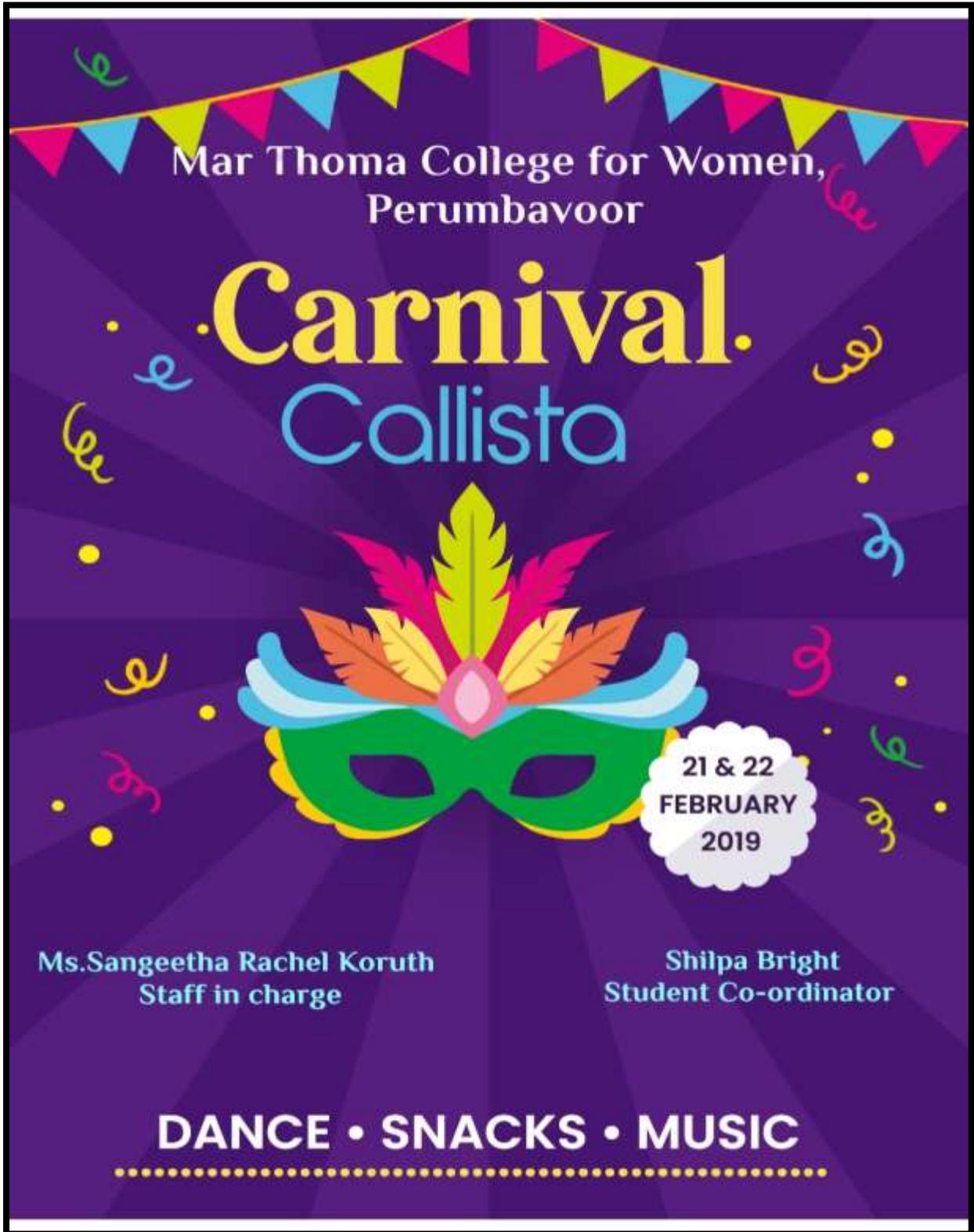
‘Carnival Callista’

Title	Carnival Callista
Date	21, 22 February 2019
Focus of the event	To develop different innovative and creative skills among students
Venue	College Auditorium
Organized by	College Union and Arts Club
Number of Participants	All students

Report

The Union and Arts Club are also proud of conducting a fund raising programme for flood disaster affected students-‘Carnival Callista’ on 21, 22 February 2019. The Carnival was inaugurated by our Principal Dr. Lisy Cherian. The Carnival included Ghost House, Food Fest, Jungle Park, Musical Concert by ‘Asianet Idea Star Singer’ fame Aslam Abdul Mageed and Mask dance. Efreth Zameena of III B.Com (Tax and Finance) won the title ‘Carnival Queen’. The two days event was a great success. With the fund raised in the Carnival, three students were helped to build new house (Rs. 45,000/- to each) and to the treatment of father of one our student-Greeshma. The College Union actively participated in raising fund to support one of our students - Ms. Anjaly Sivadas (II B.Sc. Mathematics) for the treatment of her father, in association with NSS and handed over an amount of Rs. 1,08,620/- by our Principal Dr. Lisy Cherian.





Carnival Callista Brochure

Date: 21, 22 February 2019





List of Participants (Union Members)

Sl No	Name
1	Shilpa Bright
2	Aswathy P M
3	Freedia Sebastian
4	Niya Merrin Mathew
5	Ameerunisa
6	Anjana Anil
7	Thasfsiya



Principal - in - charge
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“Bhoomi Malayalam”

Title	Bhoomi Malayalam – Cultural Events
Date	01-11-2018
Organized by	College Union and Arts Cub
Venue	College Auditorium
Number of Participants	7

Report

The Union and Arts Club in association with Language Departments, conducted a seminar on “Importance of Malayalam Language” on 1 November 2018, as a part of Kerala Day celebration-“Bhoomi Malayalam”. Students performed Group Dance on this day.

List of Participants

Sl No	Name of the students
1	Ms. Shilpa Bright
2	Ms. Aswathy P.M.
3	Ms. Freedia Sebastian
4	Ms. Niya Merrin Mathew
5	Ms. Ameerunisa
6	Ms. Anjana Anil
7	Ms. Fathima





Mar Thoma College for Women, Perumbavoor



Bhoomi Malayalam

Date: 1/11/2018

Venue: Conference Hall

Time: 1.30 pm

Organized by Language Department

Bhoomi Malayalam – Brochure

Date: 01-Nov-18

Principal - in - charge
Mar Thoma College For Women
Perumbavoor - 683 642



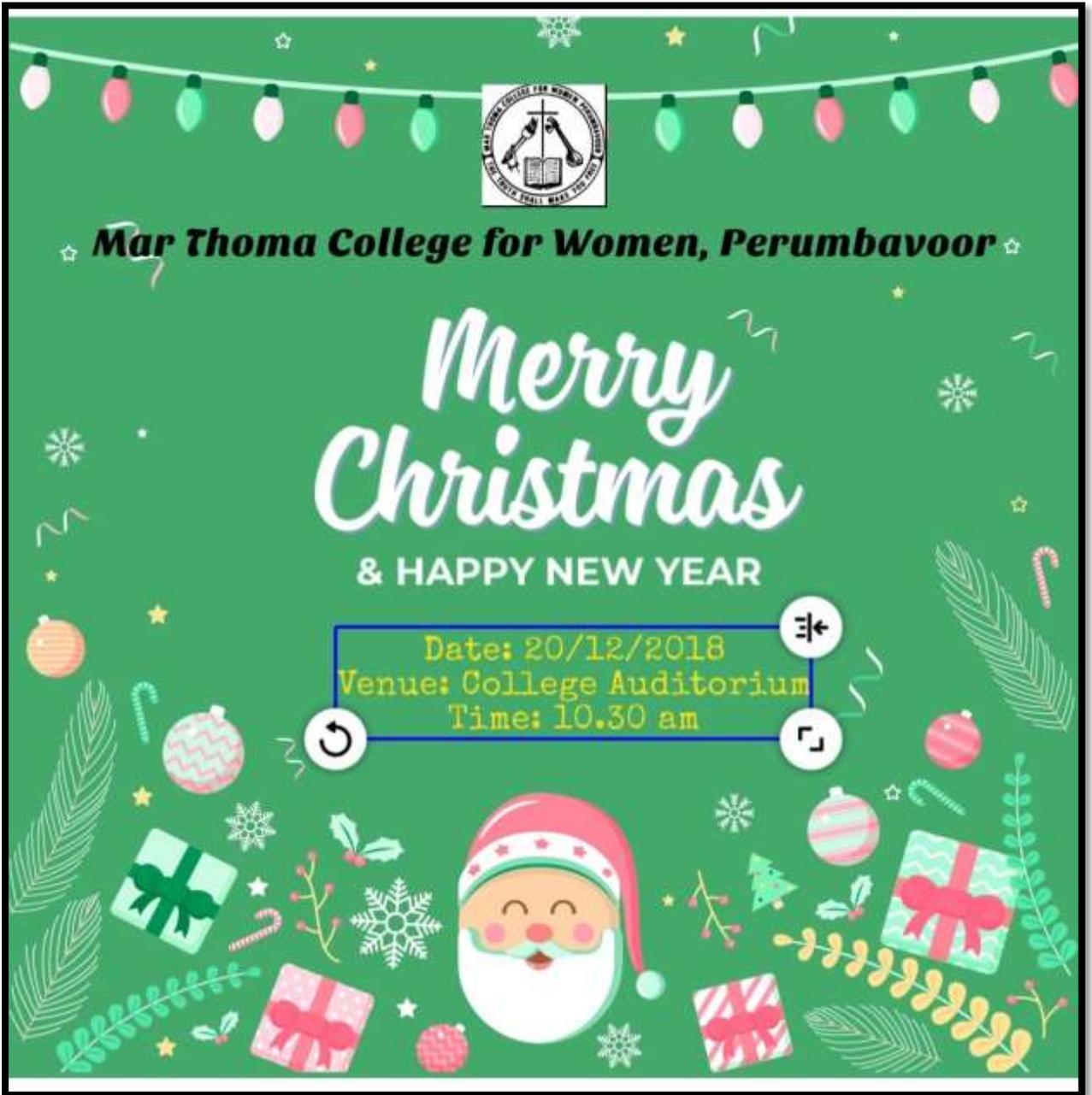
Christmas Carol Competition

Title	Christmas Carol Competition
Date	20/12/2018
Venue	College Auditorium
Objective	To celebrate Christmas and develop a spirit of unity among students
Organized by	Student Christian Movement (SCM)
Participants	Students from various department

Report

The Christmas Carol Service was held on 20/12/2018 at 10 am in the college auditorium. Rev. Shaji Thomas served as the chief guest of the day. The days programmes started with an opening hymn by the SCM choir. It was followed by prayer led by Rev. Reji Abraham. Principal Dr. Lisy Cherian welcomed the gathering. Mrs. Chaithanya Elsa Achenkunju, Mrs. Jolly Paul and Mr. Jyothis Eapen enlightened the congregation by reading portions from the bible revealing the truth of Christmas. The SCM choir flashing in shades of green sang beautiful Christmas songs in Malayalam, English, Hindi, Tamil. Cake was distributed among staff and students to share the joy of Christmas.





Christmas Celebration – Brochure

Date: 20/12/2018





Prayer song by choir team

Date: 20/12/2018



Prayer

Date: 20/12/2018





Reading Bible

Date: 20/12/2018



Reading Bible

Date: 20/12/2018





Reading Bible

Date: 20/12/2018



Students Choir team

Date: 20/12/2018





Teachers Choir team

Date: 20/12/2018



Christmas Celebration

Date: 20/12/2018





Christmas choir team with SCM Coordinator

Date: 20/12/2018



Christmas Celebration

Date: 20/12/2018





Crib made by the students

Date: 20/12/2018



Choir Team Singing Choir Songs

Date: 20/12/2018





Felicitation

Date: 20/12/2018

List of Participants (Union Members)

Sl No	Name of the students
1	Ms. Shilpa Bright
2	Ms. Aswathy P.M.
3	Ms. Freedia Sebastian
4	Ms. Niya Merrin Mathew
5	Ms. Ameerunisa
6	Ms. Anjana Anil
7	Ms. Fathima



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 Principal-in-charge
 Mar Thoma College For Women
 Perumbavoor - 683 542

Independence Day Programmes

Title	Independence Day Programmes
Date	15/08/2018
Venue	College Premises
Organized by	NCC
Number of Participants	34

Report

The Independence Day was celebrated on 15 August with the flag hoisting ceremony. The flag was hoisted by the Principal Dr. Lisy Cherian. A message on communal harmony and national integrity was given by the principal. Cadets also demonstrated Independence Day Parade and also sang NCC Song.



Flag Hosting by Principal

Date: 15/08/2018



List of Participants

Sl No	Name
1	Abihtha Clayer K Mathew
2	Akshaya Sathyan
3	Ancy Mary Sunil
4	Anjaly Eldhose
5	Anjana Anil
6	Anju T.M
7	Aparna A Francis
8	Arsha S
9	Arthira Saji
10	Devika Viju
11	Hasna P K
12	Rahana Moithu
13	Jomol Achamma Maman
14	Meera Deleep
15	Shilpa Bright
16	Sneha S
17	Aisha Marva P K
18	Amitha John
19	Aksa Jose
20	Anagha E R
21	Anjana Ajith
22	Anjana Nair
23	Arya Mathew
24	Josmin Joseph
25	Kripa Rajan
26	Lakshmi Induchoodan
27	Manumitha S



28	Reshma Radhakrishnan
29	Roosmy Johny
30	Safarina M Mahin
31	Siya Maria Sunny
32	Sreelakshmy K G
33	Sweta S Kumar
34	Vishnupriya Soman



Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 642



Yoga Performance

Title	Yoga Performance
Date	21/06/2018
Venue	College Hostel Board Room
Organized by	NCC
Number of Participants	34 Students

Report

On 21 June 2018, the yoga day was celebrated in association with the institution Sewa Kiran, which is part of Ministry of ayush. The instructors from the institution taught the basic lessons of yoga to the cadets. The instructor also delivered a speech on advantages of yoga in daily activities.

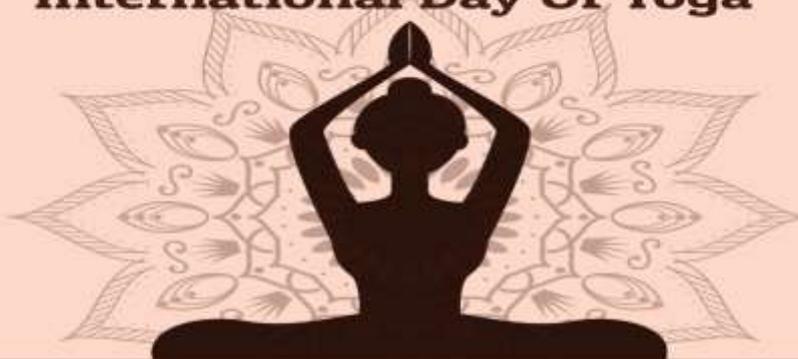
Yoga is an ancient physical, Mental and Spiritual Practice that originated in India. The word 'Yoga' derives from Sanskrit and means to join or to unite, symbolising the union of body and consciousness.

The International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga. The fifth annual International Day of yoga was held at the institution with Yoga with Gurus as the theme.





Mar Thoma College for Women, Perumbavoor
International Day Of Yoga



Breath - Stretch - Stay Healthy

Organized by
NCC

Venue: College Hostel Board Room

JUNE 21 | 09:00 AM

International Yoga Day

Date: 21/06/2018



Photo -International Yoga Day

Date: 21/06/2018



List of Participants

Sl No	Name
1	Abihtha Clayer K Mathew
2	Akshaya Sathyan
3	Ancy Mary Sunil
4	Anjaly Eldhose
5	Anjana Anil
6	Anju T.M
7	Aparna A Francis
8	Arsha S
9	Arthira Saji
10	Devika Viju
11	Hasna P K
12	Rahana Moithu
13	Jomol Achamma Maman
14	Meera Deleep
15	Shilpa Bright
16	Sneha S
17	Aisha Marva P K
18	Amitha John
19	Aksa Jose
20	Anagha E R
21	Anjana Ajith
22	Anjana Nair
23	Arya Mathew
24	Josmin Joseph
25	Kripa Rajan
26	Lakshmi Induchoodan
27	Manumitha S
28	Reshma Radhakrishnan



29	Roosmy Johny
30	Safarina M Mahin
31	Siya Maria Sunny
32	Sreelakshmy K G
33	Sweta S Kumar
34	Vishnupriya Soman



A handwritten signature in green ink, appearing to read "Sreelakshmy K G".

Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 542

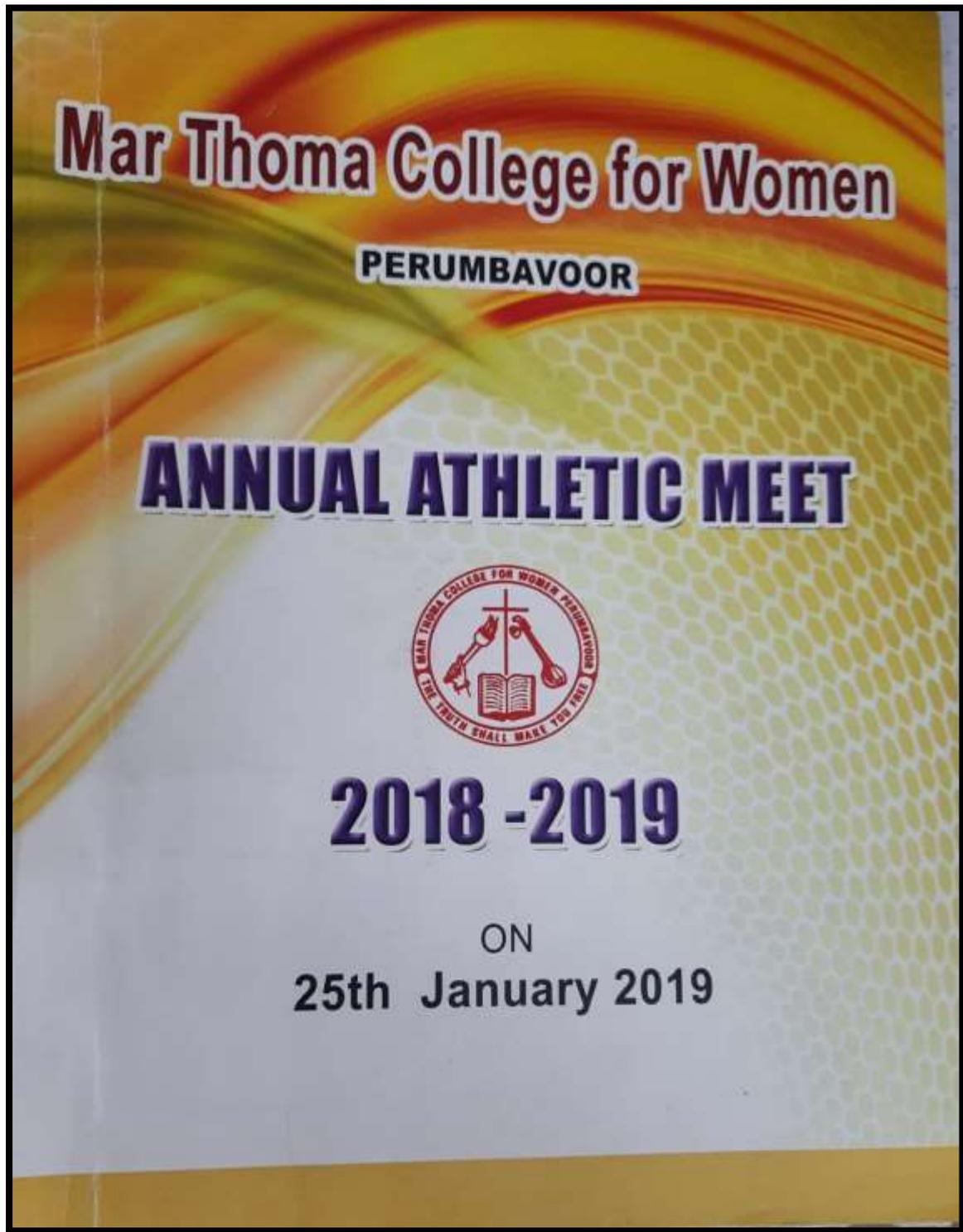
Annual Athletic Meet

Title	Annual Athletic Meet
Date	25/01/2019
Focus of the event	To develop sports skills among students
Venue	College Ground
Organized by	Department of Physical Education

Report

The Annual Athletic Meet for this academic year was conducted on 25th January 2018. Principal, Dr. Lisy Cherian inaugurated the meet at 9.45 am. Various track and field events were conducted. Closing ceremony was at 3.30 pm. Principal give away the prizes during the closing ceremony. Rahana Moithu of blue house won the individual championship. Yellow house won the trophy for overall runner up and champion house of Annual Athletic meet was Blue house. Inter house tug of war competition was also conducted, Green house won the competition.





Brochure- Annual Athletic Meet-2018-2019

Date: 25/01/2019





Photos- Annual Athletic Meet

Date: 25/01/2019



List of Participants

1. Discus Throw

Sl No	Name
1	Athulya Vijay
2	Harishma Haridas
3	Thassny Muhammed
4	Reshma K S
5	Afna MS
6	Salini G
7	Parvathy M Karthika
8	Swathi K P
9	Fathima Nasrin
10	Fathima Naurin
11	Abhirami Suresh
12	Cilva Mathew
13	Sona Shajan
14	Akhila Mani
15	Aswathy P M
16	Akshara Surendran
17	Sumayya V K
18	Maneeshma K S
19	Susan Cheriyan
20	Raizana A J
21	Mahima P M
22	Parvathy Salim Kumar
23	Vismaya Riju
24	Biji Mol
25	Arathi Shaji
26	Farsana
27	Farsan P M



28	Karthika M G
29	Shilpa Dileep
30	Reshma Reji
31	Aparna Valson
32	Gopika Babu
33	Anna Paul
34	Thasneem P S
35	Jomol Babu
36	Anjali Shivadasan
37	Sreelakshmi K G
38	Shilpa Bright
39	Fabinsha K B
40	Abina Sulhath
41	Swetha Mary Kurian
42	Mariya Chacko
43	Elsa Francis
44	Anusha K B
45	Mariya Thomas
46	Athulya Balan
47	Swathy Jayan
48	Parvathy V G
49	Anakha Jose
50	Anjali Valson
51	Ansy Sebastian
52	Dona Mariya Joy
53	Lakshmi Rejoy
54	Shreena O S
55	Mridhula Narayan
56	Nasiya K A
57	Renjusha A
58	Arya Baby



59	Jainn Paul
60	Ahitha Diya K Mathew
61	Geethu P A

2. Javelin Throw

Sl No	Name
1	Athulya Vijay
2	Harishma Haridas
3	Thassny Muhammad
4	Reshma K S
5	Afna M S
6	Salini G
7	Aswathy N A
8	Seethal S George
9	Nandana Babu
10	Sethu V K
11	Swathi K P
12	Fathima Nasrin
13	Fathima Naurin
14	Abhirami Suresh
15	Cilva Mathew
16	Sona Shajan
17	Akhila Mani
18	Jiya Kuriakose
19	Ashwathy P M
20	Akshara Surendran
21	Sumayya V K
22	July Joy
23	Roosin Peter
24	Maneeshma K S



25	Rizana A J
26	Mahima P M
27	Parvathy Salim Kumar
28	Vismaya Riju
29	Biji Mol
30	Josmin Joseph
31	Anjana Suresh
32	Amruthanjan
33	Farsan P M
34	Hakima Maryam
35	Lisnul Mufsidha
36	Anagha
37	Lakshmi Induchudan

3. 400 M

Sl No	Name
1	Arya Mathew
2	Sona Paul
3	Anet Jacob
4	Anisha Shija
5	Swetha S Kumar
6	Anitha Sasi
7	Divega Mercy Kunju
8	Jisny Varghese
9	Keerthy Babu
10	Roshni K H
11	Ann Mary Santa
12	Greeshma Krishnan
13	Fathima M S
14	Soya Joy



15	Jebna K Jaleel
16	Arya Babu.

4. Long Jump

SI No	Name
1	Rahana Maithu
2	Aditya Roy
3	Anet Jacob
4	Anisha Shija
5	Rahmath T A
6	Rushda V A
7	Sreelakshmi T R
8	Anna N S
9	Divega Mercy Kunju
10	Fathima M S
11	Gayathri Ajith
12	Keerthi Balan
13	Roshni K H
14	Anakha K P
15	Anna Paul
16	Aparna A Francis
17	Shahabanath A N
18	Anjana T K
19	Binaya
20	Nayana Ashokan
21	Ehusana K B
22	Fathima M S
23	Farsana P H
24	Thafciyamol T A
25	Akhik Hari



26	Ashitha Kareem
27	Manju V R
28	Renjusha A
29	Nejuma Muhammad
30	Anoopa George

5. 200 m

Sl No	Name
1	Rahana Maithu
2	Aditya Roy
3	Sona Paul
4	Keerthi Babu
5	Dona Joy
6	Shilpa Kiran
7	Anjana Nair
8	Amita Elsa Jacob
9	Amruthanjan
10	Sweta S Kumar
11	Anita Sasi
12	Reshma Reji
13	Ramlath C P
14	Sreelakshmi T R
15	Susan Varghese
16	Jisny Varghese
17	Roshini K H
18	Adheena Varghese
19	Amy Mary Santy
20	Greeshma Krishnan
21	Greeshma Rajan
22	Anjana T K



23	Anjitha
24	Sisira Sivan
25	Anjana K Manoj
26	Farsana P H
27	Swathy Jayan
28	Soya Joy
29	Vishnupriya Biju
30	Arya Babu
31	Vaishnavy M V
32	Safrina M Mahin
33	Nejuma Muhammad
34	Anoopa George
35	Shilpa Dileep
36	Fathima Thahsin A P
37	Anna Paul
38	Jomol Babu
39	Sreelakshmi K G
40	Shilpa Bright
41	Amala Mathew
42	Aksa Mol Sunny
43	Aiswarya K Ashokan
44	Jolsna Sibi
45	Anjam Ameer
46	Mariya Chacko
47	Shoncy Santhosh
48	Elsa Francis
49	Sumayya Veeras
50	Anusha K B
51	Amy Liyana U M
52	Athulya Balan
53	Ehusana K B



54	Fathima M S
55	Disna Xavier
56	Ashna Salim
57	Anakha Jose
58	Anjali Valsan
59	Dona Mariya Joy
60	Mridhula Narayanan
61	Manju V R
62	Renjusha A
63	Jainn Paul
64	Mariyam Bheevi

6. Shot Put

Sl No	Name
1	Athulya Vijay
2	Harishma Haridas
3	Thasni Muhammad
4	Aneesha Jabbar
5	Reshma K S
6	Aparna A A
7	Rathna M
8	Afna M S
9	Swathi K P
10	Fathima Nasrin
11	Fathima Naurin
12	Abhirami Suresh
13	Cilva Mathew
14	Sona Shajan
15	Akhila Mani
16	Jiya Kuriakose



17	Aswathy P M
18	Akshara Surendran
19	Sumayya V K
20	Maneeshma K S
21	Sreelakshmi C S
22	Susan Cheriyan
23	Risaana A J
24	Mahima P M
25	Jini Sajeev
26	Parvathy Salim Kumar
27	Vismaya Riju
28	Shilpa Kiran
29	Biji Mol
30	Josmin Joseph
31	Noora
32	Anjana Suresh
33	Anjitha Ashok
34	Priya Joseph
35	Thayiba
36	Difila
37	Hareeshma
38	Evelin
39	Arathi Shaji
40	Anu Vijayan
41	Beegam Sulthana M S
42	Bijitha Babu
43	Karthika M G
44	Musaina K N
45	Saira Mariya Jijo
46	Shilpa Dileep
47	Fathima C A



48	Fathima Nazily V K
49	Rameesa T Youseph
50	Sneha Mariya Joy
51	Alfiya Sulthana
52	Anju A
53	Anupama Sanjeev
54	Dhanya Sara Saji
55	Hena Ajayan
56	Megha Chandran
57	Reshma Reji
58	Rizwana T R
59	Safa Abdul Majeed
60	Rahmath T A
61	Rushdha V A
62	Sreelakshmi T R
63	Amina N S
64	Aparna Valson
65	Gopika Babu
66	Safna Basheer
67	Anakhamil P U
68	Amrutha T S
69	Thasneem PS
70	Aparna A Francis
71	Adheena Varghese
72	Anagha V R
73	Ashna A K
74	Doniya Laiju
75	Ganalatha
76	Greeshma Krishnan
77	Greeshma Rajan
78	Sreelakshmi K G



79	Aleesha Benny
80	Shahabanath A N
81	Akshaya Sundharan
82	Shilpa Bright
83	Nayan Emmanuel
84	Aseefa Mufthiya
85	Fabinsha K B
86	Nourine
87	Fousiya
88	Sumaya M
89	Anjitha
90	Sumaya K R
91	Divya T K
92	Denaha Elz George
93	Geetha M A
94	Ashiya V A
95	Anna Benny
96	Saranya Devi
97	Aksamol sunny
98	Aiswarya K Ashokan
99	Jolsna Sibi
100	Anjam Ameer
101	Mariya Chacko
102	Sumaya P S
103	Shoncy Santhosh
104	Elsa Francis
105	Jomol Joy
106	Sumayya Veeras
107	Ami Liyana U M
108	Nayana Ashokan
109	Mariya Thomas



110	Rosemol M Sunny
111	Athulya Balan
112	Ehusana K B
113	Disna Xavier
114	Naujath V M
115	Ashna Salim
116	Swathy Jayan
117	Parvathy V G
118	Praveena P S
119	Ramseena P A
120	Shahana C K
121	Soya Joy
122	Thafiya Mol T A
123	Akhik Hari
124	Anakha Jose
125	Anjali Valsan
126	Ansy Sebastian
127	Athira Venugopal
128	Ashitha Kareem
129	Dona Mariya Joy
130	Linny Benny
131	Noel Kurian
132	Vrinda Vijayan
133	Vishnupriya Biju
134	Alfiya Subair
135	Lakshmi Regoy
136	Shereena O S
137	Mridhula Narayanan
138	Nasiya K A
139	Jainn Paul
140	Farsana Azeez



141	Rufseena Pareed
142	Lakshmi Babu
143	Aisha Ashna Salim
144	Thaskin V A
145	Sneha Biju
146	Manumitha S
147	Aswathy N A
148	Ashna P S



Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 642



Dance Against Drugs

Title	Dance Against Drugs
Date	25/06/2018
Focus of the event	To raise awareness against drug abuse
Organized by	Lahari Vimukthi club
Venue	Darbar Hall Ground, Ernakulam
Number of Participants	10

Report

The club actively participated and initiated in “Dance against Drugs” competition conducted by District Tourism Promotion Council and Excise Department at Durbar Hall Ground, Ernakulam. Ms. Roshin.T. Roy, Department of English, served as the Teacher in charge



Students Participation
Date: 25/06/2018

against drug addiction





Students Participation against drug addiction

Date: 25/06/2018



Newspaper report regarding dance programme

Date: 25/06/2018



List of Participants

Sl.No	Name of student
1.	Athulya Sudhakar
2.	Binsiya Bindh Baquir
3.	Denaha Eliz George
4.	Fathima Nourine
5.	Swetha Mary Kurian
6.	Aswathy N A
7.	Niranjana Anand
8.	Reshma Ann Jacob
9.	Anjima K. P
10.	Aksa Mol Sunny



Principal - in - charge
Mar Thoma College For Women
Perumbavoor - 683 642



Vimukthi Poster Exhibition

Title	Vimukthi Poster Exhibition
Date	25/06/2018
Focus of the event	To raise awareness against drug abuse
Organized by	Lahari Vimukthi club
Venue	College Premises
Number of Participants	10

Report

The club actively participated in the Padayathra of the Swuchitwa Bodhana Yajnam and conducted a Poster Exhibition to raise awareness against drug abuse and different types of addiction organised by District Tourism Promotion Council and Excise Department. Ms. Roshin.T. Roy, Department of English, served as the Teacher in charge



Poster Design - Drug abuse

Date: 25/06/2018





Poster Design - Drug abuse

Date: 25/06/2018



Poster Design - Drug abuse

Date: 25/06/2018



List of Participants

Sl.No	Name of student
1.	Athulya Sudhakar
2.	Binsiya Bindh Baquir
3.	Denaha Eliz George
4.	Fathima Nourine
5.	Swetha Mary Kurian
6.	Aswathy N A
7.	Niranjana Anand
8.	Reshma Ann Jacob
9.	Anjima K. P
10.	Aksa Mol Sunny



Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 542



Street Play

Title	Street Play
Date	12-01-2019
Focus of the event	To raise awareness against drug abuse
Organized by	NSS unit Mar Thoma College for Women
Number of Participants	28

Report

The street play on literacy was presented at Koovapady Junction by the NSS Volunteers as an outreach programme to communicate to the masses the significance of literacy. The play also honed the acting and communicating skills of the volunteers. The performance was greatly applauded and was performed on request in the college campus on NSS Day.



Students are ready for the street play

Date: 12-01-2019





Street Play on Literacy

Date: 12-01-2019

List of Participants

Sl No	Name
1	Aneerja George
2	Dona Mariam Joy
3	Arsha S Kumar
4	Jinu John
5	Varsha M Vijay
6	Ranjitha Raveendran
7	Mubeena Basheer
8	Javitha Rajan
9	Shahina Basheer
10	Soyamol
11	Kalyani Surendran,
12	Fathima Thahsin
13	Suja Maria Sunny



14	Manumitha S
15	Mariya
16	Cilva Mathew
17	Fathima Usman
18	K N Ansifa
19	Haritha P Kumar
20	Ashitha Kareem
21	Rushda V A
22	Ashna A K
23	Shahana C K
24	Anjitha Ravi
25	Payal Kumari
26	Fathima Nazly
27	Thafayamol T A
28	Aisha Marwa



Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 642



Basketball Tournament

Title	Basketball Tournament
Date	25 th, 26th & 27th February 2019
Venue	Mar Thoma College for Management and Technology
Organized by	Department of Physical education
Number of Participants	17 Students

Report

3rd Mar Thoma Ever Rolling Trophy Inter Colligate Basketball Tournament for Women, Instituted by Dr. Salim Varghese, former HOD, Dept of English was organised by the Physical Education department on 25,26 and 27 February 2019 at Mar Thoma College of Management and Technology Basketball Court. Trophies and Mementoes were given away by T. P. Ouseph, former National Athletic coach. Mar Thoma College for Women, Perumbavoor won the 3rd Mar Thoma Ever Rolling Trophy defeating Al Ameen College, Edathala was the best promising player of the Tournament and Shilpa Bright of Mar Thoma College for Women, won the trophy for the best player.





T. P. Ouseph, former national athletic coach wishing the participants

Date: 25th, 26th & 27th February 2019



Basketball tournament

Date: 25th, 26th & 27th February 2019





Basketball tournament

Date: 25th, 26th & 27th February 2019



Audience

Date: 25th, 26th & 27th February 2019





Shilpa Bright of Mar Thoma College for Women, won the trophy for the best player.



**Mar Thoma College for Women, Perumbavoor won the 3rd Mar Thoma Ever Rolling Trophy
Date: 25th, 26th & 27th February 2019**



List of Participants

Sl No	Name
1	Arya Baby
2	Sona Paul
3	Renjusha
4	Adhithya Roy
5	Arya Mathew
6	Ruth Santhosh
7	Abitha Clayer K Mathew
8	Shilpa Bright
9	Vaishnavy
10	Manju
11	Nandhana Babu
12	Anoopa George Kurian
13	Anu Vijayan
14	Anagha
15	Rahana Moithu
16	Keerthy Babu
17	Arya Mathew

S. J. V. V.

Principal - in - charge
Mar Thoma College For Women
Perumbavoor - 683 642



Table Tennis Tournament

Title	Table Tennis Tournament
Date	25 & 26 /02/ 2019
Venue	College Fitness Centre
Organized by	Department of Physical Education
Number of Participants	4 Students

Report

Table Tennis Tournament was organized by the Department of Physical Education on on 25th and 26th February 2019 at college Fitness Centre. 4 students participated in the Tournament. Matches were conducted from 3.40 pm to 5.30 pm . Tournament was conducted on Knock out fixture. Anu Vijayan of I B.Sc Mathematics was the winner and Sona Paul of I B.Com Finance and Taxation has won the second position.

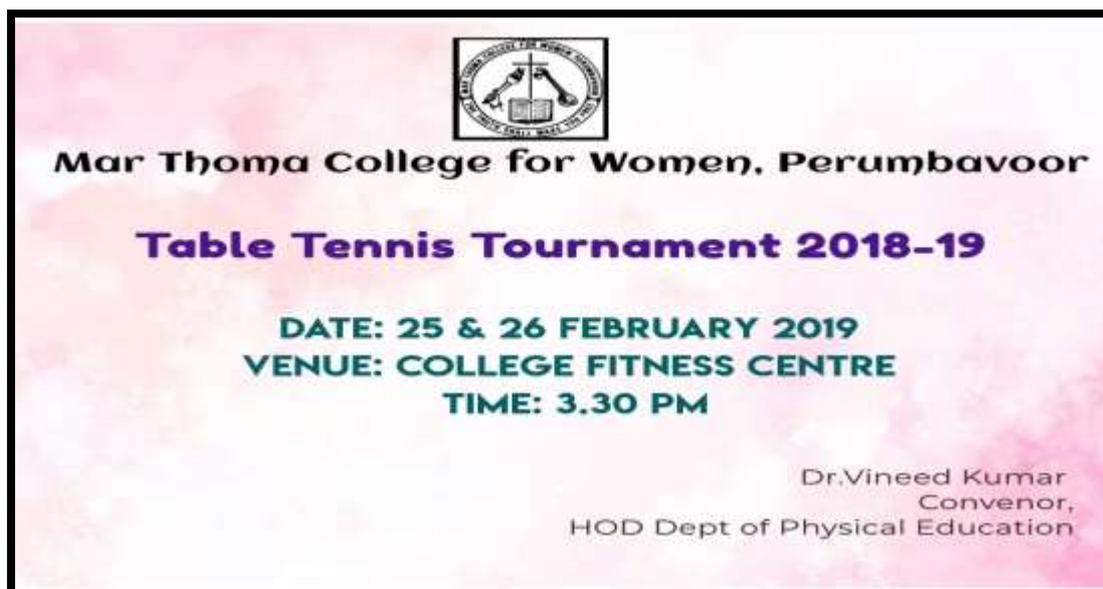
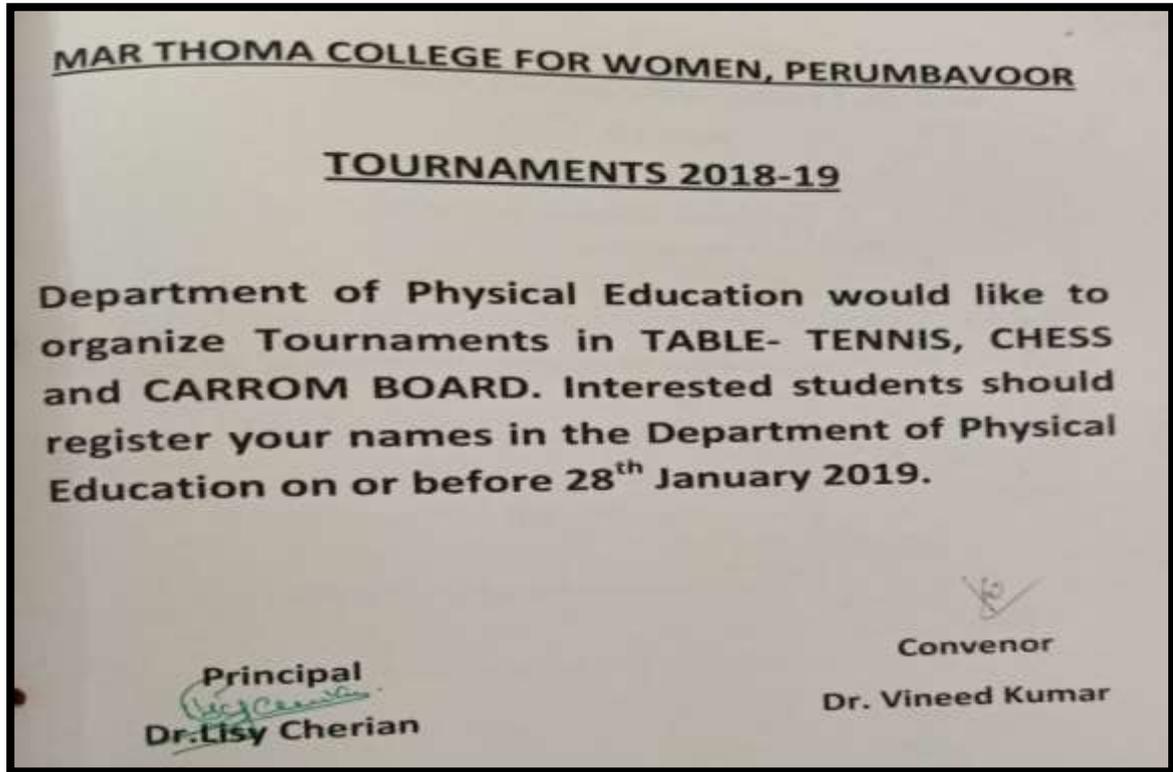


Table Tennis Tournament
25 & 26 February 2019

2018-2019 Brochure

Date:





Notice of Table Tennis Tournament 2018-2019

Date: 25 & 26 February 2019

List of Participants

Sl No	Name
1	Adhithya Roy
2	Renjusha . A
3	Sona Paul
4	Anu Vijayan



Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 542

Carrom Board Tournament

Title	Carrom Board Tournament
Date	18 to 20 February 2019
Venue	College Fitness Centre
Organized by	Department of Physical Education
Number of Participants	6 Students

Report

Carrom Board Tournament was organized by the Department of Physical Education from 18th February 2019 to 20th February 2019 at college Fitness Centre. 6 students participated in the Tournament. Matches were conducted from 12.45 pm to 2.00 pm . Tournament was conducted on Knock out fixture. Arathy Shaji of B.Com Computer Application was the winner and Devi Gayathri of I B.Com Finance and Taxation has won the second position.



MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR

TOURNAMENTS 2018-19

Department of Physical Education would like to organize Tournaments in TABLE- TENNIS, CHESS and CARROM BOARD. Interested students should register your names in the Department of Physical Education on or before 28th January 2019.

Principal
Lisy Cherian
Dr. Lisy Cherian

[Signature]
Convenor
Dr. Vineed Kumar

Notice of Carrom Board Tournament 2018-2019

Date: 18 to 20 February 2019

MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR

CARROM BOARD TOURNAMENT 2018-19

FIXTURE

<p>1. ARATHI SHAJI (III B.COM.COMPUTER)</p> <p>2. ANJU T. M. (III PHYSICS)</p> <p>3. RAHANA MOITHU (III B.COM.)</p> <p>4. DEVI GAYATHRI (I B.COM.)</p> <p>5. REVATHY (II HISTORY)</p> <p>6. HARISHMA (III B.COM.)</p>	
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[Signature]
CONVENOR

Carrom Board Tournament Fixture details

Date: 18 to 20 February 2019



List of Participants

Sl No	Name
1	Arathy Shaji
2	Anju T M
3	Rahana Moithu
4	Devi Gayathri
5	Revathy
6	Harishma



Principal - in - charge
Mar Thoma College For Women
Perumbavoor - 683 642



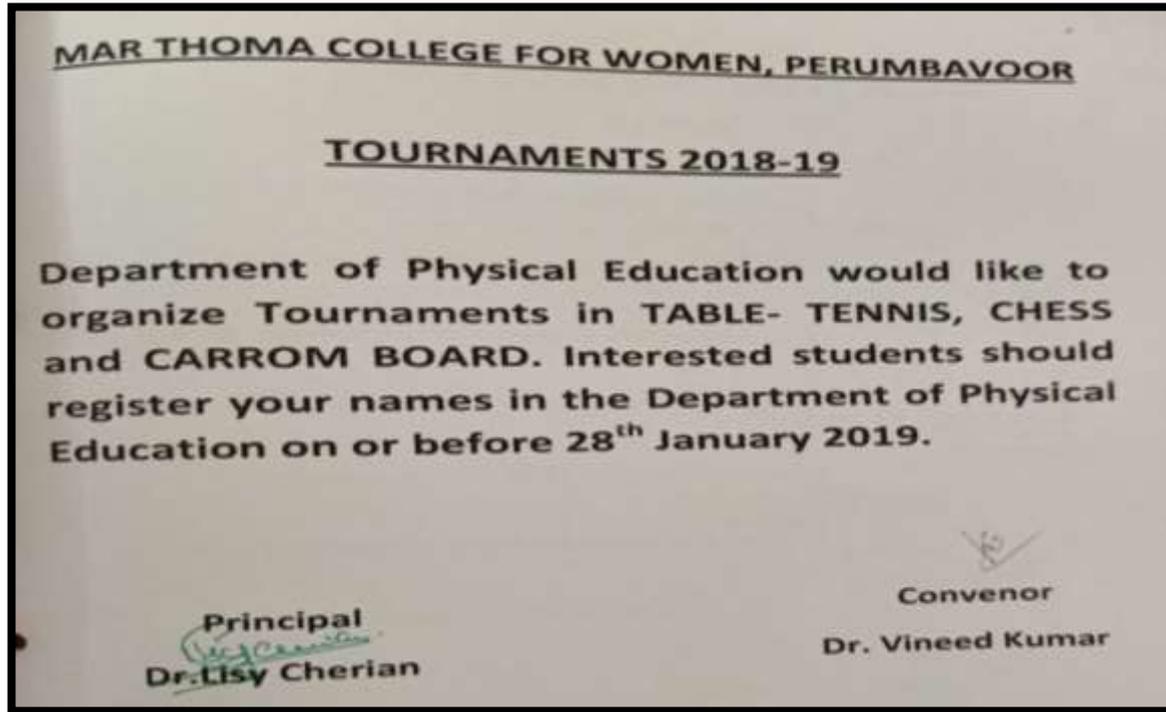
Chess Tournament

Title	Chess Tournament
Date	8/01/2019 to 13/01/2019
Venue	College Fitness Centre
Organized by	Department of Physical Education
Number of Participants	8 Students

Report

Chess Tournament was organized by the Department of Physical Education from 8th February 2019 to 13th January 2019 at college Fitness Centre. 8 students participated in the Tournament. Matches were conducted from 12.45 pm to 2.00 pm .





Notice of Chess Tournament 2018-2019

Date: 8/01/2019 to 13/01/2019

List of Participants

Sl No	Name
1	Anu Vijayan
2	Anju.T M
3	Sruthy Anie Jose
4	Anjali Bhaskar
5	Aiswarya Muraleedharan
6	Anusha K B
7	Cilva Mathew
8	Fathima M S



Sybil V

Principal - in - charge
Mar Thoma College For Women
Perumbavoor - 683 542

Intercollegiate Quiz Competition

Title	Inter Collegiate Quiz Competition
2nd August 2018	2nd August 2018
Venue	College Conference Hall
Organized by	Department of Mathematics
Number of Participants	32 Students

Report

As part of National Mathematics Day celebrations, an intercollegiate quiz competition was conducted in which 16 teams from 9 colleges participated. After the preliminary round, 4 teams were selected to participate in the final round. Dr. Sunny Kuriakose, Dean, FISAT, was the quiz master.

Teams

1. 2 teams from Sree Sankara College, Kalady
2. 2 teams from St. Xavier's College for Women, Aluva
3. 2 teams from M. A. College, Kothamangalam
4. 1 team from St. Peter's College, Kolenchery
5. 2 teams from S.S.V. College, Airapuram
6. 2 teams from M.E.S. College, Marampally
7. 1 team from Nirmala College, Muvattupuzha
8. 2 teams from S.N.M. College, Maliankara
9. 2 teams from Mar Thoma College for Women, Perumbavoor



After the final round, St. Peters College bagged the first prize, a team from Mar Thom College for Women, the second prize and a team from M. A. College the third prize. These teams were awarded with cash prizes of Rs.1200, Rs. 800 & Rs. 500 respectively and participation certificate was given to everyone.

<p>03-08-2018 (Friday)</p> <p>1:00 pm : Film (The Man Who Knew Infinity)</p> <p>3:30 – 4:30 pm : Review and Closing Ceremony</p> <p>* Individual Registration Fee: Rs 50-</p> <p>* Lunch will be provided for all registered candidates.</p> <p>Quiz Prizes</p> <p>I Prize – Cash Award of ₹1200/- & Certificate</p> <p>II Prize – Cash Award of ₹800/- & Certificate</p> <p>III Prize – Cash Award of ₹500/- & Certificate</p> <p>Rules and Regulations (Quiz)</p> <ol style="list-style-type: none"> 1. An institution can send up to two teams for the quiz competition. 2. Each team shall consist of two students (UG/ PG) only. 3. Participant should produce an identification certificate from the Principal/HOD. 4. Teams should report at 9:30 am for registration. 5. The Quiz Master's decision will be final and binding. <p>For more details, Contact:</p> <ul style="list-style-type: none"> • Dr. Anissa Kurien K. – Mob: 9446517525 • Dr. Gigi George – Mob: 9446453860 <p>Email : gigitraisen@gmail.com</p>	<p>National Mathematics Day Celebrations - 2018</p> <p>-To Sustain, Promote and Enrich the Mathematical Culture of India</p> <p>2 & 3 August, 2018</p> <p>Sponsored by</p>  <p>Kerala State Council for Science, Technology & Environment</p> <p>Supported by</p> <p>Department of Science & Technology, Govt. of India</p> <p>Organised by</p>  <p>MAR THOMA COLLEGE FOR WOMEN</p> <p>PERUMBAVOOR, KERALA-683542</p> <p>(Affiliated to Mahatma Gandhi University, Kottayam & Re-accredited by NAAC)</p> <p>Phone: 0484 - 2522723 Website: www.marthomacollege.ac.in</p>
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Brochure: Intercollegiate Quiz fest

Date: 2nd August 2018



Dear Sir/Madam,

We are glad to inform you that the Department of Mathematics, Mar Thoma College for Women, Perumbavoor is observing National Mathematics Day on 2 & 3 August, 2018 with an aim to foster the contributions of the legendary Indian Mathematician Dr. Srinivasa Ramanaujan and moreover to sustain, promote and enrich the Mathematical Culture of India. The programme is sponsored by Kerala State Council for Science, Technology & Environment and supported by Department of Science & Technology, Govt. of India.

We solicit the active participation of students and teachers of your esteemed institution in the programme. Expecting your whole hearted co-operation and participation.

With Regards,

Dr. Lily Cherian Principal
Dr. Annie Kurien K HOD, Mathematics
Dr. Gigi George Co-ordinator

Significance of National Mathematics Day (NMD)

The legendary Indian Mathematician, Dr. Srinivasa Ramanujan was born on December 22 in the year 1887 in Erode, a place in Tamil Nadu. He has greatly contributed towards mathematical analysis, number theory, infinite series and continued fractions. In recognition of his memorable and noteworthy contributions towards Mathematics, the Union Government of India in 2012 has decided to celebrate his birth anniversary, every year as the National Mathematics Day. Since then, National Mathematics Day is celebrated in our country with an aim to carry forward the legacy of great Indian Mathematicians such as Srinivasa Ramanujan and also, promote and cultivate the magnificent tradition of Indian Mathematics.

About the College & Department

Mar Thoma College for Women, Perumbavoor, established in 1982, is a premier institution of higher education affiliated to the Mahatma Gandhi University, Kerala, India. The college is owned by the Mar Thoma Evangelistic Association.

The Department of Mathematics came into existence in 1991 & it became a Post Graduate Department in 2013. Right from the inception, the College & the Department have been doing women service in the development of young women by providing quality education, wedded with spiritual and moral values.

Programme Schedule

02 - 08 - 2018 (Thursday)

09:00 am : Registration
 10:00 am : Inaugural Ceremony
 10:30 am : Tea Break
 10:45 am : Invited Talk
Dr. Sunny Kuriakose (DEAN, FISAT, Angamaly & Secretary, Kerala Mathematical Association)

12:00 pm : Math Riddles Fun
 12:30 pm : Lunch
 01:15 pm : Mathematics Quiz (Preliminary)
 02:15 pm : Tea Break
 02:30 pm : Mathematics Quiz (Final)
 04:00 pm : Award Ceremony

Brochure: Intercollegiate Quiz fest

Date: 2nd August 2018



Photo of Intercollegiate Quiz fest

Date: 2nd August 2018



List of Participants

Sl No	Name	Class	College
1	ABHISHEK K SURENDRAN	I DC MATHEMATICS	SREE SANKARA COLLEGE, KALADY
2	MANU D	I DC MATHEMATICS	SREE SANKARA COLLEGE, KALADY
3	HRIDHYA H MANJALY	III DC MATHEMATICS	St. XAVIER'S COLLEGE, ALUVA
4	MEENU P R	III DC MATHEMATICS	St. XAVIER'S COLLEGE, ALUVA
5	ARYA RAMESH	III DC MATHEMATICS	St. XAVIER'S COLLEGE, ALUVA
6	BINAYA B KULANGARA	II BSC MATHEMATICS	SREE SANKARA COLLEGE, KALADY
7	BALAMOCHAN DEV R	II BSC MATHEMATICS	SREE SANKARA COLLEGE, KALADY
8	ABHIRAM SHYAM	II BSC MATHEMATICS	SREE SANKARA COLLEGE, KALADY
9	SREEKALA SURENDRAN	II BSC MATHEMATICS	SREE SANKARA COLLEGE, KALADY
10	BINSA VARGHESE	II BSC MATHEMATICS	MA COLLEGE, KOTHAMANGALAM
11	ROSMI GEORGE	II BSC MATHEMATICS	MA COLLEGE, KOTHAMANGALAM
12	ANU JOSE	II BSC MATHEMATICS	MA COLLEGE, KOTHAMANGALAM
13	AYANA ASOK	III BSC MATHEMATICS	ST.PETER'S COLLEGE, KOLENCHERY
14	ANJANA MOHANDAS	III BSC MATHEMATICS	ST.PETER'S COLLEGE, KOLENCHERY
15	SREEJITH SHAJI	III BSC MATHEMATICS	ST.PETER'S COLLEGE, KOLENCHERY
16	ASHWIN K MANOJ	III BSC MATHEMATICS	ST.PETER'S COLLEGE, KOLENCHERY
17	ABHIJITH SURESH	III BSC MATHEMATICS	ST.PETER'S COLLEGE, KOLENCHERY
18	ANANDHU SAJEERAN	III BSC MATHEMATICS	ST.PETER'S COLLEGE, KOLENCHERY
19	AMEENA AZEEZ	II BSC MATHEMATICS	MES COLLEGE, MARAMPALLY
20	NISSY PAUL	II BSC MATHEMATICS	MES COLLEGE, MARAMPALLY
21	AMAL JOSE	II BSC MATHEMATICS	NIRMALA COLLEGE, MUVATTUPUZHA
22	SONU JOSEPH	II BSC MATHEMATICS	NIRMALA COLLEGE, MUVATTUPUZHA



23	ANANDHU K P	II BSC MATHEMATICS	S N M COLLEGE, MALYANKARA
24	ARUN BINISH	II BSC MATHEMATICS	S N M COLLEGE, MALYANKARA
25	ASWIN P P	III BSC MATHEMATICS	S N M COLLEGE, MALYANKARA
26	AKASH P SAJEEV	III BSC MATHEMATICS	S N M COLLEGE, MALYANKARA
27	SAPNAMOL P S	III BSC MATHEMATICS	MES COLLEGE MARAMPALLY
28	NOORAMOL A A	III BSC MATHEMATICS	MES COLLEGE MARAMPALLY
29	FARZANA P G	III BSC MATHEMATICS	MARTHOMA COLLEGE FOR WOMEN PERUMBAVOOR
30	FATHIMA M S	III BSC MATHEMATICS	MARTHOMA COLLEGE FOR WOMEN PERUMBAVOOR
31	JOMOL BABU	III BSC MATHEMATICS	MARTHOMA COLLEGE FOR WOMEN PERUMBAVOOR
32	NAUJATH V M	III BSC MATHEMATICS	MARTHOMA COLLEGE FOR WOMEN PERUMBAVOOR

S. J. V. V.

Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 642

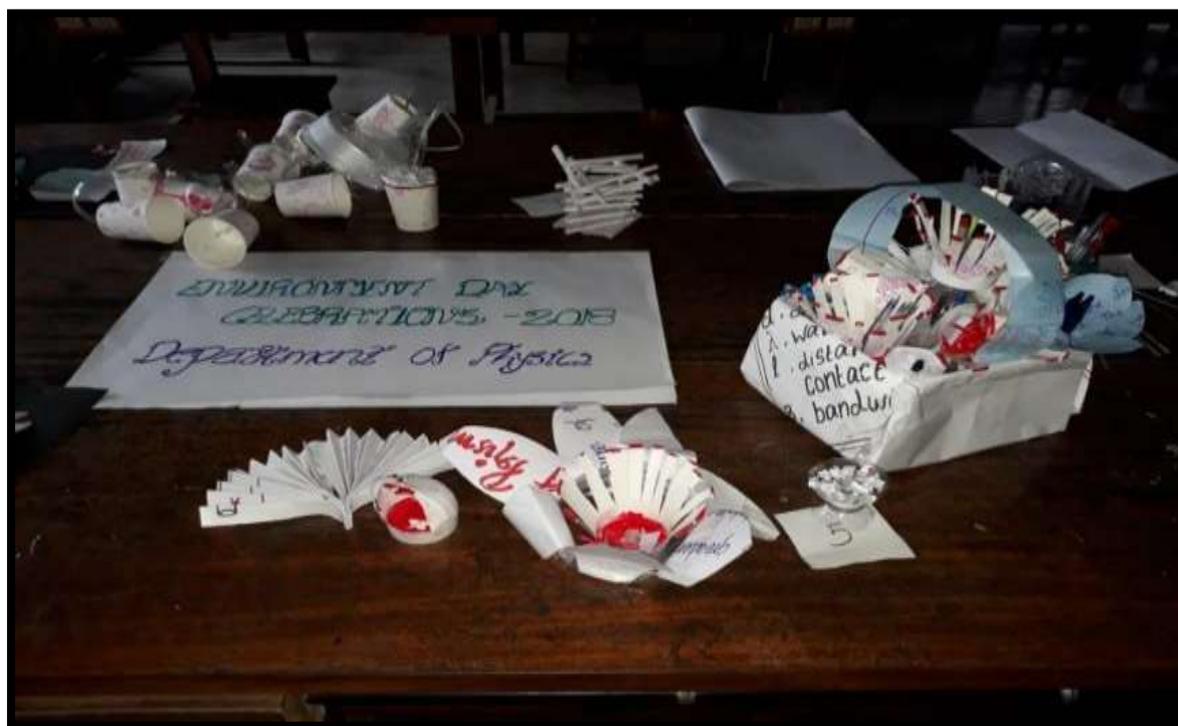


Painting and Craft Making Competition

Title	Painting and Craft Making Competition
Date	5 June 2018
Venue	Physics Lab
Objective	To develop painting and craft making skills among students
Organized by	Department of Physics
Participants	5 Students

Report

The Department had organized a craft competition to make useful things out of plastics and other waste materials on 5 June 2018. Students from different departments actively participated in it.



Photos of the competition

Date: 5 June 2018





Students are making crafts

Date: 5 June 2018

List of Participants

SI No	Name
1	Haseena K S
2	Krishnendu
3	Varsha M Vijay
4	Ajana Ajith
5	Niya Merrin Mathew

S. J. Mathew

Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 642



Sports and cultural events / competitions organised by other institutions in which our students are participated:



Renjusha-A, Participated in Inter District Cricket Tournament North Zone
Date:10/03/2019



Malavika S Devadas Participated in 64th Kerala State Senior Ball Badminton
Championship
Date:10/02/2019





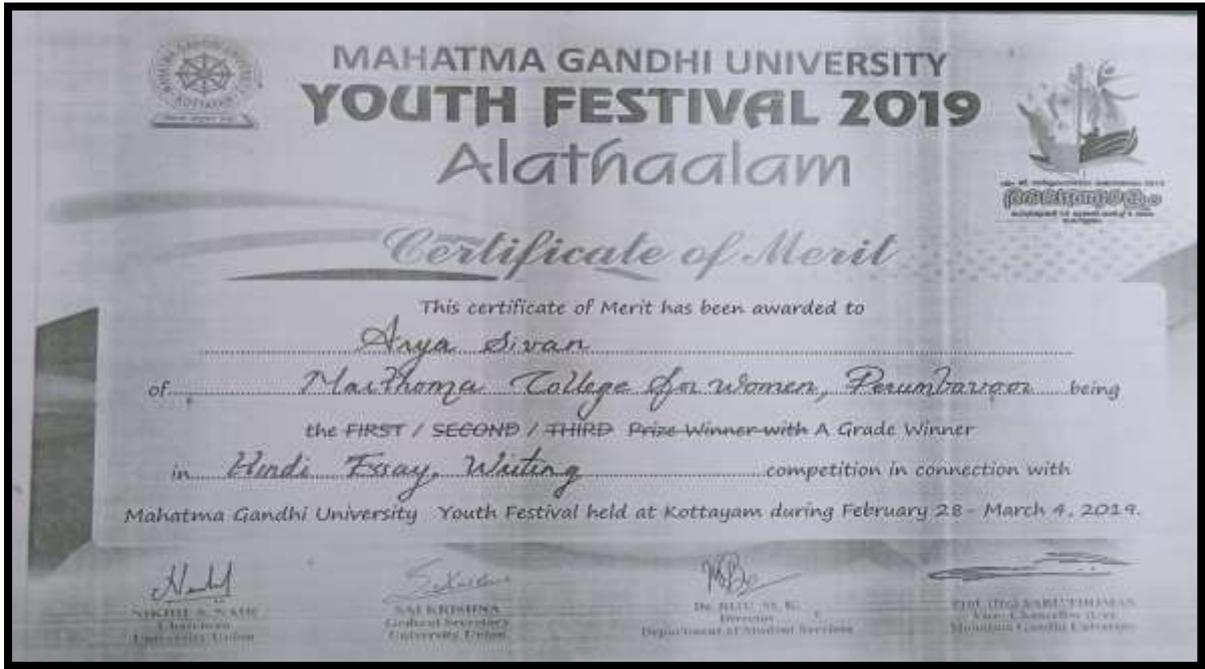
Sona Paul Participated in Inter District Cricket Tournament- Wayanad District
Date:18/05/2019



Arya Baby Participated in
Tournament - Wayanad
Date:18/05/2019

in Inter District Cricket
District



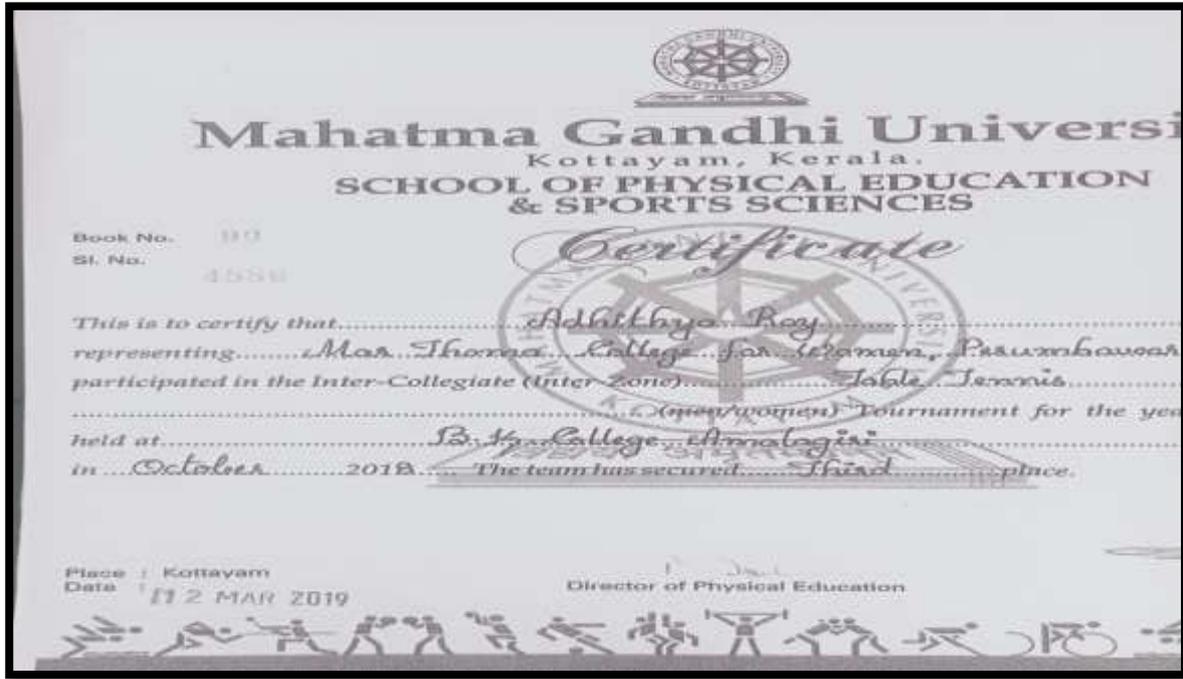


Arya Sivan- Participated in university Kalolsavam- Alathaalam

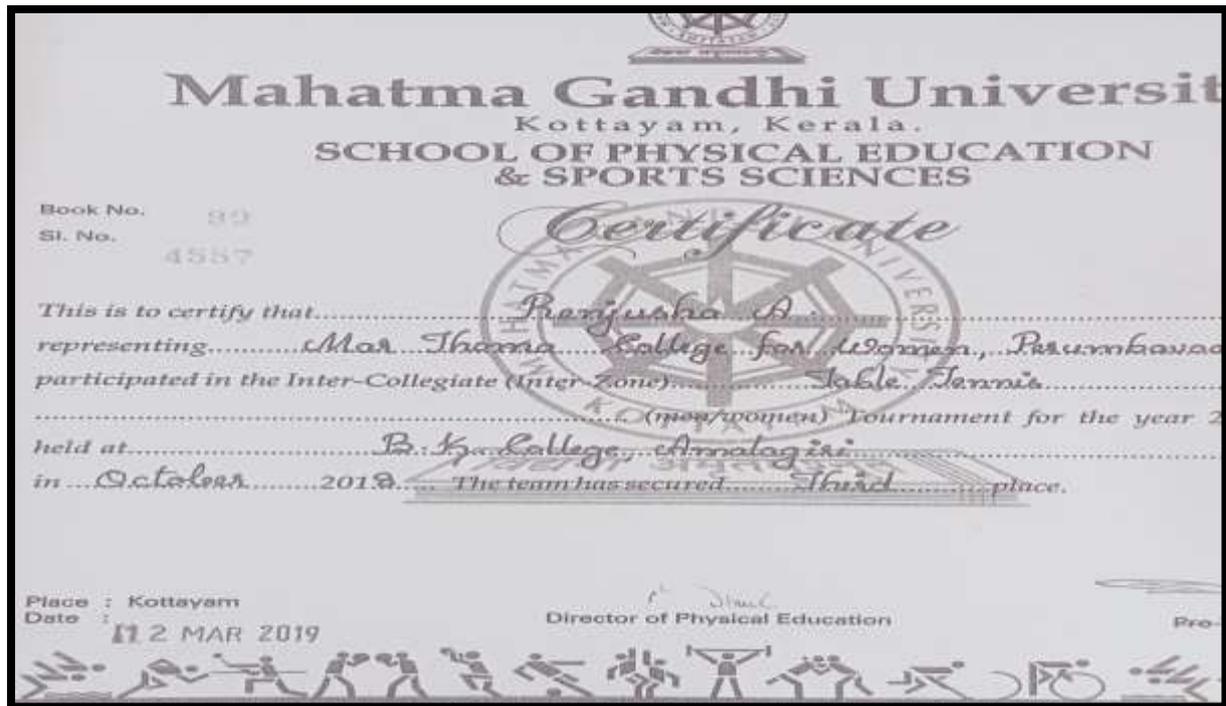


Sona Paul Participated in Inter collegiate table tennis tournament Date: 12/3/2019





Adhithya Roy Participated in Inter collegiate table tennis tournament Date: 12/3/2019



Renjusha. A Participated in Inter collegiate table tennis tournament Date: 12/3/2019



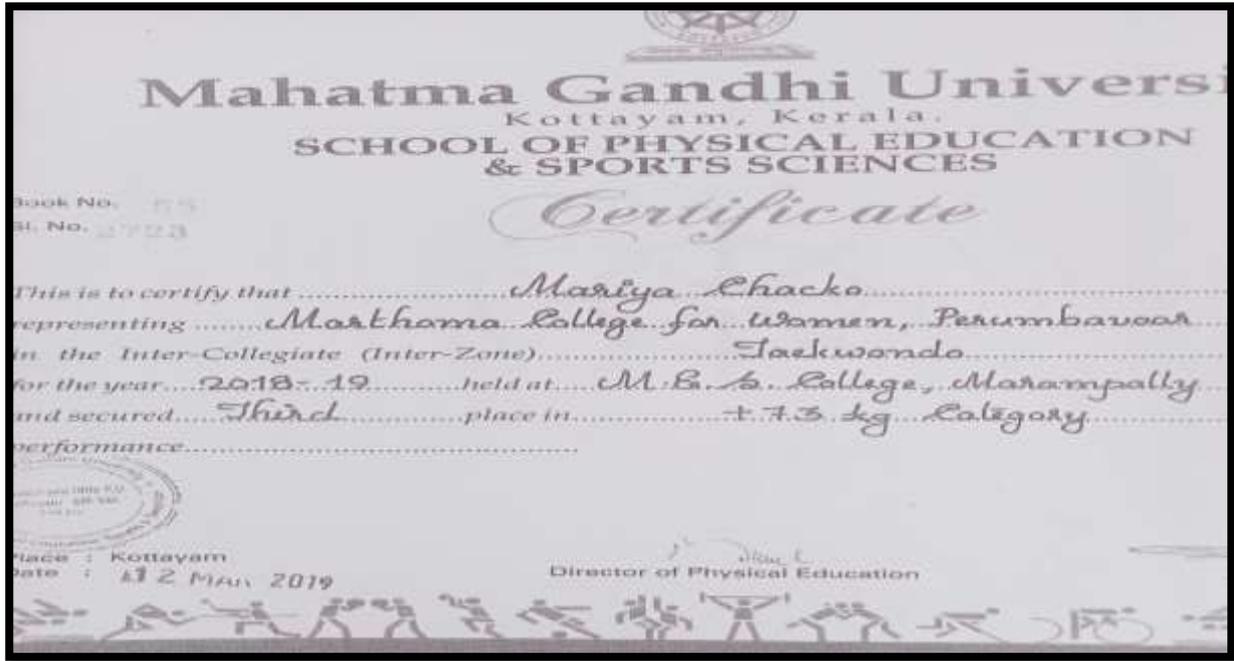


Anu Vijayan Participated in Inter collegiate table tennis tournament Date: 12/3/2019

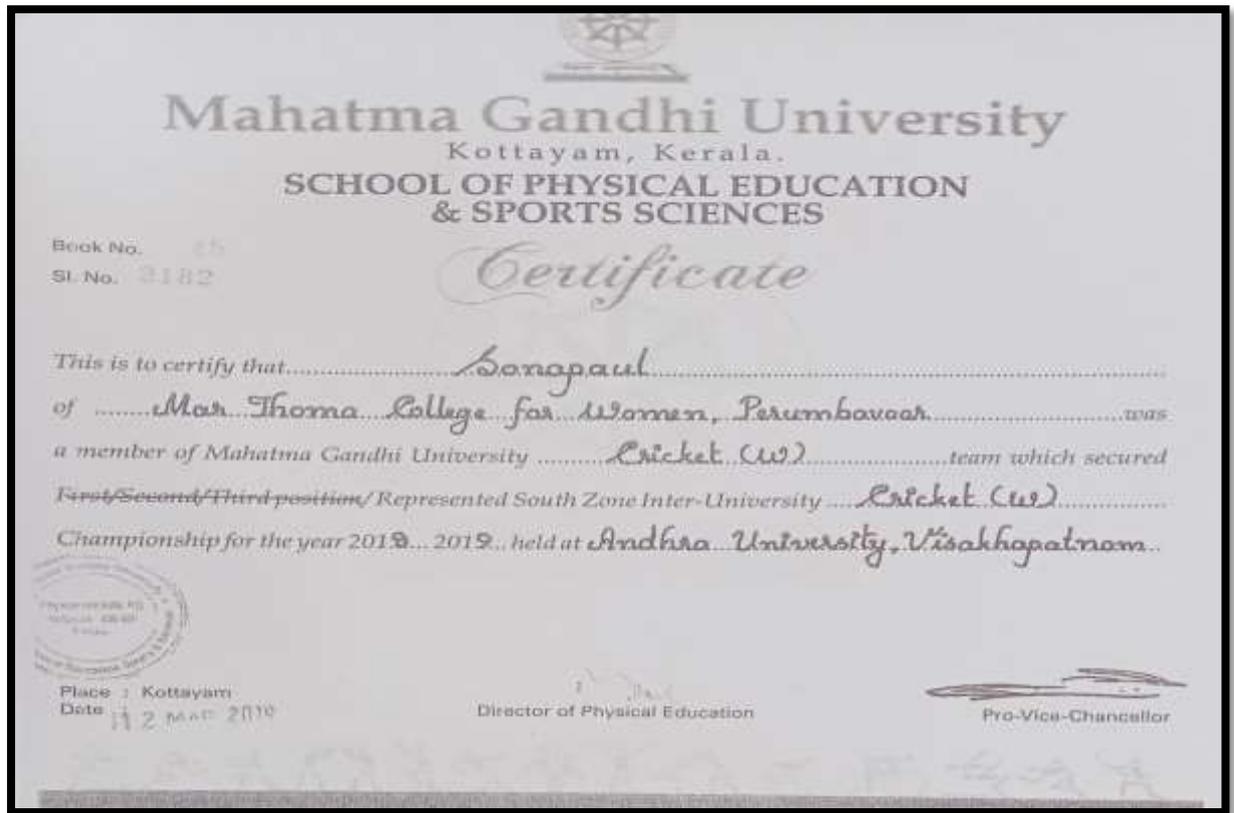


Varsha M Vijay Participated in the Youth /Model Parliament Competition conducted by the Institute of Parliamentary Affairs





Mariya Chacko Participated in Inter Collegiate Taekwondo Tournament Date: 12/3/2019



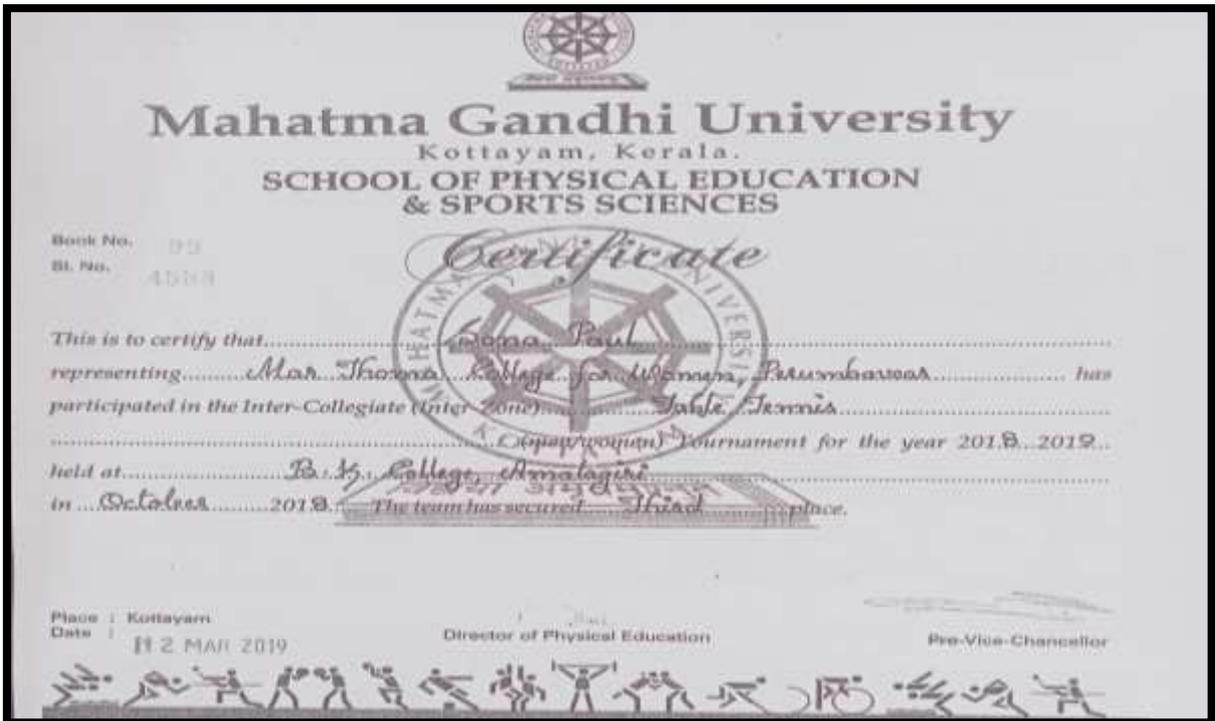
Sona Paul Participated in South Zone Inter University Cricket Championship





Renjusha. A Participated in Inter collegiate Cricket tournament

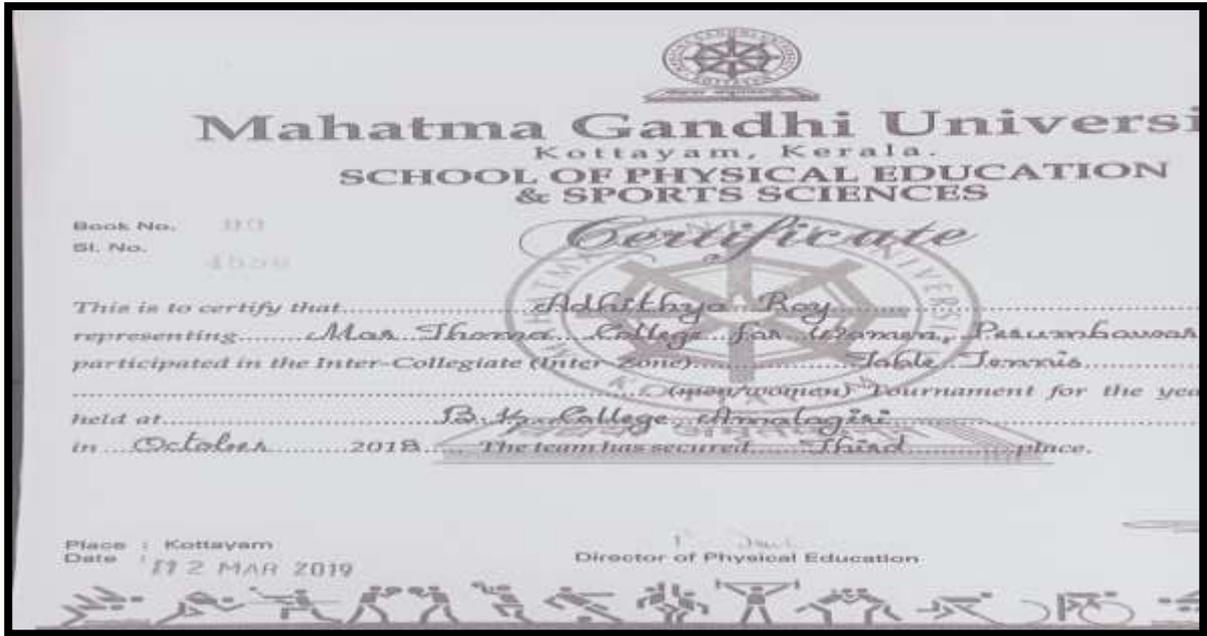
Date: 12/3/2019



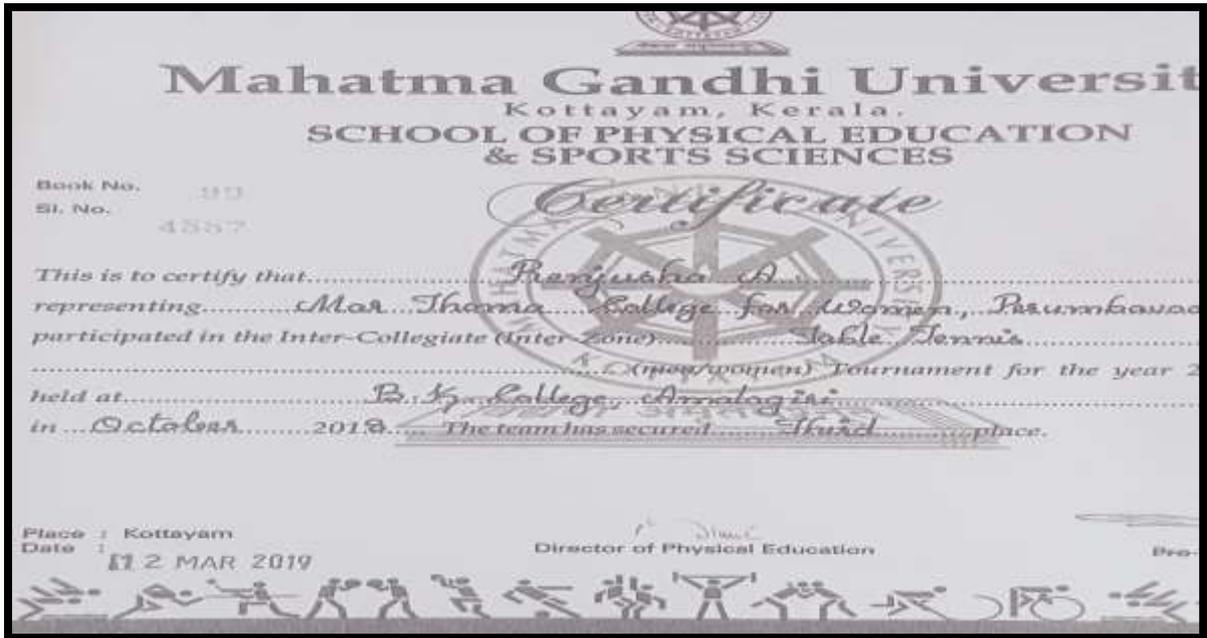
Sona Paul Participated in Inter collegiate Table Tennis Tournament

Date: 12/3/2019





Adhithya Roy Participated in Inter collegiate Table Tennis Tournament



Renjusha A Participated in Inter collegiate Table Tennis Tournament

Date: 12/3/2019



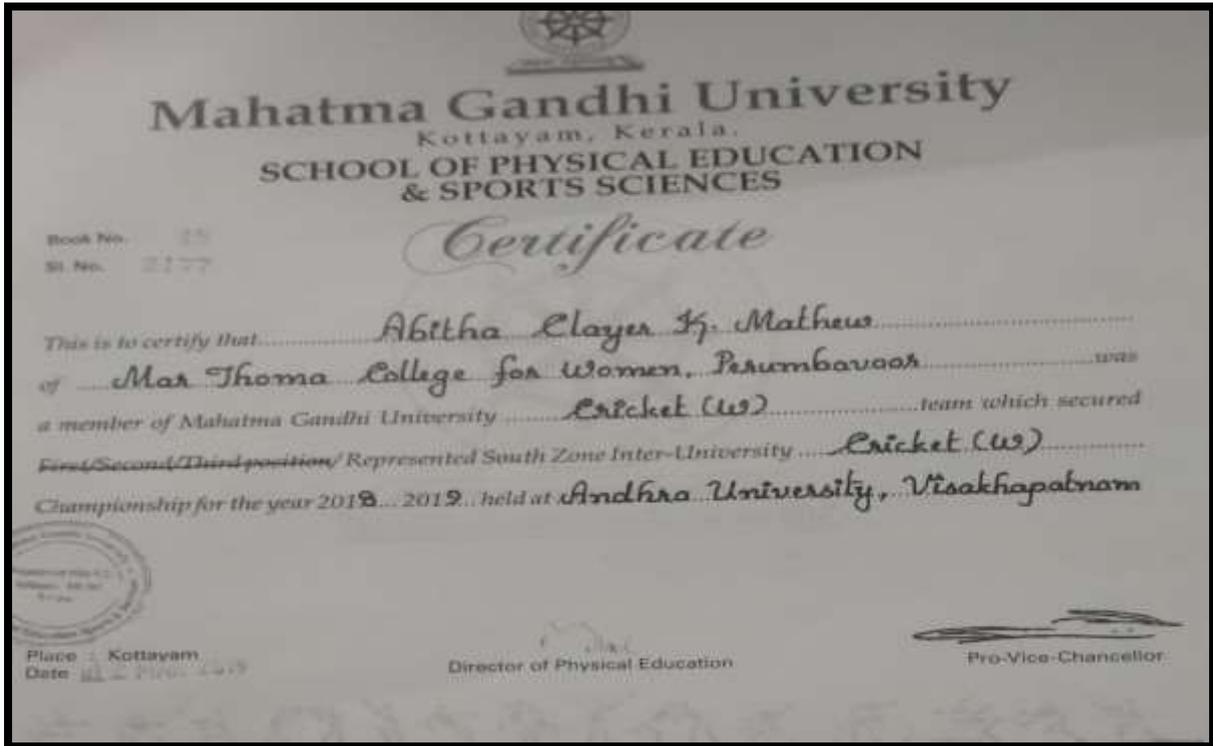


Vaishnavy M.V Participated in South Zone inter University Cricket Tournament



Manju V. R Participated in South Zone inter University Cricket Tournament





Abitha clayer K Mathew Participated in South Zone inter University Cricket Tournament



Renjusha A Participated in South Zone inter University Cricket Tournament





Sona Paul secured second Prize in Inter Collegiate Inter Zone Cricket Tournament



Rahana Moithu secured second Prize in Inter Collegiate Inter Zone Cricket Tournament

Date: 12/3/2019





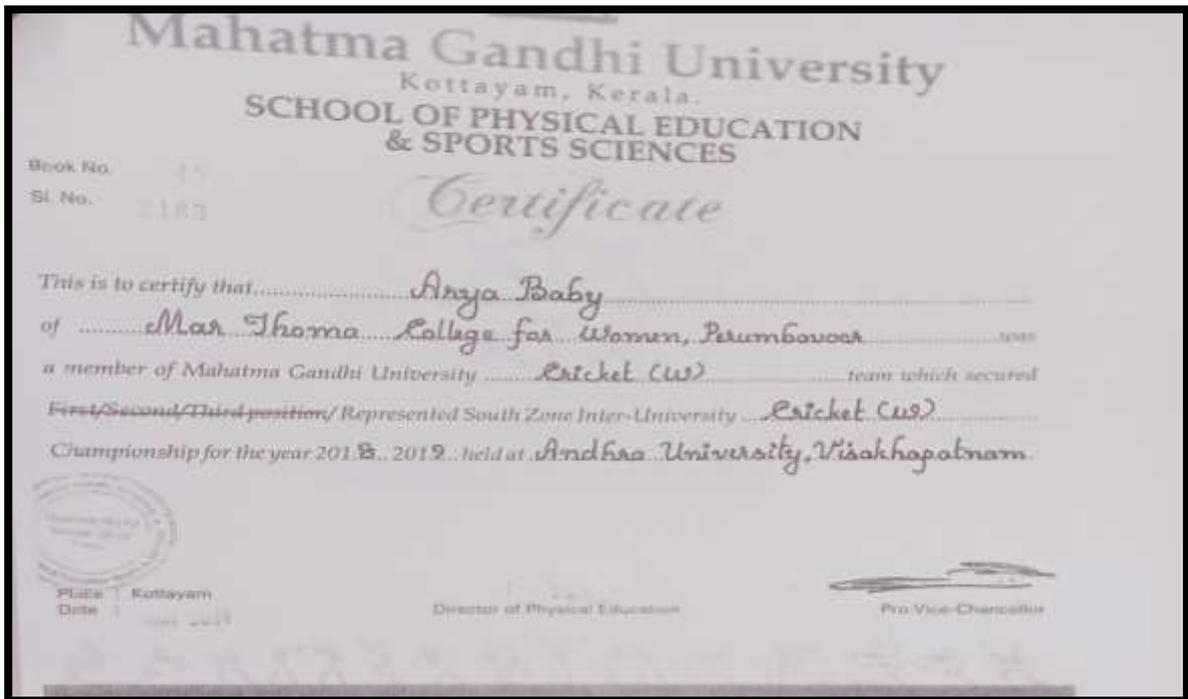
Renjusha A secured second Prize in Inter Collegiate Inter Zone Cricket Tournament



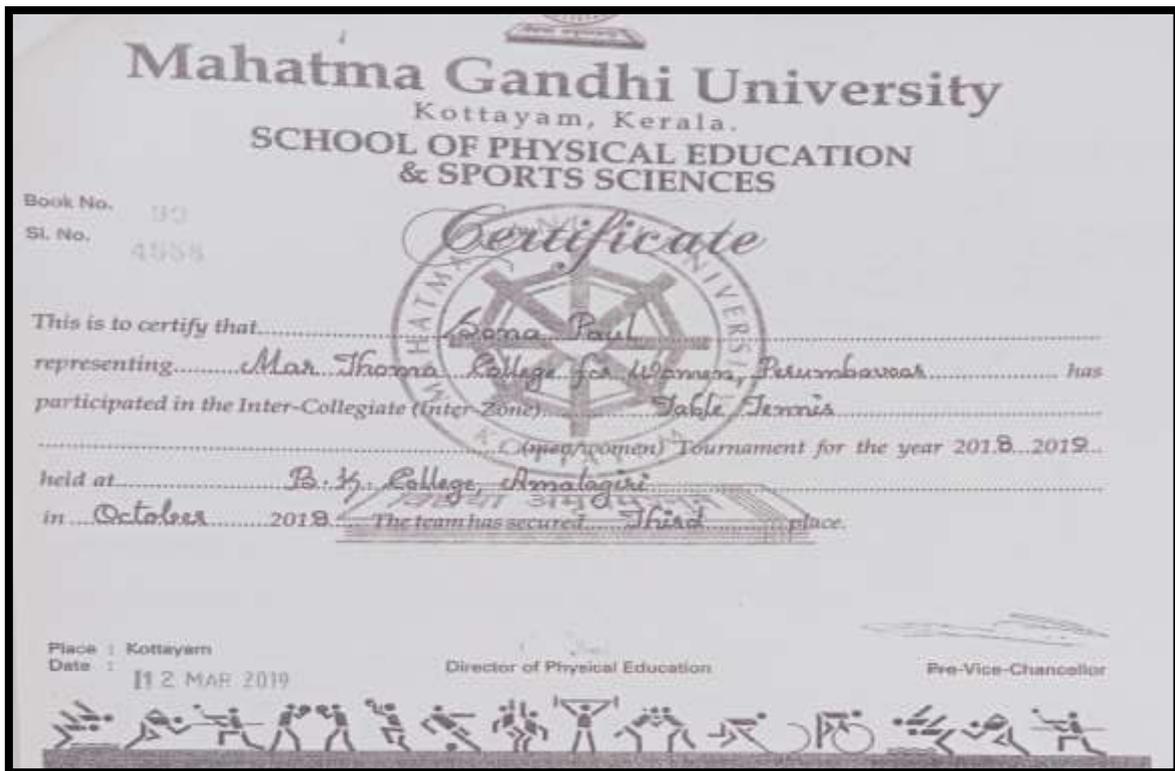
Anagha E. R secured second Prize in Inter Collegiate Inter Zone Cricket Tournament

Date: 12/3/2019





Arya Baby Participated in South Zone inter University Cricket Tournament



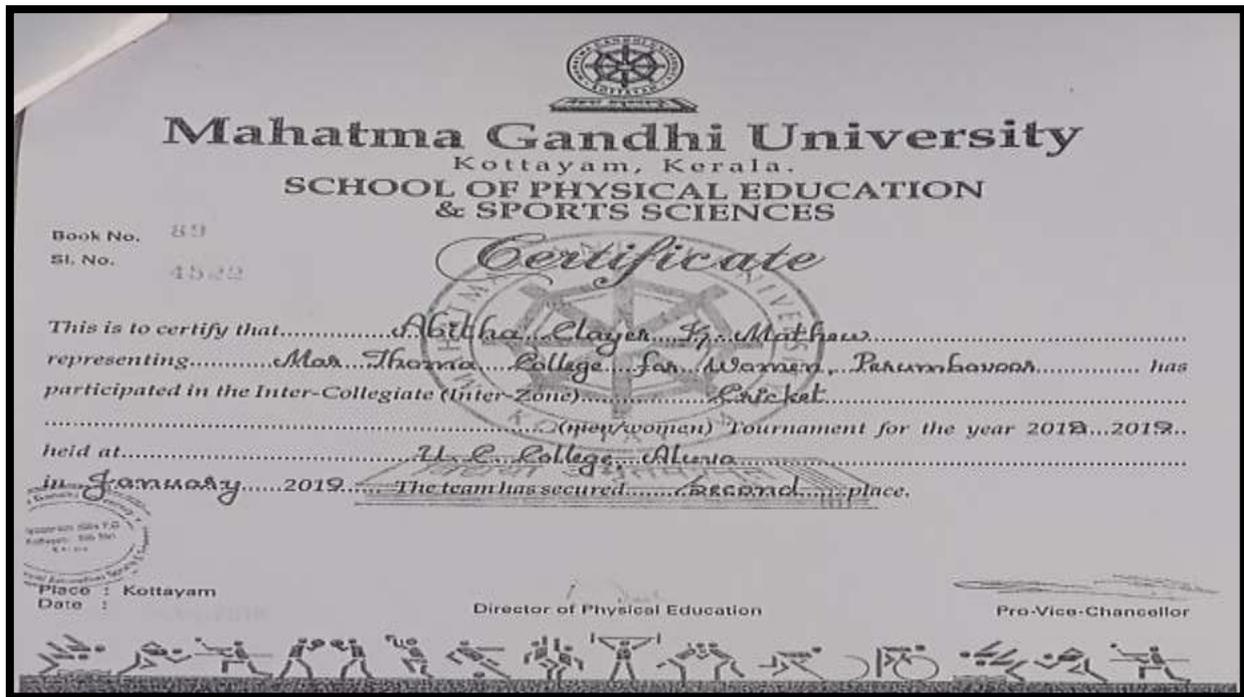
Sona Paul secured Third Prize in Inter Collegiate Inter Zone Table Tennis Tournament

Date: 12/3/2019





Revathy M A secured second Prize in Inter Collegiate Inter Zone Cricket Tournament



**Abitha Clayer K Mathew secured second Prize in Inter Collegiate Inter Zone Cricket Tournament
Date: 12/3/2019**





Vaishnavy M.V secured second prize in Inter Collegiate Inter Zone Cricket Tournament



**Anooapa George Kurian secured second Prize in Inter Collegiate Inter Zone Cricket Tournament
Date: 12/3/2019**





Ruth Santhosh secured second Prize in Inter Collegiate Inter Zone Cricket Tournament



Arya Mathew secured second Prize in Inter Collegiate Inter Zone Cricket Tournament

Date: 12/3/2019





Nandhana Babu secured second Prize in Inter Collegiate Inter Zone Cricket Tournament



Shahina Basheer has participated in Rapid Assessment conducted by Kerala State Biodiversity Board

Date: 21/10/2018





Sandra K S has participated in Flood Risk Management Programme held at Sree Sankara College, Kalady
Date: 16/01/2019



Anjana Anil has participated in Flood Risk Management Training held at Sree Sankara College, Kalady





Anjana Anil has participated in the Poetry Competition conducted by Snehabhumi Magazine



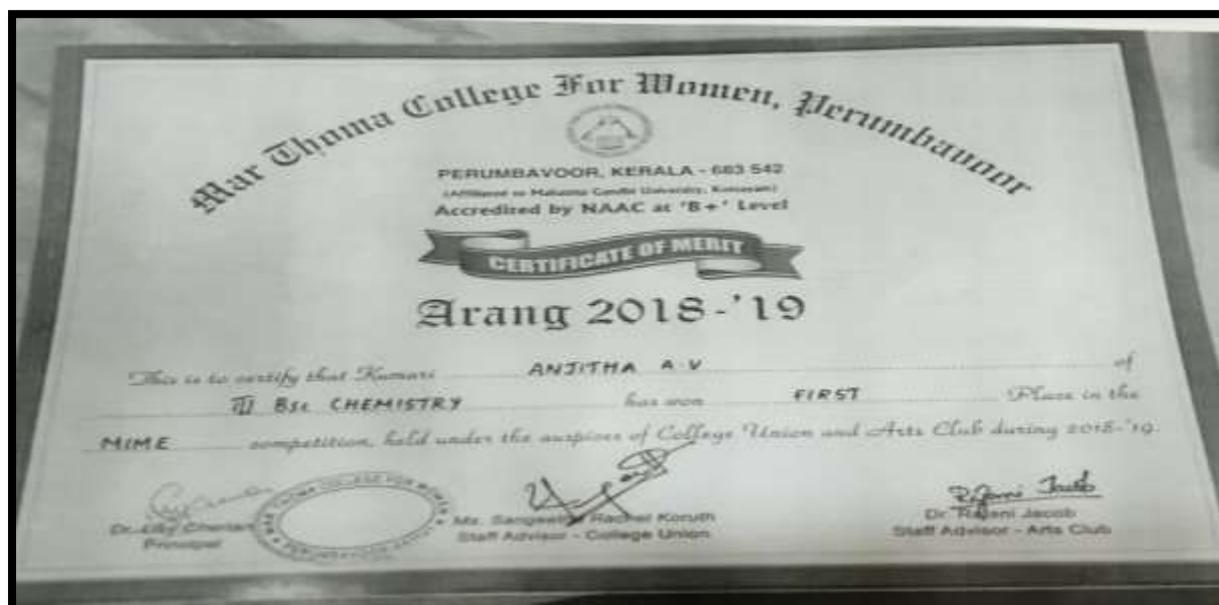
Anjana K S has participated in the Poetry Competition conducted by Snehabhumi Magazine



Sports and cultural events / competitions organised by the institutions in which our students are participated:

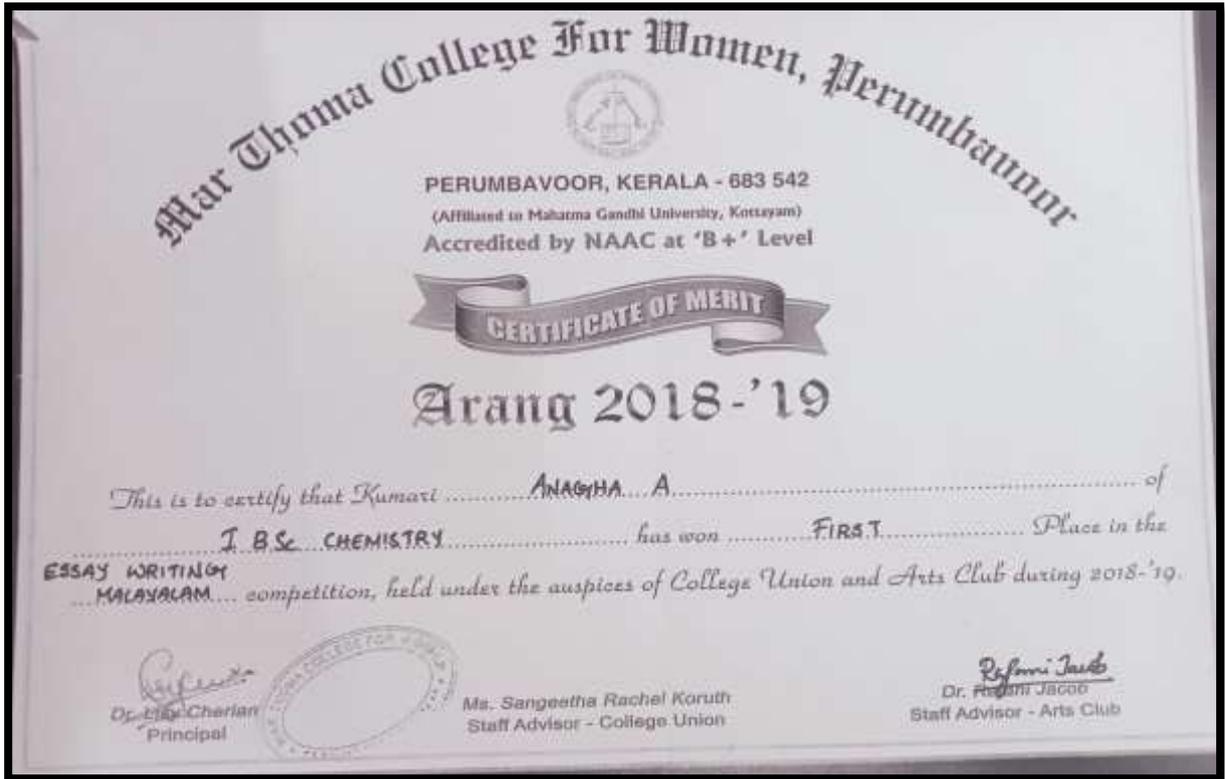


Niranjana Anand Participated in arts festival " Arang " Organised by College Union and arts Club



Anjitha A. V Participated in arts festival " Arang " Organised by College Union and arts Club





Anagha A Participated in arts festival "Arang " Organised by College Union and arts Club



Varsha P.V Participated in arts festival " Arang " Organised by College Union and arts Club





Praveena P.S Participated in arts festival " Arang " Organised by College Union and arts Club

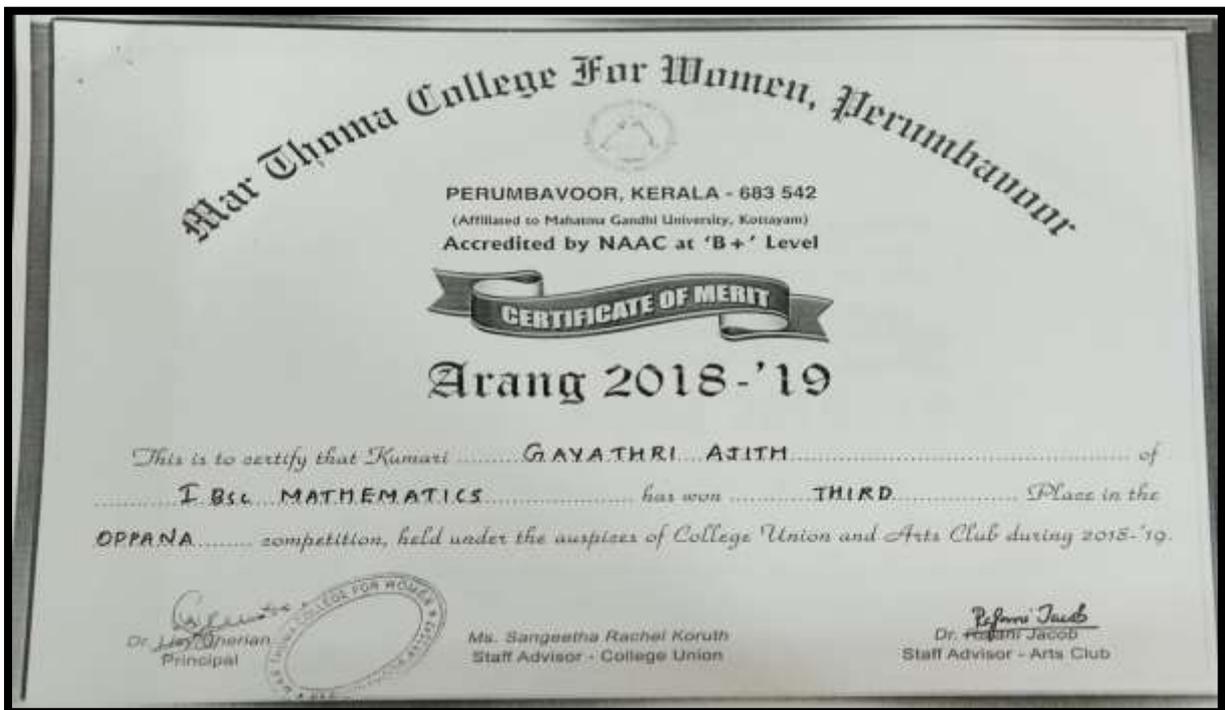


Freedia Sebastian Participated in arts festival " Arang " Organised by College Union and arts Club





Anet Jacob Participated in arts festival " Arang " Organised by College Union and arts Club

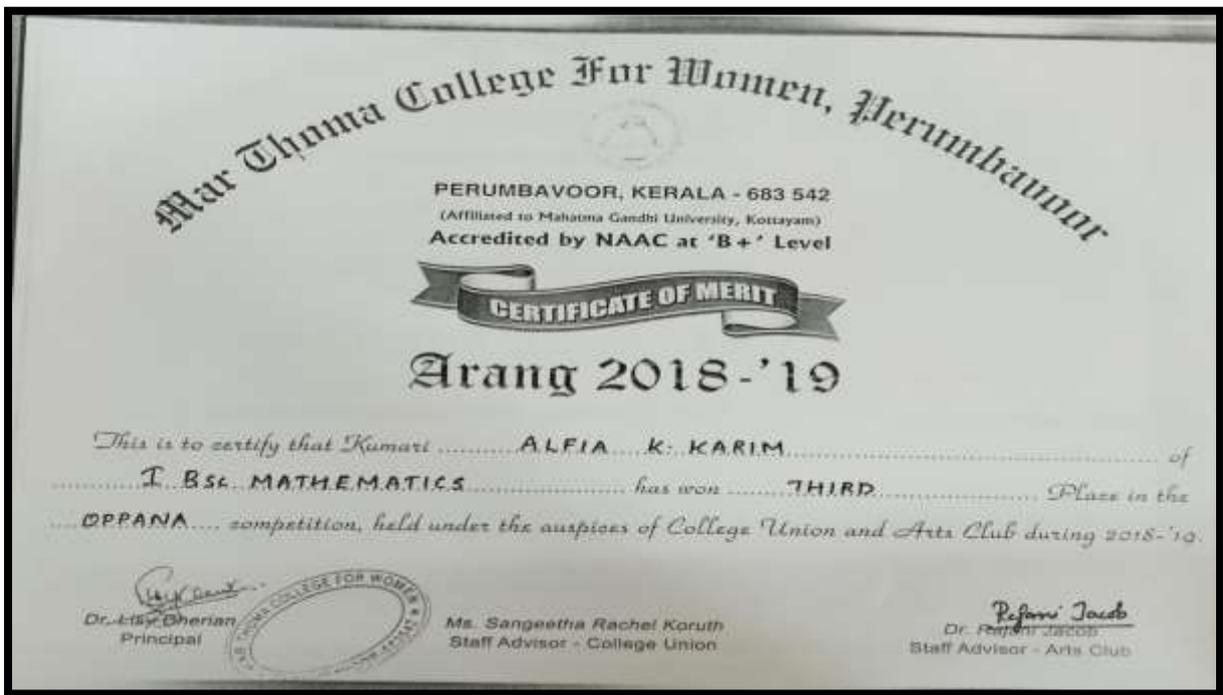


Gayathri Ajith Participated in arts festival " Arang " Organised by College Union and arts Club





Anet Jacob Participated in arts festival " Arang " Organised by College Union and arts Club



Alfia K Karim Participated in arts festival " Arang " Organised by College Union and arts Club





Maria Mini Eldhose Participated in arts festival " Arang " Organised by College Union and arts Club



Divega Mercy Kunju Participated in arts festival " Arang " Organised by College Union and arts Club





Figure 1: Abina Sulhath M A Participated in arts festival " Arang " Organised by College Union and arts Club

Sybil Jay
Principal - in - charge
Mar Thoma College For Women
Perumbavoor - 683 642

