

CURRICULUM ENRICHMENT ACTIVITIES ON PROFESSIONAL ETHICS AND HUMAN VALUES



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CURRICULUM ENRICHMENT ACTIVITIES ON PROFESSIONAL ETHICS



SEMINAR ON HOW TO CONDUCT HOME AUDIT?

Title of the Activity	Seminar on " How to conduct Home Audit? “
Organizing agency/Department	Department of Physics
Date	28 July 2017
No. of students participated	58
Resource person	Mr. Santhosh A, Athul Energy Consultant Private Ltd., Thrissur
Outcome	Home audit and Awareness of energy management

A Seminar on " How to conduct Home Audit? " was conducted by the Department of Physics, Marthoma College For Women, Perumbavoor on 28/07/2017. The session featured a talk delivered by Mr. Santhosh A from the Athul Energy Consultant Private Limited, Trissur. A total of approximately 58 students from departments actively participated in the seminar. The event was organized under the guidance of Dr. Anupama. P. The main objective of the seminar was the home audit and awareness of energy management. All students done the home audit and collect the data.



**MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR**

(Affiliated to Mahatma Gandhi University, Kottayam . Accredited by **NAAC**)

Kerala 683 542

☎ 0484 2522723

Fax 0484 2520823

Email: mtcwpbr@yahoo.in

From,

26-07-2017

Dr. Anupama P

Assistant Professor & H.O.D

Department of Physics

Mar Thoma College for Women

Perumbavoor

To,

Mr. Santhosh A

Managing Director

Athul Energy Consultant Private LTD

Thrissur

Sub: Invitation - Physics Association Inauguration- invited talk - Mar Thoma College for Women

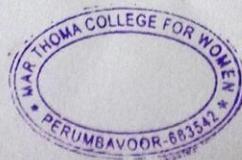
Sir,

We wish to invite you for inaugurating the Physics Association 2017-2018 and delivering a science lecture on 28 July 2017 at 10.30 am in our college conference hall. Kindly accept our invitation.

Thanking you

Yours faithfully

Dr. Anupama P



ZONAL CENTRAL TRAINING PROGRAM AND TALK ON SYNTHESIS OF NANO MATERIALS

Title of the Activity	Zonal Central Training Program and talk on Synthesis of Nano Materials
Organizing agency/Department	Department of Physics Association with E-cell (IIT Kharagpur Event)
Date	15 – 16 November 2018
No. of students participated	65

Workshop Detail

Topic : Synthesis of nano materials
 Dates: 15th & 16th November 2018
 Registration Fee - Rs 1500/-

Highlights

1. Industry Experts as Trainers.
2. All Participants will receive Prize and Certificate in each round
3. Competition to be conducted at the end of the workshop on the second day to select top 5 students.
4. Five selected students would be participating in finale round at IIT Campus.
5. Internship assistance for all participants.

Round of Selection

1st Round:
 Marthoma College For Women Perumbavoor, Kerala

2nd Round:
 IIT Kharagpur

Venue : Marthoma College For Women Perumbavoor, Kerala
 Co-ordinators: Dr. Anupama P(8086790321)
 Aiswarya Muraleedharan (8281587774)
 Binitta .B.Arackal(9188383392)

www.makeintern.com sonu@makeintern.com +91 9942615304



LIQUID SOAP MAKING

Title of the Activity	Life skill Enhancement Program-Liquid Soap Making
Organizing agency/Department	Department of Chemistry
Date	25 November 2019
No. of students participated	39
Resource person	Ms. Seba George_ Guest Lecturer Department of Chemistry Mar Thoma College For Women Perumbavoor
Outcome	To familiarise students about the preparation of Liquid Soap

The Department of Chemistry organized a workshop on “Liquid soap making” in the academic year 2019-2020. Our III B. Sc. students prepared liquid soap on 25 November 2019, under the guidance of Ms. Seba George. The student coordinator was Ajil Sara Joy. These soaps were distributed among the students and staff of the college. This programme gave a platform to the students to understand the process of preparation and packing of liquid soap. They became aware of the materials used for the preparation of liquid soap. It also provides an awareness about the significance and scope of soap making.



MAR THOMA COLLEGE FOR
WOMEN PERUMBAVOOR

DEPARTMENT OF
CHEMISTRY

LIQUID SOAP MAKING



Dishwashing liquid soap

Life skill
enhancement program

Mrs. Seba George
(Teacher-in-charge)

Ms. Ajil Sara Joy
(Student co-ordinator)

Date:25/11/2019
Time:9:30am



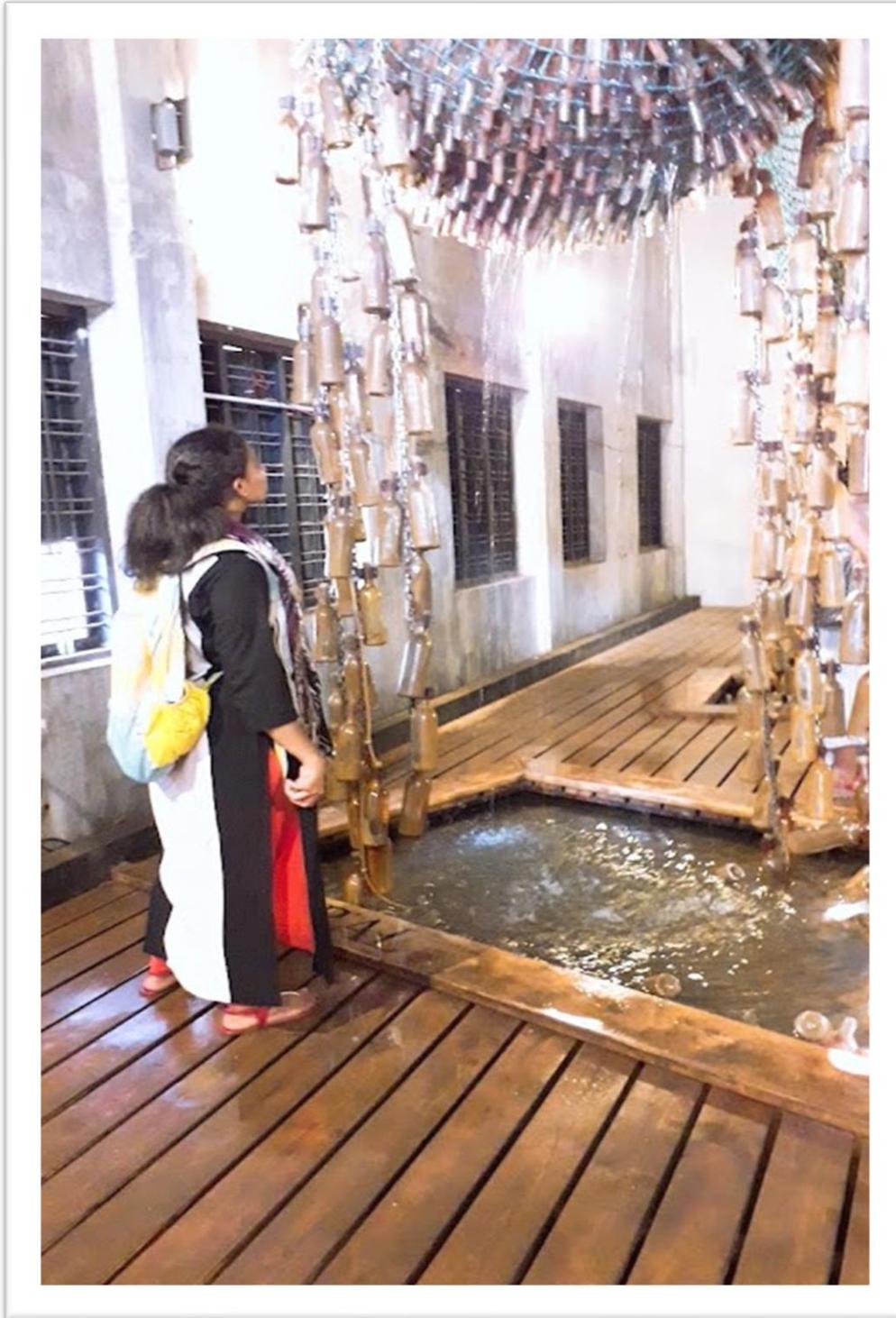




VISIT TO KOCHI BIENNALE

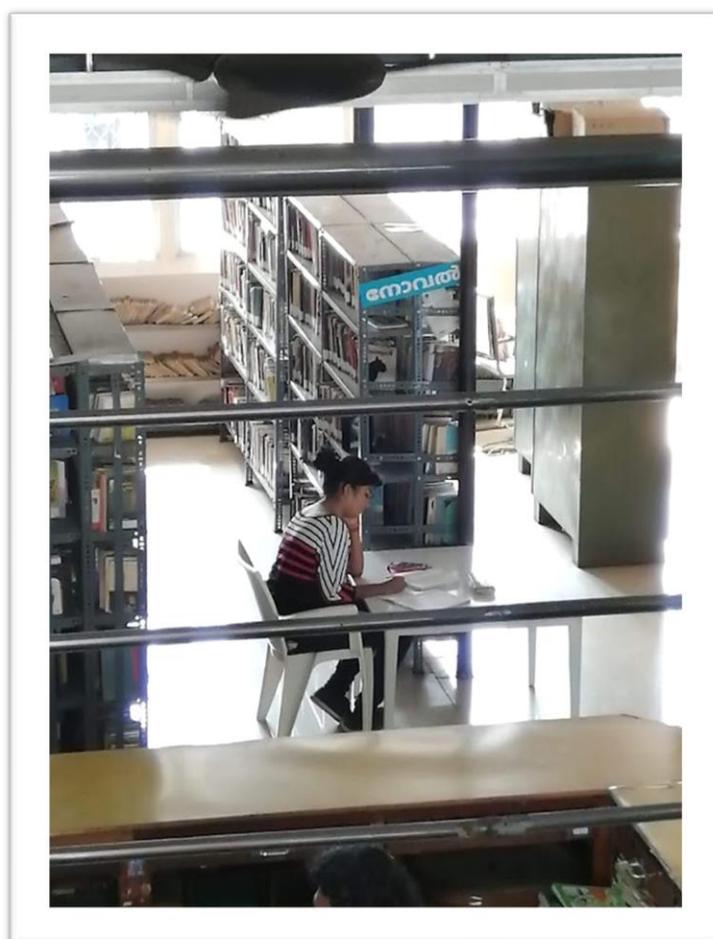
Title of the Activity	Visit to Kochi Biennale
Organizing agency/Department	Department of English
Date	16 February 2019
No. of students participated	15
Outcome	To understand artistic ethics involved in creating and displaying artistic productions





VISIT TO ERNAKULAM PUBLIC LIBRARY AND BLOSSOM BOOK FAIR

Title of the Activity	Visit to Ernakulam Public Library and Blossom Book Fair
Organizing agency/Department	Department of English
Date	21 November 2019
No. of students participated	20
Outcome	Identify the basic concepts about running a library





INDUSTRIAL VISIT TO AKAY NATURAL INGREDIENTS PRIVATE LIMITED

Title of the Activity	An Industrial visit to Akay Natural Ingredients Private Limited
Organizing agency/Department	Department of Chemistry
Date	2 March 2020
No. of students participated	39

37 students of III BSc Chemistry and 2 teaching faculties were visited Akay Natural Ingredients Private Limited on 2nd March 2020.



ON-THE-JOB TRAINING PROGRAMME

Date and Year	11 th April to 11 th May 2019
Resource Person	Jacob Mathew, Motivational Speaker, Corporate and HRD Trainer, Success Coach /Author
Coordinator	Ms. Uthara Suresh Guest Lecturer, Department of B.Voc Tourism and Hospitality Management, Mar Thoma College for Women Perumbavoor
Duration	One Month
Objective	Help students to know about the industry which will in turn result in better employment opportunities for students and help them to gain practical knowledge.
Outcome	After the training, students should be able to know: <ul style="list-style-type: none"> ● CRS (Computer Reservation System) ● Airline Industry & Ticketing ● Soft skills ● General Awareness about tourism industry

STUDENTS LIST

Sl. No.	Name	Class
1.	Anu Johny	B.Voc. (THM)
2.	Anjana Mani	B.Voc. (THM)
3.	Devi Santhosh	B.Voc. (THM)
4.	Gopika M. S	B.Voc. (THM)
5.	Meenu Sivan	B.Voc. (THM)
6.	Reshma. K. Vijayan	B.Voc. (THM)

As a part of Academics, The department of B. Voc tourism and hospitality management in Mar Thoma College for Women, associated with Kairos Institute conducting one month On The Job training from April 11 2019 to May 11 2019. The training was conducted for 2018- 2021 batch students of B.Voc



department. Six students participating in this programme which was coordinated by Ms. Uthara Suresh, faculty in charge of the tourism department. The class section was conducted by Mr. Jacob Mathew, Chairman of Kairos Institute. He is a motivational speaker, HRD trainer and a Successful author. Kairos Institute is a Airlines/Aviation company and has headquarters in Thodupuzha, Kerala, India. The main objective of OJT is to help students to know about the industry which will in turn result in better employment opportunities for students and help them to gain practical knowledge. Through this training the students were able to know more about various functions of airlines and hotel industry, Computer Reservation Systems, its function and importance, what is the tourism industry, various supporting industries of tourism.

This training programme helped the students to know more about What is an airline industry, various duties and ticketing in airlines, duties and responsibilities of ground staff, airline crew members, customer handling etc. The students get an opportunity to interact with some cabin crews on international flights. Through this class about the airline industry many students decided to start their career in the same. Another important focus of the program is soft skill development. It also helps the students to improve their speaking skills and it also makes them capable of overcoming stage fear and shyness. Group discussion, speech, games etc. were also conducted to make students more active and confident. In order to make a career in aviation or logistics, Kairos Institute, can deliver an inspiring training course – designed to suit students from a wide range of educational backgrounds.



AN INDUSTRIAL VISIT TO CENTRAL INSTITUTE OF PETROCHEMICALS ENGINEERING & TECHNOLOGY (CIPET), KOCHI

Title of the Activity	An Industrial visit to Central Institute of Petrochemicals engineering and Technology Kochi
Organizing agency/Department	Department of Chemistry
Date	24 March 2021
No. of students participated	35 students

An industrial visit was conducted to Central Institute of Petrochemicals Engineering & Technology (CIPET), Kochi on 24 March 2021, 35 students and 3 faculties of Chemistry department participated in it.



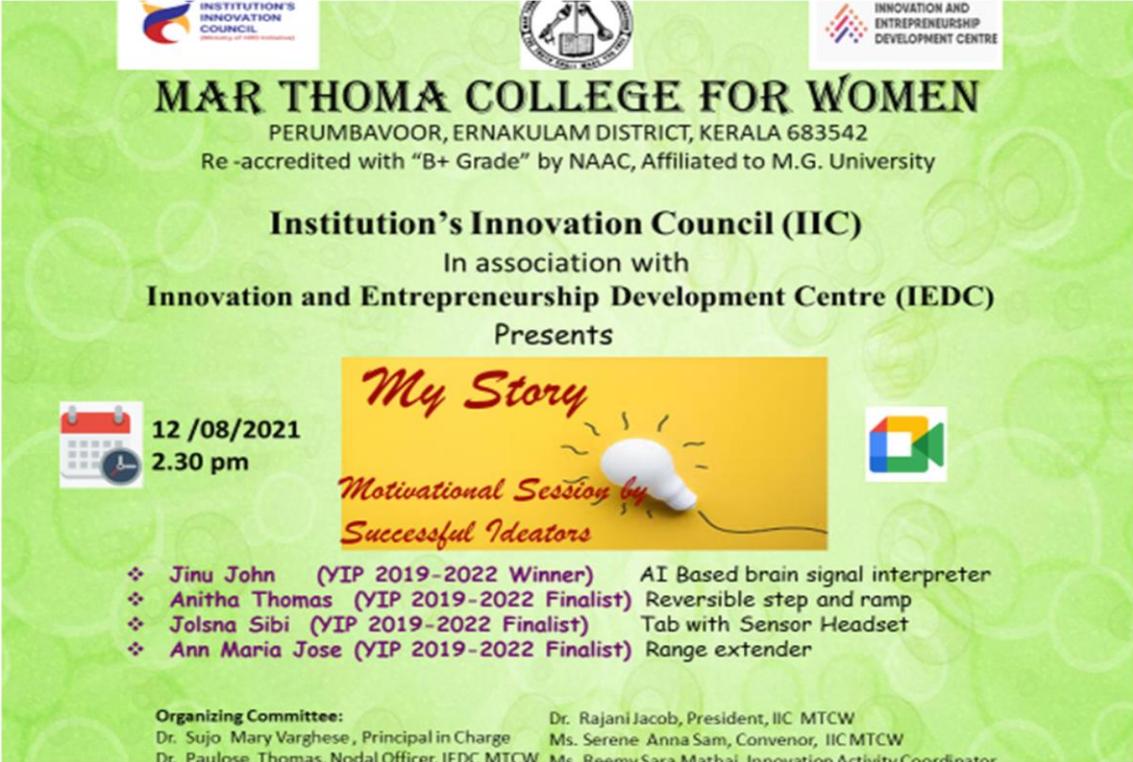


MOTIVATIONAL TALK BY SUCCESSFUL IDEATORS

Title of the Activity	Motivational Talk by Successful Ideators
Organizing agency/Department	Institution's Innovation Council
Date	12 August 2021
No. of students participated	70
Resource persons	Ms. Jinu John Ms. Anitha Thomas Ms. Ann Maria Jose
Outcome	To understand the ethics related to the use of Artificial Intelligence

My Story session was conducted in association with Institution's Innovation Council by Ms. Jinu John, Ms. Anitha Thomas and Ms. Ann Maria Jose, of our department who were the Winners and finalists of Young Innovators Programme (YIP) 2019-2022. Topics presented-AI Based brain signal interpreter, Reversible step and ramp, respectively.





INSTITUTION'S INNOVATION COUNCIL

INNOVATION AND ENTREPRENEURSHIP DEVELOPMENT CENTRE

MAR THOMA COLLEGE FOR WOMEN
 PERUMBAVOOR, ERNAKULAM DISTRICT, KERALA 683542
 Re -accredited with "B+ Grade" by NAAC, Affiliated to M.G. University

Institution's Innovation Council (IIC)
 In association with
Innovation and Entrepreneurship Development Centre (IEDC)
 Presents

12 /08/2021
2.30 pm

My Story
Motivational Session by Successful Ideators

❖ **Jinu John (YIP 2019-2022 Winner)** AI Based brain signal interpreter
 ❖ **Anitha Thomas (YIP 2019-2022 Finalist)** Reversible step and ramp
 ❖ **Jolsna Sibi (YIP 2019-2022 Finalist)** Tab with Sensor Headset
 ❖ **Ann Maria Jose (YIP 2019-2022 Finalist)** Range extender

Organizing Committee:
 Dr. Sujo Mary Varghese, Principal in Charge
 Dr. Paulose Thomas, Nodal Officer, IEDC MTCW
 Dr. Rajani Jacob, President, IIC MTCW
 Ms. Serene Anna Sam, Convenor, IIC MTCW
 Ms. Reemu Sara Mathal, Innovation Activity Coordinator



HERBAL BATHING BAR MAKING

Title of the Activity	Herbal Bathing Bar Making
Organizing agency/Department	Department of Botany Department of Zoology (Associating partner)
Date	December 2021
No. of students participated	40
Outcome	<ol style="list-style-type: none"> 1. To acquire the skills in making bathing soaps 2. To identify the etiquette maintained in soap making business

The program was initiated in December 2021 by the Department of Botany for the B.Sc. Zoology students. 19 first year students and 21 second year students participated in the programme. Mrs. Keerthi Sasidharan, Guest lecturer, department of Botany, Mar Thoma College for Women, Perumbavoor served as the program coordinator and handled the sessions.

The sessions focused with the aim of enabling students to achieve handmade soap making skills and self-earning. The sessions included workshops, theory classes, assignments, assessments to make them skilled ones.





ON-THE-JOB TRAINING PROGRAMME

As a part of Academics, the Department of History associate with Centre of Heritage Studies, Hill Palace Museum, Tripunithara, and organise ten days On the Job training for the third-year batch students of History department every year.

The OJT Programme covers an array of archaeological, musicological and other important lectures and seminars from both professors and academic researchers. The professors are experts in their respective fields with outstanding international reputation and come from institutions across Kerala and outside. As ever, archaeology and museology, archival and conservation remains at the heart of the OJT programme but many lectures will be sure to appeal to students for its interdisciplinary backgrounds. This is a fantastic opportunity to hear the lectures of latest topics, innovative a fantastic opportunity to hear the lectures of latest topics, innovative workshop techniques from various experts a chance to meet the professors and to learn the ethics related to archaeological workspaces.





Sample of certificate




MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR

(Affiliated to Mahatma Gandhi University, Kottayam, Re-Accredited By NAAC)

 Dr. Sujo Mary Varghese,
Principal-in-charge

 Kerala 683 542
 ☎ 0484 2522723
 Fax 0484 2520823
 Email : mtcpbr@yahoo.in

05.01.2022

To

The Registrar

Center for Heritage Studies

Hill Palace Museum, Tripunithara

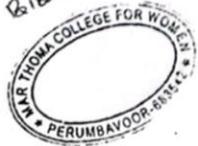
Subject: OJT training at Hill Palace Museum, Tripunithara

Respected Sir/Madam,

This letter is to inform you that the Department of History, Mar Thoma College for Women is sending 30 students of III BA History as a part of vocational training to your esteemed institution for attending the On Job Training Course (OJT) from 6.01.2022 to 16.01.2022. I request you kindly accept the same. Please find the list of the students as attached.

Yours Sincerely,

Dr. Babin Yussifine



05/01/22

 Dr. Sujo Mary Varghese
 (Principal - In-charge)
 Mar Thoma College For Women
 Perumbavoor - 683 542


List of students attending the OJT Program

Center for Heritage Studies, Tripunithara.

1. Faseela K. A.
2. Krishnapriya K.S.
3. Saliha K.S.
4. Saranya A. S.
5. Sneha Jose
6. Aiswarya Mohanan
7. Anagha Biju
8. Anaswara B.S.
9. Aneeta M. Kurian
10. Arya R.
11. Aryanandha Supran
12. Aswathy Raju
13. Athira Sanal
14. Bhagya Agnes James
15. Diya Kalesh
16. Eleena Mathew
17. Fasla T. A
18. Fathima Salim
19. Jasmin C. M.
20. Jiya Joy
21. Kalavathy S.
22. Mini George
23. Panchami Krishna A.
24. Sarika Sasi
25. Sethulakshmi C.
26. Sharfiya C. A.
27. Sreekutty M. S.
28. Thasni P. S.
29. Vrinda Jayakumar
30. Fathima M. M.

[Handwritten signature]
05/01/22

Principal - In-charge
Mar Thoma College For Women
Perumbavoor - 683542



CURRICULUM ENRICHMENT ACTIVITIES ON HUMAN VALUES



INTERACTIVE SESSION ON JOINING HANDS TOGETHER AGAINST DRUGS

An interactive session was conducted in association with Lahari Vimukthi Club and Nasha Mukta Bharat Abhiyan on 7 July 2021. NMBA District Coordinator, Sri. Francis Moothedan Raphael was the Chief Guest and Rayamangalam Panchayat President Mr. George E P was the resource person. Drawing Competitions, Quiz Competitions were also held in association with Nasha Mukta Bharat Abhiyan.

**Mar Thoma College for Women
Perumbavoor**

**NATIONAL SERVICE SCHEME (Unit No. 57)
and
LAHARI VIMUKTHI CLUB
NASHA Mukta BHARAT ABHIYAAN**

Interactive Session

"കൈകൊർക്കാം ലഹരിക്കെതിരെ ...
ലഹരി വിമുക്ത എറണാകുളം .."

<u>Chief Guest</u>	<u>Resource Person</u>	<u>Presidential Address</u>
 Francis Moothedan Raphael District Coordinator- NMBA & Project Director, MMMIRCA- MOSC Medical College Hospital, Kolenchery	 George E. P. President Ramamangalam Panchayath	 Dr. Sujo Mary Varghese Principal Mar Thoma College for Women, Perumbavoor

7 JULY 2021    **2 PM**

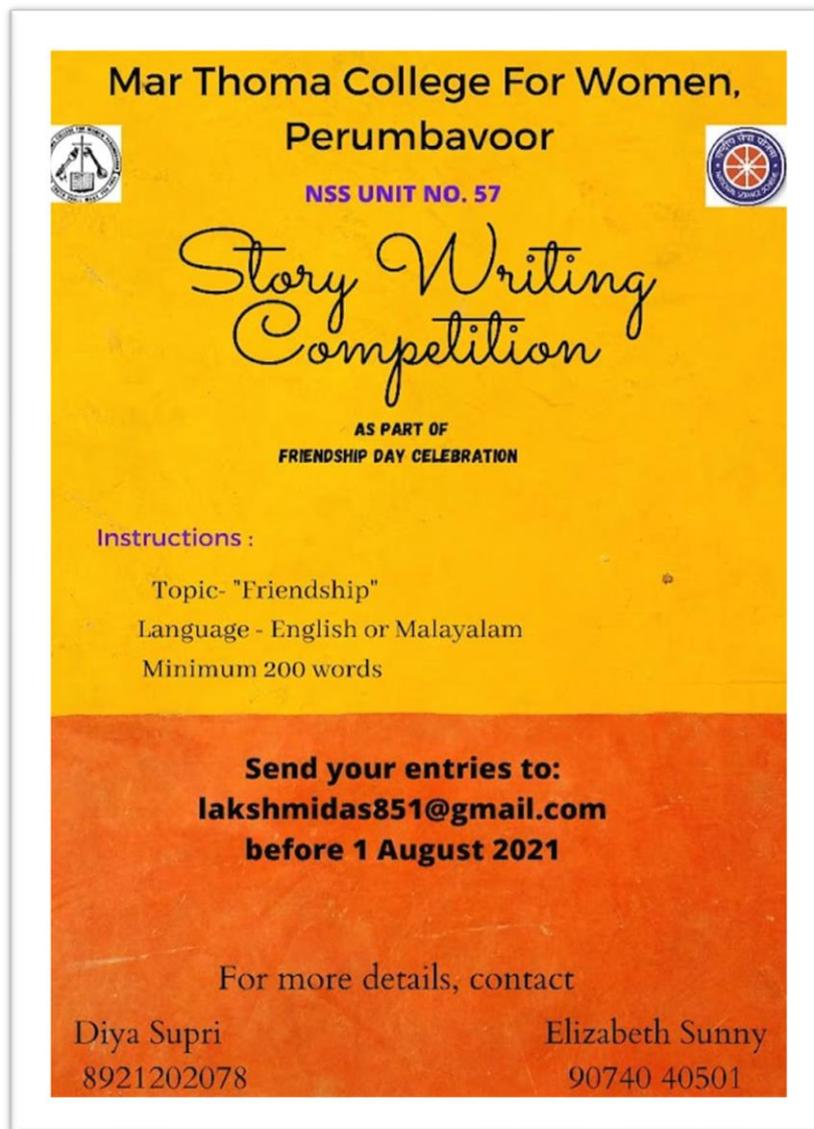
Organised by
DISTRICT LEGAL SERVICES AUTHORITY AND DEPARTMENT OF
SOCIAL JUSTICE
in association with
NSS AND LAHARI VIMUKTHI CLUB, MTCW



OBSERVANCE OF FRIENDSHIP DAY

NSS organised programmes to enrich friendship and good relationships between individuals on friendship day. The day was observed and celebrated by creating a poster which was shared in Whatsapp groups. Poem and Story writing Competitions were also held that day.



**Mar Thoma College For Women,
Perumbavoor**

NSS UNIT NO. 57

*Story Writing
Competition*

AS PART OF
FRIENDSHIP DAY CELEBRATION

Instructions :

Topic- "Friendship"
Language - English or Malayalam
Minimum 200 words

**Send your entries to:
lakshmidas851@gmail.com
before 1 August 2021**

For more details, contact

Diya Supri
8921202078

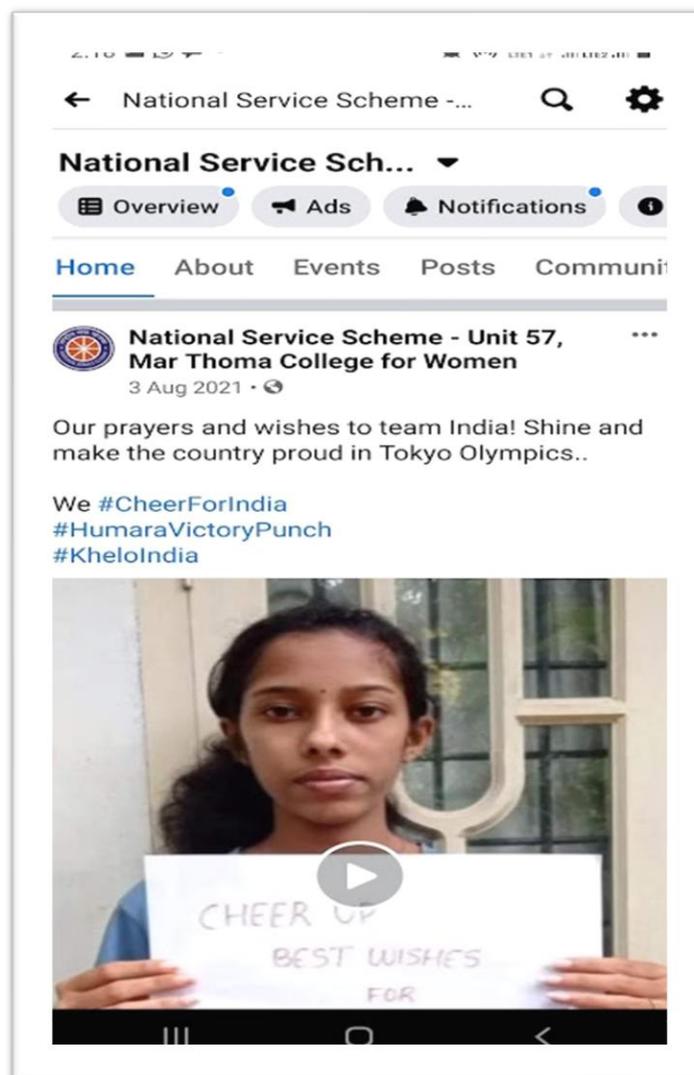
Elizabeth Sunny
90740 40501



VIDEO FOR OLYMPICS ATHLETES AS PART OF CHEER FOR INDIA CAMPAIGN

A short video was made by volunteers sending wishes to athletes participating in the Olympics as part of the Cheer for India campaign. The video was then shared on our Facebook page.

Link to the video: <https://fb.watch/cQCv1qwLF-/>



DRUG AWARENESS CLASS

On 10 August 2021, an Anti Drug awareness class was conducted by MMM IRCA Project Director, Sri. Francis Muthedan in association with Nasha Mukth Bharat Abhiyan. The class was inaugurated by Perumbavoor Municipality Chairman Sri. Zakir Hussain.

നശാ മുക്ത ഭാരത അഭിയാനം
സാമൂഹ്യ നീതി ഓഫീസ്, എറണാകുളം
സംഘടിപ്പിക്കുന്ന
കൈകോർക്കും ലഹരിക്കെതിരെ
ലഹരി വിമുക്ത എറണാകുളം
10 August 2021 at 2pm

ഉദ്ഘാടനം **അദ്ധ്യക്ഷപ്രസംഗം** **സന്ദേശം**

SRI. ZAKIR HUSSAIN
CHAIRMAN
MUNICIPALITY
PERUMBAVOOR

DR. SUJO MARY VARGEHESE
PRINCIPAL
MARTHOMA COLLEGE

SMT. MEGHA MARY KOSHY
SECRETARY, MUNICIPALITY
PERUMBAVOOR

ആശംസ **സ്വാഗതം** **കൃതജ്ഞത** **നയിക്കുന്നത്**

SMT. MINI JOSHY
CHAIRPERSON
V.S COMMITTEE
MUNICIPALITY,
PERUMBAVOOR

SMT. SINCY ISSAC
COORDINATOR,
VAYOMITHRAM
MUNICIPALITY
PERUMBAVOOR

KUM. RESIYA MOL
BSC STUDENT
MARTHOMA COLLEGE

SRI. FRANCIS MOOTHEDAN
PROJECT DIRECTOR,
MMM IRCA
MOSCMCH, KOLENCHERY
DISTRICT COORDINATOR-NME
EKM

സഹകരണം
PERUMBAVOOR MUNICIPALITY
NSS UNIT & LAHARI VIMUKTI CLUB



WEBINAR ON EYE BANKING

On 7 September 2021, a webinar on the importance of Eye Banking was conducted in association with THQH, Perumbavoor. Smt. Sujatha P V, Senior Optometrist, THQH Perumbavoor, was the resource person. The session focused on the value of protecting and donating eyes. A poster was made on tips to remove Eye Strain as part of the webinar and was shared in Whatsapp groups.

**36th NATIONAL EYE DONATION FORTNIGHT
2021, AUGUST 25 - SEPTEMBER 8**

**TALUK HEAD QUARTERS HOSPITAL
PERUMBAVOOR**

in association with

**MAR THOMA COLLEGE FOR WOMEN
PERUMBAVOOR
NSS UNIT NO. 57**

Webinar on

**EYE
BANKING**

-TIPS TO REDUCE DIGITAL EYE STRAIN

07-09-2021

Google Meet

2 PM - 3 PM

**NATIONAL PROGRAMME FOR CONTROL OF
BLINDNESS & VISUAL IMPAIRMENT**

Enlightening Messages

Dr. Shani M. M.
Supdt. THQH Perumbavoo

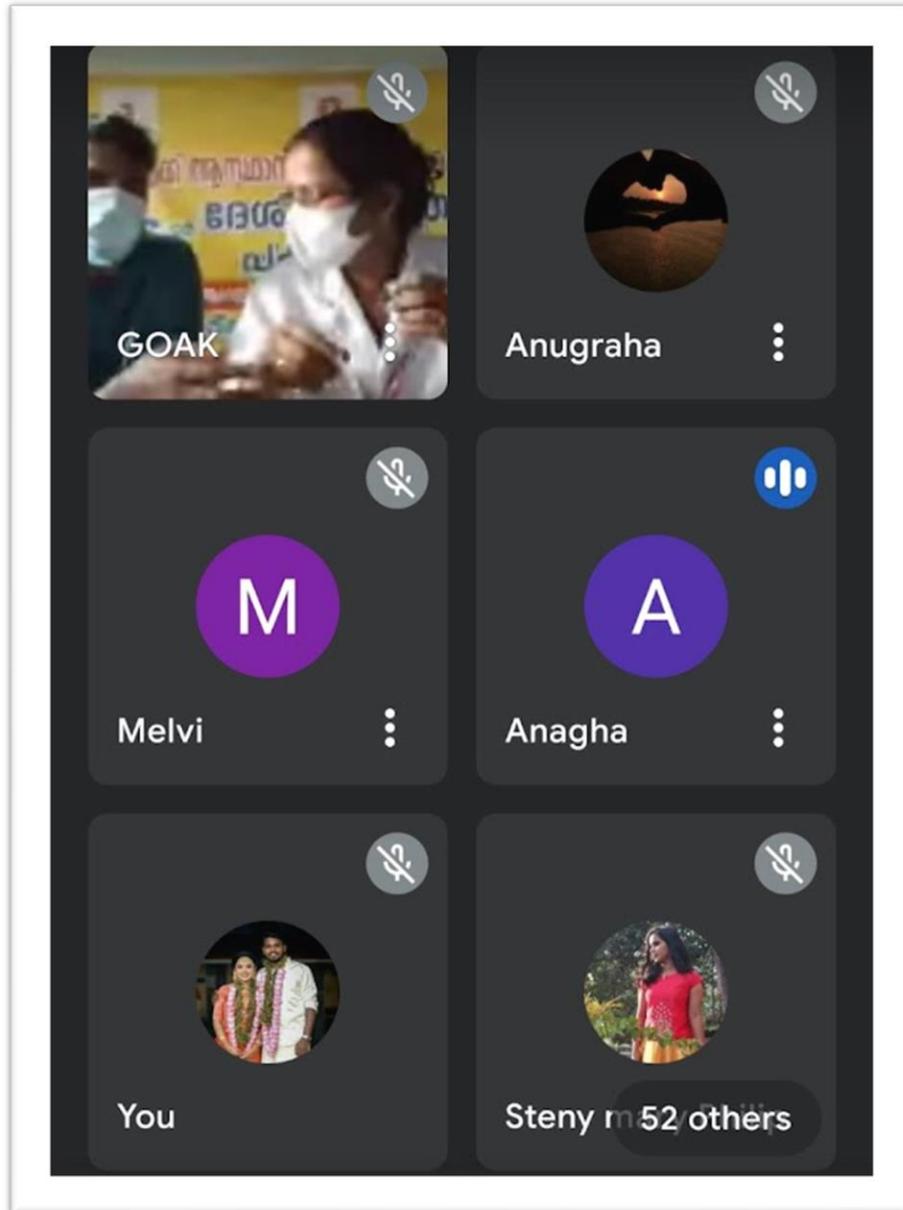
Dr. Liji Susan Thomas

Sri. Ajith Umayanalloor
Optometrist

Presentation :

Smt. Sujatha P. V.
Snr. Optometrist
THQH Perumbavoor







Mar Thoma College for Women
Perumbavoor
NSS Unit No. 57



TIPS TO REDUCE DIGITAL EYE STRAIN

20-20-20 RULE

Take a break on every 20 minutes and look at least 20 feet away for 20 seconds.

BLINK FREQUENTLY

Blinking helps moisten the eyes and improve comfort by forming a tear film over the eyeball.

MAINTAIN A SAFE DISTANCE FROM THE DEVICE

*8-10 feet away from television
Laptop, Computer 60 to 65 CM
Mobile phone 30 to 40 CM*

ADJUST THE SCREEN SETTINGS

*Adjust the text size and contrast for your comfort.
Usually black print on white background is the best combination for comfort.*

ADJUST THE BRIGHTNESS

Brightness of the display and surroundings must be same.

MINIMUM GLARE

*Proper lighting.
Arc blue cut lenses.
Upgrade your display.*

LIMIT SCREEN TIME

It is especially important for children to limit screen time and encourage outdoor activities.

MODIFY YOUR WORK STATION

Good posture helps to prevent headache, neck and shoulder pain and back pain.

GET YOUR EYE CHECKED

Any underlying visual or ocular problem can exaggerate the digital eye strain.

BLUE LIGHT EXPOSURE

*Blue light exposure suppresses the production of melatonin, the hormone which is important for the sleep cycle.
Thus overtime, prolonged amount of artificial blue light exposure disturbs the sleep pattern.*

TEAR FILM

*Keeps the eye moist.
Provides nourishment to cornea.
Washes away noxious irritants.
Prevents bacterial infections.
Helps the movement of lid over the globe.*



Courtesy : Taluk Head Quarters Hospital, Perumbavoor



FIT INDIA FREEDOM RUN CAMPAIGN

Fit India Freedom Run campaign was conducted on 1 October 2021 by NSS, NCC, and Red Cross Society of Mar Thoma College for Women Perumbavoor in association with Nehru Yuva Kendra, Ernakulam. Flag Off was done by Sri. T M Zakir Hussain, Chairman of Perumbavoor Municipality. The run focused on the importance of keeping away from substances that degenerate one's mental and physical wellness and also the need to be fit.

**MAR THOMA COLLEGE FOR WOMEN
PERUMBAVOOR**
RE-ACCREDITED BY NAAC B+ GRADE
AFFILIATED TO MAHATMA GANDHI UNIVERSITY

**NSS UNIT NO. 57, NCC 22(K)BN., ELOOR AND
YOUTH RED CROSS SOCIETY**
in association with
**NEHRU YUVA KENDRA
ERNAKULAM**

1 OCTOBER, 2021 9:30 A.M.
at
**Mar Thoma College for Women
Perumbavoor**

Flag off by :

**Shri. T. M. Zakkir Hussain
Municipal Chairman**

**FIT
INDIA
FREEDOM
RUN 2.0**

75
Azadi Ka
Amrit Mahotsav

NCC

Indian
Red Cross Society
Ernakulam District Branch

MAR THOMA COLLEGE FOR WOMEN



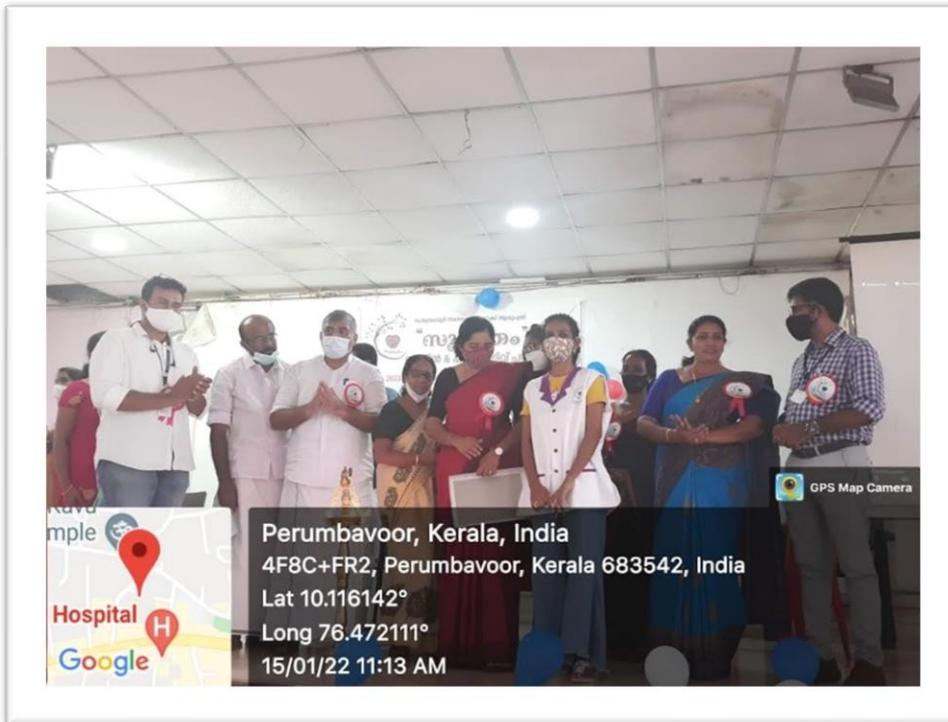




STUDENTS JOINED THE PALLIATIVE INITIATIVES OF PERUMBAVOOR MUNICIPALITY

On 15 January 2022, Volunteers attended the Sukrutham-Palliative cadets' meeting arranged by Perumbavoor Municipality and expressed their willingness to join the palliative initiatives of the Municipality.





THE SERVICES OFFERED BY STUDENTS DURING THE TIME OF COVID TO HELP AND SUPPORT THE FELLOW BEINGS

MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR
NSS Unit No. 57

തണലായി കൂടെ

COVID 19 HELP DESK

Psychosocial support team

ഞങ്ങളുടെ സേവനങ്ങൾ

കോവിഡുമായി ബന്ധപ്പെട്ട നിങ്ങളുടെ മാനസിക സമ്മർദ്ദങ്ങളും പിരിമുറുക്കങ്ങളും ഞങ്ങളോട് പങ്കുവെയ്ക്കാം (സേവനങ്ങൾ ഓൺലൈനായും ഫോണിലൂടെയും ലഭ്യമാണ്.) ആവശ്യമുള്ളവർക്ക് കൗൺസിലിംഗ് സെഷൻസ് നൽകുന്നു. മാനസിക ഉല്ലാസത്തിനായി ഓൺലൈനായി യോഗ, മെഡിറ്റേഷൻ എന്നിവ പരിശീലിപ്പിക്കുന്നു. മാനസിക പിന്തുണ നൽകുന്നു. ഒരു വിളിപ്പാടകലെ ഞങ്ങളുണ്ട്.

ബന്ധപ്പെടേണ്ട നമ്പർ ;
(9.00am - 8.00pm)

Akhila Babu
9048374613
Gayathri
7593981942

Anjana J
7736805386
Devipriya
7736901796

MAR THOMA COLLEGE FOR WOMEN NSS IN ASSOCIATION WITH MAHATMAGANDHI NATIONAL COUNCIL OF RURAL EDUCATION COMMUNITY ENGAGEMENT PROGRAMME.





Mar Thoma College for Women, Perumbavoor



NSS Unit No. 57

നെഞ്ചൊരം

Team 3 : Family and emotional support

ഞങ്ങളുടെ സേവനങ്ങൾ ;

രോഗവ്യാപനത്തെ കുറിച്ചുള്ള ആശങ്കകൾ അകറ്റുന്ന
പ്രായധാരണവും കുട്ടികൾക്കും സേവനങ്ങൾ ഉപ്സന്ദത്തുന്ന
രോഗപ്രതിരോധ മാർഗ്ഗങ്ങളും മാനസിക പിന്തുണയും നൽകുന്നു.
ശാരീരിക മാനസിക ആരോഗ്യം ഉറപ്പുവരുത്തുന്നു.
കരുതൽ ഉപ്സന്ദത്തുന്നു

കോവിഡ് മഹാമാരിയുടെ ഈ സമയത്ത് നിങ്ങളും കുടുംബവും
സുരക്ഷിതരാണോ വീട്ടിയിട ഞങ്ങളുണ്ട് കൂടെ...

സോന - 77366 46155
ഫോൺ - 8075816610
അമിത - 7902629070

അശ്വതി - 7025304392
നിത - 95393 20857
കീർത്തി - 8304079028



MAR THOMA COLLEGE FOR WOMEN PERUMBAVOOR NSS IN ASSOCIATION WITH MAHATMA GANDHI NATIONAL COUNCIL FOR





**Mar Thoma College For Women
Perumbavoor (NSS Unit No.57)**



താങ്ങായി കൈകോർത്ത്

അതിജീവനത്തിന്റെ അധ്യായങ്ങൾ നമുക്ക് മുന്നിൽ അടയുന്നില്ല നേരിടും നമ്മൾ ഒന്നിച്ച് " .

നങ്ങളുടെ സേവനങ്ങൾ

1. ഓക്സിജൻ സിലിണ്ടറുകളുടെയും കോൺസെൻട്രേറ്ററുകളുടെയും ലഭ്യത
2. ജനറൽ വാർഡുകളുടെയും പ്രൈവറ്റ് റൂമുകളുടെയും ലഭ്യത
3. ഐ.സി.യു വെന്റിലേറ്ററുകൾ കൂടാതെ മറ്റ് അത്യാഹിത സർവീസുകൾ
4. ഡോക്ടർ കൺസൾട്ടേഷൻ ലഭ്യത
5. ആംബുലൻസ് ലഭ്യത

അവശ്യ സേവനങ്ങൾക്കായ് വിളിക്കൂ

അഭിരാമി : 9048568300, അനഘ: 7736950485

ആൻവിയ : 8129427103, അഭിമ : 8330043983

അർച്ചന : 9400014764,

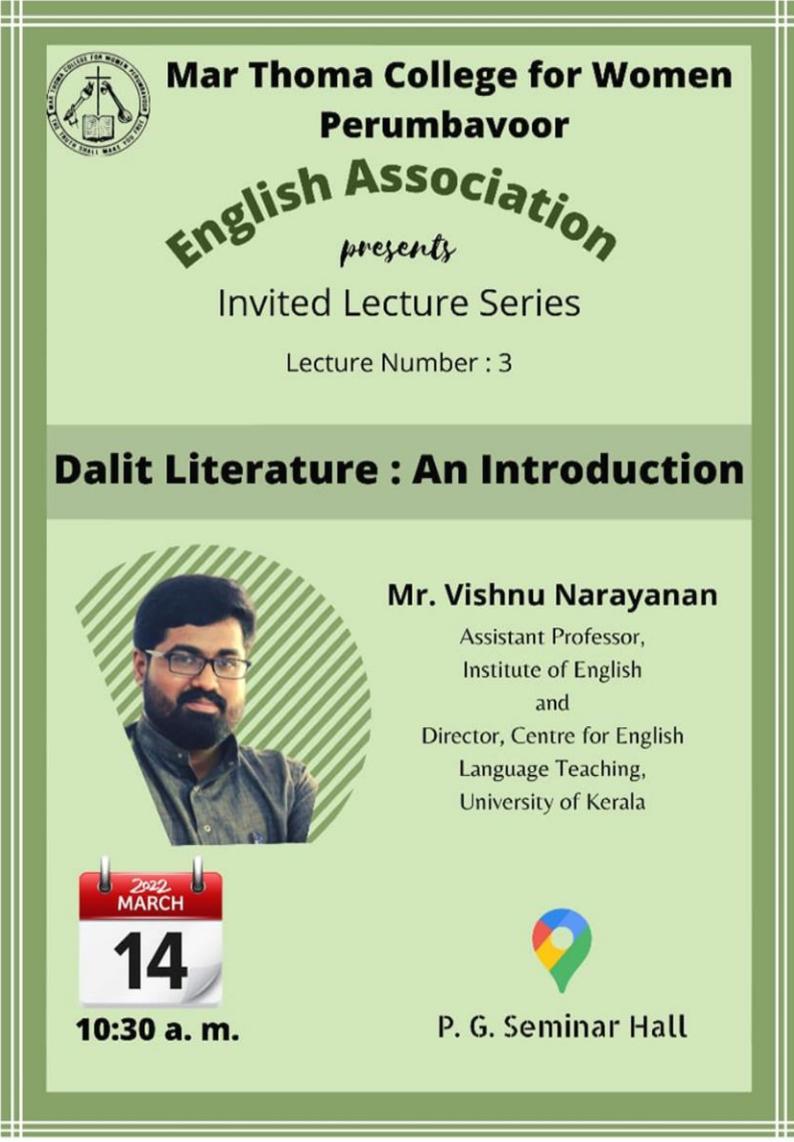


Mar Thoma College for women NSS in Association with Mahatma Gandhi National Council of Rural Education Community Engagement Programme



SEMINAR ON DALIT LITERATURE: AN INTRODUCTION

English Association organised a seminar on 14 March 2022 on ‘Dalit Literature: An Introduction’ by Mr. Vishnu Narayanan, Assistant Professor, Institute of English, Thiruvananthapuram, in the PG Seminar Hall.



 **Mar Thoma College for Women**
Perumbavoor

English Association
presents
Invited Lecture Series

Lecture Number : 3

Dalit Literature : An Introduction

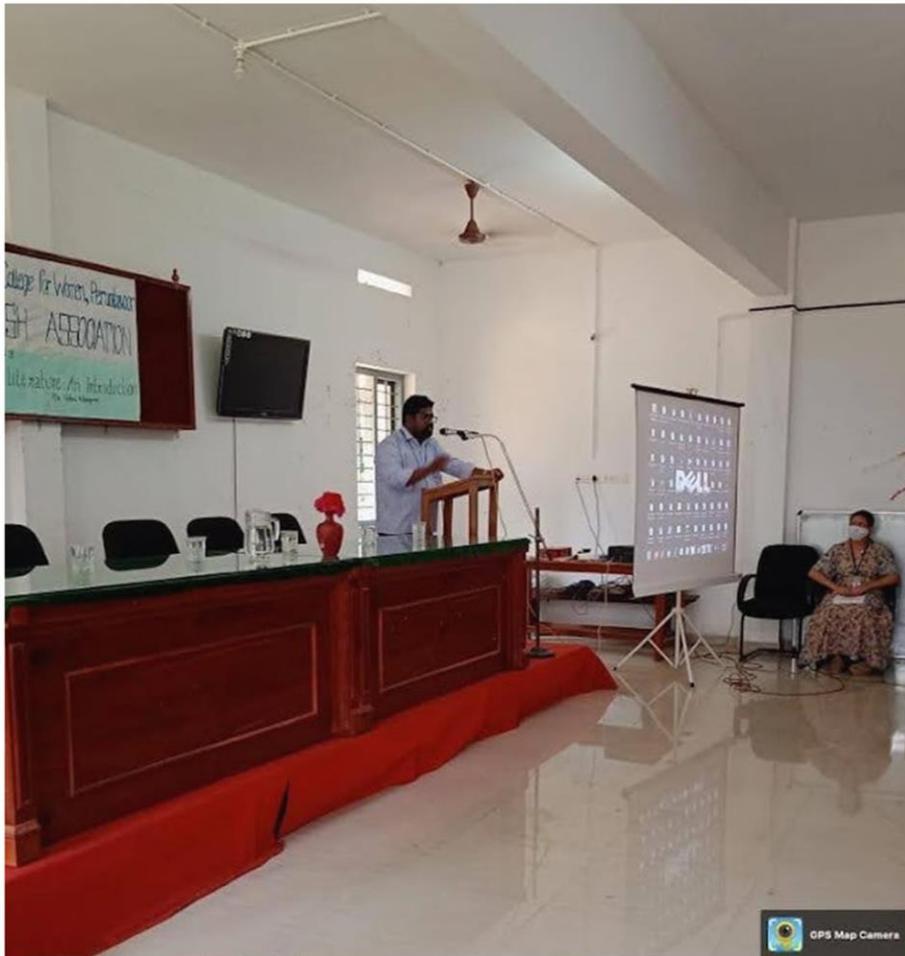
 **Mr. Vishnu Narayanan**
Assistant Professor,
Institute of English
and
Director, Centre for English
Language Teaching,
University of Kerala

 2022
MARCH
14
10:30 a. m.

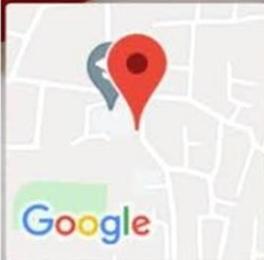
 P. G. Seminar Hall







GPS Map Camera



Perumbavoor, Kerala, India

4F9Q+V7, Perumbavoor, Kerala 683543, India

Lat 10.119734°

Long 76.489593°

14/03/22 10:56 AM

