

Career Development Programme for the Staff 2017-2022



**Mar Thoma College for Women
Perumbavoor**

ORIENTATION/SEMINARS/WORKSHOPS CONDUCTED FOR THE STAFF BY THE INSTITUTION

2017-22

Year	Programme	Resource Person	Date
2017-18	Orientation Programme for staff, I and II Degree courses and II M.Sc Course	Rev. Sam T Mathew ,College Chaplin	05 June 2017
	Session on Tax Assessment and Online Return Filing for the staff and students in association with Department of Commerce	Smt. Bindhu R	12 February 2018
	Workshop on Energy Conservation	Dr. Nisam Rahman and Dr. Anupama. P	14-15 December 2017

Year	Programme	Resource Person	Date
2018-19	Staff Retreat	Rev. K G Joseph (Sabha Secretary)	5 June 2018
	Retreat for the staff on “Essence and trait of a true „Guru“.”	Rev. Shaji Thomas	20 December, 2018
	Seminar on “Education for an Alternatives Vision of Life connection” on Founders Day Celebration.	Rev. Dr. Prakash K George (Principal, Mar Thoma Syrian Theological Seminary, Kottayam)	23 November 2018
	Workshop on “Quality	Dr. Raju	27-28 October

	Enhancement in Education”	George, (Former Principal, St. Marys College, Mananthavady	2018
	Session on Soft Skills and Leadership	Dr. Biju Thomas Mathew	13 August 2018

Year	Programme	Resource Person	Date
2019-20	Orientation programme	Rev. Saji P.C., Vicar, Mar Thoma Church, Kothamangalam	11 June 2019
	Environment Management Training, EMT Go Green 2019	Mr. A. Satheesh, Dr. K. Soman, Mr. Baby Kuriakose, Mr. Santhosh A, Mr. Alexander	11-14 January 2020

Year	Programme	Resource Person	Date
2020-21	Orientation Programme	Rt. Rev. Euyakim Mar Coorilos Episcopa, Manager of the College	12 June 2020
	Webinar on Lessons of Sustainability from Pandemic Era	Mr. Suresh Kumar M (Additional Director, PCRA, Kochi)	14 December 2020
	Webinar on “Why Science is Important to Us Humans?”	Joe Jacob (Asst. Professor, Dept. of Physics, Newman College, Thodupuzha)	26 February 2021
	Workshop on Awareness of Open Educational Resources	Ms. Yamuna P.B HoD, Central Library, S.B College, Changanessery Fr. Tinju Tom, Librarian, Assumption College	16- 17 July 2020

	Workshop on Learning Management System & e-Content Tools	Mr. Sunish Kumar, Senior Manager, IPSR Solutions Limited Mr. Akhil Kumar K.M, Assistant, Manager, IPSR Solutions Limited	30- June to 02 July 2020
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Year	Programme	Resource Person	Date
2021-22	Workshop on Investor Awareness Programme in association with Dept. of Commerce	Mr. Manoj T Neelakantan , Ex-AGM – IDBI Bank , BSFI Trainer ,RP - IICA, SMART-SEBI and Mr. Venugopal Rayirath, Senior Associate , Lotus Knowl wealth pvt ltd	28-29 September 2021
	Orientation for staff, U.G and P.G students “Setting the Path” with Dept. of Zoology	Dr. Anaswara Krishnan, Chief Operating Officer, Indriyam Biologics Pvt. Ltd. and Ms. Reemy Sara Mathai (Asst.Prof., MTCW, Perumbavoor)	08 October 2021
	Orinetation Programme for Staff	Rev. Alexander Thomas, Principal St. Thomas Senior Secondary School, Punalur And Mr. Jose Mazhuvanchery, Principal, Lakshmi College, North Paravur	28 June 2022
	Intitatives in Higher Education Institutions and SSR preparation	Rev. Dr. Gigi Thomas, Dean of Studies, Mar Ivanios College, Trivandrum	21 July 2022



Mar Thoma College for Women
Perumbavoor

IQAC and Department of Physics

WORKSHOP ON ENERGY CONSERVATION

Title	Workshop on Energy Conservation
Date	14/12/2017 and 15/12/2017
Focus of the event	Awareness on energy conservation
Organizing Department	Dept. of Physics
Resource Person	1. Dr. Nisam Rahman A Chairman, Innovation & Research Society Jai Bharath College of Management & Engineering Technology 2. Dr. Anupama P Assistant professor, Dept. of Physics, Mar Thoma college for women Perumbavoor
Total number of participants	62

REPORT

The IQAC and the Department of Physics, Mar Thoma College for Women, Perumbavoor conducted a workshop on Energy Conservation on 14 and 15 December 2017 for the entire staff in the college. Dr. Nisam Rahman, Chairman, Innovation and Research Society, Jai Bharath College of Management and Engineering Technology has served as the resource person on 14 December 2017 and Dr. Anupama P., HoD Department of Physics, MTCW served as the resource person for the second day.

Objectives of the events:

- 1) To make awareness on minimizing energy costs
- 2) To help to minimize environmental pollution
- 3) To promote the use of superior energy alternatives

Outcomes:

- 1) Recognized different forms of energy
- 2) Found solutions to real life problems related to energy conservation
- 3) Created awareness on greenhouse gas emissions and the ways to reduce it.

Programme Schedule:

Day 1:

Sl.No.	Session	Time
1	Inaugural Session	10.00 am
2	Tea Break	11.00 am

3	Session 1 Topic- Energy Conservation	11.15 am
4	Lunch Break	1.00 pm
5	Session 2 Topic- Energy Conservation through students	2.00 pm
6	Tea and Snacks	3.30 pm

Day 2:

Sl.No.	Session	Time
1	Session 1 Topic- Environment Sustainability and Development	10.00 am
2	Tea Break	11.00 am
3	Session 1 (continuation) Topic- Environment Sustainability and Development	11.30 am
4	Lunch Break	1.00 pm
5	Feedback Session	2.00 pm
6	Valedictory function	3.00 pm
7	Tea and Snacks	4.00 pm

Certificate:



**MAR THOMA COLLEGE FOR WOMEN,
PERUMBAVOOR**

CERTIFICATE OF PARTICIPATION

This is to certify that **Dr. Rajani Jacob** of Mar Thoma College for Women participated in the two days workshop on **ENERGY CONSERVATION** organised by Department of Physics in association with IQAC on 14 and 15 December 2017.


Dr. Lisy Cherian
Principal - in - charge
Mar Thoma College For Women
Perumbavoor - 683 642




Dr. Anupama P
HOD. Dept. of Physics &
IQAC Coordinator

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MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR

**Workshop on
ENERGY CONSERVATION**

Organised by Department of Physics
in association with IQAC

Resource Persons:

Day 1: Dr. Nisam Rahman
Chairman, Innovation & Research Society
Jai Bharath College of Management &
Engineering Technology

Date: 14 December 2017

Day 2: Dr. Anupama P
HOD Dept. of Physics
Mar Thoma College for Women, Perumbavoor

Date: 15 December 2017

*Convenors: Dr. Anupama P
(IQAC Coordinator & HOD, Dept. of Physics.)
Dr. Rajani Jacob
(Association -in-charge)*



Mar Thoma College for Women

Perumbavoor

**WORKSHOP ON LEARNING
MANAGEMENT SYSTEM & E-CONTENT TOOLS**

Title	Workshop on Learning Management System & e-Content Tools
Date	29/06/2020- 02/07/2020
Focus of the event	Impart knowledge on online educational tools to the teaching and non teaching faculty of the college.
Organizing Department	IQAC and IPSR Solutions
Resource Person	1. Mr. Sunish Kumar Senior Manager, IPSR Solutions Limited 2. Mr. Akhil Kumar K.M Assistant Manager, IPSR Solutions Limited
Total number of Participants	60

REPORT

Mar Thoma College for Women, Perumbavoor conducted a workshop on E- learning Educational Tools or Solutions as part of E- project on 5 and 6 May 2020 for the entire staff in the college. Mr. Sunish Kumar, Senior Manager, IPSR Solutions Limited and Mr. Akhil Kumar K.M, Assistant Manager, IPSR Solutions Limited served as the resource persons.

Objectives of the Workshop:

1. To organize E-learning content.
2. To support multimedia based training.
3. To speed up learning content creation/updation and delivery.

Outcomes:

1. Recognized paths to provide better guidance for students.
2. Found ways to track student progress and performance.
3. Increased student engagement

Programme Schedule

Day 1:

Sl.No.	Session	Time
1	Session 1 Introduction to e-teaching and learning educational tools	10.00 am
2	Session 2 Open discussion and practice	12 p.m
3	Lunch Break	1.00 pm

Day 2

Sl.No.	Session	Time
1	Session 1 Introduction to LMS and Moodle	10.00 am
2	Session 2 Open discussion and practice	12 p.m
3	Lunch Break	1.00 pm

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MAR THOMA COLLEGE FOR WOMEN
Perumbavoor, Ernakulam, Kerala.



ipsr solutions ltd
redefining excellence

CERTIFICATE

This is to certify that

Ms. Chaithanya Elsa Achankunju , Mar Thoma College for Women Perumbavoor

has participated in the **Professional Development Program on Learning Management System and E-content tools**
organised by the Internal Quality Assurance Cell (IQAC) of **Mar Thoma College for Women Perumbavoor**
in association with **ipsr solutions limited, from 30 June 2020 to 02 July 2020**



Dr. Gigi George
Principal-in-charge
Mar Thoma College For Women
Perumbavoor - 683 642

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Dr. Anupama P
IQAC coordinator



Dr. Mendus Jacob
MD & CEO, ipsr solutions limited, India

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**MAR THOMA COLLEGE FOR WOMEN
PERUMBAVOOR**

IQAC PRESENTS

Workshop on
ONLINE EDUCATIONAL TOOLS & LMS

Resource Persons:

Day 1.
Mr. Sunish Kumar
(Senior manager IPSR Solutions-limited)
[On 05 May 2020]

Day 2.
Mr. Akhil Kumar K.M
(Assistant manager IPSR Solutions limited)
[On 06 May 2020]

Convellers
Dr. Anupama P. (IQAC Coordinator)
Dr. Alina Susan Kishu (IQAC Secretary)



Mar Thoma College for Women

IQAC and Department of Library

WORKSHOP ON OPEN EDUCATIONAL RESOURCES

Title	Open Educational Resources
Date	16/07/2020;17/07/2020
Focus of the event	Awareness of Open Educational Resources
Organising Department	Central Library and IQAC
Resource Persons	1. Ms. Yamuna P. B HoD, Dept. Library and Information Science, S. B College, Changanacherry 2. Fr. Tinju Tom, Librarian, Assumption College, Changanacherry
Total Number of Participants	50

REPORT

The Central Library, Mar Thoma College for Women, Perumbavoor conducted a workshop on Open Educational Resources on 16 and 17 July 2020 for the entire staff and students in the college. Ms. Yamuna P. B, H.O.D, Department of Library and Information Science, S.B College, Changanacherry has served as the resource person on 16 July 2020 and Fr. Tinju Tom, Librarian, Assumption College, Changanacherry served as the resource person for the second day.

Objectives of the events:

1. To make awareness on various Open Educational Resources.
2. To evaluate Open Educational Resources in terms of its authenticity.
3. To promote the use of Open Educational Resources.

Outcomes:

1. Created awareness on different types of Open Educational Resources.
2. Participants were able to identify the authentic Open Educational Resources.

Programme Schedule:

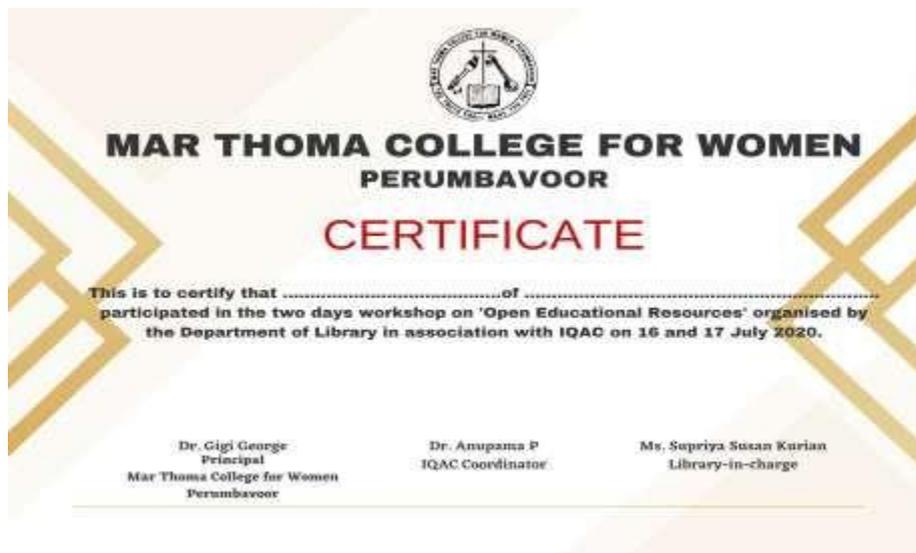
Day 1: 16 July 2020

Sl.No.	Session	Time
1	Inaugural Session	10.00 am
2	Tea Break	11.00 am
3	Session 1 Topic- Open Educational Resources	11.15 am
4	Lunch Break	1.00 pm
5	Session 2 Open discussion	2.00 pm
6	Tea and Snacks	3.30 pm

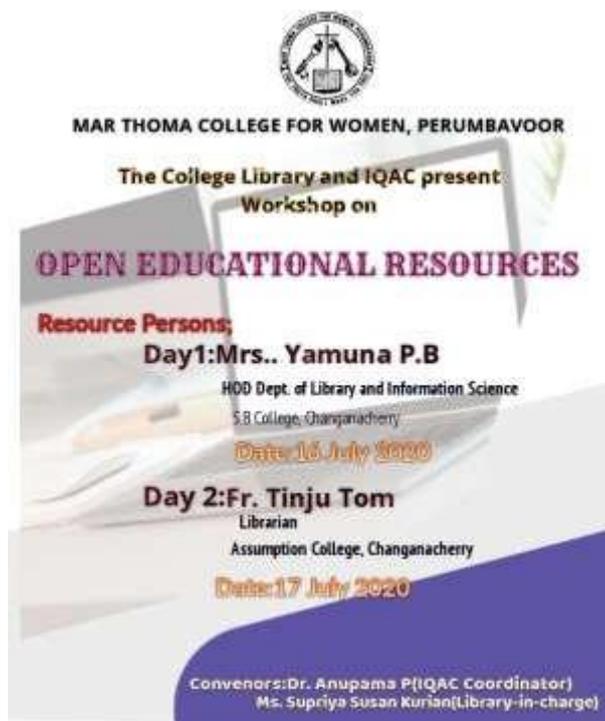
Day 2

Sl.No.	Session	Time
1	Session 1 Topic- Evaluation of Open Educational Resources	10.00 am
2	Tea Break	11.00 am
3	Session 2 Open Discussion	11.30 am
4	Lunch Break	1.00 pm
5	Feedback Session	2.00 pm
6	Valedictory function	3.00 pm

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Mar Thoma College for Women

IQAC, Apex Academy and Department of Commerce

WORKSHOP ON INVESTOR AWARENESS PROGRAMME

Title	Workshop on Investor Awareness Programme for Women
Date	28/09/2021 and 29/09/2021
Focus of the event	Create awareness on financial security
Organizing department	IQAC, Apex Academy Kochi and Dept. of Commerce
Resource person	1) Mr. Manoj T Neelakantan Ex-AGM – IDBI Bank, BFSI Trainer, RP-IICA, SMART-SEBI 2) Mr. Venugopal Rayirath Senior Associate, Lotus Knowlwealth Pvt Ltd.
Total number of participants	62

REPORT

The IQAC, Apex Academy and Department of Commerce of Mar Thoma College for Women, Perumbavoor conducted a workshop on Investor Awareness Programme on 28 and 29 September 2021. Mr. Manoj T Neelakantan, Ex-AGM – IDBI Bank , BSFI Trainer ,RP - IICA, SMART-SEBI has served as the resource person on 28 September 2021 and Mr. Venugopal Rayirath, Senior Associate , Lotus Knowlwealthpvt ltd served as the resource person on 29 September 2021

Objectives of the event

3. To create awareness on how to invest one's savings judiciously and secure their future.
4. To understand the scope and benefits of investment options like Mutual Funds, Public Provident Fund, Fixed Deposits, Gold, National Pension Scheme etc.
5. To help the investors to overcome the challenges in investment.

Outcomes

4. Recognized the impact of inflation and how it affects the savings and investment patterns.
5. Understood the working of mutual funds and their relevance in investment.
6. Created awareness on the do's and don'ts of investment.
7. Understood the importance of relationship between risk and return, which are the key factors to be considered while investing.

Programme Schedule:

Day 1:

Sl. No.	Session	Time
1	Inaugural Session	10.00 am
2	Tea Break	11.00 am
3	Session 1 Topic: Challenges faced during investment: What needs to change	11.15 am
4	Lunch Break	1.00 pm
5	Session 2 Topic: Saving and investing; Impact of Inflation	2.00 pm
6	Tea and snacks	3.30 pm

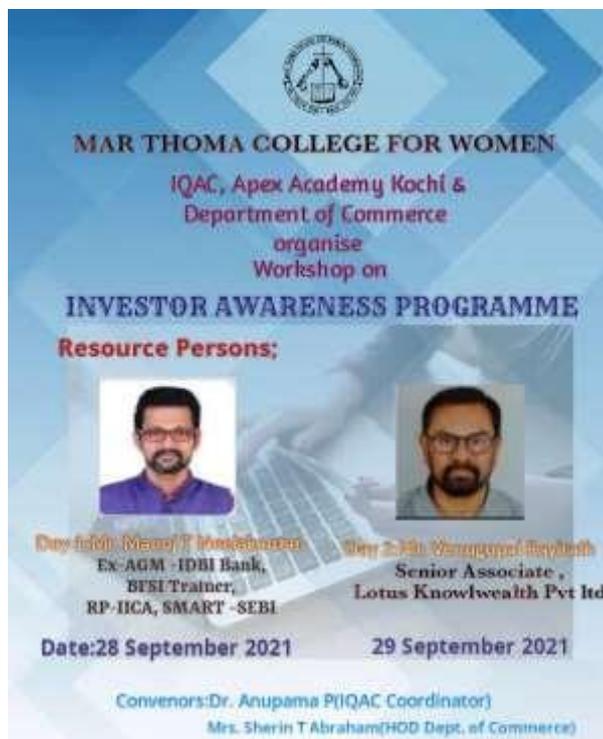
Day 2:

Sl. No.	Session	Time
1	Session 1 Topic: Financial Goals and Investment options	10.00 am
2	Tea Break	11.00 am
3	Session 2 Topic: Mutual funds, Do's and don'ts of investing	11.30 am
4	Lunch Break	1.00 pm
5	Feedback session	2.00 pm
6	Valedictory function	3.00 pm
7	Tea and snacks	4.00 pm

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MAR THOMA COLLEGE FOR WOMEN

IIC & IQAC

ORIENTATION PROGRAMME

On 4 February 2021, IIC in association with IQAC organized an Orientation Programme on the topic “National Education Policy (NEP)”. Dr. Mendus Jacob, Former Director of School of Applicable Mathematics, M.G University, Professor and Director of MCA Programme, Marian College, Kuttikanam, CEO & MD IPSR Group served as the resource person

Title	Orientation Programme
Date	4 February 2021
Focus of the Event	National Education Policy
Organized by	IIC & IQAC
Resource Person	Dr. Mendus Jacob Former Director of School of Applicable Mathematics, M.G University, Professor and Director of MCA Programme, Marian College, Kuttikanam, CEO & MD IPSR Group
Total number of participants	48

Objectives of the event

- To know more about life skills such as communication, cooperation, teamwork and resilience.
- To discuss a roadmap towards a holistic education.

Outcomes

- Helped in focusing more on practical learning than theoretical learning.
- Helped in promoting a multidisciplinary approach to education.

Programme schedule

SL NO.	SESSION	TIME
1	Inaugural Session	1:30 pm
2	Session 1 Topic: National Education Policy (NEP)	1:45 pm
5	Feedback session	3:30 pm

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MAR THOMA COLLEGE FOR WOMEN
Perumbavoor, Ernakulam District, Kerala 683542
Re -Accredited with "B+ Grade" by NAAC, Affiliated to MG University

INSTITUTION'S INNOVATION COUNCIL (IIC)
in association with
Internal Quality Assurance Cell (IQAC)
Presents
**Orientation Session on
National Education Policy (NEP)**
RESOURCE PERSON


DR. MENDUS JACOB
Former Director of School of Applicable Mathematics, M.G. University,
Professor & Director of MCA Programme, Marian College, Kuttikkanam,
CEO & MD IPSR Group.

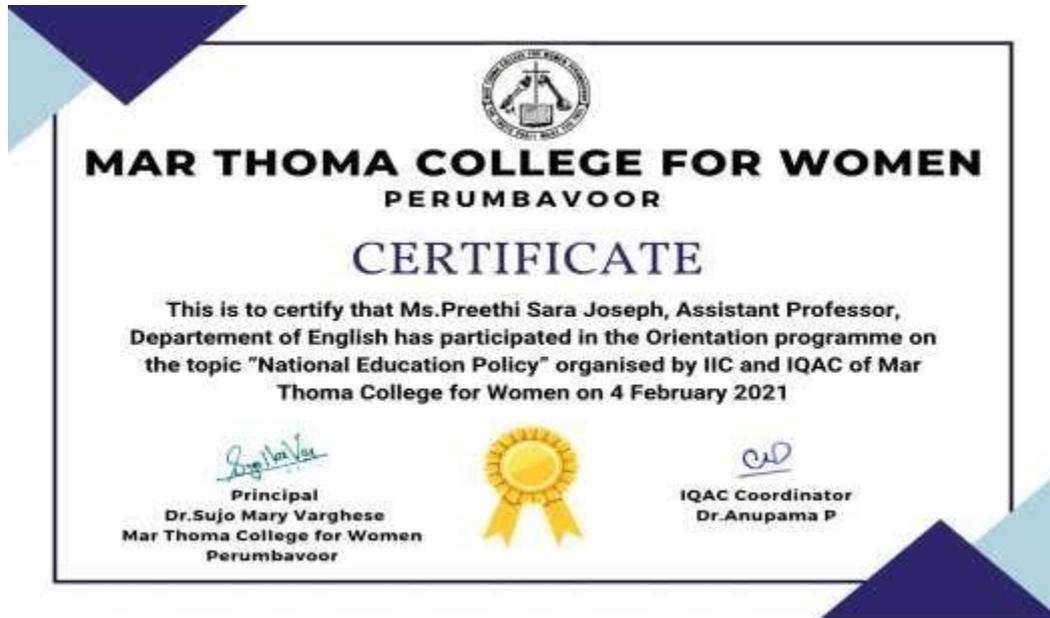
DATE : 04.02.2021
TIME : 1.30 PM
PLATFORM : WebEx

Organizing Committee

Dr. Gigi George, Principal in Charge
Dr. Anupama P., Coordinator, IQAC MTCW
Dr. Minu Susan Koshy, Secretary, IQAC MTCW

Dr. Rajani Jacob, President, IIC MTCW
Ms. Serene Anna Sams, Convener, IC MTCW

Certificate





MAR THOMA COLLEGE FOR WOMEN

IQAC

ORIENTATION PROGRAMME FOR STAFF

On 28 June 2022, IQAC organized an Orientation Programme on the topic “Spirituality and Competency of Teaching” and “Witness to Society”. Rev. Alexander Thomas, Principal, St. Thomas Senior Secondary School, Punalur and Mr. Jose Mazhuvancherry , Principal, Lakshmi College, North Paravoor served as the resource persons.

Title	Orientation Programme for Staff
Date	28 June 2022
Focus of the event	Spirituality and Competency of Teaching and Witness to Society
Organized by	IQAC
Resource Person	(1) Rev. Alexander Thomas Principal, St. Thomas Senior Secondary School, Punalur (2) Mr. Jose Mazhuvancherry Principal, Lakshmi College, North Paravoor

Objectives of the event:

- To understand the concept of spirituality and competency on teaching.
- Defining the skill profile and the professional profile of teachers.

Outcomes:

- Understood the teacher effectiveness and occupational stress in relation to emotional intelligence of teachers.
- Recognized the teachers attitude, behavior and honesty for profession.

Programme Schedule:

SL NO.	SESSION	TIME
1	Inaugural Session	9:30 am
2	Session 1 Topic: Spirituality and Competency of Teaching	10:00 am
3	Lunch Break	12:00
4	Session 2 Topic: Witness to Society	1:00 pm
5	Feedback session	2:00 pm





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 **MAR THOMA COLLEGE FOR WOMEN
PERUMBAVOOR**
Affiliated to Mahatma Gandhi University, Kottayam, Re-accredited with 'B+' Grade by NAAC

Orientation Programme for Staff
Organized by
Internal Quality Assurance Cell

Session 1: 10.00 am
*Spirituality and Competency
of Teaching*

Session 2: 1.00 pm
Witness to Society

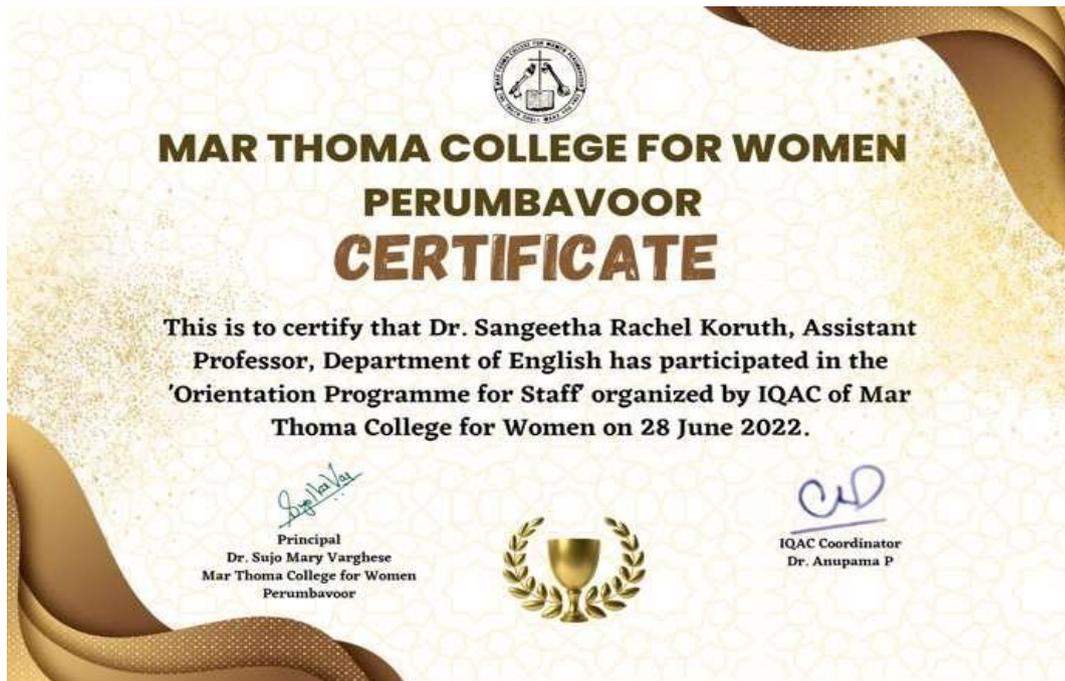
Resource Persons


Rev. Alexander Thomas
Principal, St. Thomas Senior
Secondary School
Punalur


Mr. Jose Mazhuvanchery
Principal, Lakshmi College
North Paravoor

Date: 28 June 2022
Venue: College Auditorium

Certificate





MAR THOMA COLLEGE FOR WOMEN

Perumbavoor

IQAC

FACULTY DEVELOPMENT PROGRAMME

On 21 July 2022, IQAC organized a Faculty Development Programme on the topic “Quality Initiatives in Higher Education Institutions and SSR Preparation”. Rev. Dr. Gigi Thomas, Dean of Studies, Mar Ivanios College, Trivandrum served as the resource person.

Title	Faculty Development Programme
Date	21 July 2022
Focus of the Event	Quality Initiatives in Higher Education Institutions and SSR Preparation
Organized by	IQAC
Resource Person	Rev. Dr. Gigi Thomas Dean of Studies, Mar Ivanios College, Trivandrum
Total number of participants	48

Objectives of the event:

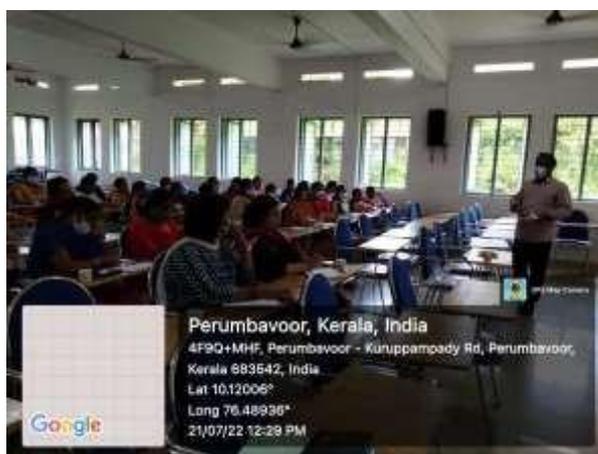
- To understand the criteria for SSR preparation.
- To promote improvement in learning and teaching that impact on quality and standards.

Outcomes:

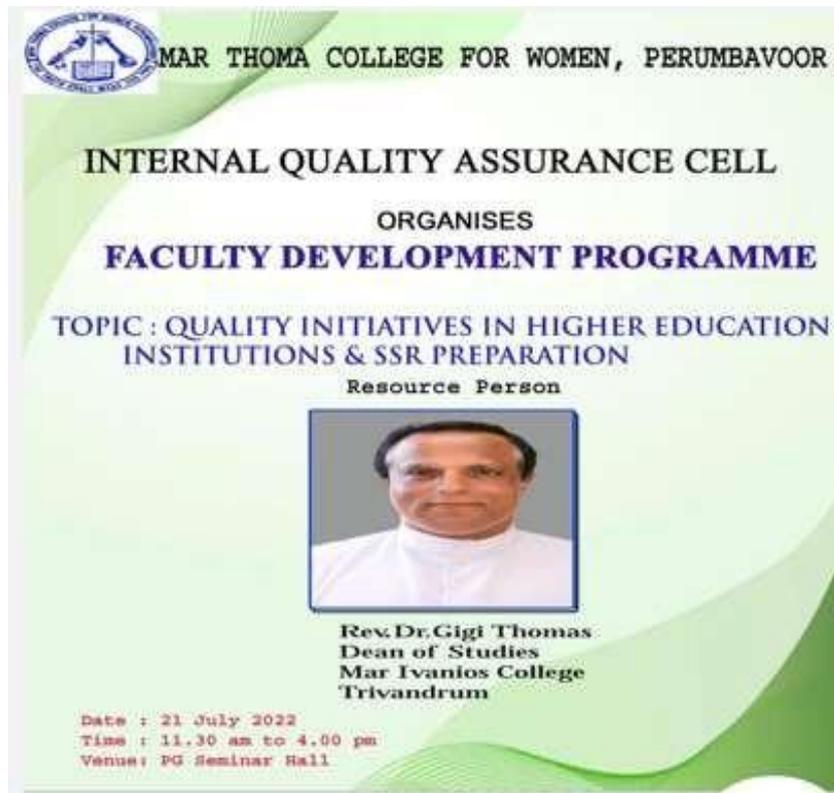
- Got clarity on the preparation and submission of SSR.
- Understood the factors which determine the impact of quality assessment.

Programme Schedule:

SL NO.	SESSION	TIME
1	Inaugural session	11:00 am
2	Session 1 Topic: Quality Initiatives in Higher Educational Institutions	11:30 am
3	Break	1:00 pm
4	Session 2 Topic:SSR Preparation	2:00 pm
5	Feedback session	4:00 pm



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 **MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR**

INTERNAL QUALITY ASSURANCE CELL

ORGANISES

FACULTY DEVELOPMENT PROGRAMME

TOPIC : QUALITY INITIATIVES IN HIGHER EDUCATION INSTITUTIONS & SSR PREPARATION

Resource Person



Rev. Dr. Gigi Thomas
Dean of Studies
Mar Ivanios College
Trivandrum

Date : 21 July 2022
Time : 11.30 am to 4.00 pm
Venue: PG Seminar Hall

Certificate





Mar Thoma College For Women
Perumbavoor
CERTIFICATE

This is to certify that Ms. Chaithanya Elsa Achankunju, Assistant Professor, Department of English has participated in the Faculty Development Programme on the topic 'Quality Initiatives in Higher Education Institutions & SSR Preparation' organized by IQAC of Mar Thoma College for Women on 21 July 2022.


Principal
Dr. Sujo Mary Varghese
Mar Thoma College For Women
Perumbavoor




IQAC Coordinator
Dr. Anupama P