



# MAR THOMA COLLEGE FOR WOMEN PERUMBAVOOR



## CRITERION 3

**RESEARCH, INNOVATIONS AND EXTENSION**





**Blood donation camp**



**Jaivom Seven Days Camp**



**Energy Conservation Rally**



**Children orphanage visit - Balika mandir**



**Flood relief and cleaning**



**Seedling Distribution**

*Figure 1: Karivepu distribution*





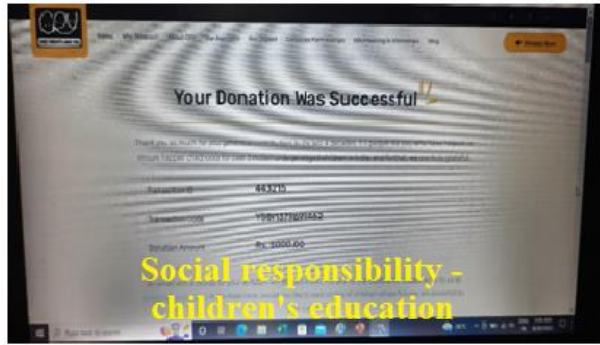




**Self Employability Training Program - Learning "Embroidery"**



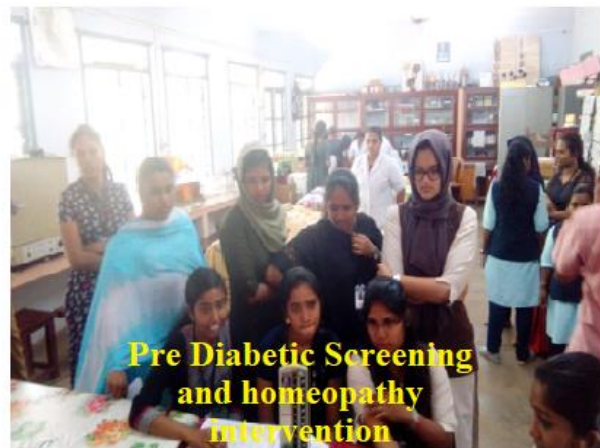
**Screening Blood Samples**



**Social responsibility - children's education**



**Sukrutham Medical camp**



**Pre Diabetic Screening and homeopathy intervention**



**Drug Abuse Awareness Campaign**





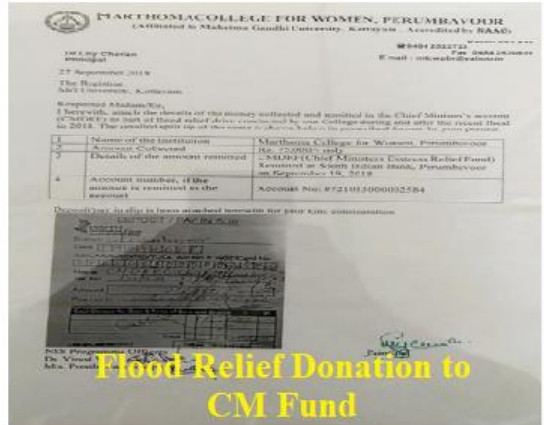
**Flood Relief activity  
- "Kuttanaadinu oru  
Kaithaangu"**



**Flood Relief Activity  
Cleaning at  
Kaanjirakkadu**



**Flood Relief Activity -  
Superchlorination in 60  
houses in Vallom**



**Flood Relief Donation to  
CM Fund**



**Flood cleaning project**



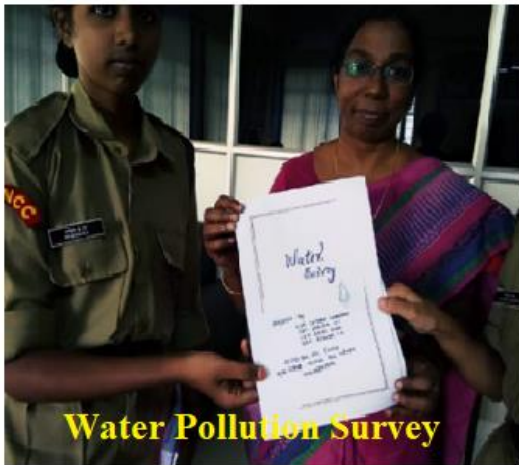
**Flood Relief Services  
"Oppamund"**



**Sanitizer Making and Distribution**



**Social Responsibility**



**Water Pollution Survey**



**Plogging**



**Survey of Biodiversity Loss**



**Organic Farming and Orphanage Cleaning Activity**







MAR THOMA COLLEGE FOR WOMEN  
PERUMBAVOOR

**STUDENT SOLAR AMBASSADOR PROGRAMME**  
In association with  
IIT Mumbai and ECE

Outreach Programme  
at

GOVT BOYS HIGHER SECONDARY SCHOOL,  
PERUMBAVOOR

Date:  
29/12/2019

**Student Solar Ambassador  
Programme, Govt Boys  
Higher Secondary School,  
Perumbavoor**



Mrs. Amathul Wardha  
Resource Person

Welcome note

Moderator

Vote of thanks

Change your mind, change your life:  
Coping up with the 'girl-stress'

**Mental Health Awareness  
Webinar for public-1**

Resource person, Mrs. Sangeeta Ant  
Prof., Dept. of Economics, NSS Ottavolim

Welcome note  
Mrs. Anu K. Mathew

Moderator

Voice of Thanks  
Mrs. Pooja Das

**National Webinar**  
"Know your worth : Unpaid labor-  
the Indian scenario"

**Mental Health Awareness  
Webinar for public-2**







**Lakshya Revision Series 1 - Education support to poor students**



**Dental Camp**



**Energy conservation rally**



Perumbavoor, Kerala, India  
4F9Q+MHF, Perumbavoor - Kuruppampady Rd, Perumbavoor, Kerala  
683542, India  
Lat: 10.32042°  
Long: 76.53977°  
01/07/22 10:30 AM  
**Blood donation camp**



**Anemia Campaign**



**Lakshya- Revision Series 2- Education support to poor higher secondary students**





**Anti-Drug Campaign**



**Anti-Drugs Jeevitham  
Thanne Lahari**



**Waste disposal**



**FIT INDIA FREEDOM**



**Pre- Diabetics Screening**



**Distribution of Compost  
Bin**



