



MAR THOMA COLLEGE FOR WOMEN PERUMBAVOOR

3.4.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the last five years



CRITERION 3

RESEARCH, INNOVATIONS AND EXTENSION





Blood donation camp



Jaivom Seven Days Camp



Energy Conservation Rally



Children orphanage visit - Balika mandir



Flood relief and cleaning



Seedling Distribution

Figure 1: Karivepu distribution







Self Employability Training Program - Learning "Embroidery"



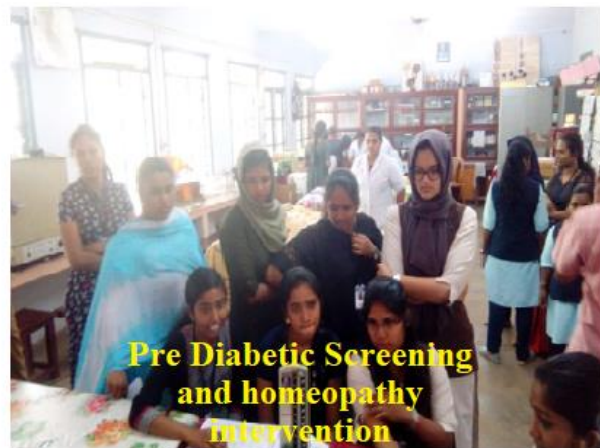
Screening Blood Samples



Social responsibility - children's education



Sukrutham Medical camp



Pre Diabetic Screening and homeopathy intervention



Drug Abuse Awareness Campaign



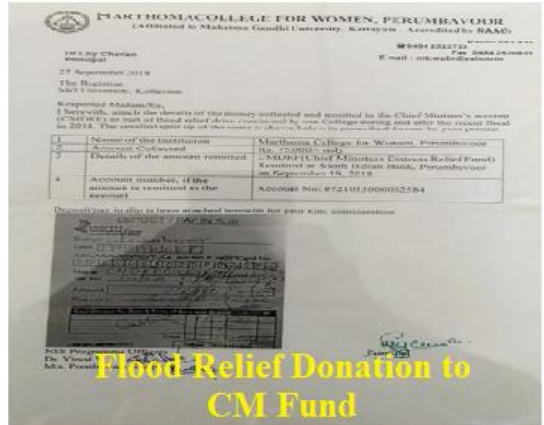
**Flood Relief activity
- "Kuttanaadinu oru
Kaithaangu"**



**Flood Relief Activity
Cleaning at
Kaanjirakkadu**



**Flood Relief Activity -
Superchlorination in 60
houses in Vallom**



**Flood Relief Donation to
CM Fund**



Flood cleaning project



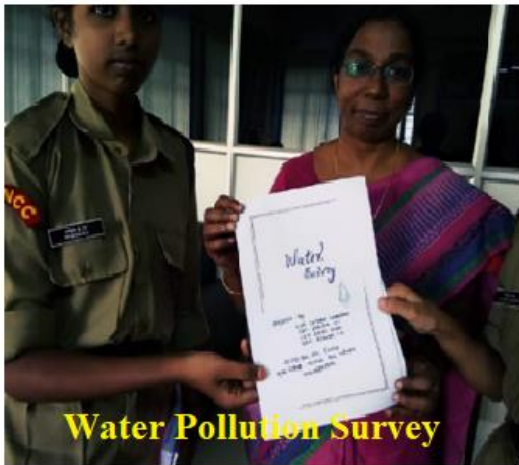
**Flood Relief Services
"Oppamund"**



Sanitizer Making and Distribution



Social Responsibility



Water Pollution Survey



Plogging



Survey of Biodiversity Loss



Organic Farming and Orphanage Cleaning Activity



Kitchen garden dream project

VOCATIONAL EDUCATIONAL TRAINING PROGRAMME
STUDENT SOLAR AMBASSADOR PROGRAM

Student Solar Ambassador Programme, Govt HSS

"Student Solar Ambassador Workshop" has been organized by the department in association with IIT Mumbai and PSC Conservation Society as part of the global vision. Training on solar lamp assembling has been provided to all the students of our department.

MAR THOMA COLLEGE FOR WOMEN
PERUMBAYOOR

STUDENT SOLAR AMBASSADOR PROGRAMME
in association with
IIT Mumbai and PSC

COLLEGE PROJECT NUMBER
60

ASRAN THEOLOGY ACADEMY SERVICE
PERUMBAYOOR

Student Solar Ambassador Programme, Asram Higher Secondary School, Perumbayoor



PSC Coaching Centre



Blood Screening

MAR THOMA COLLEGE FOR WOMEN
PERUMBAYOOR

WEBINAR
In association with
NCS Unit No. 57 Mar Thoma College of for Women
Perumbayoor

TOPICS :

- INTRODUCTION TO WISD COMMUNITY AND CYBERSECURITY CAREER OPPORTUNITIES
- EXTEND THE REACH: ISSUES AND CHALLENGES IN CYBER SECURITY

MARY ABIDA ASHEED
Cybersecurity Instructor
Kaffian Master Academy
WCS community coordinator

JENCYOF ANTHE EDDY
Cyber Security Instructor
Kaffian Master Academy
Executive Member WISD community

Issues and challenges in Cyber Security

DATE : November 13 2024
Time : 10:00 AM
On : 13/11/2024





MAR THOMA COLLEGE FOR WOMEN
PERUMBAVOOR

STUDENT SOLAR AMBASSADOR PROGRAMME
In association with
IIT Mumbai and ECE

Outreach Programme
at

GOVT BOYS HIGHER SECONDARY SCHOOL,
PERUMBAVOOR

Date:
29/12/2019

**Student Solar Ambassador
Programme, Govt Boys
Higher Secondary School,
Perumbavoor**



Mrs. Amathul Wardha
Resource Person

Welcome note

Moderator

Vote of thanks

Change your mind, change your life:
Coping up with the 'girl-stress'

**Mental Health Awareness
Webinar for public-1**

Resource person, Mrs. Sangeeta Anil
Prof., Dept. of Economics, NSS Ottavolim

Welcome note
Mrs. Anu K. Mathew

Moderator

Voice of Thanks
Mrs. Pooja Das

National Webinar
"Know your worth : Unpaid labor-
the Indian scenario"

**Mental Health Awareness
Webinar for public-2**





Dental Camp



Energy conservation rally



Perumbavoor, Kerala, India
4F9Q+MHF, Perumbavoor - Kuruppampady Rd, Perumbavoor, Kerala
683542, India
Lat: 10.32042°
Lon: 76.53977°
04/07/22 10:30 AM

Blood donation camp



Anemia Campaign



Lakshya- Revision Series 2 - Education support to poor higher secondary students





Anti-Drug Campaign



**Anti-Drugs Jeevitham
Thanne Lahari**



Waste disposal



FIT INDIA FREEDOM



Pre- Diabetics Screening



**Distribution of Compost
Bin**

