

NCC REPORT 2020-21

Yoga Day

The official programmes of the NCC unit of the college began with the celebration of Yoga Day on 21 June 2020. The cadets created a video explaining the benefits of yoga with a briefing on different yoga postures. Later the video was shared on social media .

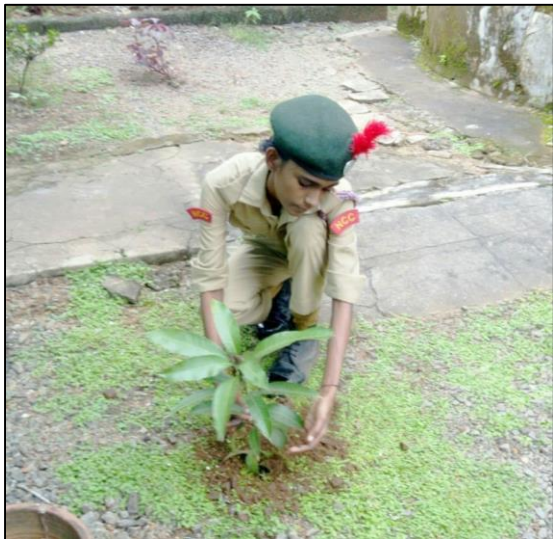
Kargil Vijay Diwas

In commemoration of the Kargil Vijay Diwas on 26 July 2020, several online programmes were conducted by the cadets. A webinar was conducted, Mr. P Maneesh Shaurya Chakra was the chief guest. An online quiz was conducted by a team, based on Kargil day and the Kargil war. Another webinar was conducted by the cadets in which they presented the history and gave a virtual tour about the Kargil war. Several paintings and posters were made by the cadets. There were video presentations also which were circulated through social media for awareness about the heroic sacrifice made by the soldiers during the Kargil war.



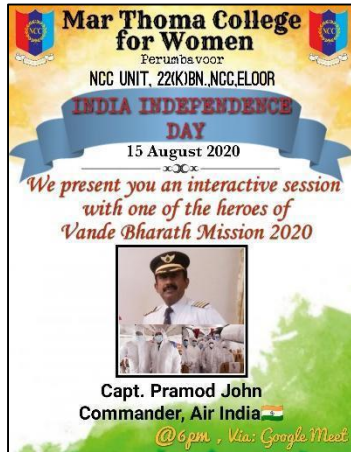
Pollution Pakhwada

In observance of Pollution Pakhwada, 28 July 2020, the cadets planted saplings in their home garden and the pictures of the same were taken and submitted.



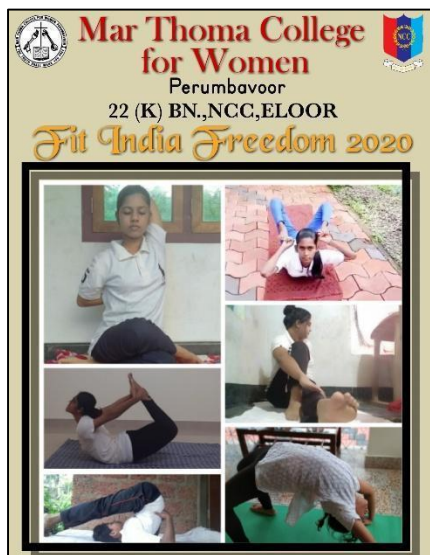
Independence day

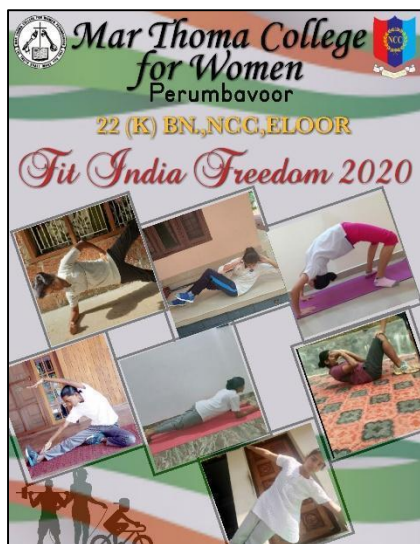
As part of the Independence Day celebration, 15 August 2020, the cadets organized a webinar, inviting Captain Pramod John, Commander, Air India as the chief guest. The cadets created a video presentation about independence day and shared it on social media.



Fit India freedom

In acknowledgment to Fit India Freedom 2020, conducted from 23 August 2020 to 2 October 2020, the cadets performed various activities such as running, cycling, yoga practice, and workout practice. The distance covered by the cadets on these days were recorded, shot as video, and photos of the same were taken and submitted.





Enrollment of cadets

A webinar was conducted on 8 November 2020, in which the former SUO Lakshmi Induchoodan took a class on the importance of NCC for the aspiring students who wanted to join NCC.

On 24 November 2020, the official selection of new NCC cadets from first years was conducted in the college ground in the presence of CO.

Constitution Day

To honor Constitution Day, a webinar was organized on 19 November 2020. The chief guest was Political and Law Activist, Mr. Devanand P Gopinath. Two quiz competitions were held (one for kids) based on the Indian Constitution and India, and many other competitions like poster making, slogan writing, drawing competitions were conducted by the cadets. Our cadets read the Preamble of the Indian constitution on 26 November 2020 and took an oath to abide by it and secured the certificate.



NCC Day Celebration

On 22 November 2020, to observe the 72nd NCC Day, a workout challenge competition was arranged.

RDC

For the Republic day parade 2021, two of our cadets went for the selection process at 22 Kerala Battalion Eloor.

Covid-19 Volunteering

NCC Cadets from our college have registered and become a part of Covid-19 volunteering. Ex NCC cadets made masks and hand sanitizers and distributed them to many people.

EBSB CAMP

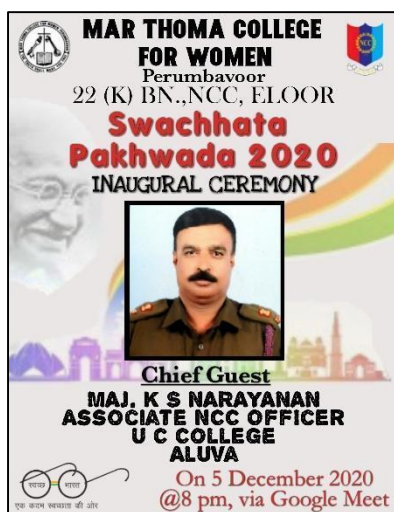
At the EBSB Camp held in August, three of our cadets were selected through a selection process in which they prepared a presentation, and based on it, they got selected and attended the 7-day EBSB camp. SGT Aathira A Kumar and CPL Akhila Ann Zachariah participated in the presentation under Rajasthan group while CPL Deva Ranjini Kavissery participated in the cultural and quiz competition under Gujarat group.

OT

Four of our cadets participated in the Obstacle Training Competition held at Sree Sankara College, Kalady.

Swachhata Pakhwada 2020

On 5 December 2020, a webinar was conducted on Swachhata Pakhwada. The programme was inaugurated by the chief guest Maj. K S Narayanan, Associate NCC Officer, U C College Aluva. The cadets cleaned their surroundings, public roads, and other areas on the same day.

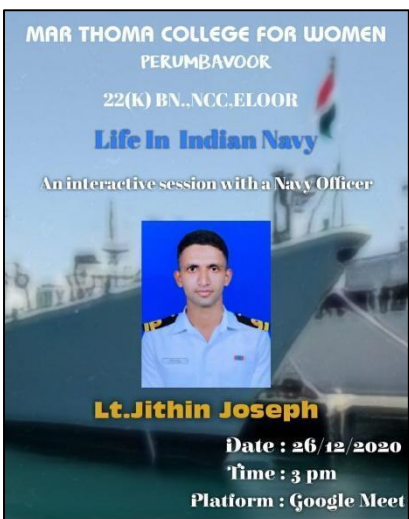


Armed Forces Flag Day

On 7 December 2020, as part of Armed Forces Flag Day, our cadets took part in the 'I Support Armed Forces Flag Day' Pledge and commemorated the day in honor of the unsung soldiers of our Armed Forces who gave their life to the country.

Life in Indian Navy

On 26 December 2020, a webinar was held through google meet, where our cadets interacted with Lt. Jithin Joseph, the chief guest, about life in Indian Navy. He described his journey to the rank of Lieutenant. His words inspired and motivated our cadets.



NCC YOGDAN Activities

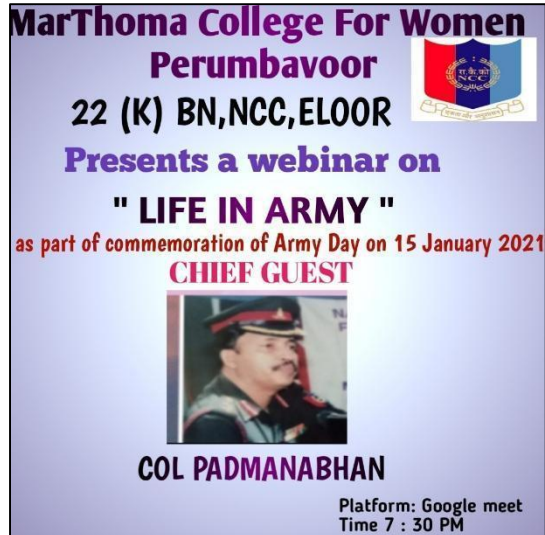
Mask Making Project

The cadets had distributed masks to the neighborhood. On Army Day, the cadets, also, decided to make a minimum of 800 masks by February and to distribute it to the needy in the hospitals or public places.



ARMY DAY 2021


On 15 January 2021, to commemorate Army Day, a webinar was conducted. Col Padmanabhan was the honorable chief guest. The webinar was on army life and opportunities.



MarThoma College For Women
Perumbavoor
22 (K) BN,NCC,ELOOR

Presents a webinar on
" LIFE IN ARMY "
as part of commemoration of Army Day on 15 January 2021

CHIEF GUEST



COL PADMANABHAN

Platform: Google meet
Time 7 : 30 PM

REPUBLIC DAY 2021

On 26 January 2021, a webinar was organized to celebrate Republic Day. Lt. Col. Sasi Mohan, former Commanding Officer, 21 Kerala Battalion, Ernakulam was the honorable chief guest of the webinar.



MAR THOMA COLLEGE FOR WOMEN
Perumbavoor
22 (K) BN.,NCC, ELOOR

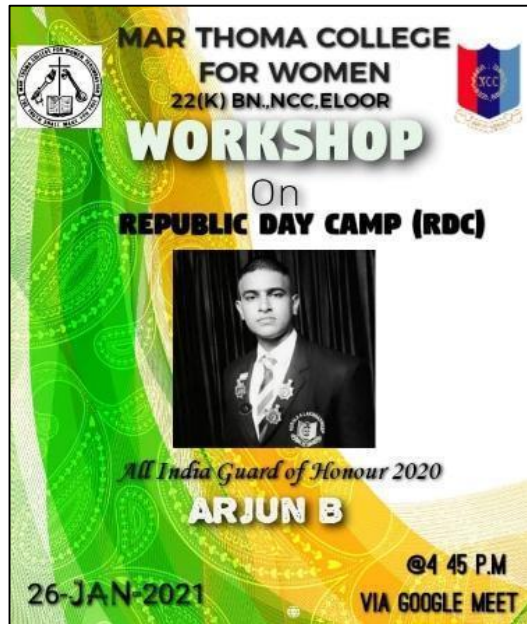
As part of Republic Day Celebration
Presents a Webinar on
REPUBLIC DAY 2021



Chief Guest
LT. COL. SASI MOHAN
Former Commanding Officer
21 Kerala Battalion, Ernakulam

Platform: Google Meet
Time: 7:30 pm

On the same day, a workshop was conducted on "Republic Day Camp (RDC)" with Arjun B, All India Guard of Honor 2020, as the chief guest.



WOMEN'S DAY Celebration 2021

On 8 March 2021, in celebration of Women's Day, 300 masks out of 1000 masks made by the cadets were donated to the patients of Homeopathic Clinic, Muvattupuzha.



One of the cadets Shifana C ,secured the title of 'Best student' who excelled in the art and literature competitions organized by the Seethalayam.



The cadets participated and won prizes for various programmes conducted by Women's cell, as part of Republic Day celebrations.

