

**NCC**  
**ACTIVITIES**  
**2018-19**

## **NCC REPORT 2018-19**

### **YOGA DAY CELEBRATION**

On 21 June 2018, the yoga day was celebrated in association with the institution Sewa Kiran, which is part of Ministry of Ayush. The instructors from the institution taught the basic lessons of yoga to the cadets. The instructor also delivered a speech on advantages of yoga in daily activities.



### **DRUG ABUSE AWARENESS CAMPAIGN**

This campaign was inaugurated by handing over the hand-outs, which give information on types of drugs and symptoms of those who are addicted to drugs, to the Principal of the institution on 26 June 2018. The student cadets distributed these hand-outs to all the students of the college, nearby schools, colleges and shops. A talk on drug abuse and its symptoms was also delivered by the HOD of Zoology Department Ms. Reemy Sara Mathai , which helped the cadets to understand the lethal effects of the drugs.



### **INDEPENDENCE DAY CELEBRATION**

The Independence Day was celebrated on 15 August with the flag hoisting ceremony. The flag was hoisted by the Principal Dr. Lisy Cherian. A message on communal harmony and national integrity was given by the Principal. Cadets also demonstrated Independence Day parade and also sang NCC song.

### **RELIEF WORK DONE BY NCC CADETS TOWARDS THE FLOOD DISASTER**

The NCC cadets who live in the vicinity of the college gathered together to lend their hands in helping the people affected by the flood disaster of ward 3 of Kanjirakkadu Municipality on 21 August 2018. They removed the soiled furnitures and kitchen utensils and did extensive washing and cleaning of the same with the disinfectants provided by the municipality. Though other cadets were willing to do relief works they couldn't reach the place due to dilapidated road network. Two cartons of biscuits and other eatables were also sent to those affected by flood disaster in Kuttanadu, Alappuzha.



## **SWACHTA HI SEWA:**

### **MASS AWARENESS RALLY**

A mass awareness rally on cleanliness and plastic eradication was held in the college campus on 16 September. The representative cadet spoke on dangers of living in unclean surroundings and use of plastic utensils in daily chores.



## **TALK ON SWACHTA**

On 17 September , a talk on importance of cleanliness in daily life was given by the HOD of Department of Hindi, Mrs. Jayasree M.J. Her talk created awareness on keeping our surroundings clean, and also about proper waste disposal and waste management.



## **STEEL WATER BOTTLE DRIVE**

As a part of Swachta Hi Sewa on 20 and 21 September ,a steel water bottle drive was organised by the NCC unit. It was organised to completely eradicate the use of plastic bottles in the college campus. The unit sold around 100 steel bottles on wholesale price in the college.



## **TREE PLANTATION**

Tree plantation drive was held in association with NSS on 01 October 2018. The saplings of oxygen preserving trees were planted on the road side of the college.

A talk on conservation of trees and preventing deforestation was given by HOD of Zoology, Dr. Biju Thomas.



### **FELICITATION TO TSC WINNERS**

A felicitation ceremony was organized along with the College Union and Arts Club inauguration to felicitate SUO Rahana Moithu and CPL Lakshmi Induchoodan.

SUO Rahana Moithu won Individual Gold Medal in Obstacle Training with All India Record at All India Thal Sainik Camp(AITSC), 2018, Bronze medal in Obstacle Training Group Competition at TSC-IGC, 2018 and Gold medal in Health and Hygiene competition at AITSC ,2018.

CPL Lakshmi Induchoodan won Bronze medal in Judging Distance and Field at AITSC and Bronze medal in the cultural competition AITSC 2018.



## **INTERACTIVE SESSION WITH COMMANDING OFFICER**

As part of NCC Day Celebration , an interactive session with Commanding Officer Col. Ashish Bedi was organised on 22 November 2018. The CO spoke about his personal experiences in Army and also encouraged the cadets to join Army after their degree courses. His speech served as an inspiration to all the cadets present in the session.



## **TREE PLANTATION DRIVE WITH NSS UNIT**

A tree plantation drive was organised along with NSS unit on 07 December 2018, where soil sustaining tree saplings were planted in the college campus. It was inaugurated by councillor Mr. Mohan Baby. A speech on preserving the trees and other plants , and importance of growing more vegetation was delivered by him.



### **REPUBLIC DAY CELEBRATION**

The Republic day was celebrated on 26 January with the flag hoisting ceremony. The flag was hoisted by the Principal Dr. Lisy Cherian. A message on communal harmony and national integrity was given by the Principal. The ceremony was also celebrated with Republic Day parade and NCC song by the cadets.

### **CLOSING CEREMONY AND FAREWELL TO OUTGOING CADETS**

The closing ceremony of NCC activities 2018-19 was held on 8 March 2019. The HODs of all departments and the Principal were invited for the function. They talked on the importance of NCC activities in the college campus. They conveyed greetings and best wishes to all outgoing cadets. The outgoing students shared their experiences of being an NCC cadet, advised and encouraged their juniors to be more active in NCC.