



MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR

BEST PRACTICES

Best practice 1: Snehasparsham

Best Practice 2 : Green Campus Initiative

1. Snehasparsham

Beginning as a noonmeal scheme under the auspices of the IQAC.

The Snehasparsham programme now encompasses diverse charitable activities undertaken by the college for the welfare of the students and the community. Currently, under the Snehasparsham programme, needy students identified from all the departments are provided noonmeals every day. The programme also extends a Helping hand to those in dire need of financial support.

Activities under Snehasparsham scheme during 2019-20

- A cheque of rupees 1 lakh was handed over to the family members of late Mr. Varghese K.K. (our college watchman) as a token of our gratitude to the departed soul and also as a help towards the construction of his house. The amount was raised jointly by the college staff, Governing council members and contribution from the management fund.
- An amount of almost rupees twenty five thousand was given to the the relative of the security of the college, Mr. Jesudas for the purpose of conducting a surgery following an accident.
- An amount of one lakh has been spent for the medical expenses of Kumari Shilpa K. Sasi, student of I Msc Zoology, under the Snehasparsham scheme.
- Under this initiative Rupees Thirty two thousand and two hundred has been handed over to the flood affected students of Departments of History and B.Com Computer application towards the reconstruction of their dilapidated houses. Teachers and students participated in flood-relief activities organized by various departments and the college as a whole.
- Two lakh rupees, along with a truck of rice and provisions, was handed over to the District collector, Ernakulam, on 13 August 2019 as part of flood-relief activities.
- Members of the staff participated in the Salary Challenge of the Govt. of Kerala after the floods and Corona.

- Donated food grains, clothes and other materials to relief camps. Provided financial support for building houses for students affected by floods.
- The Dept. of Physics handed over 100 LED bulbs to the District Collector, Thrissur, for distribution in the flood-affected areas of Wayanad, in an Inter-Agency Group Meeting at the Thrissur Collectorate.
- Students and teachers participated in the cleaning activities post-flood organized by the Municipality of Perumbavoor.
- The profit arising from the sale of LED stars manufactured by the Dept. of Physics was donated to Deivadan, an old age home at Malayattoor on 18 December 2019.
- Promoted visits to old age homes, orphanages and centres for rehabilitation of differently-abled children offered moral and financial support to people in need.

2. Green Campus Initiative

The campus was declared a Green Campus in order to promote environment friendly practices. .

- As part of the initiative, terrariums and potted table plants were kept in classrooms.
- As part of Environment Day Celebrations and the Swachh Bharat Mission, saplings were planted in and around the campus.
- Cleaning drives were conducted in the college regularly. Training provided for students to reduce wastage and recycle items.
- Training in making books using unused paper from old books Paper bag manufacturing. Paper pens, pen stands, hour glasses and other items manufactured and sold.
- Exhibition of students' handmade artefacts from waste and household items as part of ASAP.
- Pipe composting installed.
- Project Art Café assembled exclusively with reusable and recycled materials.
- Organized 5 day Environment Management Training Programme-Go Green-EMT 2019 in association with KSCSTE.
- Promoted Swachh Bharat Abhiyan.
- Launched 'Reduce-Reuse-Recycle Programme'.
- Set up an organic vegetable garden in campus and in a school as part of NSS camps.
- Conducted tree plantation drive wain association with the Dept. of Forests, Govt. of Kerala.
- Observed National Re-Dedication Day.
- Conducted 'Mega Pollution Awareness Pakhwada' as part of Prime Ministers 'Swachh Bharat Yojana' .
- In order to make the campus plasticfree, the use of plastic bottles was discouraged among students and teachers.

- Biodegradable and non biodegradable waste items are separated. The hostel has a biogas plant where waste from the mess is processed incinerators are used extensively plastic collection drives are held in the locality and the collected waste is recycled.
- In order to reduce greenhouse gas emissions and pollution, the college has replaced all incandescent bulbs with LED bulbs which emit relatively less heat and save 90 electricity. Students are trained to manufacture LED devices.
- Launched B.Voc course in Renewable Energy Technology and Management.
- Manufactured and sold LED bulbs.
- Conducted training programmes and workshops in association with the Energy Conservation Society. Provided training in manufacturing LED bulbs and stars.
- Conducted awareness campaigns on energy conservation use in and outside the campus. Expert sessions are conducted on themes related to environmental protection and ecofriendly practices.
- Exhibitions showcasing products made from recycled materials, paper pens and ecofriendly process models are held in the college.
- The Green Corner functions actively during fests, selling organic and home made food items wrapped in banana leaves

