



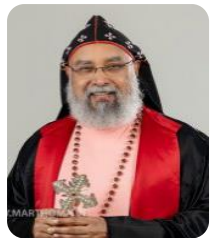
**Mar Thoma College for Women, Perumbavoor**

Affiliated to Mahatma Gandhi University, Kerala. Re-accredited by NAAC with 'A+' Grade.

**OCTOBER 2024- JANUARY 2025**

**VOLUME 2**

**ISSUE 2**



**Rt. Rev. Dr. Isaac Mar  
Philoxenos**  
Manager



**Dr. Letha P. Cheriyan**  
Principal  
(Assumed to be office on 31  
October 2024)

## About the College

Mar Thoma College for Women, since its inception in 1982, has been striving towards excellence in all spheres of higher education, catering to the educational requirements of women from various parts of the state. The college has played an instrumental role in the progress of the locality, contributing proactively to its growth and development.

Over the years, the student strength has almost doubled and various new courses, including two PG courses, integrated PG courses and B. Voc. courses, have been introduced to cater the increasing needs of higher education in the region. Besides the regular courses, the college also conducts various certificate courses and vocational training programmes. These endeavors have hugely benefited our students who, in turn, contribute proactively to the welfare of the local community, thus contributing to its development.

## From the Principal's desk

It is with immense pride that I present to you the quarterly newsletter of our College, highlighting the major achievements and milestones from October 2024 to January 2025. This period has been marked by notable academic, cultural, and institutional achievements that reflect the collective commitment of our college community.

Our students continue to bring laurels to the institution through their active participation in programmes. Our students won prizes at intercollegiate festivals and represented the college at various levels. Faculty members have contributed significantly to research and innovation through paper presentations and publications. Cultural, social, and outreach initiatives led by various clubs and cells added vibrancy to campus life, fostering creativity, leadership, and a spirit of service.

These milestones are a reminder of what we can achieve when we work with shared purpose and passion. I thank all members of the college—students, faculty, staff, and well-wishers—for their continued support and dedication.

With warm regards,

**Dr. Letha P. Cheriyan**  
Principal

**Our Motto: 'Truth shall make you free'**

## Institutional Highlights &amp; Best Practices



### Founders Day 2024

The 42nd Founder's Day Celebration of the college was held on 25 November 2024. As part of the event, Holy Communion

was conducted in the college chapel at 8:00 a.m., followed by a prayer service and public meeting in the P.G. Seminar Hall at 10:30 a.m., during which Rt. Rev. Dr. Isaac Mar Philoxenos Episcopa delivered the keynote address and Rev. Abby K. Joshua offered words of blessing.



### AIACHE Positions and Awards

The annual AIACHE meeting held from 26-28 December 2024 was attended by the Principal, Dr. Letha P. Cheriyan and the former Principal, Dr. Sujo Mary Varghese.

- Dr. Letha P. Cheriyan was elected as an Executive Board Member of AIACHE.
- Dr. Sujo Mary Varghese received the Best Principal Award.



### Best NSS Unit Award

The College received the Best NSS Unit Award in recognition of the services

rendered by the NSS unit. The Award was sponsored by esteemed organizations including IMA Kerala, Red Cross Society, Aluva, Janaseva Shishubhavan, FACT Employees Social Forum, Anwar Palliative Care, and Kerala Action Force.



### Rank in KIRF

The College obtained 84<sup>th</sup> Rank in the Kerala Institutional Ranking

Framework (KIRF). It stands as testimony to our commitment to excellence in higher education and women empowerment.



### Community Extension Activities for School Students

★ As part of the community extension programme for school children, *Sparkle*, a



Christmas Carol Competition, was held on 31 December 2024. In addition to the competition, the children visited various departments that had arranged special programmes to enhance their learning experience. The English Department created a magical *Fairy Castle*, while the History Department organized a *Museum and Exhibition* showcasing historical artifacts. The Physics Department engaged students with a *Science Exhibition*, featuring interactive displays, and the Zoology Department captivated them with a visit to the *Zoology Museum*, offering insights into biological specimens.



★ Visits to the college were arranged for students from nearby schools, providing them with an

opportunity to explore various departments and engage in interactive learning experiences. More than 100 students and teachers participated in the visit, making it an enriching and educational event.



Institutional Highlights & Best Practices



Community Extension Activities for School Students

★ The Department of English staged a play titled *The Quest*, captivating the audience with its engaging performance. The event was graced by the renowned Nangiarkoothu artist, Mrs. Usha Nangiar, as the Chief Guest. More than 150 students from schools in and around Perumbavoor attended, making it a memorable and enriching experience.



Celebrating Kerala's Heritage: Keralappiravi Week

A special programme to promote Malayalam language and Kerala's rich culture was organized as part of *Keralappiravi Day* on November 1. A *Samskarika Rally* was conducted, bringing together students in a vibrant cultural procession. Competitions such as *Malayali Manga*, poetry recitation, and other Malayalam literary contests were also held, encouraging students to embrace and celebrate their linguistic and cultural identity.



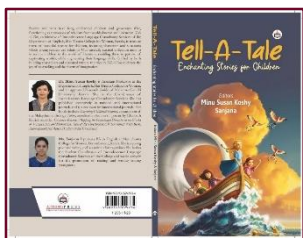
Awareness Class on Waste Management

"Small Steps, Big Impact", an awareness class on waste management was conducted by the IQAC and the NSS in association with Kudumbasree and Haritha Karmasena. Dr. Letha P. Cheriyan served as the resource person. The session aimed to educate students, faculty, and staff about the importance of effective waste management and the simple practices that can be adopted to reduce, reuse, and recycle waste in their daily lives.



Participation in 'Disha 2024'

A team from the college actively participated in Disha 2024, a prominent higher studies expo organized by the Higher Secondary Section of Education Department of Kerala Government. The event showcased various opportunities for students seeking higher education.



Launch of Creative Initiative: 'Tell-A-Tale'

A collection of stories for children titled 'Tell-A-Tale' has been initiated by the Language Consultancy Service of the Department of English and consent has been received from Authorspress for publishing.



ഓർമ്മച്ചുവ്വ: Alumnae Meet

The Alumnae Association Meeting for the academic year 2024-25 was held on 25 January 2025. Many of the alumnae shared their experiences and, through examples, highlighted how the college has been able to achieve its vision and mission.



## Introduction of Student Clubs for Holistic Development

## Nature & Heritage Club

## Science & Innovation Club

## Student Clubs

## Health & Wellness Club

## Film & Drama Club

## Aesthetics Expression Club

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## Department of Chemistry



### Association Inauguration

The Chemistry Association was officially inaugurated on 4 October 2024. Dr. Sindhu K S, Assistant Professor, Morning Star Home Science College, Angamaly was the chief guest. The inauguration was followed by a talk on “Transforming Reactions into Career Opportunities” by Sindhu K S.



### Talk on 'Medical Coding & Medical Scribing'

Association activities for the year 2024-25 began with A talk on “Medical Coding and Medical Scribing” on 8th October 2024. Mr. Jishnu Prakash, Anton’s Medicode, Ernakulam was the resource person.



### Industrial Visit & Study Tour

An industrial visit was conducted to Oushadhi, Thrissur on 9 October 2024.

As part of the college tour, the final-year students visited Kodaikanal and Marayoor on 1 and 2 January 2025

### MoU with Morning Star Home Science College, Angamaly

A Memorandum of Understanding (MoU) was signed by the Department with the Department of Chemistry, Morning Star Home Science College, Angamaly on 7 November 2024, promoting institutional cooperation and collaborative efforts in areas of mutual interest within the field of Chemistry.

## Department of Commerce

### Finance & Taxation



### Henna Stall

The Commerce association, in collaboration with the ED Club, organized a henna stall on 9 and 10 October 2024. The initiative aimed to provide students with practical business experience and received enthusiastic support from students, faculty, and staff of the college community.



### Seminar about Tata Group & Shri. Ratan Naval Tata

A seminar on the Tata Group and Shri Ratan Naval Tata was conducted on 15 October 2024 to commemorate the legacy of Shri Ratan Tata and the contributions of the Tata Group. The event aimed to honor Ratan Tata as an iconic figure in Indian business and to explore the Tata Group's impact across various sectors. In addition to reflecting on the Group's legacy, the session also featured a presentation on the business news of the week.

### COMFIESTA- Commerce Exhibition

The department of Commerce successfully hosted an engaging Commerce Exhibition – COMFIESTA on 31 December 2024. The event, attended by school students, aimed to provide practical insights into commerce concepts through interactive models and fun activities.

## Department of Commerce

### Co- Operation



### Faculty Exchange Programme

In connection with the MoU signed between St. Kuriakose College, Kurumpady, a faculty exchange programme was arranged from 7 to 9 October 2024, with sessions focused on Computerized Accounting.



### Study Tour

Final-year students were taken to Ooty on 3 January 2025 for a two-day trip. The teachers who accompanied the students were Mrs. Anandhi R., Mrs. T. J. Vishnupriya, and Mrs. Anuradha.

## Department of English



### Play: 'The Quest'

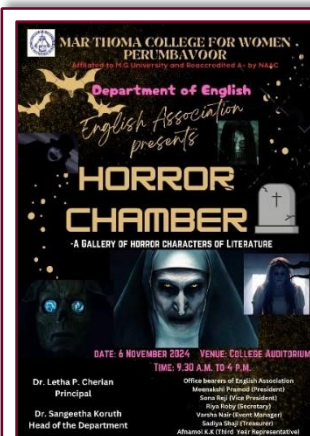
The Playhouse, Drama Club of the department presented a play, The Quest, which was conceptualized, scripted, directed, and performed by the members of the club.



### Fairy Castle

The English Association built a model of a "Fairy Castle" in the classroom to depict fairy characters and their relevance in literature on 31 December 2024.

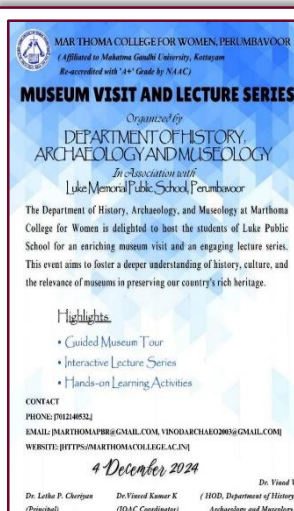
## Department of English



### Halloween Day Celebrations

The English association built a model of a "Horror Chamber" in the auditorium to depict scary and horror characters from literature and movies, part of the Halloween Day celebrations on 6 November 2024.

## Department of History & Archaeology



### Museum Visit & Lecture Series

The department hosted the students of Luke Public School for a museum visit, lectures, and other engaging learning activities on 4 December 2024.

### Christmas Celebrations 2025

The department celebrated Christmas with enthusiastic participation in various competitions and secured the first prize in the crib competition organized by the college union on 18 December 2024. Students actively contributed by preparing wine, cutting cakes, and celebrating the occasion as a united group. Additionally, inter-departmental competitions were conducted, adding to the festive spirit.



## Department of Mathematics



### Orientation Programme

An orientation programme on “Industrial Approach in Mathematics” was organized by the Department of Mathematics in association with the IQAC on 25 October 2024. Ms. Henna Mariam, CEO, Mathlab Skillrealm, handled the session.



### National Mathematics Day Celebrations 2025

As part of the National Mathematics Day Celebrations, the Mathematics Association organized the Mathematics Puzzle Competition ‘Math Bingo’ on 18 December 2024.



### Trivikraman Memorial Lecture Series

As part of the Trivikraman Memorial Lecture Series, the Department of Mathematics, in association with IQAC and the Kerala Mathematical Association, organized an expert talk on “Mathematics for AI” on 23 January 2025 at 10:00 AM in the PG Seminar Hall. Dr. Vinod Kumar P. B., Research Professor at Muthoot Institute of Science and Technology, was the resource person.



### Outreach Programme

M.Sc. students of the department conducted free tuition for the inmates of Balika Mandhiram, Perumbavoor, a child care institution.

## Department of Physics



### Space Quiz

The department of Physics celebrated National Space Day 2024 in association with ISRO to commemorate the success of Chandrayaan-3.



Selected students from each school were invited to the college to participate in the final rounds of the Space Quiz on 21 October 2024. A total of 8 teams with 24 students from different schools participated in the final rounds. Students from GHSS Kongorpilly won the first prize. An exhibition was also arranged for the students in the Physics Laboratory on the same day in the afternoon.



### Space on Wheels

The department organized an exhibition on ‘Space on Wheels’ in association with Vikram Sarabhai Space Centre, Trivandrum on 21 October 2024. Students from our college and nearby schools visited the same.



### Workshop on stars & decorative items-making

A star/decorative items-making workshop was held from 11-20 December 2024. Under the leadership of the department's faculty members, students created neon decorative items and LED stars for the Christmas season, which were sold in December. The profits were donated to a good cause.

## Department of Physics



### Santhwanam Special School Visit

The funds raised from the sale of decorative items were donated to Santhwanam Special School, Kothamangalam, during a visit on January 24th, 2024. This initiative serves as an excellent example of how science and technology can be leveraged for a noble cause. By contributing to this cause, the Department of Physics has demonstrated its commitment to the welfare of special children and its willingness to take concrete steps to support them.



### Sunspot Watching

The department organized a sunspot watching event on 31 December 2024 in association with the Breakthrough Science

Society, Ernakulam Chapter. Students from our college, along with those from nearby schools, participated in the event and observed the sunspots.



### Sunspot Watching

The department celebrated National Energy

Conservation Day on 16 December 2024. A workshop on energy saving LED bulbs, stars etc was arranged for students of Luke Memorial Public School.



### Industrial Visit

An Industrial visit was arranged for the students

on 3 October 2024 to Kudankulam Nuclear Power Plant, Tamil Nadu. Scientists of KKNPP took a class on nuclear reactions and career opportunities

## Department of Physical Education



### Annual Athletic Meet

The Annual Athletic Meet for the year 2024-25 was conducted on 13 January 2025. The meet was inaugurated by Principal Dr. Letha P. Cheriyan at 9:45 am, with the closing ceremony held at 3:30 pm.

Various track and field events were conducted throughout the day. Principal Dr. Letha P. Cheriyan gave away the prizes during the closing ceremony. Athulya P of Yellow House won the Individual Championship. The Blue House secured the title of Overall Runner-Up with 24 points, while Yellow House emerged as the Champion House of the Annual Athletic Meet 2024-25 with 41 points. Additionally, an Inter-House Tug of War competition was held, and Yellow House won the competition.

### Tournaments

The following tournaments were organized for the students:

- Table Tennis
- Carrom Board
- Badminton
- Chess

A Badminton Tournament was also organized for the staff members.

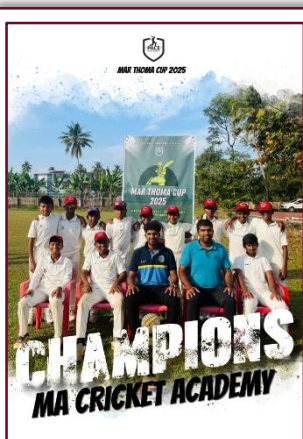


### 30-Day Fitness Challenge Programme

In association with the Health and Wellness Club, a 30-Day Fitness Challenge was conducted to promote the physical fitness of students.



## Department of Physical Education



### Mar Thoma Cup Cricket Tournament

The Mar Thoma Cup Cricket Tournament 2024-25 took place from 17 January 2025 to 26 January 2025 in association with the Pace Cricket Academy, Perumbavoor.



### Mar Thoma Trophy Basketball Tournament

The Mar Thoma Trophy Basketball Tournament 2024-25 was held on 23 January 2025. The tournament was inaugurated by Principal Dr. Letha P. Cheriyan, and the Perumbavoor Municipal Chairman, Mr. Paul Pathikkal, gave away the prizes.



### Mar Thoma Trophy Football Tournament

The Mar Thoma Trophy Football Tournament for Girls was held on 28 and 29 November 2024, in association with Sportshood, Perumbavoor. The tournament was inaugurated by Principal Dr. Letha P. Cheriyan, and Perumbavoor Municipal Chairman Mr. Paul Pathikkal presented the prizes.



## Department of Vocational Studies

### Fashion Technology & Merchandising



### Association Inauguration

Both the department of B.Voc. Fashion Technology and Merchandising and the Department of B.Voc Tourism jointly inaugurated their association on 6 November 2024.



### Food Fest & Exhibition

On 30 October 2024, the Department of Fashion Technology & Merchandising conducted a Food Fest and Exhibition to showcase the talents of students, including handmade accessories, clothes, and food.



### Freshers' Day

On 15 November 2024, the Department conducted a freshers' party to welcome the first year students.



### Christmas Day Celebrations

The departments of B.Voc Fashion Technology and Merchandising, and B.Voc Tourism, jointly organized a visit to the homes of senior citizens near the college on 19 December 2025.

## Department of Vocational Studies

## Tourism &amp; Hospitality Management



### Diwali Day Celebration Dance

On 29 October 2024, B.Voc. students came together to celebrate the Festival of Lights with a vibrant dance performance. Both B. Voc. Fashion and Tourism students showcased their talent through a mesmerizing dance routine, synchronizing their movements to the rhythmic beats.



### Food Festival

The students of the department organized a vibrant food festival, showcasing a diverse range of cuisines. Students enthusiastically participated in cooking, decorating, and managing the stalls.



### Exhibition

The department hosted an engaging exhibition 31 December 2024 for school students, communicated the benefits and opportunities offered by the course, sparking interest among the visitors.



### Halloween Photography Competition

The department of B.Voc. Tourism & Hospitality Management organized a photography competition on the theme - Halloween. Students captured fascinating images, showcasing their creativity and skills.

## Department of Zoology

### World Habitat Day



An intercollegiate and inter-school on-the-spot terrarium challenge was

held on October 16, 2024. The first prize was awarded to Anna Joseph and Sreelakshmi B. from CMS College, Kottayam, who received a cash prize of ₹2000. Certificates were given to all participants.



### World Mental Health Day

On October 10, 2024, all students and staff were welcomed with warm greetings and encouraging words.



### World Spine Day

A video show to raise awareness about spinal health was organized on 18th October 2024, emphasizing the importance of maintaining a healthy spine through proper posture, exercise, and overall care.



### Institute Visit-Aromatic & Medicinal Plants Research Station

Students were taken to Odakkali on 14th October, 2024, where they learnt about the instruments used in biological research. Field study tour was conducted to Elaveezhapoonchira and Wagamon.

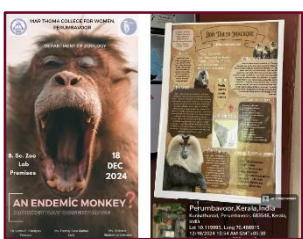


## Department of Zoology



### Cancer Awareness Day

A cancer awareness campaign was conducted by students on 7 November, 2024.



### Monkey Day

A digital poster exhibit on the ecological significance and conservation status of the Lion-Tailed Macaque was conducted on 18th December 2024.



### Biomyst: Exhibition

Biomyst, a mini exhibition for school students was arranged on 31 December 2024.



### Path-setting & Student Progression Orientation

A 3-hour session on "Future Prospects in Life sciences" by Dr. Kiran Kumar E was conducted on 07 January 2025.



### Industry Orientation Programme

An orientation on Scribing and Coding – Key Roles in the Healthcare Sector for the life science students was conducted on January 15, 2025.

## College Union & Arts Club



### College Union Election

Election to the College Union for 2024-25 took place on 17 October 2024 from 10 am to 1 pm. Ms. Chaithanya Elsa Achankunju, Assistant Professor, Dept of English, served as the Returning Officer. Following members were elected as members of the College Union executive: Ansila Basheer (Chairperson), Surya P R (Vice-Chairperson), Afna Salim (General Secretary), Ananya Anilkumar (UUC), Neha S. Joy (Magazine Editor), Devanjali P V (Arts Club Secretary), Anagha Das (I UG Representative), Amrutha C M (II UG Representative), Akshaya Unni (I PG Representative) and Aswathy David (II PG Representative).

The Oath-taking Ceremony for the newly elected College Union members was held on 21 October 2024 at 9.30 am in the college auditorium. Principal-in-charge Ms. Sherin T. Abraham congratulated the newly elected members and wished everyone success in the conduct of upcoming programs. The newly elected Union members took the oath, promising to serve the college and its students to the best of their abilities. The oath was administered by the Principal.



### College Union & Arts Club Inauguration

Inauguration of the activities of the College Union and Arts Club for this academic year was held on 29 January 2024. Mr. Shakthi Singh Arya IPS, A.S.P, Perumbavoor, and Mr. Minon John, cine artist, served as our chief guests. They lighted the lamp with our principal and other union members, indicating an auspicious beginning to our events. Mr. Minon John drew a painting on stage, marking the inauguration of the activities of the Arts Club.

College Union & Arts Club



Kerala Piravi & Malayalam Week Celebrations

The College Union organized a rally in connection with Kerala Piravi on 1 November 2024 from college to Perumbavoor town at 3 pm. The programme was inaugurated by Principal, Dr. Letha P. Cherian. She highlighted the significance of celebrating Kerala Piravi and the importance of preserving Malayalam language. All faculty, staff and students attended in the rally. Various programmes including Malayali Manka and Kerala Sreeman competition, and Kappayum Kanthariyum food fest were held in the following week in association with Department of Malayalam.

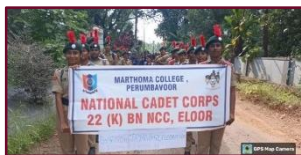


Youth Festival "കലയാട്ടം 2025"

The arts festival of our college was organized from 29 - 31 January 2024. On-stage events were held in two stages. The literary events lasted for a week. Department of Commerce emerged as the overall champions. Ms. Bibi K. S. of III B. Com. (Finance and Taxation) secured the maximum points in individual items.



National Cadet Corps (NCC)



Gandhi Jayanti Celebrations

On 2 October 2024, the NCC cadets of the college organized a rally and mime performance to honor the legacy of Mahatma Gandhi and highlight the significance of his life and teachings. The cadets held various competitions at the college level, marching through the campus and surrounding areas while carrying placards and banners featuring quotes and messages inspired by Gandhi's philosophy.



World Mental Health Day

On 10 October 2024, the NCC cadets observed World Mental Health Day by organizing a thought-provoking mime performance, which highlighted the importance of mental wellness and aimed to break the stigma surrounding mental health issues. The cadets depicted the struggles with mental health, the importance of seeking help, and the process of overcoming challenges.



NCC Day 2024

Mar Thoma College for Women celebrated NCC Day by extending support to underprivileged children at the Government Lower Primary School, Aimury. The NCC unit organized a thoughtful initiative, contributing over 100 books, school bags, and painting kits to the children. This gesture aimed to provide educational resources and encourage creativity among young students.



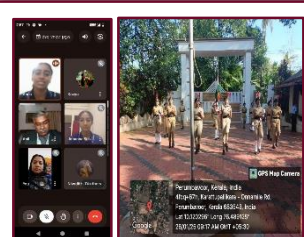
## National Cadet Corps (NCC)



### Indian Army Day

The Indian Army Day celebration was held at

Mar Thoma College for Women on 15 January 2025. The event began with a welcoming speech by ANO Lt. Dr. Sangeetha Rachel Koruth, who introduced the Guest of Honor, Colonel Raju George (Retd.) of the 9th Gorkha Rifles. The event also featured a speech by Principal Ms. Sherin T. Abraham, who spoke about the significance of patriotism and national service. The program concluded with a vote of thanks by Senior Under Officer Joshny Shais, who expressed gratitude to Colonel George for his inspiring presence.



### Republic Day Celebrations

The Republic Day of the NCC unit of Mar Thoma

College for Women was celebrated with immense patriotism and reverence on 26 January 2025. The day's festivities commenced with a solemn flag hoisting ceremony by Principal Dr. Letha P Cheriyan, where the National Flag was unfurled with the utmost respect, followed by the singing of the National Anthem. The cadets, in true spirit of patriotism, organized an insightful flash mob, which conveyed powerful messages of national unity, freedom, and the rich cultural diversity of India. A highlight of the celebration was the enlightening lecture on the theme "The Role of Citizens in Strengthening the Republic of India" delivered by Col. Anil Raj, the Officer Commanding of 811 Combat Engineer Training Camp, Nachna, Rajasthan. As a part of the Republic Day celebrations, the NCC unit also conducted a precision formation parade, showcasing the cadets' discipline, coordination, and commitment to the values of the NCC.

## National Service Scheme (NSS)



### Palliative Care

To celebrate International Day of Older Persons on 1st October, the NSS Unit of Mar Thoma College organized a special visit to Pakalveed, a home for the elderly, located in Perumbavoor. This initiative aimed to honor and appreciate the elderly members of society, fostering a sense of respect and care for senior citizens. The volunteers planned and participated in a series of engaging activities to bring joy and positivity to the elderly residents.



### Technical Session

The NSS Unit of Mar Thoma College organized an insightful technical session for its volunteers on the topic, "How to Make a Professional Brochure" on 10 October 2025. The session was aimed at enhancing the volunteers' skills in designing brochures, which are an essential tool for communicating information in a visually appealing and professional manner. The resource person for the session was Ms. Anuradha K, a professional in graphic design and communication.



### Dental Camp & Blood Screening

On 21st October 2024, the NSS Unit of Mar Thoma College, in association with Sri Bhavani Foundation, organized a Free Dental and Blood Screening Camp at the college auditorium. The camp was aimed at providing free health checkups for both students and the general public. This initiative was part of the Unit's continuous efforts to promote health awareness.

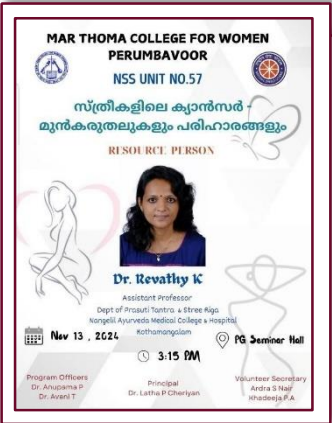
National Service Scheme (NSS)



Diwali with My Bharat

As part of the Diwali with My Bharat Initiative, the NSS Unit of Mar Thoma

College organized a series of community service activities aimed at promoting social responsibility and civic engagement. The event focused on two main activities: traffic management and a cleaning drive at Pakalveedu on 27-30 October. These activities were designed to enhance the safety of the public and contribute to maintaining cleanliness in the community.



Cancer Awareness Class for Women

On 13th November 2024, the NSS Unit of Mar Thoma College organized an informative Cancer Awareness Class aimed at educating students and faculty members about the critical aspects of cancer. The session was led by Dr. Revathy K, an esteemed Assistant Professor from Nangeli Ayurveda Medical College & Hospital, Kothamangalam.



Blood Screening

On 21st November 2024, the NSS Unit of Mar Thoma College organized a blood screening camp in collaboration with the Kerala Social Security Mission and Malabar Gold and Diamonds. The primary goal of this initiative was to provide free blood screening tests to students, staff, and faculty members, promoting health awareness and encouraging the early detection of blood-related disorders.

National Service Scheme (NSS)



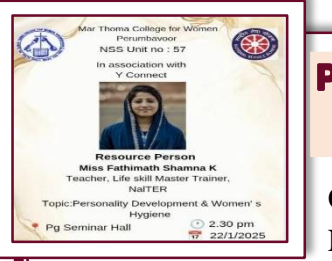
Seven Days Camp

The NSS Unit of Mar Thoma College for Women, Perumbavoor organized a 7-day NSS camp, titled "Sparsham", at the Diet Lab School, Kurupampady, from 20th December 2024 to 26th December 2024. The camp aimed to enhance the community service initiatives of the volunteers while also fostering social awareness, leadership skills, and promoting cultural exchange among the participants. The volunteers actively engaged in a variety of activities throughout the week, contributing to the community and gaining valuable experience.



GOONJ- Collection Drive

The NSS Unit of Mar Thoma College for Women, Perumbavoor organized a GOONJ Collection Drive from 20 January 2025 to 24 January 2025 initiative aimed to collect clothing, household items, and educational materials for the benefit of marginalized and rural communities.



Personal development & Women's hygiene

On 22 January 2025, the NSS Unit of Mar Thoma College for Women, Perumbavoor organized a Personality Development & Women's Hygiene session in association with Y Connect. The session, conducted by Miss Fathima Shamna K., a Life Skill Master Trainer from NaITER, aimed to empower students with the necessary knowledge and practical skills to enhance their personality.



Women's Cell

Student Christian Movement



Intercollegiate  
Presentation  
Competition

As part of Observance of Breast Cancer month, an Intercollegiate Power Point Presentation Competition on Breast Cancer was organized on 29 October 2024. Ms. Sherin T. Abraham, Principal-in-Charge, inaugurated the competition.



Presentation Series I

Inspirational Women Presentation Series- I on Mathangi Hasra, Freedom fighter was given by Ms. Minnu George on 24 October 2024 at 1 p.m. in the P.G. Seminar Hall.



Presentation on  
Breast Cancer

A Presentation on Breast Cancer was organized on 07 November 2024 at 1 p.m. in the P.G. Seminar Hall. Krishnapriya V.R., Fathima Thanha V.N., III B. Sc. Chemistry led the session.



Drawing Competition

A Drawing Competition on 'Rights of Children' in connection with International Human Rights Day was organized on 12 March 2024.



Christmas Carol  
Service 2024



The Christmas Carol Service of the college was organized by the Student Christian Movement on 19 December 2024. The event featured melodious carols by the college choir and a meaningful Christmas message by Rev. Bijoy M. John, the college chaplain.

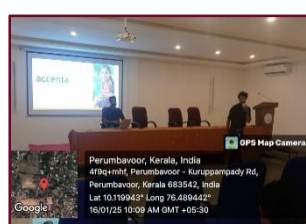


Sparkle - Inter  
School Christmas  
Carol Competition

The Inter-School Christmas Carol Competition, organized by the Student Christian Movement (SCM), was held at the college on 31 December 2024. The event was inaugurated by H.G. Mathews Mor Timotheos, Metropolitan of the Syrian Jacobite Church. A total of ten schools participated, with St. Mary's Public School, Kuruppampady securing the first place, Christava Mahilalayam Higher Secondary School, Aluva the second, and Asram High School, Perumbavoor, the third.



## Career Guidance &amp; Placement Cell



### Campus Placement Drive in Association with Accenta Education

On January 16, 2025, Mar Thoma College for Women in Perumbavoor hosted a Campus Placement Programme, organized collaboratively by the Communicative English Trainers, the Career Guidance and Placement Cell, and the Internal Quality Assurance Cell (IQAC), in partnership with Accenta Education. This placement drive witnessed enthusiastic participation from over 100 students representing a diverse range of undergraduate disciplines. Eight students from our college successfully secured placements with Accenta Education.



### Civil Service & UPSC Exam Orientation

On January 20, 2025, Mart Toma College for Women in Perumbavoor hosted an engaging and informative Civil Service and UPSC Exam Orientation Programme. This event was meticulously organized by the Career Guidance and Placement Cell in collaboration with the Internal Quality Assurance Cell (IQAC) and the Kerala State Civil Academy. The programme drew a significant number of students from diverse undergraduate disciplines, including arts, commerce, and social sciences. It was especially well-received by those aspiring to pursue careers in civil services, providing them with valuable insights and guidance on navigating the competitive landscape of civil service examinations..

## Career Guidance &amp; Placement Cell



### Skill Bridge 24

On December 13, 2024, Mar Thoma College for Women, Perumbavoor, organized a career orientation programme titled Skill Bride 24, focusing on job training and placement opportunities for third-year students. Skill Bride 24 was attended by over 35 third-year students. They actively participated in the workshops and sessions, gaining valuable insights into the skills needed to succeed in the professional world.



### Career Guidance Programme

On December 16, 2024, Mar Thoma College for Women, Perumbavoor in association with, Mar Thoma College for Management and Technology, Perumbavoor, organized a Career Guidance Programme aimed at providing students with valuable insights into the world of career development and opportunities.



### Introduction to Short Term Skill Bridge Courses by ASAP, Kerala

On January 7, 2025, Mar Thoma College for Women, Perumbavoor, hosted an informative programme titled "Introduction to Short-Term Job-Oriented Courses for Students by ASAP". The event was conducted in association with the Career Guidance and Placement Cell, IQAC and ASAP. The event also provided students an opportunity to engage with faculty members and professionals from ASAP, giving them direct insights into the various training and certification programmes that can be pursued alongside their academic studies.



Language & Literary Club



Ice Breaking Session

On 21 January 2025, an icebreaking session was conducted to facilitate interaction among members, helping them become acquainted and comfortable with each other, thereby fostering a collaborative environment for future activities.



Discussion

On January 23, 2025, a discussion was held focusing on writing essays and poems that address women-centric issues, encouraging students to express their thoughts and perspectives on topics related to gender equality and women's rights.



Short Film Presentation

On January 24, 2025, the club presented the short film "Necklace," featuring actress Nayantara, followed by a discussion on the themes and messages conveyed in the film, promoting critical thinking and analysis among the members.



Reading Session

On January 28, 2025, a reading session was conducted where members shared excerpts from their favourite literary works, fostering a love for reading and providing a platform for members to explore diverse genres and authors.

Student Achievements



Eight students from final year degree classes were successfully placed in Accenta Education as communicative English trainer.

**Ms. Sanjana S.**, presented a paper titled “The Concord of Cult and Culture in *Six of Crows*, along with Ms. Sanjana.S at International Conference on “Interdisciplinary Intersections in Contemporary English Language and Literature: The Way Forward,” on 16 December 2024, organized by CTTE College for Women, Chennai.

**Krishnendu K.K., Krishna V.S, Laya S. Pillai, Anjima D. and Lucy Sneha George** (IV IP Physics) presented a poster in the national seminar- ‘Rubber Insights ‘24’ organized by Rubber Park and RUPMA on 19 October 2024 at Rubber Park. Irapuram.

**Krishnendu K.K., Krishna V.S, Laya S. Pillai, and Anjima D.** (IV IP Physics) completed an internship on Machine Learning with ICT Academy of Kerala.

**Shabana Kareem** (B.Sc. Zoology) published a paper in the Web of Science Journal *Archives of Medicine and Health Sciences*

**Nazrin Usman** (B.Sc. Zoology) published a paper in the CARE-listed Journal *Indian Journal of Preventive and Social Medicine*

**Zaheera Nazrin, Sara Kuriakose and Rahana Prasad** (B.Sc. Zoology) presented papers in international conferences.

## Student Achievements

## Honours from NCC

- **SGT Anna Paulachan & CPL Devanjaly P V** attended the EBSB (Ek Bharat Shreshtha Bharat) Camp at Jawahar Navodaya Vidyalaya, Periyar, Kasaragod, from 23 December 2024 to 3 January 2025.
- **CQMS Fathima Farisa M U, SGT Devika Vinod & CPL Johanna Susan John** attended the Army Attachment Camp at Pangode, Trivandrum, from 10 January 2025 to 21 January 2025.

**Ms. Afna Salim** of II B.Sc. Mathematics successfully completed the IWM Winter School for Young Women in Mathematics 2024 held at Sardar Patel University, Vallabh Vidyanagar, Gujarat from 9 to 19 December 2024.

Five B. Sc. Mathematics students participated in the two-day MTTS programme, organized by the Department of Mathematics, St. Paul's College, Kalamassery, on 9-10 October 2024.

College Table Tennis team won the Championship in the M G University inter collegiate Table Tennis Tournament 2024-25. Team members were **Ankitha K, Jyothika Hemanth, Anekha K, Aparana Kishore & Saranya M B.**

**Ankitha K, Jyothika Hemanth & Anekha K** were selected to M.G. University Table Tennis Team 2024-25 and they participated in the South Zone Inter University Table Tennis Championship held at AMIT University, Chennai.

Cricket Team won the Runner up trophy in the MG university Inter-collegiate Cricket Tournament 2024-25 held at St Pauls College, Kalamassery.

**Namitha K R, Athulya P, Aparna Kishore & Rejitha K L** were selected to MG University Cricket Team 2024-2025.

**Anekha K & Ankitha K** won the Bronze medal in the Kerala State Table Tennis Championship 2024 held at Thrissur.

## Faculty Achievements

Ms. Smrithy P. S., Guest Lecturer, Dept. of Zoology, published a paper titled "*Comparison of Natural Agar-Based Bioplastic with Other Starch-Based Bioplastics: A Green Try for a Sustainable Environment*" in *Indian Journal of Natural Sciences*, February 2025, 15(88): 89036–89046.

Dr. Bibin Kuriakose, Assistant Professor, Dept. of History, was nominated as Syndicate Member of Mahatma Gandhi University.

Dr. Vinod V., Assistant Professor, Dept. of History, participated in the Question Bank Preparation for the Higher Education Department UPSC Examination for teachers in Archaeology, held at the Teachers Recruitment Board, Chennai, Tamil Nadu, from 23 to 27 December 2024.

Ms. Chaithanya Elsa Achankunju, Assistant Professor, Dept. of English, delivered a talk on "*Empathy and Respect*" as part of the Transitional Curriculum Programme on 13 November 2024 at Nangelil Ayurveda Medical College, Kothamangalam.

Dr. Sangeetha Rachel Koruth, Assistant Professor, Dept. of English, presented a paper titled "*The Concord of Cult and Culture in Six of Crows*," along with Ms. Sanjana S., at the International Conference on "*Interdisciplinary Intersections in Contemporary English Language and Literature: The Way Forward*" on 16 December 2024, organized by CTTE College for Women, Chennai.

Lt. Dr. Sangeetha Rachel Koruth was nominated as Board member of NCC Board of Studies of Sree Sankaracharya University of Sanskrit, Kalady.

Dr. Minu Susan Koshy, Assistant Professor, Dept. of English, presented a paper titled "*Affective Geographies of Postcolonial Domestic Space: Reading the House in Select Indian Postcolonial Narratives*" at the conference on "*Interdisciplinary Intersections in Contemporary English Language and Literature: The Way Forward*," organized by CTTE College for Women, Chennai, on 16 December 2024.



## Faculty Achievements

Dr. Minu Susan Koshy was nominated as Review Editor for the journal *Daath Voyage* in November 2024.

Dr. Minu Susan Koshy published a paper titled "Mapping Modernism in Norwegian and Malayalam Literatures: A Comparative Study of N.N. Pillai's Ishwaran Arrestil and Henrik Ibsen's Brand" in *The Expression* (Vol.10, Issue 5, December 2024).

Dr. Minu Susan Koshy published a paper titled "Sanctioned Trespassing": Rhythmanalyzing Rome in Jhumpa Lahiri's *Roman Stories* in UGC-CARE listed journal *Dialog*, No. 43 (December 2024).

Dr. Anupama P., Assistant Professor, Dept. of Physics, served as a NAAC Mock Team Member on 15 January 2025 at Rajagiri Viswajyothi College of Arts and Applied Sciences, Vengoor.

Dr. Anupama P. served as an Evaluator in the District-Level Evaluation of the Young Innovators Programme on 19 October 2024, organized by the Kerala Development and Innovation Strategic Council.

Dr. Anupama P. served as a Resource Person at Asram Higher Secondary School, Perumbavoor, and Government H. S. S, Valayanchirangara, delivering sessions on gender equality.

Dr. Anupama P. attended a national seminar titled "Rubber Insights '24" organized by Rubber Park and RUPMA on 19 October 2024 at Rubber Park, Irapuram.

Ms. Supriya Susan Kurian, UGC Librarian, was selected as Expert Committee Member for Library and Information Science (UG & PG), M.G. University.

Dr. Paulose Thomas Assistant Professor, Dept. of Physics participated in a UGC-sponsored short-term course on Innovation and Startups organized by MMTTC, Kannur University, from 15-21 October 2024.

## Faculty Achievements

Dr. Paulose Thomas attended "Shaping Kerala's Future: An International Conclave on Next-Gen Higher Education" organized by the Department of Higher Education, Kerala, on 14–15 January 2025 at CUSAT.

Dr. Paulose Thomas participated in a five-day FDP on MGU UG Honours Syllabus Revision and OBE Training for college and university teachers, conducted by the College Development Council, MGU, from 13 to 17 November 2023.

Dr. Melvi Chandy, Assistant Professor, Dept. of Physics, participated in a two-week online refresher course titled "Materials for Energy and Sustainability" under MM-TTP of UGC, organized by the MMTTC, Centre for Science and Society, IISER Bhopal, from 4 to 18 November 2024.

Ms. Reemy Sara Mathai, Assistant Professor, Dept. of Zoology, presented a paper titled "Iringole Kavu: A Review on Biodiversity, Conservation, and the Need for Scientific Research" at the National Conference held at Nirmala College, Muvattupuzha, on 5 and 6

Ms. Smrithy P. S., Guest Lecturer, Dept. of Zoology, presented the papers "Eco-Friendly Larval Control: Targeting Soya Bean Trypsin Inhibitor-Binding Protease in *Aedes albopictus* (Diptera: Culicidae)" & "Larva and EcoFusion: Crafting Bioplastics from Nature's Treasures" at the National Conference held at Nirmala College, Muvattupuzha, on 5 and 6 December 2024.

Ms. Smrithy P. S. presented a paper titled "From Seaweed to Bioplastic: Agar Extraction from *G. canaliculata* and Synthesis of Bioplastic Film" at the International Conference held at CMS College, Kottayam, on 10 January 2025.

## Editorial Board

**Dr. Rajani Jacob**, Assistant Professor,  
Department of Physics

**Dr. Minu Susan Koshy**, Assistant Professor,  
Department of English

**Mr. Gopikrishna S. Nair**, Assistant Professor,  
Department of Mathematics