

MAR THOMA COLLEGE FOR WOMEN PERUMBAVOOR

5.3.2 Average number of sports and cultural programs in which students of the institution participated during last five years (organised by the Institution/other Institutions)



CRITERION-5

STUDENT SUPPORT AND PROGRESSION

2020-2021

REPORT OF SPORTS AND CULTURAL
PROGRAMS IN WHICH STUDENTS OF THE
INSTITUTION PARTICIPATED



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BAVOOR-

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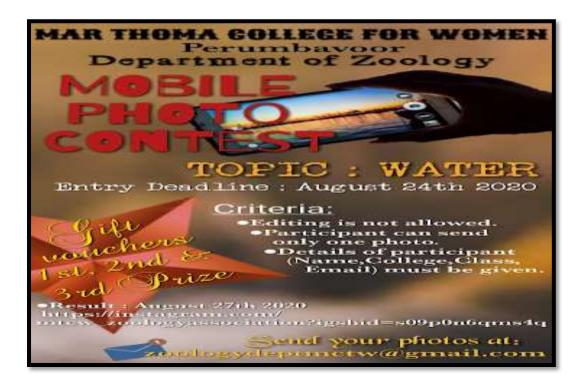


Online Mobile Photography Contest

Title	Online Mobile Photography Contest
Date	19/08/2020
Mode	Online Mode
Objective	To develop creative photographic skills among students
Organized by	Department of Zoology
Participants	15
Outcome	It helped in enhancing creativity among students.

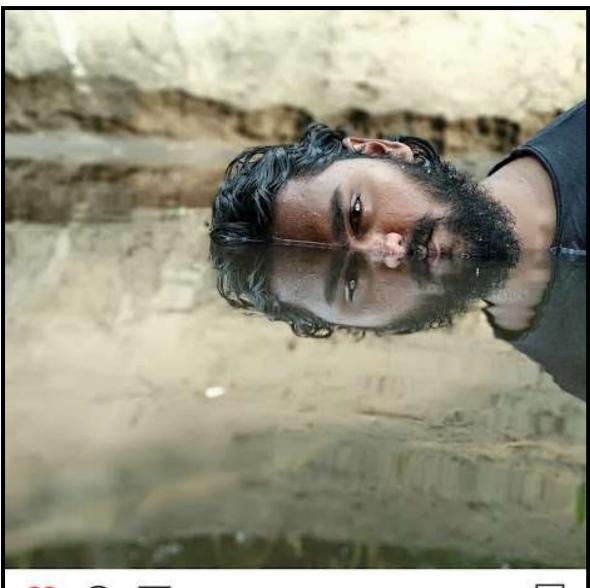
Report

It being the World Photography Day on August 19, 2020, the Department of Zoology conducted an online mobile photography contest. Results were published on 27 August in our Instagram page. Gift vouchers worth 1st 300, 2nd 250, 3rd 150 respectively were sent (Amazon gift cards).



Mobile Photography Contest Brochure Date: 19/08/2020













Liked by kallyani_surendran and others mtcw_zoologyassociation 1st prize winner

Aishwarya NB 3rd Bsc Zoology The Cochin College

Students participation on Mobile Photography Date: 19/08/2020









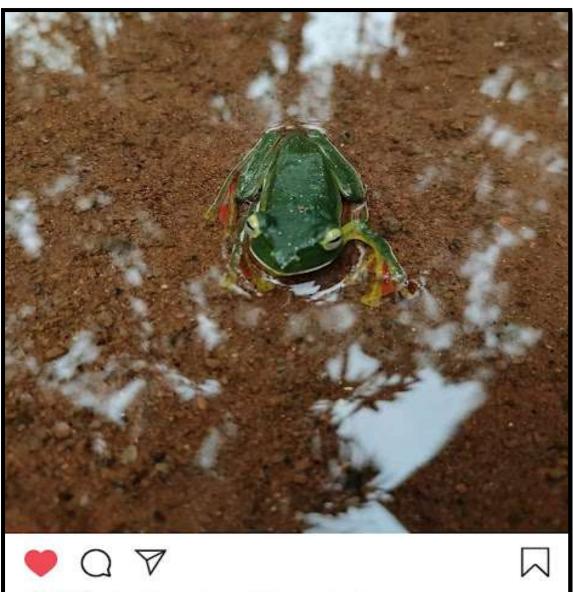


Date: 19/08/2020

Liked by _elna_eldho and others
mtcw_zoologyassociation 2nd prize winner
Chithra P Lal
3rd Bsc Zoology
Union Christian College,Aluva

Students participation on Mobile Photography







mtcw_zoologyassociation 3rd prize winner

Alen Sony

3rd Bsc Zoology

Union Christian College, Aluva

Students participation on Mobile Photography Date: 19/08/2020



List of Participants

Sl No	Name of the students
1)	Alen Sony
2)	Chitra P Lal
3)	Aiswarya N B
4)	Nasia Nazir
5)	Haseena P A
6)	Divya M S
7)	Girija P R
8)	Divya Raj
9)	Lally K P
10)	Sheba Aji
11)	Smitha Reji
12)	Boby George
13)	Anson Ravi
14)	Amjesh R
15)	Jithin Raj

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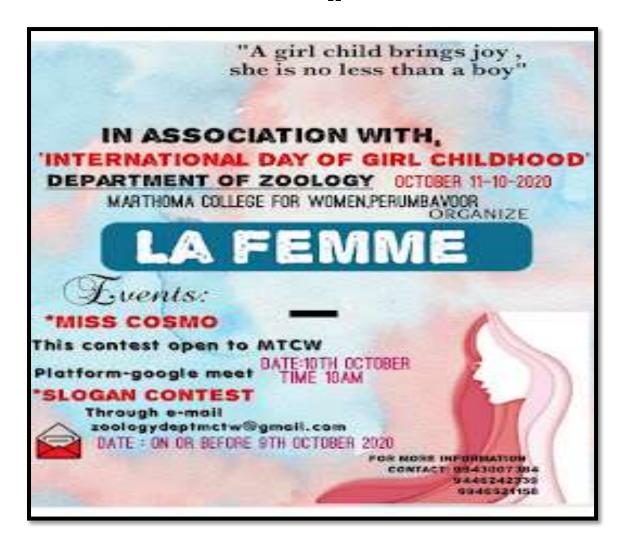
"La Femme" - Slogan Writing Contest & Miss. Cosmo Contest

Title	La Femme- Slogan Writing Contest & Miss. Cosmo Contest
Date	10/10/2020
Mode	Online mode
Objective	To develop innovative skills among students
Organized by	Department of Zoology
Participants	25
Outcome	The event helped in improving the creative thinking and writing skills of participants and also help them be better communicators.

Report

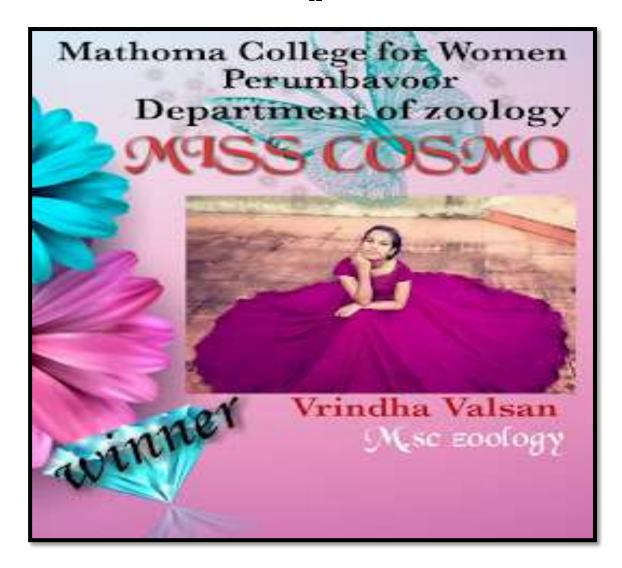
In connection with the International day of Girl Child, we organised "La Femme", an intercollegiate Slogan writing contest as well as a Miss Cosmo contest (only for MTCW students). Slogan writing contest had 25 participants-1st Shabna Yousaf, Sree Sankara, Kalady, 2nd Anju Anilkumar, MTCW, 3rd Aswathymol, Morning Star, Angamaly. Miss Cosmo contest had 11 participants. Vrinda (MSc. Zoology) was the title winner. Deva Renjini (2nd BCom Tax) was the Miss Cosmo 1st runner up and Fathima Nazrin (2nd BCom Tax) was the 2nd runner up.





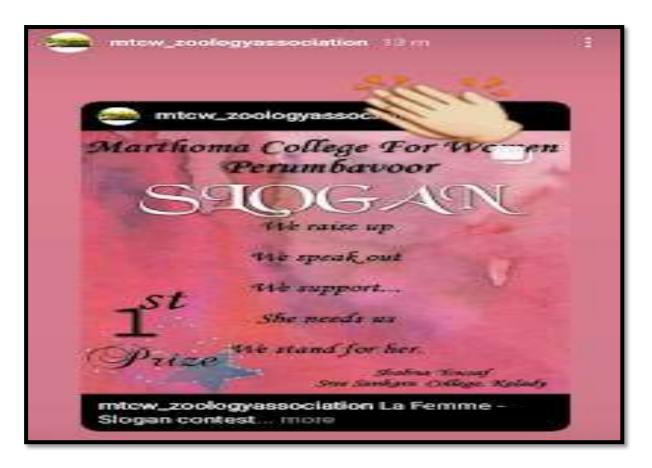
LA FEMME Brochure Date:10/10/2020





Miss COSMO Brochure Date:10/10/2020





Slogan Competition Brochure

Date:10/10/2020

Participants for Slogan writing

Sl No	Name
1)	Shabna Yousaf
2)	Anju Anilkumar
3)	Aswathymol
4)	Lima Saji
5)	Sherin Benny
6)	Anitha Rose
7)	Asha Gopi
8)	Ani Jose
9)	Bincy M S
10)	Anshitha K V



11)	Charulatha M A
12)	Shivabala K R
13)	Roshni Chako
14)	Semeena T P
15)	Bibin Baby
16)	Roshan Baby
17)	Aron Christy
18)	Augustina V
19)	Mercy V John
20)	Sini Pradeep
21)	Vyshali K M
22)	Rejitha R
23)	Dhanalakshmi M R
24)	Manjusha Biju
25)	Thapasya Sunil

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Children's Day celebration

Title	Children's Day celebration
Date	14/11/2020
Mode	Online mode
Objective	To develop creative skills among students
Organized by	Department of Zoology
Participants	15
Outcome	The activity enhanced the planning and decision making skills of
	the organizing team.

Report

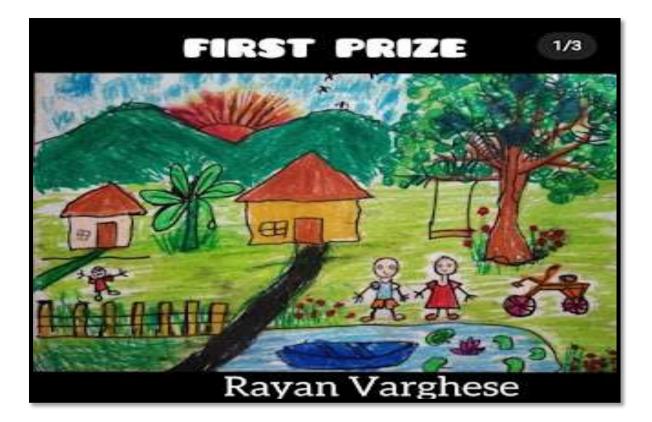
As part of the Children's Day celebration, the Department of Zoology organized online competitions for kids around. Our students also actively participated in the event.



Children's Day Brochure

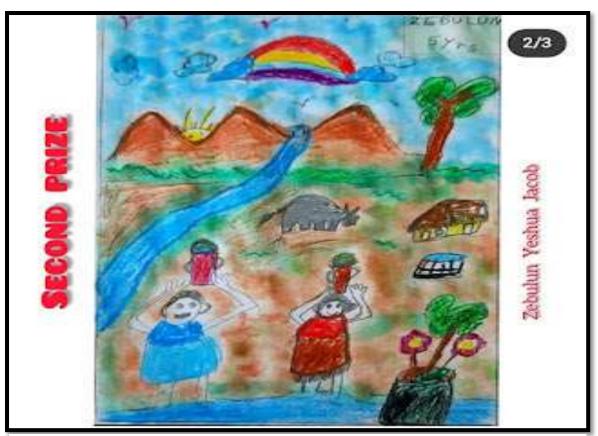
Date:14/11/2020





First Prize Winner



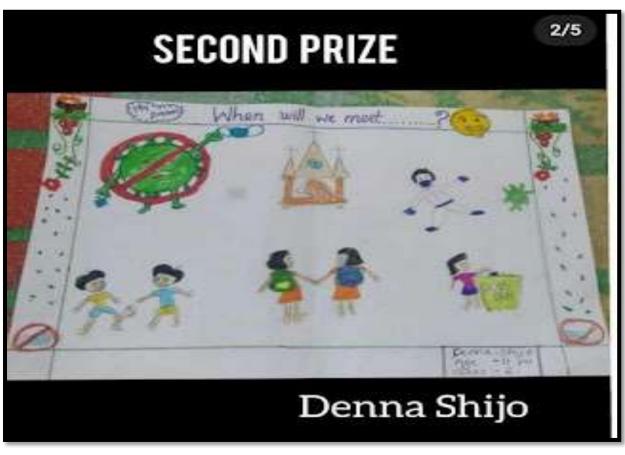


Second Prize: Zebulun Yeshua Jacob

Date:14/11/2020









Participants

Sl No	Name
1)	Rayan Varghese
2)	Gouri Sankar Laiju
3)	Denna Shijo
4)	Zebulun Yeshua Jacob
5)	Sophiya Samuel
6)	Alenteena Mariam George
7)	Ishana Beevi
8)	Rasia Sulthana
9)	Krishnapriya Mohan
10)	Pallavi Krishnan
11)	Maanav Kiran
12)	Elna Eldhose
13)	Helen Mary
14)	Lakshmi Mohandas
15)	Neelima Reji

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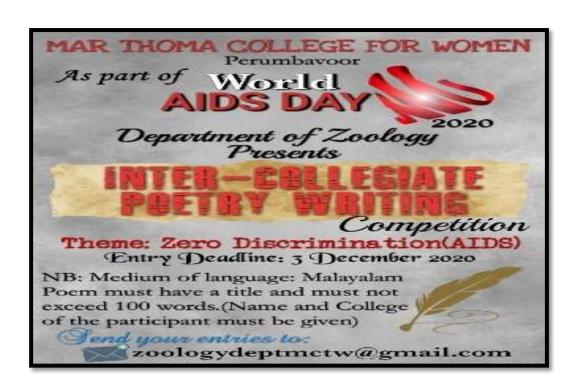


Poetry Writing Competition

Title	Poetry writing competition
Date	03/12/2020
Mode	Online mode
Objective	To develop communicating and writing skills among students
Organized by	Department of Zoology
Participants	30
Outcome	The event enhanced the creative writing skills of the participants

Report

An intercollegiate poetry writing competition was arranged by the department of Zoology in connection with the AIDS day of the 30 entries received: Ansal Sidheeque (SSV, Valayanchirangara), Renju Reji (Mar Thoma college for Women, Perumbavoor) secured 1st and 2nd positions respectively. Cash prizes were given to the best 2 entries.



Brochure- Poetry Competition Date: 03/12/2020



List of Participants

Sl No	Name
1)	A 1.0' II
1)	Ansal Sidheeque
2)	Feba Eldhose
3)	Jinu James
4)	Jeeson George
5)	Livil Wilson
6)	Sharath Vijay
7)	Anandhu Pradeep Sunilkumar M S
8)	
9)	Vyshak Ravi Maria Wilson
10)	Christeena Vincent
11) 12)	Niranjana Rajeesh
13)	Neethu Giri
14)	Ciny Joby
15)	Renju Reji
16)	Keerthana Rajesh
17)	Ashalath M S
18)	Hirunisa sideekh
19)	Alisha Muhammed
20)	Suhara Beevi KN
21)	Noora Fathima S
22)	Vikram Raj
23)	Ansal CN
24)	Sajini Binu
25)	Sara Varghese
26)	Lisa Francis
27)	Bijoy Nandan
28)	Nandana KR
29)	Bibitha Babu
30)	Arya Chandran

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Literati- 2021

Title	Literati -2021
Date	15 to 19 March 2021
Mode	Online Mode
Objective	To motivate the students with innovative ideas
Organizing Department	Department of English
Number of Participants	78 Students

Report

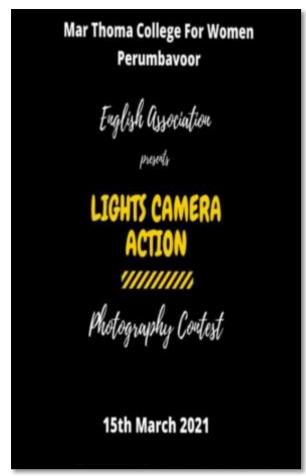
Literati 2021, the Annual Inter-Departmental Fest was conducted from 15 to 19 March 2021 in online mode. The following competitions were conducted as part of Literati this year: Splash (Painting), Light Camera Action (Photography Contest), Verses Vs Verses (Haiku), Dhamaka (Western Solo), JAM (Just A Minute), and English Queen. Submissions were made through Google Forms. Live sessions were conducted via Google Meet. More than 90 students from various departments of the college participated in the events.

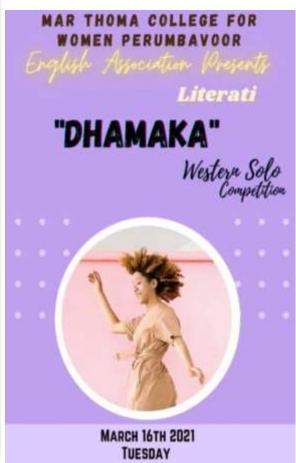




Literati-2021 Brochure Date: 15 to 19 March 2021





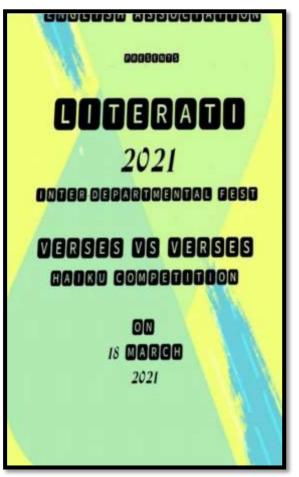


Brochures- Literati Date: 15 to 19 March 2021











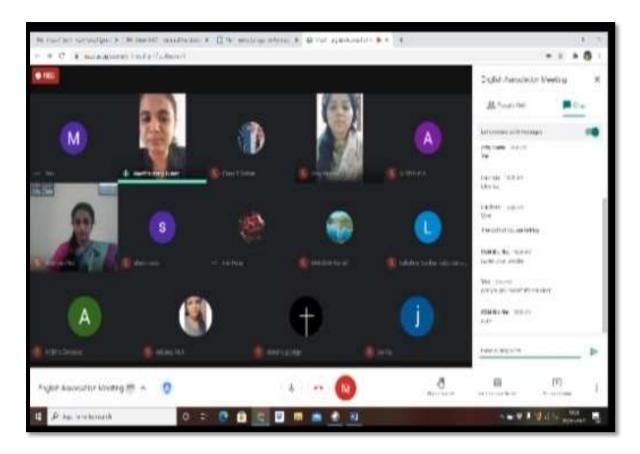


Brochures-Literati



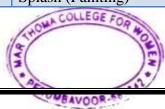






List of Participants

Sl	Name	Event
no		
1	Sharon Sara Thomas	Verses Vs Verses (Haiku), Light Action Camera (Photography), Dhamaka (Western Solo), JAM (Just A Minute)
2	Bhavna.S	Splash (Painting)
3	Preethika Prakash	Splash (Painting), Verses Vs Verses (Haiku), Light Action Camera (Photography), Dhamaka (Western Solo), JAM (Just A Minute)
4	Arathy Surendran	Light Action Camera (Photography)
5	Nabeela A. A	Splash (Painting)
6	Bhavna.S	Light Action Camera (Photography)
7	Bhavna.S	Verses Vs Verses (Haiku)
8	Amitha Kareem	Verses Vs Verses (Haiku), Light Action Camera (Photography), Dhamaka (Western Solo), JAM (Just A Minute)
9	Kripa Kurian	Splash (Painting)
10	Reshma Ann Jacob	Dhamaka (Western Solo)
11	Halisa C.M	Verses Vs Verses (Haiku)
12	Nasle Jafer	Verses Vs Verses (Haiku)
13	Anusree K.C.	Splash (Painting)



-		
14	Parvathy Vs	Light Action Camera (Photography)
15	Megha Elsa Biju	JAM (Just A Minute)
16	Aparna TA	Verses Vs Verses (Haiku), Light Action Camera
		(Photography)
17	Ramziya Ummer	Verses Vs Verses (Haiku)
18	Divya Sivan	Splash (Painting), Light Action Camera (Photography)
19	Ramziya Ummer	Verses Vs Verses (Haiku)
20	Sumayya Ps	Verses Vs Verses (Haiku)
21	Ajinsha CA	Verses Vs Verses (Haiku)
22	Sruthy Suresh	Verses Vs Verses (Haiku)
23	Alifna Vm	Verses Vs Verses (Haiku)
24	Thasni.AA	Verses Vs Verses (Haiku)
25	Sona Jabbar	Dhamaka (Western Solo)
26	Jasnaka639@Gmail.Com	Splash (Painting)
27	Aleena Rachel Joy	Dhamaka (Western Solo)
28	Anjitha Devassy	Verses Vs Verses (Haiku), JAM (Just A Minute)
29	Fitha Fathima AS	Splash (Painting)
30	Swara Vincent	1 0
		Light Action Camera (Photography)
31	Sarannya Devi S.	Light Action Camera (Photography)
32	Alam Salam	Verses Vs Verses (Haiku)
33	Bittu Sajeev	Light Action Camera (Photography)
34	Bittu Sajeev	Light Action Camera (Photography)
35	Shabna Ashraf	Verses Vs Verses (Haiku)
36	Varsha C	Dhamaka (Western Solo)
37	Irin Mary Peter	JAM (Just A Minute)
38	Irin Mary Peter	Light Action Camera (Photography)
39	Reshma Ann Jacob	Light Action Camera (Photography), Dhamaka (Western
40	Chair T Eath an	Solo)
40	Chris T Esther	Light Action Camera (Photography)
41	Farsana Sakkeer	Light Action Camera (Photography)
42	Amudha Alias	Light Action Camera (Photography)
43	Keerthi B Nair	Light Action Camera (Photography)
44	Swathylakshmi Ravi	Light Action Camera (Photography)
45	Lakshmi Sankar Laiju	Splash (Painting), Verses Vs Verses (Haiku), Light Action
		Camera (Photography), Dhamaka (Western Solo), JAM
1 -	TZ 1 13.5 d	(Just A Minute)
46	Kesiamol Mathew	Light Action Camera (Photography)
47	Aswani Raj	Light Action Camera (Photography)
48	Sumayya EA	Light Action Camera (Photography)
49	Aisha Dileep	Light Action Camera (Photography)
50	Ummu Habeeba EA	Light Action Camera (Photography)
51	Nandana M Nair	Light Action Camera (Photography)
52	Amudha Alias	Light Action Camera (Photography)
53	Irin Mary Peter	Light Action Camera (Photography)
54	Feba P Thomas	Light Action Camera (Photography)
55	Ummu Habeeba	Light Action Camera (Photography)
56	Ummu Habeeba	Light Action Camera (Photography)
		COLLEGE



57	Nandana M Nair	Light Action Camera (Photography)
58	Ummu Habeeba EA	Light Action Camera (Photography)
59	Preethika Prakash	Dhamaka (Western Solo)
60	Varsha C	Dhamaka (Western Solo)
61	Atheena Sebastian	Light Action Camera (Photography)
62	Gayathry. K.G	Dhamaka (Western Solo)
63	Fahima Shaji	Light Action Camera (Photography)
64	Aisha Dileep	Dhamaka (Western Solo)
65	Swetha Mary Kurien	Verses Vs Verses (Haiku), Light Action Camera
		(Photography)
66	Nidhy Anna Sunny	Splash (Painting)
67	Denaha Eliz George	Verses Vs Verses (Haiku), Light Action Camera
		(Photography)
68	Denaha Eliz George	Verses Vs Verses (Haiku), Light Action Camera
		(Photography)
69	Sarannya Devi S.	Splash (Painting)
70	Jolsna Sibi	Splash (Painting), Dhamaka (Western Solo)
71	Fathima Sahadhiya N B	Splash (Painting)
72	Sharon Sara Thomas	Verses Vs Verses (Haiku), JAM (Just A Minute)
73	Chris T Esther	JAM (Just A Minute)
74	Nivya. K. J	JAM (Just A Minute)
75	Nivya. K. J	Verses Vs Verses (Haiku)
76	Chris T Esther	Verses Vs Verses (Haiku)
77	Halisa C.M	Verses Vs Verses (Haiku)
78	Katheeja Nazar	Light Action Camera (Photography)

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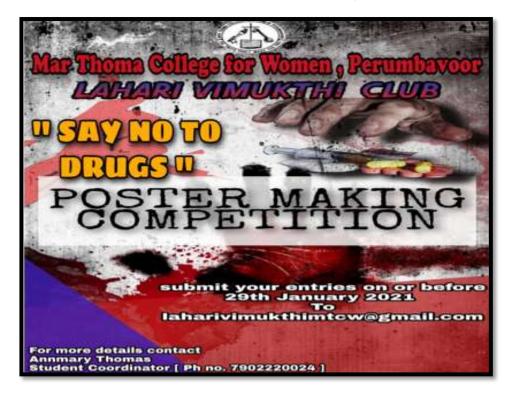
Poster Designing competition

Title	Poster designing competition
Date	29/01/2021
Objective	To develop designing skills among students
Organized by	Lahari Vimukthi Club
Participants	11

Report

An Inter- Departmental Online Poster Designing competition was held was held during January 2021. The theme for the competition was "Say no to Drugs". 11 students participated in the competition. The winners of the competition were as follows:

- First Prize: Ms. Preethika Prakash, I.B.Sc Chemistry
- Second Prize: Ms. Aleena Kochumon, I B.Com (Finance & Taxation)
- Third Prize: Ms. Bhavna Suresh, I B.A English



Poster Making ompetition Brochure



Date: 29/01/2021

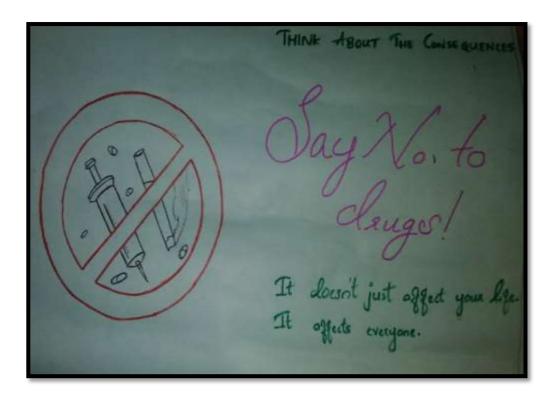


Posters by Students Date: 29/01/2021



Posters by Students Date: 29/01/2021





Date: 29/01/2021

Posters by Students

List of Participants

Sl No	Name
1	Preethika Prakash
2	Bhavana Suresh
3	Bincy Varghese
4	Kripa Kurien
5	Aleena Kochumon
6	Deva Ranjini K
7	Amitha Kareem
8	Swara Vincent
9	Thasny Muhammed
10	Keerthi B Nair
11	Sruthy Hariharan

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Yoga Performance

Title	Yoga Performance
Date	21/06/2020
Venue	Online Mode
Organized by	NCC
Number of Participants	38 Students

Report

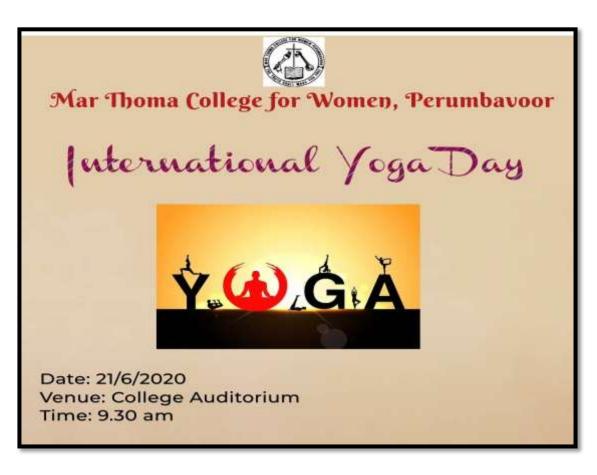
NCC in association with IQAC organized YOGA DAY CELEBRATION on 21 June 2020. The cadets created a video explaining the benefits of yoga with a briefing on different postures. Later the video was shared on Social Media.

YOGA DAY aims to provide mental health fitness, physical health fitness of mind, body and soul. It also rejuvenates our body and keeps us calm. The theme of 6" International Yoga Day, 2020 is "Yoga at Home and Yoga with Family". As we all know, Yoga Day is the ancient way to attain physical, mental and spiritual practice. Primarily originating in India, the word Yoga is derived from Sanskrit, meaning to unite. This unity signifies the ultimate union of the body with consciousness and thus attaining definitive peace.

Yoga is a centuries-old practice that originated somewhere around 5,000 years ago in India. This was looked up as a process and technique to interconnect the mind, body and soul together and take a step closer to enlightenment. As this practice gained popularity in the west, this stared to be termed an exercise and relaxation method. Yoga is the only process in which you can exercise without any equipment. Not only that but in Yoga, you can drive away your diseases without



any medicine. This was also associated with the calms to alleviate any existing physical injuries and chronic pains. Yoga can also increase the flexibility of your body. If there is flexibility in one's body, then the pain is much less in that body. If a person does Yoga for 20 to 30 minutes daily, then his body does not get tired throughout the day. Yoga is also beneficial for children. It helps in calming the mind and it also helpful in showing the right attitude.



International Yoga Day –Brochure Date:21/06/2020



List of Participants

Sl No	Name
1	Adhithya Roy
2	Anagha Joy
3	Anitha Thomas
4	Anjali
5	Anjana K Manoj
6	Ann Maria Jose
7	Arathy Krishna K S
8	Chithra Chandran
9	M K Devigayathri
10	Dona Eldhose
11	Gopika Vinod
12	Haritha V.H
13	Jisha Susan Shaji
14	Karthika M.G
15	Renju K Reji
16	Renjusha A A
17	Roshni K H
18	Shishira Sivan
19	Geethu P A
20	Sona Paul
21	Aathira A Kumar
22	Aishwarya Mohanan
23	Akhila Ann Zachariah
24	Anakha C J
25	Anjana Biju
26	Ashlin Sabu
27	Deva Ranjini
28	Gopika C A
29	Jinu M G
30	Mayoori M B
	100

31	Merlin P S
32	Nadhiya Kochumon
33	Punya Sunil
34	Rajalakshmi
35	Sethulakshmi
36	Shifana C U
37	Sreelakshmi Sreeji
38	Sharon Sara Thomas
39	Anat Anna Shaji

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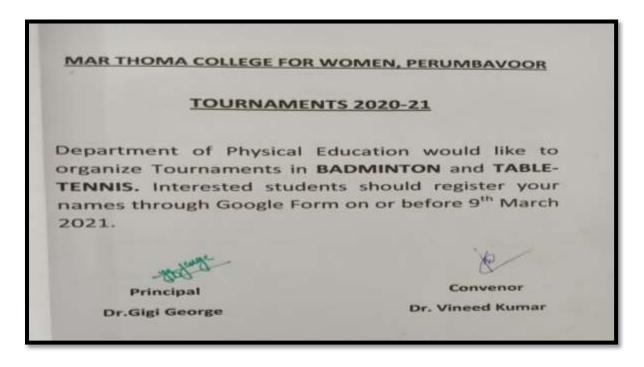


Table Tennis Tournament

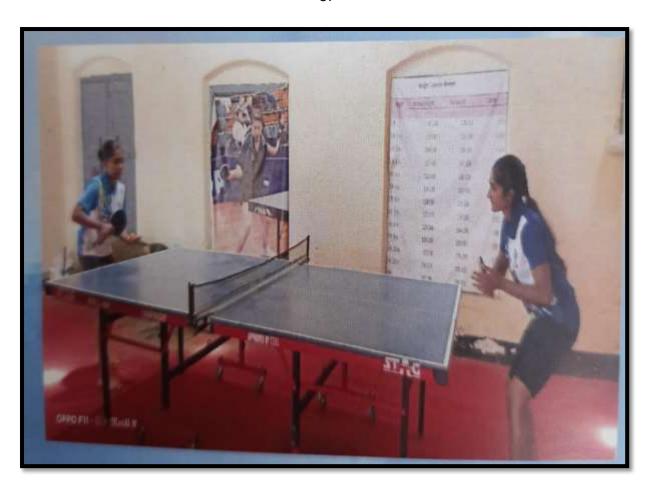
Title	Table tennis tournament
Date	18/03/2021
Venue	College Fitness Centre
Organized by	Department of Physical Education
Number of Participants	6 Students

Report

Table Tennis Tournament was organized by the Department of Physical Education on 18th March 2021 at college Fitness Centre. 6 students participated in the Tournament. Matches were conducted from 3.30 pm to 5.30 pm. Tournament was conducted on Knock out fixture. Sona Paul of III B. Com. Finance and Taxation was the winner and Renjusha A of III B.A. History has won the second position.







List of Participants

S1 no	Name
1	Renjusha
2	Athira Sanal
3	Jiya Joy
4	Arya Baby
5	Adithya Roy
6	Arya.R

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Onam Festival Competitions

Title	Onam Festival Competitions
Date	02-08-2020
Mode	Online Mode
Organized by	EBSB Club and College union
Participants	41

Report

The college union organized a virtual Onam celebration for students. Two Competitions were conducted as part of this- "Malayali Manga" and "Onapattu" competitions. Nandhini Raj of MSc Zoology won the title of Malayali Manga and Atheena R of III. B.Voc was the winner of Onappattu competition. The members of the EBSB Club prepared a slide show on Onam for the benefit of the members of the College.





Brochure: Onam Celebration Date: 02-08-2020



Onam Celebration winners Date: 02-08-2020





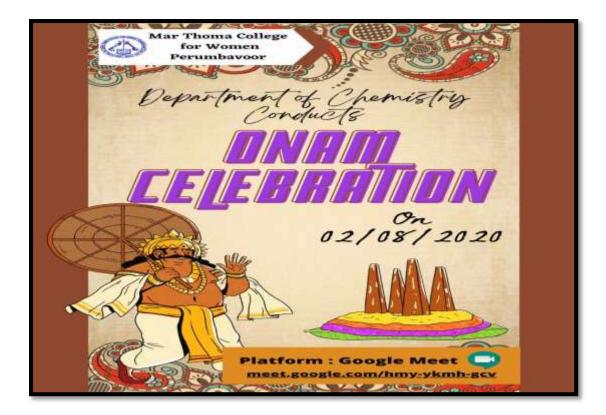
Onam Organised by EBSB Date: 02-08-2020











Brochure: Onam Celebration by Chemistry Department Date: 02-08-2020

List of Participants

Sl No	Name
1	Jixa Mathew
2	AksaE.J,
3	Natasha C.S
4	Aliya
5	Anna Lal
6	Adhila
7	Alfiya Aliyar
8	Kadheeja M.H
9	Rameeza Parvin
10	Fathima Salha
11	Anjana P.J
12	Aleena Jose
13	Basila P.S
14	Afrin Shahul
15	Madhumita Santhosh
16	Sharon Sara Thomas
17	Anuchandra
18	Fathima Sherin
19	Nikina Saji
20	Vishnupriya Binoj
21	Reshma Raghu
22	Alinsha Aliyar

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23	Asina V.A
24	Badra Sasidharan
25	Farsana Ashraf
26	Amal Saleem
27	Ashwathy Sree
28	Akhila Ann Zachariah
29	Shilpa Sunny
30	Sikha Binoy
31	Alphiya Abdul Khader
32	Mehsana Nasrin
33	Karthika T.M
34	Fathima Hamsa
35	Sreeshma Ajith
36	Anmary Thomas
37	Fathima Shiril
38	Sona Joy
39	Anitta Shoji
40	Sethulakshmi C
41	Vinayapriya Venugopal

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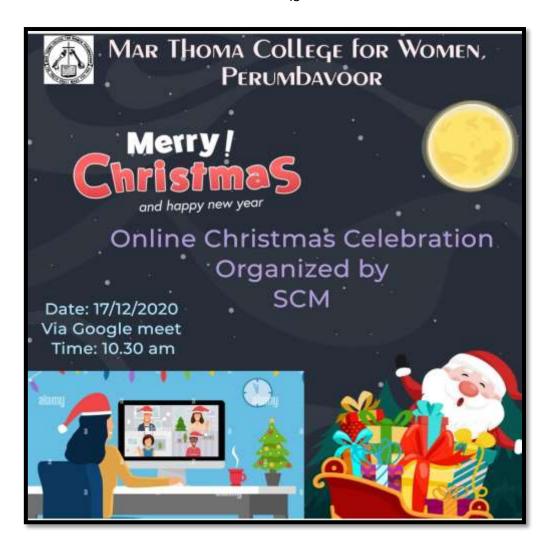
Christmas Carol Competition

Title	Christmas Carol Competition
Date	17/12/2020
Mode	Online mode
Objective	To invibe in our students the values and ethos of every cultural communities
Organized by	Student Christian Movement
Participants	40

Report

The college celebrated Christmas on 17/12/2020. Rev. Nishad Issac Chandy, Vicar, Thabore Mar Thoma Church, Thottakad served as the chief Guest of the Programme. The staff and the students sang Christmas carols in the online meeting, which was presided over by the college Principal.





Date: 17/12/2020

Christmas Celebration –Brochure

List of Participants

Sl No	Name
1	Jixa Mathew
2	AksaE.J,
3	Natasha C.S
4	Aliya
5	Anna Lal
6	Adhila
7	Alfiya Aliyar
8	Kadheeja M.H
9	Rameeza Parvin
10	Fathima Salha
11	Anjana P.J
12	Aleena Jose
13	Basila P.S
14	Afrin Shahul

BAVOOR

15	Madhumita Santhosh
16	Sharon Sara Thomas,
17	Anuchandra
18	Fathima Sherin
19	Nikina Saji
20	Vishnupriya Binoj
21	Reshma Raghu
22	Alinsha Aliyar
23	Asina V.A
24	Badra Sasidharan
25	Farsana Ashraf
26	Amal Saleem
27	Ashwathy Sree
28	Akhila Ann Zachariah
29	Shilpa Sunny
30	Sikha Binoy
31	Alphiya Abdul Khader
32	Mehsana Nasrin
33	Karthika T.M
34	Fathima Hamsa
35	Sreeshma Ajith
36	Anmary Thomas
37	Fathima Shiril
38	Sona Joy
39	Anitta Shoji
40	Sethulakshmi C

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Independence Day Competitions

Title	Independence Day Competitions
Date	15/08/2020
Venue	College Premises
Organized by	NCC
Number of Participants	39

Report

The Independence Day was celebrated on 15 August with the flag hoisting ceremony. The flag was hoisted by the Principal Dr. Gigi George. A message on communal harmony and national integrity was given by the principal. Cadets also demonstrated Independence Day Parade and also sang NCC Song.



NCC Cadets on Independence day Date: 15/08/2020



List of Participants

Sl No	Name
1	Adhithya Roy
2	Anagha Joy
3	Anitha Thomas
4	Anjali
5	Anjana K Manoj
6	Ann Maria Jose
7	Arathy Krishna K S
8	Chithra Chandran
9	M K Devigayathri
10	Dona Eldhose
11	Gopika Vinod
12	Haritha V.H
13	Jisha Susan Shaji
14	Karthika M.G
15	Renju K Reji
16	Renjusha A A
17	Roshni K H
18	Shishira Sivan
19	Geethu P A
20	Sona Paul
21	Aathira A Kumar
22	Aishwarya Mohanan
23	Akhila Ann Zachariah
24	Anakha C J
25	Anjana Biju
26	Ashlin Sabu
27	Deva Ranjini
28	Gopika C A
29	Jinu M G
30	Mayoori M B

31	Merlin P S
32	Nadhiya Kochumon
33	Punya Sunil
34	Rajalakshmi
35	Sethulakshmi
36	Shifana C U
37	Sreelakshmi Sreeji
38	Sharon Sara Thomas
39	Anat Anna Shaji

Signaria

Principal - in - charge Mar Thoma College For Women Perumbayoor - 683 642



Badminton Tournament

Title	Badminton Tournament
Date	16/03/2021
Venue	College Badminton Court
Organized by	Department of Physical Education
Number of Participants	30 Students

Report

Badminton Tournament was organized by the Department of Physical Education from 6th and 7th December 2021 at college Badminton court. 30 students participated in the Tournament. Matches were conducted from 3.40 pm to 5.30 pm. Tournament was conducted on Knockout cum Knock out fixture. Jixa Mathew of III B.Com Finance and Taxation was the winner and Sai Saraswathy of II B.Com Finance and Taxation has won the second position.





Date: 16/03/2021

Badminton Tournament



Badminton Tournament Date: 16/03/2021



BADMINTON TOU	RNAMENT 20	021-22	
FIXTURE	(POOL A)		
1. NIRANJANA B. NAJR (I B. COM.)(Bye)			
4 2. JEWEL JOB!	06 (2.2)	Mirage	
2. JEWEL 10Y (1200LOGY)	4 00000		
3. ANJALI KRISHNA (18. COM.)			100
		00 12-21	Jun
4. THERESA K.J. (TENGLISH)	-	4 3-pro	
7144 754 8 30 pm	Jim		
5. SALWA SALIM (I ENGLISH)	06 12 21	JIYA	
FG. ANJUT. M. (I B. COM.)(Bye)	4.00 pm		
			OT-12-21
H 7. NANDANA RAJU (18.COM.)(Bye)			2 30 has
Swathi lekalin	06 12.21	Biney	
8. VISHNAVY P. RAJ (I MATHS)	4.oopm		
3-3900			
9. ALFIYA N. A. (1 ENGLISH)		06:12:21	JIMA
10. DEVIPRIYA (18. COM.)		4.8ops	
0C12.21	Pari Pa		
11 ALEENA PAUL (I MATHS)	06 (2.2)	The	
	4.00 po	16	
12. HXA MATHEW (III B. COM.)(Bye)	10		

Badminton Tournament Fixture



Date: 16/03/2021

BADMINTON TOUR	RNAMENT 2021-22		
FOCTURE (POOL B)		
1. MERLIN P. S. (III B.COM.) (Bye)		-	
×2. MUBEENA N. M. (1 ENGLISH)	05 12 21 A 15 pm	Monrale	7
3. ANN ROSE JOHNY (18.COM.)		1	200
		06-12-21	SC
A. NAFIYA NOOR FATHIMA (1200LOGY)	T	4.45 pm	
5. GOWRI NANDANA (1 ZOOLOGY)		1	
4	06.12.21	Ser	
6. VISMAYA SURYA (TENGLISH)	4 15 pm		
2. ATHIRA SANAL (III HISTORY)			12.21
		40	colos
8. ABHIRAMI MOHAN(I ZOOLOGY) (Bye)		Ť-	
	05 12 21	Assuma	
8. RINNAH MARY THOMAS (1 B.COM.)			
10. AISWRYA LAKSHMI S.(1200LOGY)	po Alsana		
		06 15:21	Asun
11. AMINA MUJEER (TENGLISH)	zi Nitra	4-45 pm	
22. MUTHU LEKSHMI (18.COM.)	2300	N.DK.	
DEGLE R. LEKSHMI SANKAR LAUU (II ZOOLOGY) (E	4.15pm		

Badminton Tournament Fixture

List of Participants

Sl no	Name
1	Sona Paul
2	Nandhana M Nair
3	Fathima Farsana T.A
4	Alma Salam



Date: 16/03/2021

5	Alia Basheer
6	Aksa Mary Thomas
7	Renju K Reji
8	Suhara P.R
9	Gadha G Kartha
10	Swetha Mary Kurian
11	Farzana A Salim
12	Sreeshma Rajeev
13	Nasle Jafer
14	Roshna Anil
15	Amina Jalal
16	Jixa Mathew
17	Akhina K Sudheesh
18	Sumayya
19	Rumisa,
20	Preethika Prakash
21	Athish P.M
22	Sai Saraswathy
23	Bismi Rahamth
24	Akhila Ramakrishnan
25	Reshma Ann Jacob
26	Niranjana anand
27	Fathima Nazrin
28	Lakshmi Sankar
29	Ashna K.E
30	Katheeja Nazar

Principal - in - charge
Mar Thoma College For Women
Perumbayour - 883 642



Logo Designing Competition

Title	Logo Designing Competition
Date	22 December 2020
Venue	Via Google Meet
Organized by	Department of Mathematics
Number of Participants	5 Students

Report

The Department of Mathematics, Mar Thoma College for Women, Perumbavoor, celebrated National Mathematics Day on 22nd December 2020 via google meet. Ms. Emilda Sebastian, Faculty Co-ordinator gave a welcome address to everyone and this was followed by a presentation of III B.Sc. Mathematics on 'National Mathematics Day'. As part of the celebrations, Department conducted an online Logo Designing competition on the theme 'National Mathematics Day'. The meeting was inaugurated by Dr.Gigi George, Principal-in-charge, HoD of Mathematics, Mar Thoma College for Women, Perumbavoor. From there Ms. Aparna Valsan, Student co-ordinator took over the event in introducing each and every participant while each participant's submitted Logo was shared on the screen. Each participant spoke for around 2 minutes, sharing their thoughts on the logos they have made for the competition. Ms. Keerthy Kishore A., judge for this event shared her thoughts about this event and said that she was very happy to see so much talent and creativity in the participants. A vote of thanks was proposed by the Association Secretary, Ms. Maria Mini Eldhose.





MAR THOMA COLLEGE FOR WOMEN PERUMBAYOOR

RE-ACCREDITED BY NAAC WITH B+ GRADE (AFFILIATED TO MAHATMA GANDHI UNIVERSITY)



POST GRADUATE DEPARTMENT OF MATHEMATICS

MATIONAL MATHEMATICS DAY CELEBRATIONS 2020

Online Inter-Collegiate Competitions

22 DECEMBER 2020 TIME :10:30AM PLATFORM : 6006LE MEET

Brochure: Logo Competition Date: 22 December 2020

LOGO DESIGNING

Theme: NATIONAL MATHEMATICS DAY

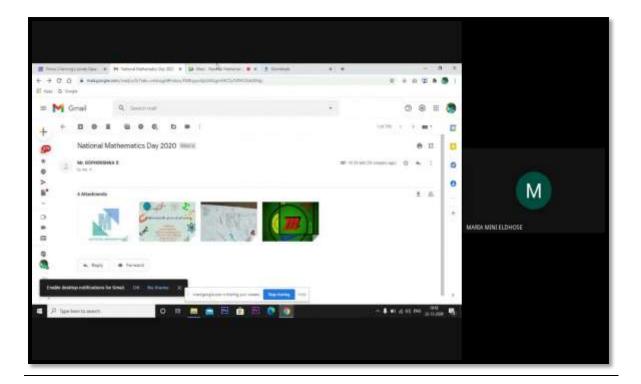
GUIDELINES:

- -THE DESIGNED LOGO MUST BE AN ORIGINAL WORK OF THE ENTRANT AND NOT REPLICATION OF ANY COPYRIGHTED IMAGE OR DERIVED FROM ANY THIRD PARTY DESIGNS / TRADEMARKS .
- -THE DESIGNED LOGO SHOULD BE ATTACHED WITH A BRIEF NOTE ON THE MEANING EMBEDDED IN THE IMAGE AND JUSTIFICATION FOR THE DESIGN
- -ENTRY DEADLINE : 21 DECEMBER 2020 BEFORE 5 P M
- THE ENTRIES ARE TO BE SUBMITTED TO THE MAIL ID mathematicsmtcw@gmail.com IN BOTH OF THE
- 1. PHOTOSHOP / CORELDRAWS (RESOLUTION MIN:300DPI) AND
- 2. JPEG FORMAT
- -DECISION OF JUDGES WILL BE FINAL .

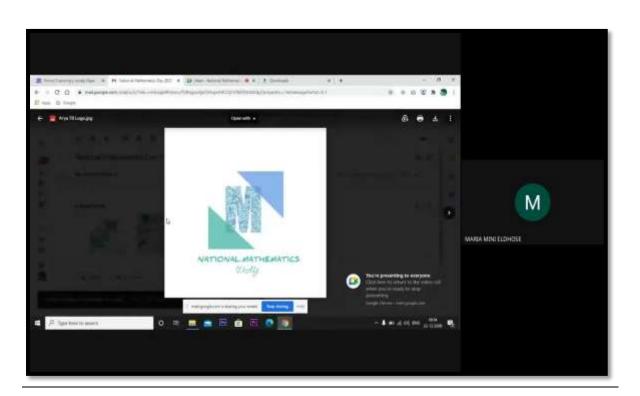
Logo designing Brochure

Date: 22 December 2020





Logo design competition picture

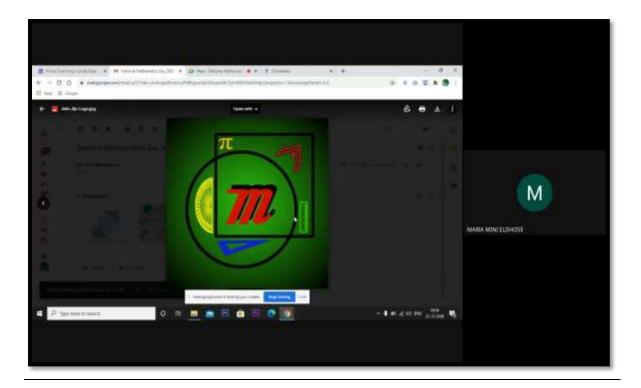


Logo design competition picture



Date: 22 December 2020

Date: 22 December 2020



Logo design competition picture

List of Participants

Sl.	Name	Course of Study	College
No.			
1	Ms. Arya T B	III B.Sc. Chemistry	Morning Star Home Science
			College, Angamaly
2	Mr. Jisin Jijo	B.Tech. Mechanical	Albertian Institute of Science and
		Engineering	Technology, Kalamassery
3	Ms. Axa Merin	I B.Sc. Physics	Morning Star Home Science
			College, Angamaly
4	Ms. Thasnimol V P	III B. Sc. Mathematics	Mar Athanasius College,
			Kothamangalam
5	Ms. Sneha Sunny	II B. Sc. Statistics	Mar Athanasius College,
			Kothamangalam

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Perumbayoor - 683 642

Date: 22 December 2020



Math Teacher Competition

Title	Math Teacher Competition
Date	22 December 2020
Venue	Via Google Meet
Organized by	Department of Mathematics
Number of Participants	7 Students

Report

The Department of Mathematics, MarThoma College for Women, Perumbavoor, celebrated National Mathematics Day on 22nd December 2020 via google meet. Ms. Emilda Sebastian, Faculty Co-ordinator gave a welcome address to everyone and this was followed by a presentation of III B.Sc. Mathematics on 'National Mathematics Day'. The meeting was inaugurated by Dr.Gigi George, Principal-in-charge, HoD of Mathematics, Mar Thoma College for Women, Perumbavoor. As part of the celebrations, Department conducted an online presentation competition named 'Math Teacher'. Seven students from various colleges participated in the competition. Ms. Salma Majeed, I B.Sc. Physics, Morning Star Home Science College, Angamaly got first prize and Ms. Jomol Babu, II M.Sc Mathematics, Mar Thoma College for Women, Perumbavoor got second prize. A vote of thanks was proposed by the Association Secretary, Ms. Maria Mini Eldhose.





Poster : Math Teacher Competition Date: 22 December 2020



Photoes: Math teacher Competition Date: 22 December 2020





Math teacher Competition photos Date: 22 December 2020

List of Participants

Sl. No.	Name	Programme	College
1	Salma Majeed	I B.Sc. Physics	Morning Star Home Science College, Angamaly
2	Jomol Babu	II M.Sc. Mathematics	Mar Thoma College for Women, Perumbavoor
3	Aswathi Rani	II B.Sc. Mathematics	Mar Thoma College for Women, Perumbavoor
4	Julie Sara Benny	II MSc Mathematics	Mar Athanasius College, Kothamangalam
5	Sneha Sunny	II BSc Statistics	Mar Athanasius College, Kothamangalam
6	Devika V Nair	II BSc Statistics	Mar Athanasius College, Kothamangalam
7	Parvathy M Nair	II BSc Statistics	Mar Athanasius College, Kothamangalam



Principal - in - charge Mar Thoma College For Women Perumbayoor - 683 642

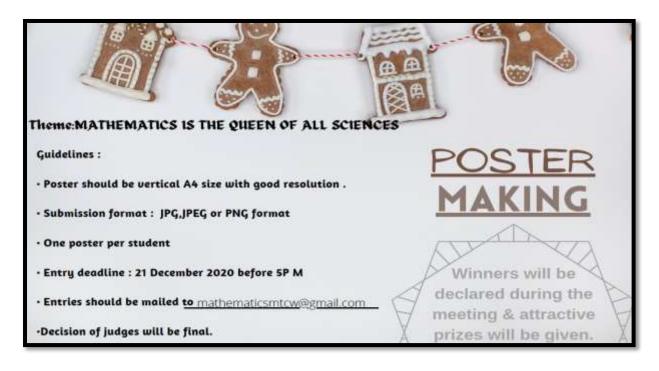
Poster Making Competition

Title	Poster Making Competition
Date	22 December 2020
Venue	Via Google Meet
Organized by	Department of Mathematics
Number of Participants	5 Students

Report

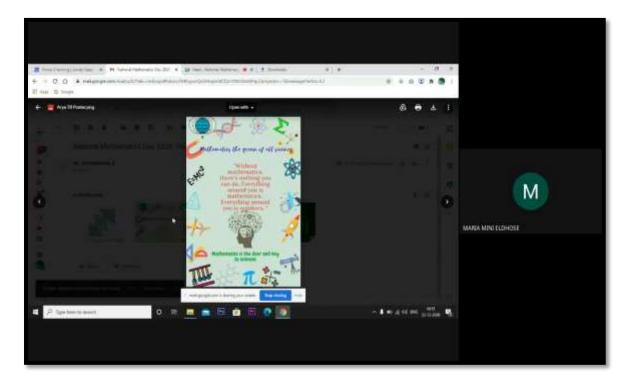
The Department of Mathematics, MarThoma College for Women, Perumbavoor, celebrated National Mathematics Day on 22nd December 2020 via google meet. Ms. Emilda Sebastian, Faculty Co-ordinator gave a welcome address to everyone and this was followed by a presentation of III B.Sc. Mathematics on 'National Mathematics Day'. As part of the celebrations, Department conducted an online Poster Making competition on the theme 'Mathematics is the queen of all sciences'. The meeting was inaugurated by Dr.Gigi George, Principal-in-charge, HoD of Mathematics, Mar Thoma College for Women, Perumbavoor. From there Ms. Aparna Valsan, Student co-ordinator took over the event in introducing each and every participant while each participant's submitted poster was shared on the screen. Ms. Arya T B, III B.Sc. Chemistry, Morning Star Home Science College, Angamaly and Ms. Thasnimol V P, III B. Sc. Mathematics, Mar Athanasius College, Kothamangalam won first and second prizes respectively. A vote of thanks was proposed by the Association Secretary, Ms. Maria Mini Eldhose.





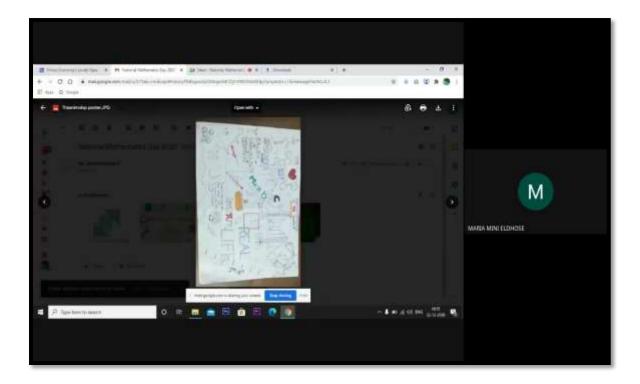
Poster Making Competition: National Mathematics Day

Date: 22 December 2020



Photos: Poster Making Competition Date: 22 December 2020





Photos: Poster Making Competition Date: 22 December 2020

List of Participants

Sl. No.	Name	Course of Study	College
1	Arya T B	III B.Sc. Chemistry	Morning Star Home Science College, Angamaly
2	Remya R.	I B. Sc. Industrial Chemistry	Morning Star Home Science College, Angamaly
3	Axa Merin	I B.Sc. Physics	Morning Star Home Science College, Angamaly
4	Thasnimol V P	III B. Sc. Mathematics	Mar Athanasius College, Kothamangalam
5	Mumthaz K Sulaiman	I B. Sc. Mathematics	Mar Thoma College for Women, Perumbayoor

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Perumbayour - 683 642



Republic Day Competition

Title	Republic Day Competition
Date	24-01-2021
Venue	College Auditorium
Organized by	Women Cell
Objective	To spread the spirit of national integration

Report

As part of Republic Day celebrations singing competition and dance competitions were conducted on 24/01/2021. The winners for siniging competitions were Ms. Aardra C Hari of B.Com Finance and Taxation and Ms. Daya Das of BSc Physics. The winners for dance competitions were Ms. Gadha G Kartha of BSc Chemistry and Ms. Lakshmi Shankar Laiju of Bsc. Zoology.





List of Participants

Sl. No.	Name
1	Aardra C Hari
2	Daya Das
3	Gadha G Kartha
4	Lakshmi Shankar Laiju
5	Jisha Susan Shaji
6	Swara Vincent
7	Shika Binoy
8	Bhavana Suresh
9	Shahanas T.S.

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Principal - in - charge Mar Thoma College For Women Perumbayoor - 683 642



Best Pastry Chef & Best Lady Santa Competition

Title	Best Pastry Chef & Best Lady Santa Competition
Date	20-12-2020
Venue	College Auditorium
Organized by	Women cell
Number of Participants	10

Report

With regard to Christmas season Best Pastry Chef and Best Lady Santa Competition held on 20/12/2020. A good response from students was received. The winners for Best Pastry Chef were Ms. Jisha Susan Shaji of BSc. Zoology and Ms. Swara Vincent of B.A. English. The winners for Cookie Baking Contest were Ms. Ann Mary Thomas of B.Com F &T and Ms. Shika Binoy of B.Voc. The winners for Best Lady Santa were Ms. Ms. Jisha Susan Shaji of Bsc. Zoology and Ms. Bhavana Suresh of BA. English.





List of Participants

Sl. No.	Name
1	Aardra C Hari
2	Daya Das
3	Gadha G Kartha
4	Lakshmi Shankar Laiju
5	Jisha Susan Shaji
6	Swara Vincent
7	Shika Binoy
8	Bhavana Suresh
9	Shahanas T.S.
10	Ann Mary Thomas

Principal - in - charge
Mar Thoma College For Women
Perumbayor - 683 642



Online Poster Design Competition

Title	Online Poster Desig Competition
Date	07-12-2020
Organized by	Department of Physics
Number of Participants	3
Objective	To celebrate Energy Conservation Day

Report

An online poster designing competition was conducted by the Department of Physics, as part of Energy Conservation Day Celebration. A few participants participated from our college. The theme was based on 'Energy Conservation'-'Energy Advice for Your Home'.

List of Participants

Sl.No.	Name
1	Treesa Maria Stanley
2	Aiswarya Mohan
3	Daya Das P K.
4	Nithuna Rajan
5	Ameena M S
6	Alfiya Kareem





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Principal - in - charge Mar Thoma College For Women Perumbayour - 683 642



Innovation Contest 2020

Title	Innovation Contest 2020
Date	25-01-2021
Organized by	IIC of Mar Thoma College for Women, Perumbavoor
Number of Participants	25
Objective	To explore innovative ideas on post covid solutions

Report

Innovation Contest 2020 was organized by IIC of Mar Thoma College for Women, Perumbavoor. The Online Innovation Contest on the topic 'Post Covid Solutions in Healthcare/ Business/ Education' was held to bring out the innovative and novel ideas from students in the college. 25 students participated in the program.

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Google Form Screenshot







Certificate - Bismi Rahmath - Innovation Contest 2020 Organised by IIC



List of participants

Sl. No.	Name
1	Anusha A R
2	Arshya Elizabeth Simon
3	Ameena A K
4	Akhila Babu
5	Nandini B
6	Bhavana S
7	Elna Eldhose
8	Sandra T C
9	Lakshmi Mohandas
10	Anjumol K R
11	Arya Chandran
12	Nithuna Rajan
13	Sumayya E A
14	Ramseena SHameer
15	Sana Sayed
16	Alfiya Kareem
17	Lakshmi Sankar Laiju
18	Aiswrya Ranesh
19	Nasooha Jalal
20	Gayathri J Nair
21	Bismi Rahmath
22	Feba Eldhos
23	Ankitha Ayyappan
24	Alga Gigu
25	Fathima

Signal Joseph Signal

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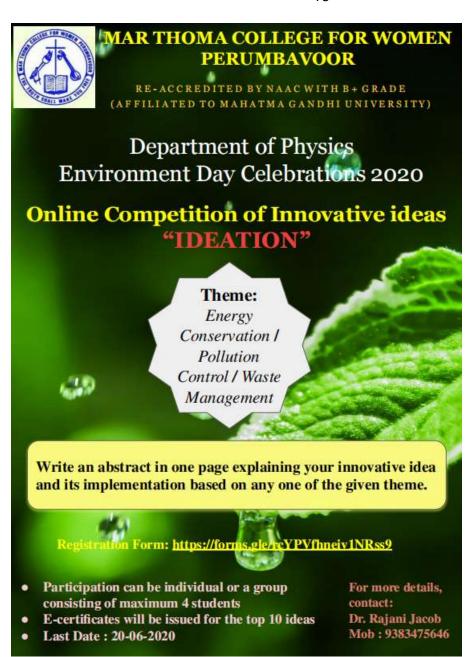
Environment Day - Online Competition - Ideation

Title	Environment Day - Online Competition - Ideation
Date	05-06-2020
Organized by	Department of Physics
Number of Participants	18
Objective	To celebrate Environment Day

Report

Ideation- Innovative Idea competition was conducted as part of Environment Day Celebrations on 05 June 2020 by the Department of Physics. Total 18 students, including students from outside the college were participated in the online competition.





AVOOR

List of Participants

Sl. No.	Name
1	V S Anila
2	Athena R
3	Sikha K Binoy
4	Jinu John
5	Anitha Thomas
6	Supriya
7	Indraj
8	Nimitha

Varsha M Vijay
Anjima K P
Sara Abey
Anila T
Ramesh A
R.R. Harini
Akhina K. Sudheesh
Anju Krishnan P R
Anagha Joy
Robin Xeona



Certificate- Sara Abey - online competition of innovative ideas- Ideation.

Principal - in - charge
Mar Thoma College For Women
Perumbayour - 683 642



Sports and cultural events / competitions organised by other institutions in which our students have participated:



Arya T A has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin



Anooja S has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin





Sreelakshmi K J has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin



Adithi Ajith has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin





Anugraha has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin



Anu Mohanan has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin





Ayana M R has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin



Anakha Abee has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin





Thasnimol has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin



Shigala P M has Participated in the All Kerala Best Manager Contest Organised by GIIMS, Cochin

Date: 19/02/2021





Basila P S has participated in VIGNETTE inter collegiate online pencil sketch Competition organised by Baselius College, Kottayam

Date: 15/0/2020



Fathima Narin C I has participated in Mask Disposal Campaign by Suchitwa Mission Ernakulam.

BAVOOR



Aksa Mary Thomas has participated in the commerce quiz fest



Deva Renjini K has participated in online Ek Bharat Shresth Bharat Saptah- Cultural Dance

BAVOOR-



Basila P S has participated in the online National Cultural Quiz on Himachal Pradesh



Nidhi Anna Sunny has participated in SRISHTI 2020 organised by Morning star Home Science College, Angamaly





Jinu James for achieving second position in Onappaattu Competition conducted under mask E-tt ONAM by NSS unit of KMEA



Aathira A Kumar has participated in online EBSB Saptah (power point presentation).





Akhila Ann Zacha has participated in online EBSB Saptah.



Abhisree Prakash has participated in 17 th National Mountain Cycling Championship.



The Arms Start Amer Arms Amer Amer Amer Amer Amer Amer Amer Amer
KERALA CYCLING ASSOCIATION (Member, Revalla Chyclinic Association, A the equivalent by Merala State Sports Council) 17 Th STATE MOUNTAIN
CYCLING CHAMPIONSHIPS 2020
Merit Certificate
Award to
Son/ Daughter of
DOB
in. Mass Shart
Championships held at Pallipuram, Trivandrum on 30th and 31st January 2021.
Claser Faithphirary Adv. V.K. Hartkumar Sudees Kumar s.s.
DISTRICT DESIGNATION TO SERVICE THE SERVIC

Abhisree Prakash has participated in 17 th State Moutain Cycling Championship.

(Merceboor, M	ALA CYCLING ASSO	AIN IPS 2020
GAlmont to	Abhirami Prakash	27252
Son! Daughter of	Prokesh M P 002 representing Idukki JUNION , Garls 17th Falligaron, Grassadrum on 20th and 31st G	Stare Mountain Octing
Phone Pullament Property of the Parket Parke	Adv. V. K. Harrikumar Premium	Suderesh Kurnar S.S.

Abhirami Prakash has participated in 17 th State Moutain Cycling Championship.



	25" STATE ROAD CYCLING CHAMPIONSHIPS 2020
	Participation Certificate
Awarded to Sory Daught DOS	20/08/2002 representing transiti
	Te Road Cycling Championships held at Kovalam - Mukkola Bypass Thapuram on 6th and 7th February 2021.
- Mu	Sudects Kumar S.S

Abhirami Prakash has participated in 25th state road cycling championship.

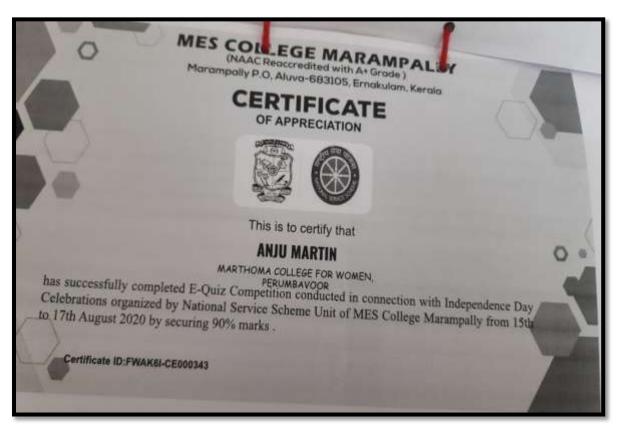


Aswathy Sreekumar has participated in the online cultural quiz organised by EBSB club of TK Madhava Memorial College, Alappuzha.



Mekkara			
	Aswathy Sr	eekumar	
from	farthoma College for	wation(2019-2022) Women,Perumbavooi on Himachal Pradesh	r
		20 and scored 80%	marks
Ones and the second of the sec	Dr. Makesh KG Coordinator - RUSA	Ms. Rekha M Coordinator - EBSB Club	Dr. Sameera Rajan Principal

Aswathy Sreekumar has participated in the online cultural quiz organised by EBSB club of Government College, Tripunithura.

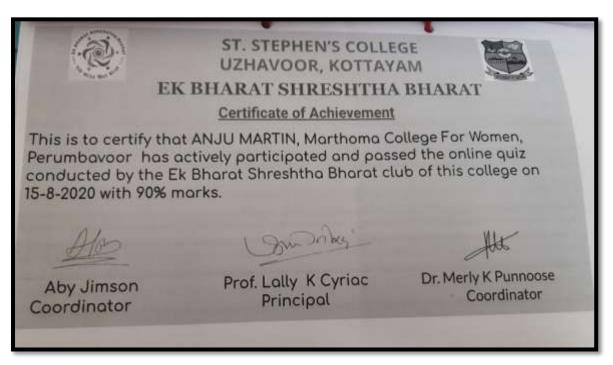


Anju Martin has participated in E-Quiz in connection with Independence Day Celebrations.





Abhima Subhash has participated in Intercollegiate online poster making competition conducted by Govt. Homoeo hospital Muvattupuzha.



Anju Martin has participated in online cultural quiz organised by EBSB.





Certificate of Appreciation

This is to certify that

Ms.Nivya K J of Marthoma College for Women Perumbavoor has participated in the Intercollegiate Online photography contest organized by Department of Botany and Biotechnology, Newman College, Thodupuzha, in connection with International Biodiversity Day 2021

DR. THOMPSON JOSEPH
College Principal

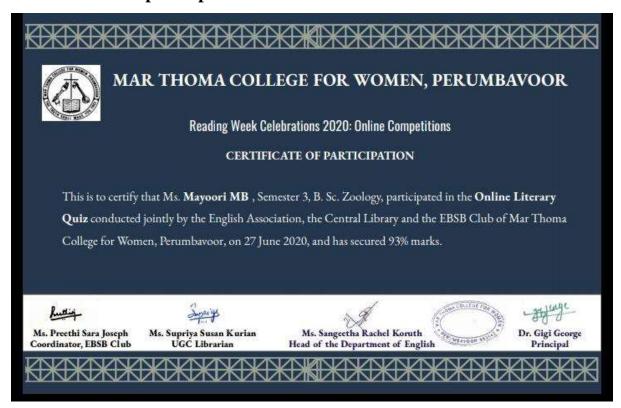


MRS. JAIBY CYRIAC Faculty In charge

Nivya K J has participated in Intercollegiate online photography contest



Sports and cultural events / competitions organised by the institution in which our students are participated:



Mayoori M.B has participated in the Online Literary Quiz organised by EBSB Club.



Mayoori M B has participated in the online quiz on yoga organised by Dept of Physical Education



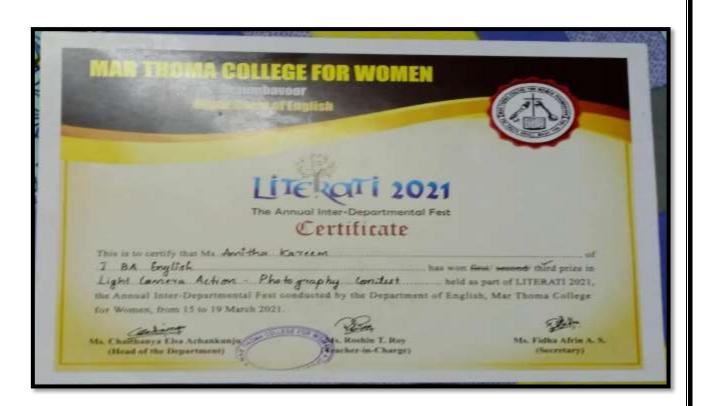


Deva Ranjini Kavissery has participated in Miss Cosmo contest conducted by Department of Zoology.



Fathima Narin has participated in Miss Cosmo contest conducted by Department of Zoology





Amitha Kareem has won third pize in Light camera Action-Phorography contest held as part of Literati-2021



Lakshmi Sankar Laiju was the winner of Innovation Contest 2020 Organised by IIC





Fathimath Noora K.N was the winner of Innovation Contest 2020 Organised by IIC



Lakshmi Sankar Laiju has participated in the poetry Competition conducted by Zoology Department.



MAR THOMA COLLEGE FOR WOMEN Perumbayoor Department of English	
LiteRati 20: The Annual Inter-Departmental Certificate	
TO AND A DESCRIPTION OF THE PROPERTY OF THE PR	of
D. B.Sc. Zoology Splash Painting Competition	has won first/ second/ third prize in
Splash Painting Competition	held as part of LITERATI 2021,
the Annual Inter-Departmental Fest conducted by the Department	of English, Mar Thoma College
for Women, from 15 to 19 March 2021.	
a Care Care Care	A Salar
Ms. Chaithanya Elsa Achankunju Ms. Rosbin T. Roy	Ms. Fidha Afrin A. S.
(Head of the Department)	(Secretary)

Nidhy Anna Sunny has participated in Literati 2021

Solarlar

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