

MAR THOMA COLLEGE FOR WOMEN PERUMBAVOOR

CRITERION 7

Institutional Values & Best Practices

2017-2022

7.2 Best Practice II MarThoman Care



Best Practice - II

Snehasarvada

Snehasparsham

Snehasanthwanam

MarThoman Care

Marthoman Care, a continuing initiative of Mar Thoma College for Women includes three important components & heads *Snehasparsham*, *Snehasanthwanam and Snehasarvada*.

The Social welfare activities of the institution, mainly centred on caring economically backward students through noon meal scheme (*Snehasparsham*), rebuilding and renovating the houses destroyed by the massive floods etc, extending financial support to the medical emergencies of students & staffs (*Snehasanthwanam*), initiative for giving free skill training to the students who were not financially sound and socially marginalized (*Snehasarvada*)

Objectives

- ❖ To inculcate social responsibility among students and staffs thereby creating a better learning environment in the institution
- ❖ To empower and assist the women coming from socially marginalized sections to continue their education without any mental agony
- * Empowering women with skill and practical training programmes
- ❖ To make the campus more inclusive and holistic in nature

Context

Marthoman Care was a novel idea to extend holistic care to the students/staff that comes from economically backward sections. The scheme works in three realms:

- 1. Noon Meal Scheme/Snehasparsham: Faculties and staff of the college very often noticed that many of our students were not carrying their daily meals due to severe economic problems at home. The detailed discussions with these students and their friends pointed out the urgent need for initiating a programme to eradicate hunger within the campus. Earlier individual faculty members and staffs helped many students to get their noon meals. Snehasparham, an initiative envisaged to provide free meals to the needy students to improve their nutritional intake and promote regular attendance and vibrancy in the campus was initiated in the year 2017 and continuing till this date. The resources for the above scheme have been shared by the management, teaching and non-teaching staff through regular financial contributions.
- 2. Snehasanthwanam: Fundraising for medical emergencies and rebuilding home: One of the serious concerns of the college community was the severe economic crisis faced by our students, non-teaching and temporary laborers during the time of medical emergency. The fundraising for medical aid (Snehasanthwanam) ensures that medical aid is accessible and inclusive to all students. This can include immediate assistance for accidents, sudden illnesses, or any other medical emergencies that may

occur on campus or outside the campus. Apart from this, financial aid is provided to students and temporary staff to rebuild the dilapidated houses. These programs often rely on donations from faculties, management and non—teaching staff of our college. The institution visualizes that having a safe and stable home is a crucial first step towards addressing all other challenges.

3. Snehasarvada: Free Skill Training

To equip the students coming from socially moderate regions to face the competitive society and life conditions, the institution has given free training in career advancement, soft skill, business management, financial literacy, marketing, and networking. By equipping women with valuable skills, they can enhance their employability, economic independence and skills necessary to start and manage their own businesses. Skill training programs often incorporate leadership and professional development components to help women students to build essential skills for career advancement.

Practice

The welfare initiatives taken by the institution mainly aims to infuse social responsibility among the members of our college community. In the case of *Snehasparsham* the needy students were identified in the beginning of the academic year with the help of the students and leader of the class. Once the number is fixed, the decision about the starting of the scheme has been taken by the staff council and a faculty coordinator has been assigned for the same. Contributions for the scheme have been collected from the teaching, non-teaching and management. Meals were served in the college canteen along with other students. In the case of medical emergencies and rebuilding houses an immediate fund raising will be initiated under the *Snehasparsham* scheme and the financial assistance has been directly transferred into the concerned person's bank account.

Besides the above the institution has given free orientation and training to our students through various platforms like EDC, IIC, IEDC, Women Cell, TCS, and Career Guidance Cell to foster the spirit of innovation. Special care has been taken to train the students in the realm of women entrepreneurship, start-ups, intellectual property rights, innovation eco system etc. Practical training has also imparted to the students in the areas of led bulb making, preservation and conservation of historic\archaeological artifacts, star making, paper bag making, agarbatti making, cake baking, umbrella making etc. Our students actively participated and won several prizes and recognitions in the competitions, college level fests and hackathons.

Evidence of Success

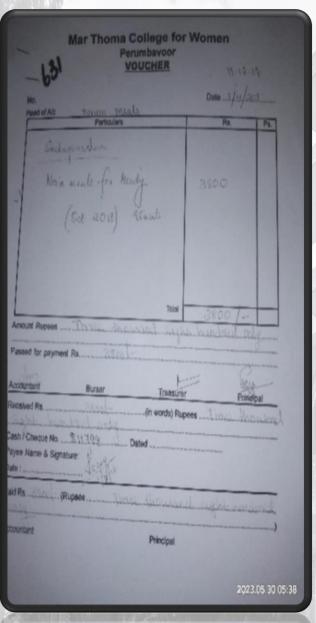
- > The noon meal scheme immensely helped the students to overcome the nutritional intake and enhanced their academic orientations.
- ➤ Payal Kumari, (daughter of a migrant labourer from the state of Bihar) one of the student beneficiaries of the above scheme for three years (2017-2020) secured first rank in the MG University examinations
- > Enhanced the attendance rate of the students
- > Consumer Protection Best Institutional State Level Award for the college (2021)
- > Successful Women entrepreneurs
- > Three houses were re-builded in the last five years
- > Our voluntary/social care activities were highly appreciated by the district administrators, NGOs and other institutions
- > Students actively starts their own business by using online platforms

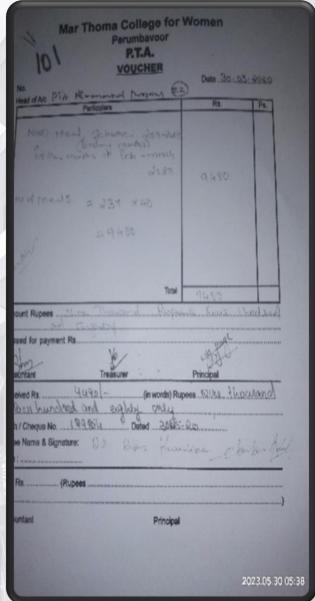
Problems Encountered

- The volume of money needed for extending social care is insufficient from the part of the government and the University.
- Money for the above programs has been collected from the stakeholders of the college; sometimes we faced the issue of irregularity.

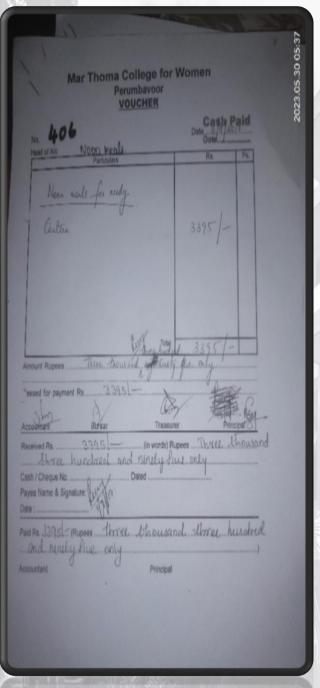


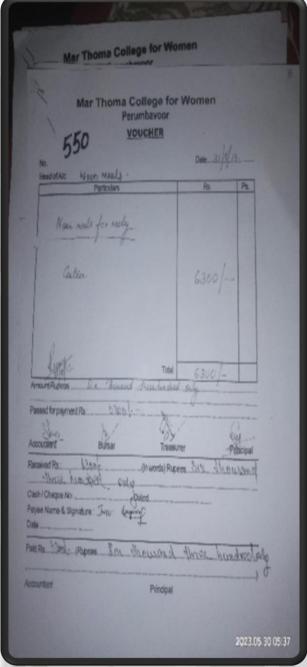
Snehasparsham/Noon Meal Scheme

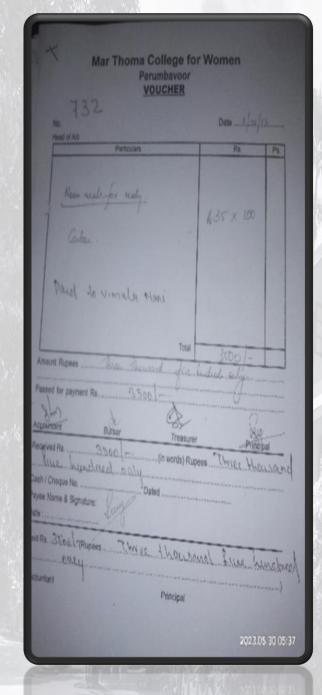


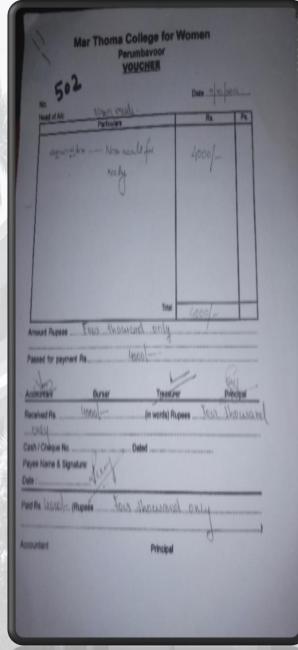


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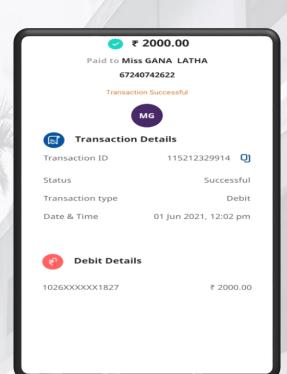


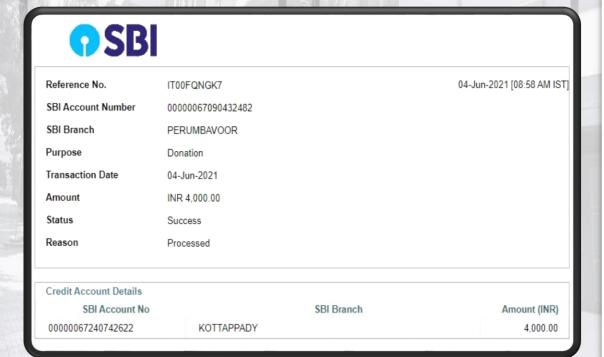


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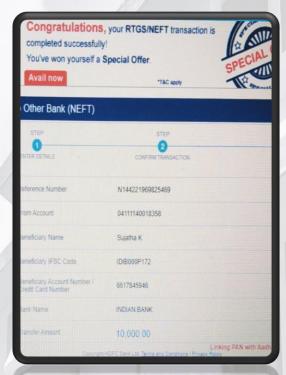
Snehasanthwanam



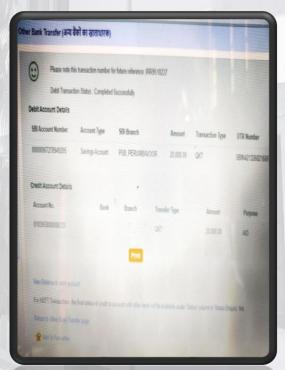


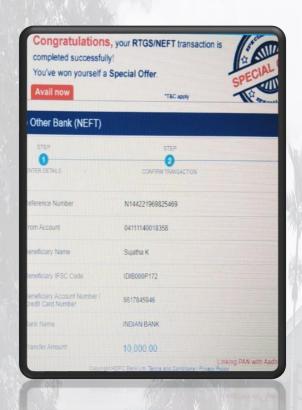


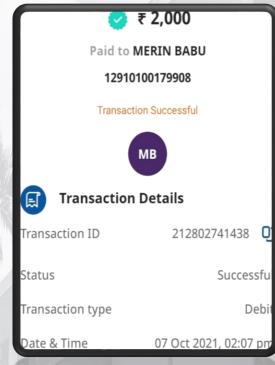












ഈ വരുന്ന നവംബറിൽ ശ്രീചിത്ര ആശുപത്രിയിൽ പുദയ ശസ്ത്രക്രിയക്ക് വിധേയമാകുന്ന മെറിൻ ബാബുവിനുവേണ്ടി ചികിത്ധാ സഹായം തേടുന്നു. പേസ്മേക്കർ ഘടിപ്പിക്കൽ , വാൽവ് മാറ്റിവെക്കൽ എന്നിവയാണ് ശസ്ത്രക്രിയയിലൂടെ ചെയ്യുന്നത്. ഏകദേശം അഞ്ചര ലക്ഷം രൂപയാണ് ശസ്ത്രക്രിയക്കായി മാത്രം വരുന്ന ചിലവ്. ന്റെ മരണ ശേഷം സാമ്പത്തികമായി ബുദ്ധിമുട്ടിലാണ് ഈ കുടുംബ ചികിത്സയുമായി ബന്ധപ്പെട്ട എല്ലാ രേഖകളും, nasക്കാനുള്ള ബാങ്കിന്റെ വിവരങ്ങളും ഇതോടൊപ്പം ചേർക്കുന്നു.



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Biji Babu M/o Merin Babu Narakathukudy CH), Kuruppampaely

05/10/2021, Perumbavoor.

The Principal Mar Thoma College for women, Perumbayoot

Request letter from

seeking medical aid for her heart surgery

വിമാരം: തമറിൻ വാത്യുന്ന് ഭവതിച്ചുള്ള ചിരി ത്സാ സാവായ അവേഷ്

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200 Nobelo and emos emoses B.Sc Chemistry നിന്യാത്തിൽ നിന്ന് വരനം ലൂർത്തിയാണിയ മന്റെ മകൾ തമറിൻ സാത്വു എന്നു മുദ്രയ ശ്രസ്ത്രക്കിയയ്ക്ക് ആമ്യാനെടുക്കുകയാണ്. കയനാ ചിഭ്യാസം രാഖ്യ യാല്യയിയിലെ വാധ്യർദ്ദേജന വാധിച്ചു വ താരിന്റെ രണ്ടായത്തെ സർജനിയാന്തിന്. നവാരവർ 1ന് തിന്ദവനന്നാള വഴിചിത ഭാഗസ്ചിറ്റലിൽ വാട്ടാണ് സർത്മി നട അവയാടുന്നത് ഷങ്ങൾ 5,5000d- നുവയാണ് Whops ിയുടെ മാഗര ചിലവ്. 2 nutreo grozzes Bromon Som anom Gues omayezas കൂടുത്താ സാമ്പത്തിനായി വൗരന ത്യാസിച്ചുടിലാണ് തനാതനാന്ദ Hotel തനാഴിലുള്ളിമാണ്. ലഭ്ഷേ തകാമിയ മൂലം വന്ദ്രാനം നിലുള് 83 mo wound and morronelung of account works Conseson mimizes simponeyo monsol (2 milasilasm). samue mediconsolución de la puede on concesso en mossos ചെയ്യും പ്രവുള്ളം സമ്പുത്തു കുട്ടാത്ത ചായുള്ളാ

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Note of Thanks from Asramam Higher donating mobile phones during time of covid

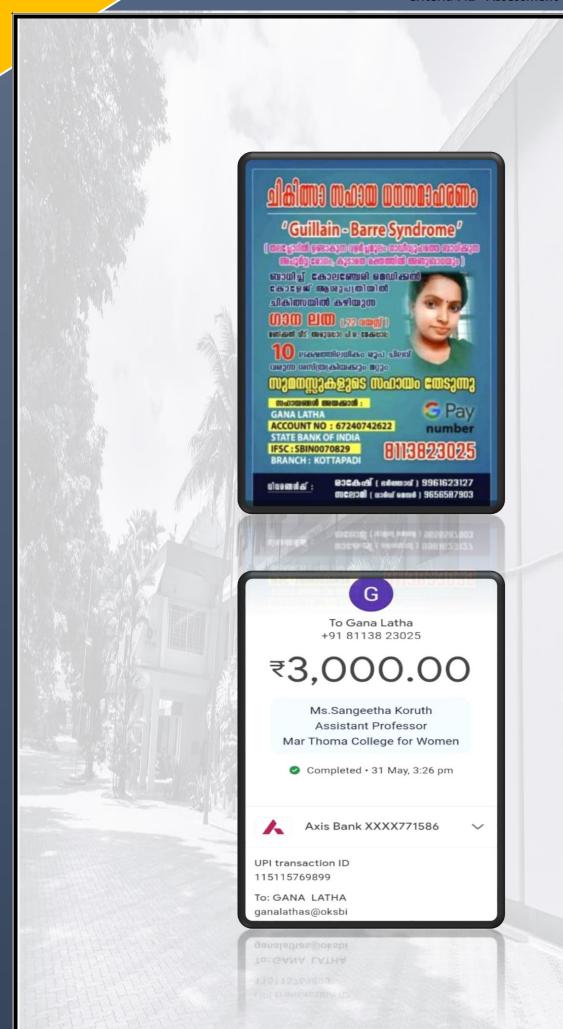
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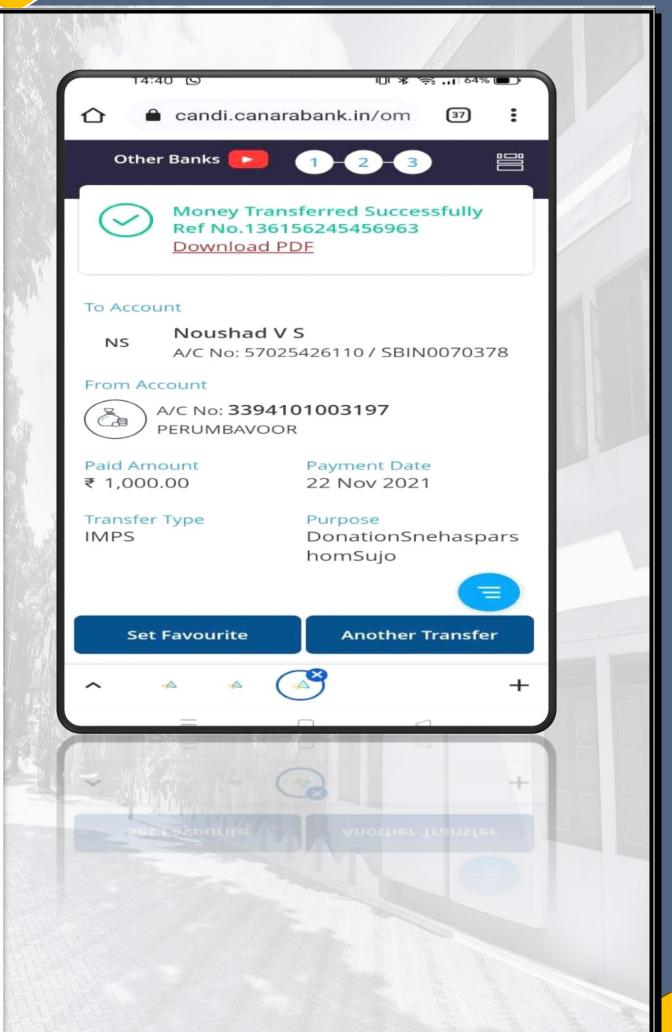
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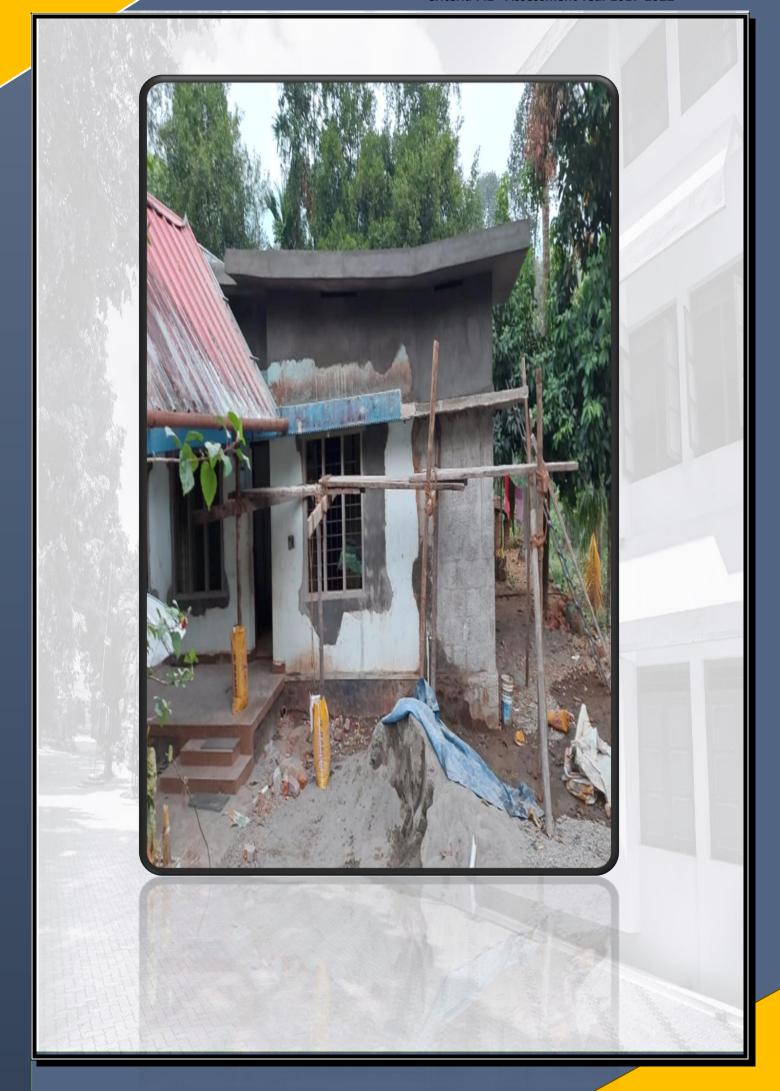
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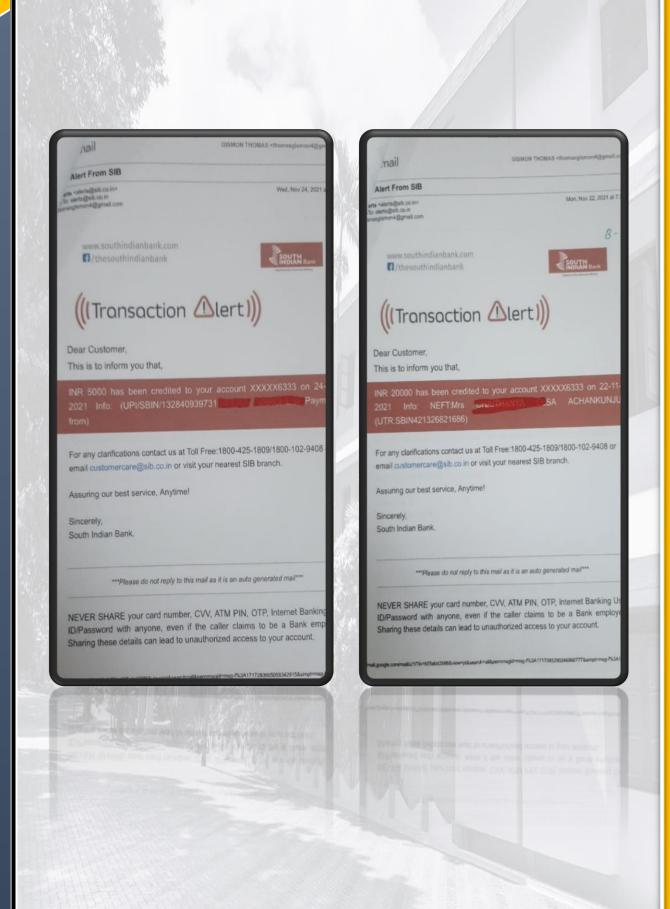
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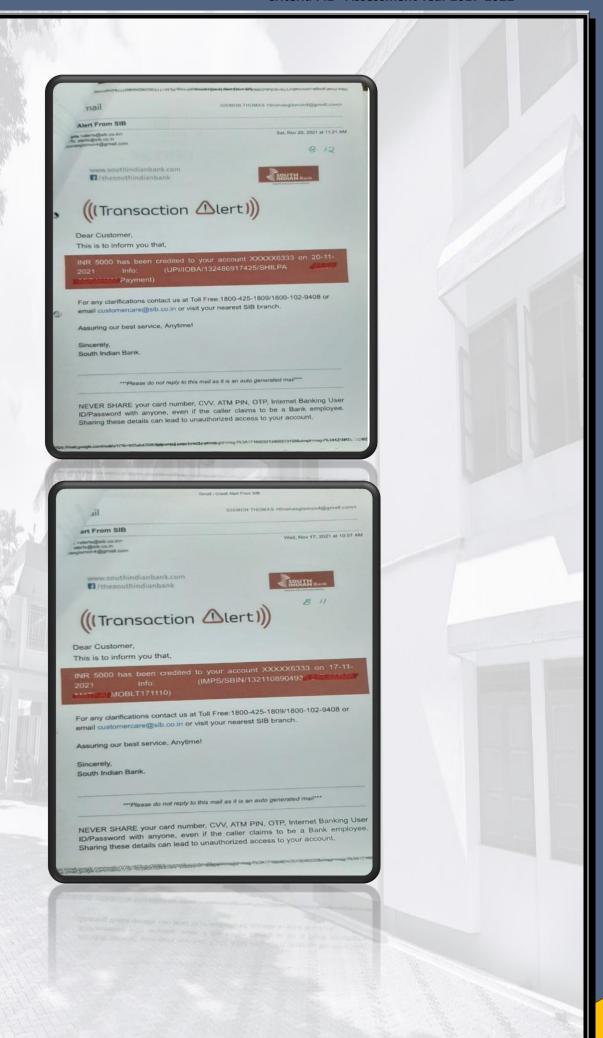
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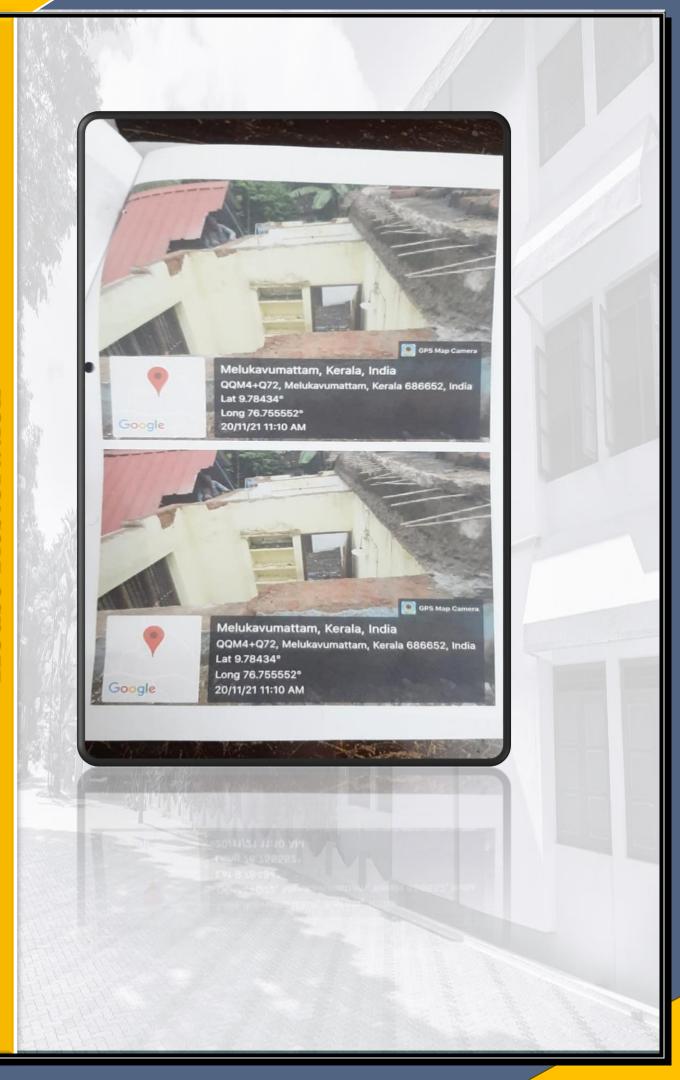




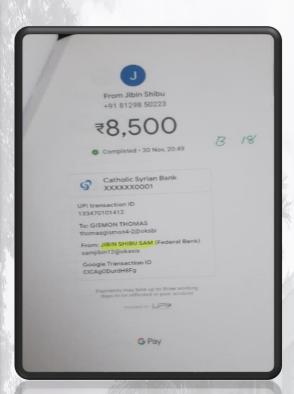


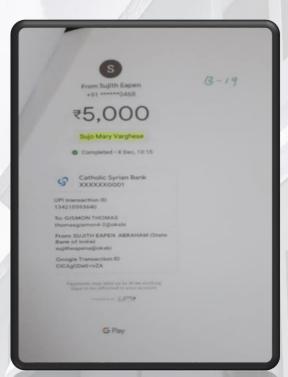


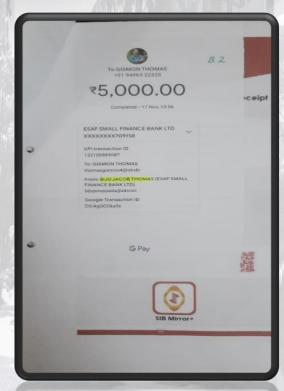
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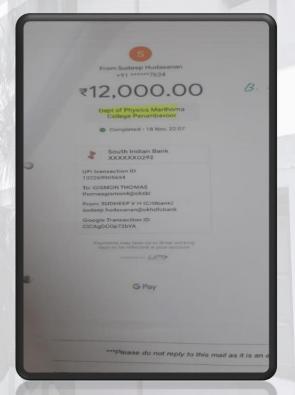


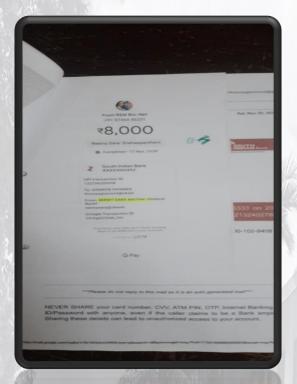
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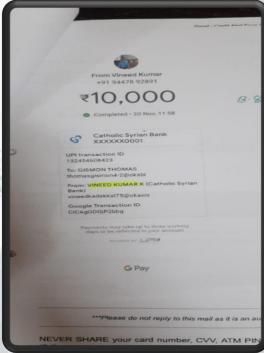


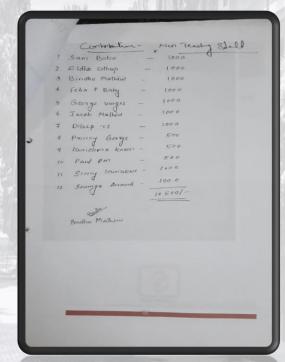


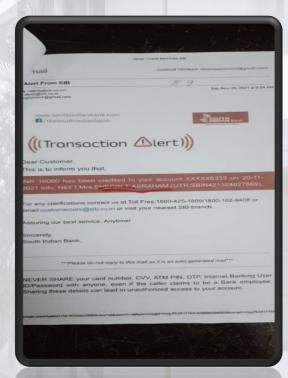


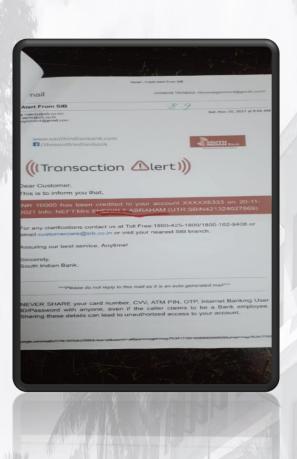










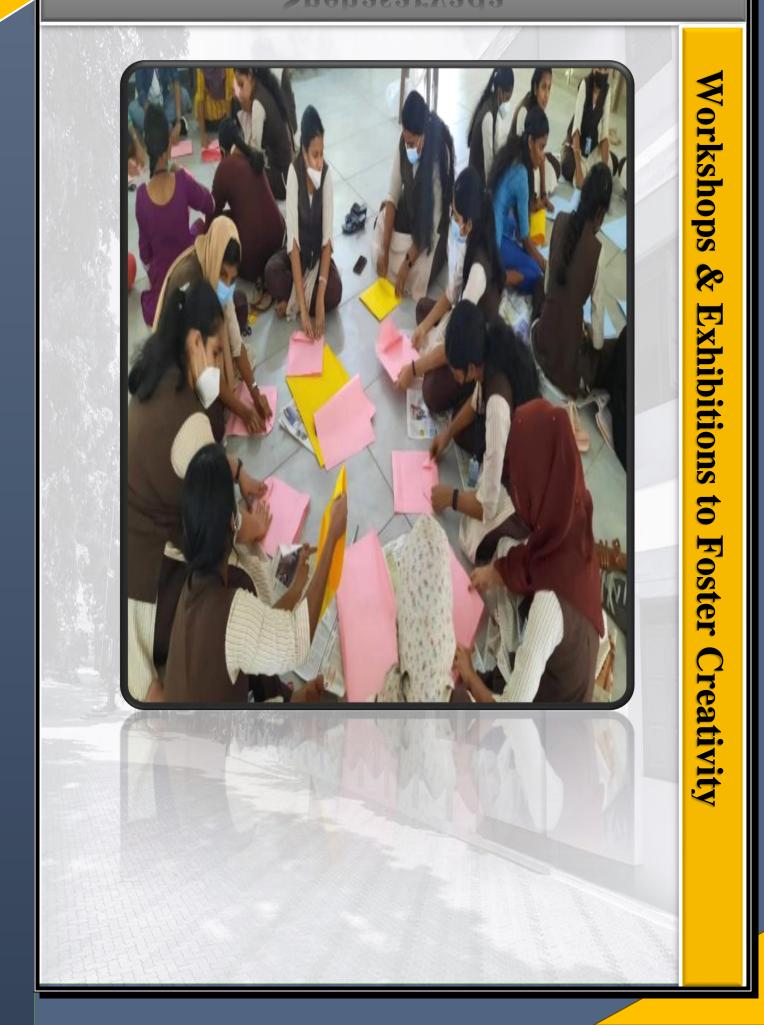








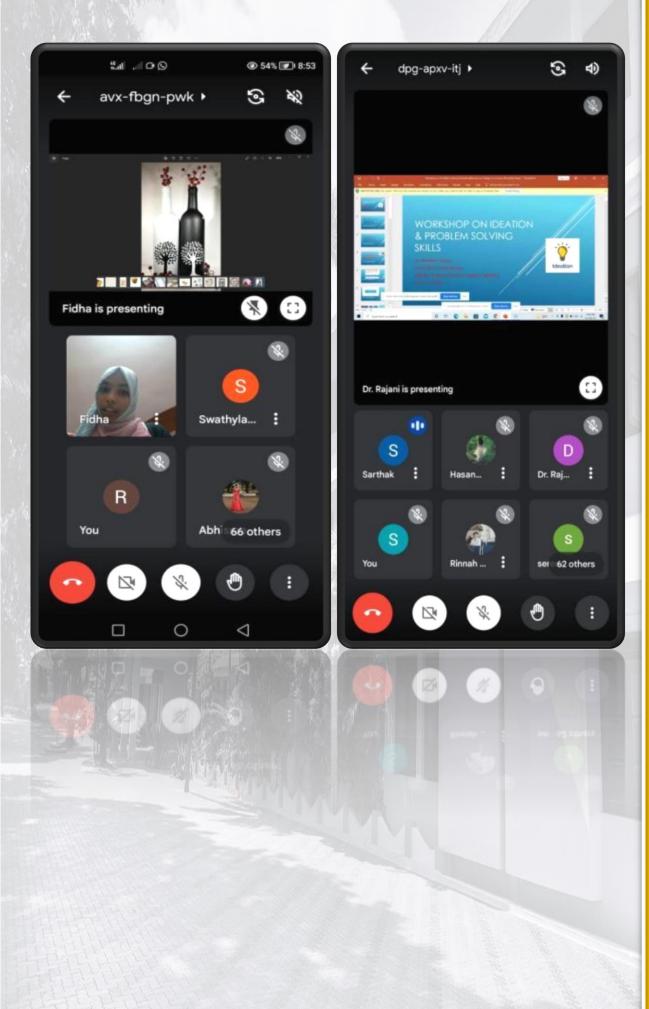
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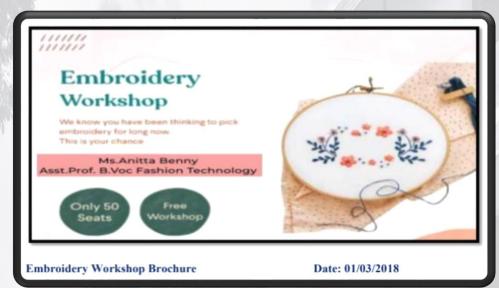












Embroidery Workshop Brochure

Date: 01/03/2018



Embroidery works by students

Date: 01/03/2018