

# STUDENT CENTRIC ACTIVITIES

CLASSROOM EXTENDED LEARNING

*Samanvaya*

PARTICIPATORY LEARNING

*Prayan*

EXPERIENTIAL &amp; EXPLORATORY LEARNING

*Prayukti*

NATURE- BASED LEARNING

*Nisarg*

CREATIVE LEARNING &amp; INNOVATION

*Sva*

PROBLEM SOLVING, EMPOWERING

*Nirvana*

INDIVIDUAL CENTRIC

*Sakhi*

STUDENT CENTRIC PRACTICES



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## FLIPPED CLASSROOM

It shifts the teaching learning process from the group to the individual. It engages students rationally, promotes individualized learning and saves instructional time for organizing meaningful activities, problem solving and developing cognitive thinking





## COURSERA AND NPTEL

Our college collaborated with the Coursera for Campus program launched during the lockdown period globally by Coursera. Under the 'Coursera Campus 25 learners have completed courses from Coursera.

usage-report coursera.csv												29 of 2,683
	A	B	C	D	E	F	G	H	I	J	K	
1	Name	Email	Course	University	Enrollment Time	Overall Progress	Completed	Program Name	Enrollment Source	Course Grade	Course Type	
2	Fathima T S	tsfathima2001@gmail	Better Business WHi	Georgia Institute of T	2022-02-19T03:44:4	0	No	Mar Thoma College For Women on Course		0	Course	
3	Krishnendu K.K	krishnendukrishnakun	Semiconductor Phyt	University of Colorado	2021-11-10T03:55:3	40.20999908	No	Mar Thoma College For Women on Course		21.36000061	Course	
4	Krishna V.S	krishnavs042003@	Create Your First Pyl	Coursera Project Net	2022-05-07T12:25:4	16.65999985	No	Mar Thoma College For Women on Course		0	Guided Project	
5	Anjilma D	anjilma004@gmail.	Semiconductor Phyt	University of Colorado	2021-11-07T04:32:0	27.17000008	No	Mar Thoma College For Women on Course		0	Course	
6	Krishna V.S	krishnavs042003@	Semiconductor Phyt	University of Colorado	2021-11-07T04:31:5	34.77999878	No	Mar Thoma College For Women on Course		5.44999809	Course	
7	Lucy Sneha George	snehalucy17@gmail	Semiconductor Phyt	University of Colorado	2021-11-10T13:31:4	0	No	Mar Thoma College For Women on Course		0	Course	
8	Rajani Jacob	rajani.jacob@yahoo	Programming for Eve	University of Michigan	2021-10-19T06:02:3	0	No	Mar Thoma College For Women on Course		0	Course	
9	Fasna T Moosa	fasnatm012@gmail.	Kinematics Describ	University of Colorado	2021-10-16T03:21:0	2.26999981	No	Mar Thoma College For Women on Course		3	Course	
10	Shahima Shahazad	shahimashahazad2	Astronomy: Explorin	University of Arizona	2021-12-27T13:31:3	3.10999895	No	Mar Thoma College For Women		0	Course	
11	Marlya Shaji	maariyashaji@gmail	Semiconductor Phyt	University of Colorado	2021-11-10T03:56:2	0	No	Mar Thoma College For Women on Course		0	Course	
12	Anagha P.S	anaghasukumar20	Create a Resume an	Coursera Project Net	2022-05-03T14:25:4	62.5	No	Mar Thoma College Career Skills for Anyt		0	Guided Project	
13	Laya S.Pillai	laya.2002.ammu@	Semiconductor Phyt	University of Colorado	2021-11-07T04:32:0	27.17000008	No	Mar Thoma College For Women on Course		1.82000052	Course	
14	Krishna V.S	krishnavs042003@	Preparation for Job I	Coursera Project Net	2022-05-03T04:09:4	75	Yes	Mar Thoma College Career Skills for Anyt		100	Guided Project	
15	Syamini Sadi	syaminisadi268@gm	Astronomy: Explorin	University of Arizona	2021-12-27T13:24:5	0	No	Mar Thoma College For Women		0	Course	
16	Durga Gopan	ohmgeethila@gmail	Astronomy: Explorin	University of Arizona	2021-10-13T12:58:5	3.05999843	No	Mar Thoma College For Women on Course		0	Course	
17	Krishna V.S	krishnavs042003@	Introduction to Micr	Coursera Project Net	2022-05-04T05:12:0	66.66000366	Yes	Mar Thoma College For Women on Course		82.13999939	Guided Project	
18	Yamuna P.B	yamuna.kishor2@gm	Create a Google Ad	Coursera Project Net	2022-12-18T06:43:2	25	No	Mar Thoma College For Women on Course		0	Guided Project	
19	Anagha P.S	anaghasukumar20	Semiconductor Phyt	University of Colorado	2021-11-09T16:37:2	29.34000015	No	Mar Thoma College For Women on Course		1.82000052	Course	
20	Narmada Mani	narmadamani1999@	Introduction to Micr	Coursera Project Net	2022-09-14T13:16:2	0	No	Mar Thoma College For Women on Course		0	Guided Project	
21	Revathi Rajeev	revathyrajeev03@	Astronomy: Explorin	University of Arizona	2021-12-23T13:06:4	6.690000057	No	Mar Thoma College For Women		2	Course	
22	Ashna P.S	getashnap@gmail.	Introduction to Data	Coursera Project Net	2022-04-21T15:39:4	0	No	Mar Thoma College For Women on Course		0	Guided Project	
23	Narmada Mani	narmadamani1999@	Create a Financial S	Coursera Project Net	2022-09-13T14:13:3	25	No	Mar Thoma College For Women on Course		0	Guided Project	
24	Nadhiya Kochumon	nadhiyalochumon12	Transmission electro	Ecole Polytechnique	2022-01-09T05:11:0	0	No	Mar Thoma College For Women on Course		0	Course	
25	Sherin Abraham	sherinsophia@gmail	Business Strategy: B	Coursera Project Net	2022-07-06T05:56:5	33.33000183	No	Mar Thoma College Product Manager		0	Guided Project	

NPTEL NPTEL MOOC - asynchronous teaching-learning platform – brings out the self-learning initiative of the students. The Mar Thoma College for Women, as a SWAYAM-NPTEL Local Chapter emphasizes Online learning programmes through MOOCs-SWAYAM/NPTEL for staff and students since Nov 20<sup>th</sup> 2019.

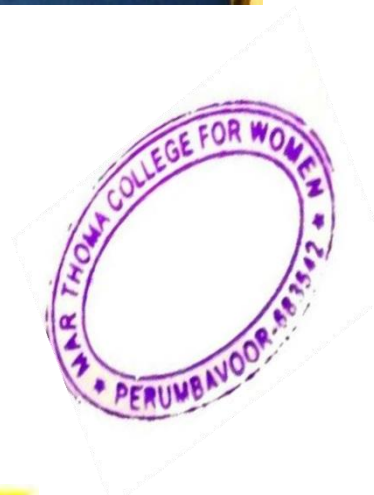


## ADD-ON COURSES AND ASAP



Add on courses by department and Additional Skill Acquisition Programme (ASAP), a joint initiative of General and Higher Education Departments impart quality skill education to the higher secondary / undergraduate students alongside their regular curriculum.









Zoological museum

SAMANVAYA

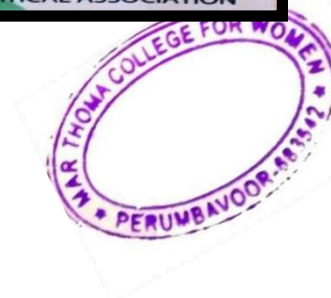
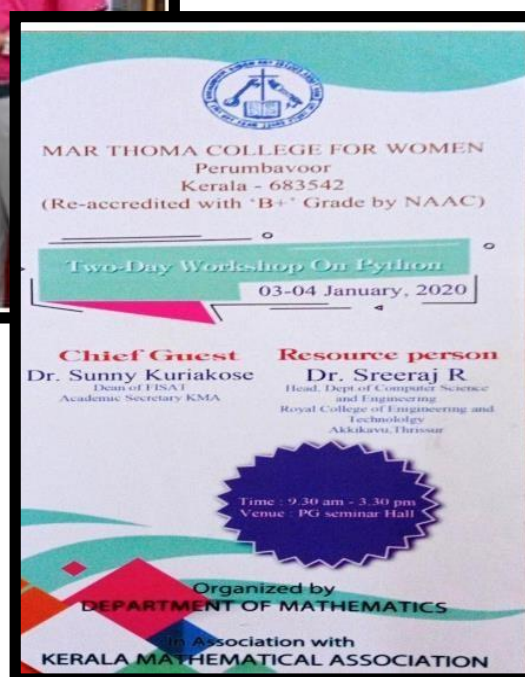


## WORKSHOPS

Workshops help students to develop a new skill set for their better future. They provide an opportunity to explore current topics, hands-on training, and practical application



Workshop on 'Numerical Analysis using Python 3' by Dr. Sreeraj R.



**PRAYAN**





**PRAYAN**



## LABORATORY LEARNING

Students of Science are given demonstrations in lab on selected topics. Virtual laboratories are also used to improve teaching quality and student learning outcomes. This initiative exemplifies the intended outcome of experiential learning cycle where the learners encounter new experiences via laboratory experiments, reflecting the observation made interconnecting the inconsistencies between experience and understanding.



**PRAYUKTI**







← → ↻ vlab.amrita.edu/?sub=3&brch=63&sim=154&cnt=1

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Virtual Amrita Laboratories Universalizing Education

**AMRITA**  
VISHWA VIDYAPEETHAM

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you are here->home->biotechnology and biomedical engineering->biochemistry virtual lab->separation of amino acids by thin layer chromatography

## Separation of Amino Acids by Thin Layer Chromatography

Theory Procedure Self Evaluation Animation Simulator Assignment Reference Feedback NPTEL Video

### Objective:

To separate and identify the amino acids in a mixture by thin layer chromatography.

### Chromatography:

Chromatography is by far the most useful general group of techniques available for the separation of closely related compounds in a mixture. Here the separation is effected by differences in the equilibrium distribution of the components between two immiscible phases, viz., the stationary and the mobile phases. These differences in the equilibrium distribution are a result of nature and degree of interaction of the components with these two phases. The stationary phase is a porous medium like silica or alumina, through which the sample mixture percolates under the influence of a moving solvent (the mobile phase). There are a number of interactions between the sample and the stationary phase and these have been well exploited to effect the separation of compounds.

### Thin layer chromatography [TLC]:

Thin layer chromatographic (TLC) technique readily provides qualitative information and with careful attention to details, it is possible to obtain quantitative data. Thin layer chromatography is a technique used to separate and identify compounds of interest. A TLC plate is made up of a thin layer of silica adhered to glass or aluminum for support. The silica gel acts as the stationary phase and the solvent mixture acts as the mobile phase.

26°C Mostly clear 22:31 27-01-2023



**PRAYUKTI**

## INTERNSHIPS/ TRAININGS

CPR Training organized  
by department of  
Zoology and YRC



Internships and trainings provide students with the first-hand experience in the real working world Besides, it gives them a platform to establish critical networking connections and equip them with more than just technical skills.

**PRAYUKTI**





On the Sea -  
seamanship



Radisson Blue Hotel



**PRAYUKTI**







Guiders Trade Mart

**PRAYUKTI**



## INDUSTRIAL VISITS

It bridges the gap between classroom theoretical learning and practical training in a real - life environment. It provides them new avenues for learning. Students can utilize the opportunities of industrial visits to build good relationships with the companies.



**PRAYUKTI**





University of Kerala, Thiruvananthapuram- Aquatic Biology Department, Archeological Department, Manuscript Library, Bioinformatics Department.



**PRAYUKTI**



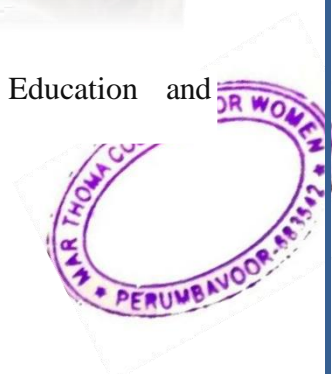




Central Institute of Petrochemicals Engineering & Technology (CIPET), Kochi on 24 March 2021, 35 students and 3 faculties of Chemistry department participated in it.



Motivational visit of WWS students at Indian Institute of Science Education and Research, Thiruvananthapuram (IISER, TVM)



**PRAYUKTI**



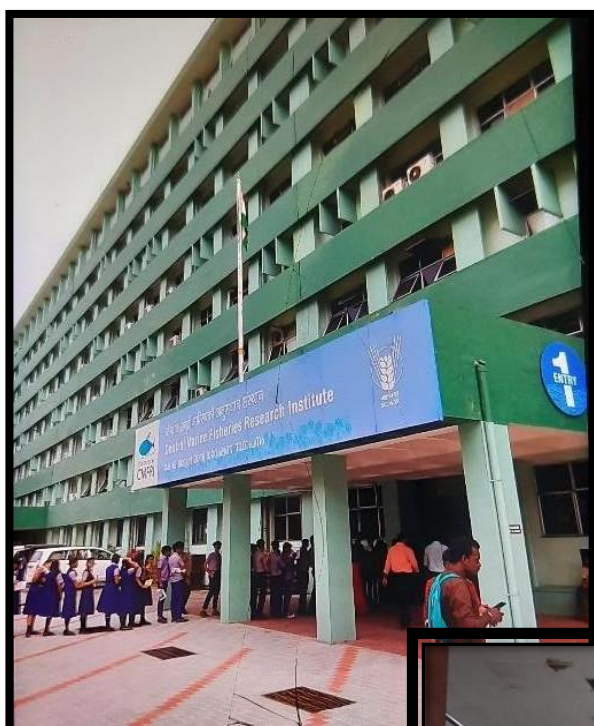
CIAL





## STUDY TOURS & FIELD TRIPS

It enhances cognitive and affective learning and brings all the students to a common platform irrespective of their social, economic & cultural background. Educational tours are a great way for students and educators to absorb, interact and to grasp theory efficiently.

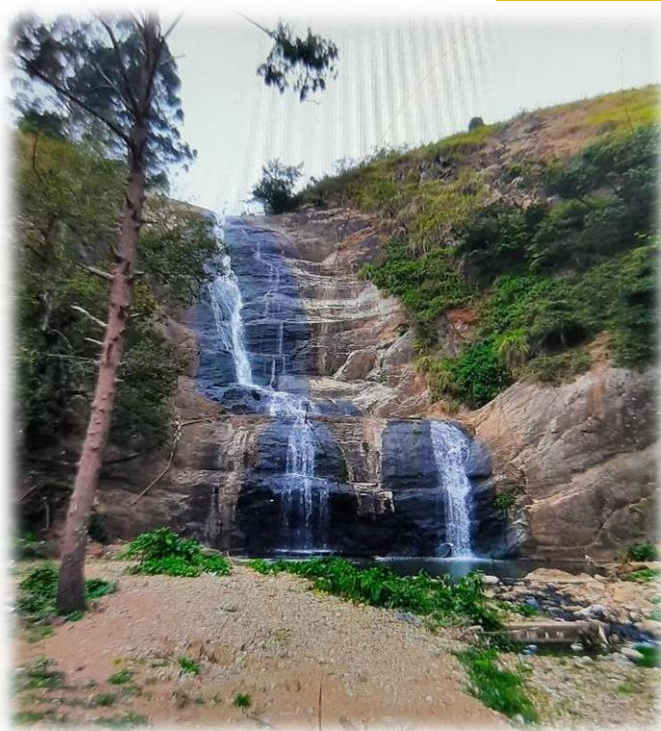


CMFRI Visit



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**Cumbum- Theni- Kodaikanal- habitat study**



## Curricular Aspects

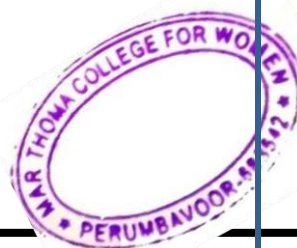
**Mangalvanam visit**



**Nature Walk and Pond Study**



**PRAYUKTI**





*Curricular Aspects*

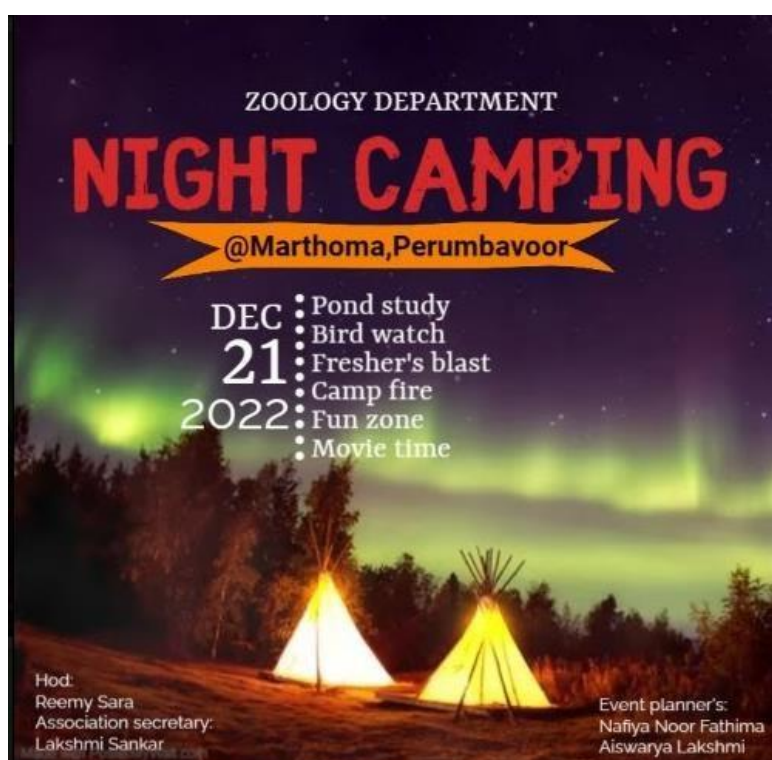
## Visit to the Public Library



**Athirapilly  
water falls**

## STAY @ CAMPUS

A day's stay in campus to ensure curriculum enrichment and entertainment is provided as a balanced package. The bird diversity study and pond study is conducted along with star night and camp fire.



## HERBAL BATHING BAR MAKING



The courses improve employability and technical skills and enhance students to meet the challenges of professional life. Add on course on herbal bathing bar making for Zoology students.

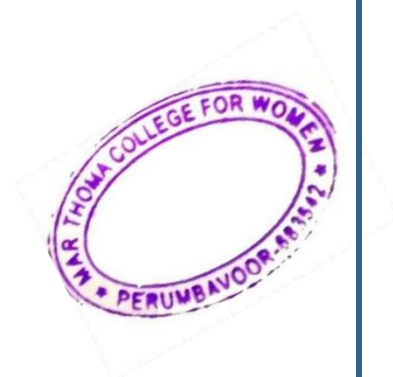




## SALAD MAKING & HAND SANITIZER MAKING



In the wake of the corona virus outbreak alcohol-based hand sanitizers were made by the students and faculties of the department of Chemistry and distributed for use among students of the College. Students of the college



## LED STAR MAKING



LED star making Workshop by the students of the department of Physics.





## SOLAR AMBASSADOR PROGRAM

### STUDENT SOLAR AMBASSADOR PROGRAM



"Student Solar Ambassador Workshop" has been organized by the department in association with IIT, Mumbai and Energy Conservation Society as part of Gandhi global yathra. Training on

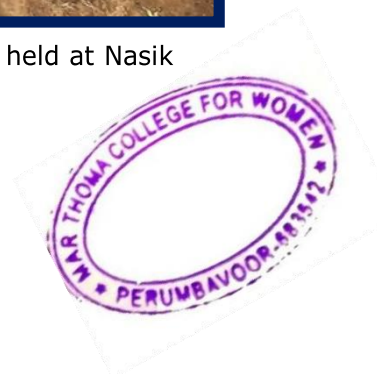


## ON THE JOB TRAINING PROGRAMME

Students of Model II B.A. History provided with on the job training courses, which is mandatory, in Museum methods, preservation and conservation, maintenance and display of historical heritages in collaboration with reputed national research institutions like Indian Institute of Research in Numismatics Studies Nashik (IIRNS) Nashik, Centre for Heritage Studies (CHS), Tripunithura, Hill Palace Museum, Kerala State Archaeology Department Museums etc.



Wild Archaeological explorations as part of the on the job training programme held at Nashik





Museum visit and study as part of the internship/on the job training programme.





## PAPER-PEN MAKING



The students were taught to make paper pen with the help of a video made by Anugraha Justin of Zoology department on 3 July 2021 as part of the Plastic Bag Free Day.



## BUTTERFLY GARDEN

The Social Forestry Wing of the Kerala Forests and Wildlife, joined hands with the department of Zoology to establish a 'Butterfly garden'. It serves as a living testament to the beauty and significance of butterflies, inspiring students and other visitors to appreciate and protect. It enables the students see and understand the significance of each type of host plant in the development of different butterflies.



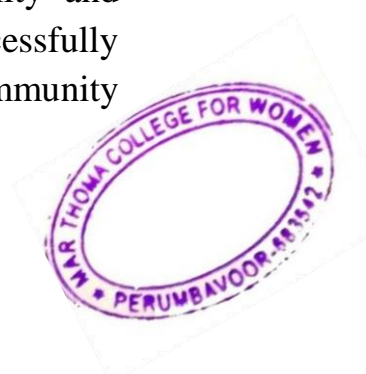
**NISARG**

## VIDYAVANAM



The Department of Zoology in association with the Social forestry wing of the Kerala Forests and Wildlife department launched a “Vidyavanam” project in the College for the benefit of students. It principles of the Miyawaki afforestation technique with the concept of creating green spaces in educational institutions. The Vidyavanam Project instilled a sense of responsibility and environmental stewardship among students and it successfully promoted greenery, environmental awareness, and community engagement.

**NISARG**





## MOOC ON ORGANIC FARMING

The course is to encourage the youngsters to understand and conceive an organic way of life with a strong message “back to nature”. This will ensure to achieve a global perception of sustainable agriculture and will be in consonance with the objectives of state government’s noble mission “Haritha Keralam”



**NISARG**







## PLANTING SEEDS



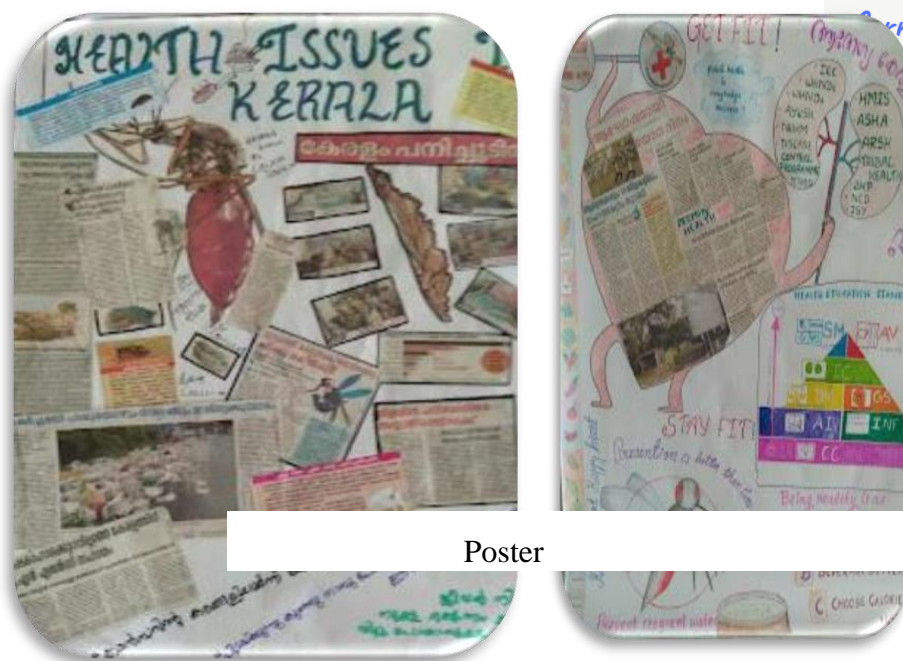
Students are encouraged to plant seeds and samplings and nurture them thereby creating an environmental consciousness among them.

**NISARG**



## ENVIRONMENTAL CONSCIOUSNESS

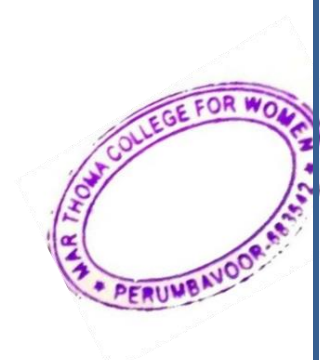
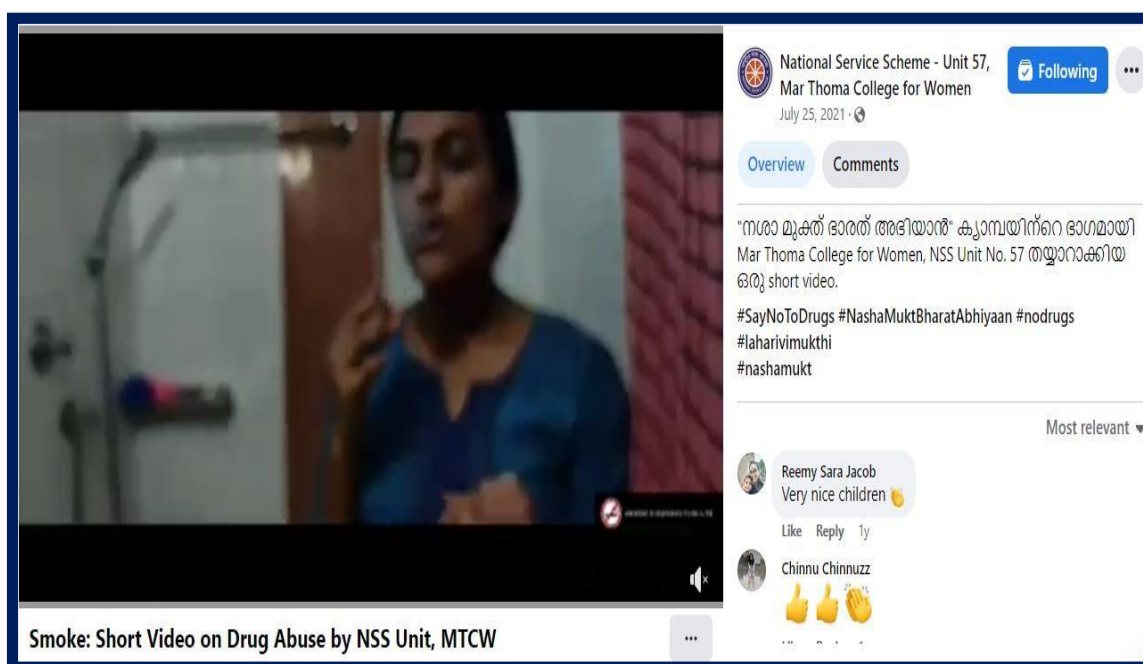






## SHORTFILM-MAKING

A short film based on drugs was made by the students and shared in WhatsAppGroups and in our Facebook page.



**SVA**

## ROLE PLAYS/ DRAMAS



Performance of "Hayavadhana"



**SVA**





Role plays engage students in real-life situations or scenarios that can be “stressful, unfamiliar, complex, or controversial” which requires them to examine personal feelings toward others and their circumstances.

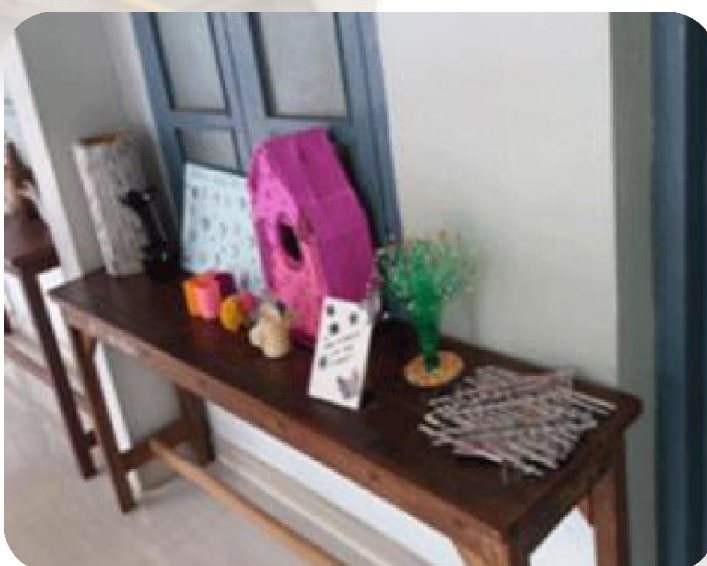
Street theatre strives to sensitize the masses to social issues and communicate with them. Street plays can establish a conducive environment for the development of social norms. Street plays help to create an awareness about social issues and students are the performers they become a part of social transformation when.

**SVA**



## TRASH TO ART

Students got a taste of working as a team and problem solving when they got together to create a Go Green Campaign where they created artefacts out of waste and household items. The teaching-learning process was enriched with creative learning.





SVA







**SVA**



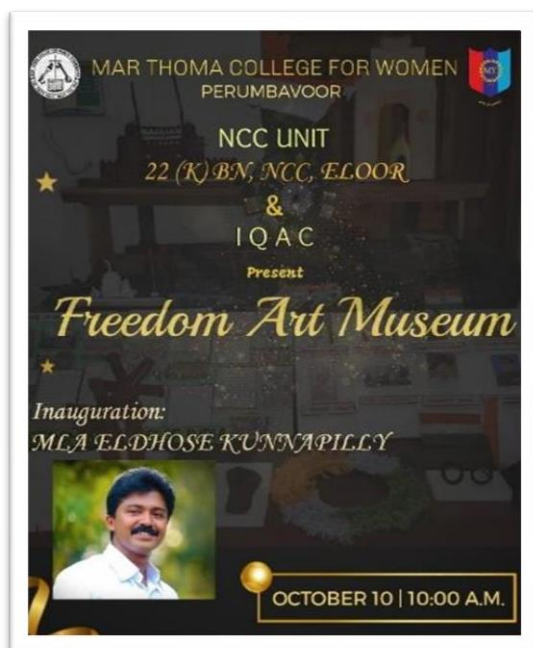


## EDUCATIONAL EXPO /EXHIBITIONS

An exhibition is a wonderful tool that engages students in learning new facts. Exhibitions make students more confident, creative, future-ready, and of course learners for life. Freedom Art museum has been made by the NCC cadets. It includes many models such as war tanks, war ships, fighter planes, canon, freedom fighters' collage, charka etc. Occasional science exhibitions are conducted by the science departments.

Freedom Museum





Mini-exhibition







MAR THOMA COLLEGE FOR WOMEN  
Perumbavoor

**WOMEN'S CELL**  
*Presents*  
**Cakes ,Goodies and Goods Fest**

To unravel the culinary and entrepreneurial skills of the women students

Sell your delicious  
homemade cakes,snacks,  
juice, icecreams and  
others...and win profits and  
prizes..

FIRST PRIZE FOR BEST CAKE: Rs.500  
FIRST PRIZE FOR BEST GOODY: Rs 500

Date : 10/3/2022  
Time : 1:30-3:30 p.m.



**SVA**









# WORLD EXPO

*Ancient Egypt -  
7 January*

ANCIENT CHINA -  
12 JANUARY

*Modern Gothic -  
14 January*



Free entry for all  
TO THE WORLD OF STYLE,  
FOOD, AND CULTURES

Conducted by the  
Department of B.Voc  
FASHION TECHNOLOGY AND  
MERCHANDISING

PLACE: ROOM NO. 316  
TIME: 10:00AM-12:30PM



**SVA**

## ALUMNAE TALKS

The alumni interactions support the current students to achieve the vision and mission of the college and enhance their student life.



**NIRVANA**



## STUDENT LECTURES

The student-lecture empowers students to own the materials and contribute to their own learning experience. Students who participate in their own learning process are more likely to succeed, while students who are required to research a topic and teach others are more likely to process the information deeply. Lectures series were organized by the students of different year.



National science day 28-2-22

National science day 28-2-22

**NIRVANA**





**MAR THOMA COLLEGE FOR WOMEN  
PERUMBAVOOR**  
RE-ACCREDITED BY NAAC WITH B+ GRADE  
(AFFILIATED TO M G UNIVERSITY, KOTTAYAM)  
PG DEPARTMENT OF MATHEMATICS

**MATHEMATICS ASSOCIATION  
PRESENTS**  
**WEBINAR SERIES-2**

**SAGA OF EGYPTIAN  
MATHEMATICS**

Topics:  
History of Egyptian mathematics - Shirin Shahul  
Algebra and geometry - Thaskeena kovan  
Egyptian fractions - Najmunissa Ibrahim

PLATFORM: GOOGLE MEET  
DATE: 17/02/2021  
TIME: 12:40 PM

Anusca A K  
(Student Coordinator)

**MAR THOMA COLLEGE FOR WOMEN  
PERUMBAVOOR**  
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PG DEPARTMENT OF MATHEMATICS

**MATHEMATICS ASSOCIATION  
PRESENTS**  
**WEBINAR SERIES - III**  
**SAGA OF GREEK MATHEMATICS**

TOPICS:  
History of Greek Mathematics - ANET JACOB  
Famous Greek Mathematician - SHILPA DILEEP  
How Greek Mathematics Shaped The Modern World -  
MARIA MINI ELDOSE

Platform : Google Meet  
Date : 24 February 2021  
Time : 12.30 P.M

STUDENT COORDINATOR  
MARIA MINI ELDOSE

**MAR THOMA COLLEGE FOR WOMEN,  
PERUMBAVOOR**  
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PG DEPARTMENT OF MATHEMATICS

**MATHEMATICS ASSOCIATION  
PRESENTS**  
**WEBINAR SERIES-1**  
**SAGA OF  
INDIAN MATHEMATICS**

PLATFORM: GOOGLE MEET  
DATE: 10 FEBRUARY 2021  
TIME: 12:40 PM  
MEETING CODE: VSQ-XNUV-KGF

PRESENTED BY:  
Angel Elizabeth  
Anuchandra Santosha  
Anjana P J  
Anusree Ashok P

2nd DC Mathematics  
(PROGRAM COORDINATOR)

**MAR THOMA COLLEGE FOR WOMEN,  
PERUMBAVOOR**

**Pi Day Celebrations - 2022**

**DEPARTMENT OF MATHEMATICS**  
organizes  
presentation on  
**HISTORY OF  $\pi$**

@PG Seminar Hall  
Date: 16-3-2022  
Time: 1:30 pm  
\*\*\*\*\*

**MAR THOMA COLLEGE FOR WOMEN  
PERUMBAVOOR**  
RE-ACCREDITED BY NAAC WITH B+ GRADE  
(AFFILIATED TO MAHATMA GANDHI UNIVERSITY, KOTTAYAM)  
PG DEPARTMENT OF MATHEMATICS

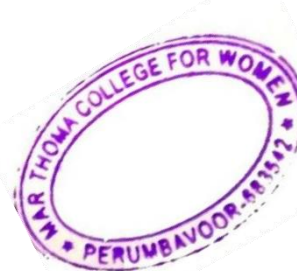
**MATHEMATICS ASSOCIATION  
PRESENTS**  
**WEBINAR SERIES - V**  
**SAGA OF CHINESE MATHEMATICS**


TOPICS:  
\* AN INTRODUCTION TO CHINESE MATHEMATICS. - NAYANA ASHOKAN  
\* A GLIMPSE THROUGH CHINESE NUMBER SYSTEM  
AND MAGIC NUMBERS - SREELAKSHMI T R  
\* A JOURNEY OF SOLVING EQUATIONS.  
(EXPLORING EARLY CHINESE METHODS) - RAMSEENA P A

PLATFORM: GOOGLE MEET  
DATE: 10 MARCH 2021  
TIME: 12:40 PM

SUSAN VARGHESE  
(STUDENT COORDINATOR)

NIRVANA









**MAR THOMA COLLEGE FOR WOMEN  
PERUMBAVOOR**  
RE-ACCREDITED BY NAAC WITH B+ GRADE  
(AFFILIATED TO MAHATMA GANDHI UNIVERSITY)  
**PG DEPARTMENT OF MATHEMATICS**

**MATHEMATICS ASSOCIATION  
PRESENTS  
WEBINAR SERIES - IV  
SAGA OF AFRICAN MATHEMATICS**

TOPICS:  
INTRODUCTION TO AFRICAN MATHEMATICS-SOUMYA BALAKRISHNAN  
ANCIENT AFRICAN MATHEMATICS-ANJANA ANILAN  
CONTRIBUTIONS OF AFRICAN MATHEMATICS-SUMAYYA VEERAS

PLATFORM :  Google Meet  
DATE: 3 MARCH 2021  
TIME: 12:40 PM


RAJALAKSHMI ANJIL  
(STUDENT COORDINATOR)

**IIC,IEDC,EBSB CLUB , NSS  
&  
WOMEN'S CELL**  
Jointly Organise

**"MY STORY"**  
**INNOVATIVE ART OF WASTE  
MANAGEMENT**

A Motivational Session By  
Successful Innovator



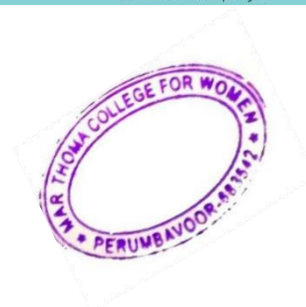
**MS.MADHUMITA SANTHOSH P**  
3rd year B Voc (Fashion  
Technology & Management)

Date:13/01/2022  
Time-1:30 am

**VENUE: PG SEMINAR HALL**

Student Coordinators:  
Annmary Thomas  
E K Krishnapriya

NIRVANA



## CAREER GUIDANCE & COUNSELLING

Career guidance helps students find the right career path and counselling sessions help them to resolve personal or interpersonal problems.

Career guidance for life science students



Guidance session on studying abroad

MAR THOMA COLLEGE FOR WOMEN, PERUMBAVOOR  
DEPARTMENT OF ZOOLOGY

*Organizes a Career Orientation Webinar*

**Over the Seas**

Resource person: Ms. Sandra Suba  
Senior Student Counsellor  
KC Overseas Education



Time: 11 A.M.

Date: 28 May 2022

Googlemeet link: <https://meet.google.com/bed-rcbk-af>

**SAKHI**





## WWS/SSP/ Entry level Assessment

W

Work with a Scholar programme aims at nurturing bright students to transform into scholars in their respective disciplines and Scholar Support programme imparts personalized additional support to needy students through tutorials, study materials, additional lectures etc.

### ENTRY LEVEL GRADING SCALE AND ADDRESSAL MECHANISM

SL.NO.	LEARNER TYPE	SLOW LEARNER	INTERMEDIATE LEARNER	ADVANCED LEARNER
1.	SCORE	1 To 3	4-7	8-10
2	Addressal mechanism	<ul style="list-style-type: none"> <li>✓ SSP</li> <li>✓ Remedial classes</li> <li>✓ Cluster group members</li> <li>✓ Focussed learning based on answer keys</li> </ul>	<ul style="list-style-type: none"> <li>✓ Cluster group members</li> <li>✓ Department activity coordinators</li> <li>✓ Soft skill development sessions</li> <li>✓ Question bank setters</li> </ul>	<ul style="list-style-type: none"> <li>✓ WWS</li> <li>✓ Cluster group leaders</li> <li>✓ Programme convenors</li> <li>✓ YIP</li> <li>✓ Answer key setters</li> <li>✓ Lecture note-taking</li> </ul>

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## Enlightening and counselling

Mental Health Club “Oppam”



**Mar Thoma College for Women  
Perumbavoor**

**History Association & Women Cell**  
In Collaboration with  
**Kerala Legal Service Authority,  
Kunnathunad Union.**

**Women's Day Seminar - 2022**

8 March 2022, 2.30 pm. Venue : P. G Seminar Hall

**Topic : Women Safety and Legal Rights**

**Inauguration :**

**Resource Person :**

**Smt. Sheeba Baby**  
(Vice Chairperson,  
Perumbavoor Municipality)

**Adv. Shenly Sebastian**  
(Bar association,  
Perumbavoor)



Individual centric mental help support

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